

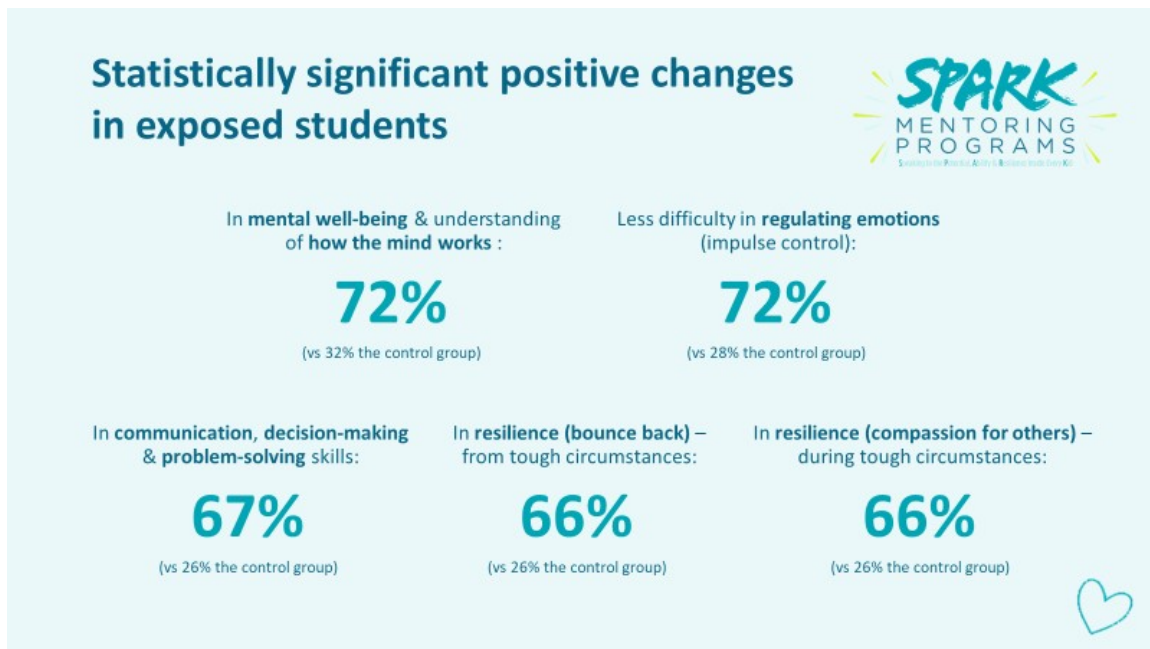


The S.P.A.R.K. Mentoring Programs are proven to be effective in helping youth create greater academic success, a healthier state of mind, and a deeper connection with peers, adults, schools and communities. Designed for children, pre-teens and teens, each of the S.P.A.R.K. programs are age appropriate and taught through a compilation of 13 – 22 highly, interactive lessons that Speak to the **Potential**, **Ability** and **Resilience** inside every Kid. Through S.P.A.R.K., participants gain a better understanding of themselves and others, develop vital social and emotional regulation skills, access their creative intelligence, and cultivate their personal potential.

PROGRAM OBJECTIVES & RESULTS

The S.P.A.R.K. Mentoring curricula uses age appropriate content and activities that have been proven to effectively reduce risk around high-school drop-out, drug use, bullying, suicide, depression and anxiety, while building resiliency around academic success, social-emotional skills and healthy relationships. These programs prepare students for the self-sufficiency and resiliency needed to become successful young adults.

Evidence-Based Results



CURRICULUM COMPONENTS:

- 🌟 Access to our Dynamic, Online Curriculum Platform
- 🌟 Easy-to-Use, Comprehensive, Facilitator's Guide, designed specifically with busy teachers in mind.
- 🌟 Participant Companion Activity Book for individual student use throughout curriculum instruction
- 🌟 Instructional Companion Videos and Digital Resources
- 🌟 Common Core Standard Correlations
- 🌟 Built-In Evaluation Tools

Please see the S.P.A.R.K. Product Guide for more information on each of our curricula, as well as details about our trainings.

S.P.A.R.K. Young Child Product Guide

S.P.A.R.K. Young Child Mentoring Program Product Description:

Designed for students, ages 5-8 years old, this is an interactive, age appropriate curriculum that helps participants to uncover their true potential and resilience, gain a better understanding of themselves and others and develop vital social and emotional skills.

