

Name

Class

Date

Growth and Fixed Mindset Inventory | Symposium 2014 – The Makings of an Extraordinary Challenge

Student Instructions:

- 1) Read each prompt carefully to consider your overall personal beliefs, then rate each response accordingly
- 2) When complete, add up subtotals in each column – then add up the final score as the grand total

People learn new things all the time, but they really cannot change their basic, general level of intelligence.

Mostly false

Not sure

Mostly true

1	2	3	4	5	6	7
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Work is best when it:

Makes me think hard

Is easy to accomplish without much difficulty

1	2	3	4	5	6	7
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I am comfortable with making many mistakes along the way to figuring things out.

Most of the time

Seldom

1	2	3	4	5	6	7
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If work is very hard or it is difficult for me to understand:

I take it on as a challenge

I don't want to continue

1	2	3	4	5	6	7
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When others succeed while I make errors, it:

Doesn't bother me at all

Bothers me a lot

1	2	3	4	5	6	7
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Subtotals:

Grand Total:						

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Making Sense of Your Scored Results

The **lower** the total, the more inclined you may be towards a *growth mindset*

The **higher** the total, the more inclined you maybe towards a *fixed mindset*

5-10	11-17	18-22	23-29	30-35
High Growth Mindset Orientation	Moderate Growth Mindset Orientation	Mixed Mindset Orientation	Moderate Fixed Mindset Orientation	High Fixed Mindset Orientation
A Growth Mindset Believes: <ul style="list-style-type: none"> To become talented, we can develop the necessary skills and knowledge To become more intelligent, we can do so by way of learning To figure things out, sometimes it requires tenacity and persistence To make some things work, it requires greater effort To succeed, sometimes it is best to seek assistance 			A Fixed Mindset Believes: <ul style="list-style-type: none"> Either we are naturally born with talent or we are not Either we are born intelligent or we are not Either we “get it” quickly or we don’t Either we pick things up quickly, or we are not smart Either we avoid or engage, it all depends on how hard something is 	

Teams make sense of informative feedback and identify relevant findings.

At the beginning of Step 2, please assist the students as they process their inventory scores - as indicators of their current inclination toward a growth or fixed mindset.

Source: Dr. Robert K. Greenleaf, Greenleaf Learning, 2014.