

Mrs. Battle

High School 2014

Group Schedule:

Group 1: What Is Grief? 9/10/14

(Purpose, Ice Breaker/MOVE Activity/Group Rules/Grief Cycle)

Group 2: What Does Grief Look Like? 9/17/14

(Grief Cycle continued/Physical Symptoms/Ball Activity/Conversation Starters)

Group 3: Positive Supports 9/24/14

(Paper Chain Activity/Support Map/Community Counseling Resources)

Group 4: My Story 10/1/14

(Describe personal loss/Before and After Drawing Activity)

Group 5: My Memories 10/15/14 *Think about incorporating a craft*

(Writing Letters/H.W./Drawing a Picture of Something That Reminds You of The Person)

Group 6: My Memories: Continued 10/22/14 *Think about incorporating a craft*

(Letters discussed in group)

Group 7: Now What??? 10/29/14 *Think about incorporating Plate activity*

(Preparing for Closure/Strategies/Resources) ***Think about incorporating Circle of Control/positive/negative things that add to your life or take away from your life***

Group 8: Group Celebration 11/5/14

(Balloon Activity/Distribute Journals)

Group Time: Wednesdays/8:50am-9:30am Weekly

Kiana Battle, LMSW