The complete *S.P.A.R.K. Young Child Mentoring Program* provides all the tools you need to cultivate these skills with little preparation!

Curriculum Package Includes:

- 💡 S.P.A.R.K. Young Child Mentoring Program, Core Curriculum - which includes 10 unique, dynamic lessons
- 💡 Leadership Module, which includes 1 additional lesson on community engagement
- 💡 25 S.P.A.R.K. Young Child Mentoring Program, Core Curriculum Activity Books
- 💡 25 Thought Chain Bookmarks
- 💡 S.P.A.R.K. Backpack
- 💡 S.P.A.R.K. Beach Ball
- 💡 *Does Curious Like the Park? Storybook*
- 💡 *The Adventures of Curious the Dragonfly – Search for Good Feelings Storybook*
- 💡 *The Adventures of Curious the Dragonfly – The Search for Friendship Storybook*
- 💡 S.P.A.R.K. Prize Pack
- 💡 Built-In Evaluation Tools



Plus:

1-year license and membership to the S.P.A.R.K. Young Child Mentoring Program Online Platform which includes:

- 💡 Immediate Access to the Complete Young Child Curriculum (Fully Digital Resource)
- 💡 S.P.A.R.K. Young Child Mentoring Program, Core Curriculum Handbook for Teachers (Digital Download)
- 💡 S.P.A.R.K. Young Child Mentoring Program, Core Curriculum Activity Books (Digital Download)
- 💡 Curriculum Videos and Digital Resources (Digital Download)
- 💡 Pre-recorded Implementation Training Videos
- 💡 Personalized Customer Support

Young Child Core Curriculum Lesson Topics:

1. Making Connections
2. Feeling All the Feels
3. My Feelings Come From Me, Yippee!
4. Your SPARK is a Treasure
5. Making Choices Perfect for You
6. Unlimited Creativity
7. Kindly Feeling Frustration
8. Seeing the Same Things Differently
9. Friendship and Connection
10. Graduation

Leadership Module (Included):

LM, 1: Being a Good Neighbor

S.P.A.R.K. Child Product Guide

S.P.A.R.K. Child Mentoring Program Product Description:

Designed for students, ages 8-10 years old, this is an interactive, age appropriate curriculum that helps participants to uncover their true potential and resilience, gain a better understanding of themselves and others and develop vital social and emotional skills.

The complete *S.P.A.R.K. Child Mentoring Program* provides all the tools you need to cultivate these skills with little preparation!

Curriculum Package Includes:

- 💡 S.P.A.R.K. Child Mentoring Program, Core Curriculum - which includes 11 unique, dynamic lessons
- 💡 Leadership Module, which includes 2 additional lessons on community engagement and bullying
- 💡 25 S.P.A.R.K. Child Mentoring Program, Core Curriculum Activity Books
- 💡 25 Thought Chain Bookmarks
- 💡 S.P.A.R.K. Backpack
- 💡 S.P.A.R.K. Prize Pack
- 💡 Built-In Evaluation Tools

Plus:

1-year license and membership to the S.P.A.R.K. Child Mentoring Program Online Platform which includes:

- 💡 Immediate Access to the Complete Child Curriculum (Fully Digital Resource)
- 💡 S.P.A.R.K. Child Mentoring Program, Core Curriculum Handbook for Teachers (Digital Download)
- 💡 S.P.A.R.K. Child Mentoring Program, Core Curriculum Activity Books (Digital Download)
- 💡 Curriculum Videos and Digital Resources (Digital Download)
- 💡 Pre-recorded Implementation Training Videos
- 💡 Personalized Customer Support

Child Core Curriculum Lesson Topics:

1. Connecting Our Goals
2. A Curious Experience
3. Understanding Your Feelings
4. Discovering Your SPARK
5. Decision Making, A Chain Reaction
6. Your Creative Potential
7. Uncovering Your Confidence
8. Navigating Frustration and Stress
9. What You See Is Different Than Me
10. Unmasking Your Potential
11. Graduation



Leadership Module (Included):

- LM, 1: Giving Back to Your Community
- LM, 2: SPARK-ing Ideas Against Bullying

S.P.A.R.K. Pre-Teen Product Guide

S.P.A.R.K. Pre-Teen Mentoring Program Product Description:

Designed for students, ages 10-13 years old, this is an interactive, age appropriate curriculum that helps participants to uncover their true potential and resilience, gain a better understanding of themselves and others and develop vital social and emotional skills.

The complete *S.P.A.R.K. Pre-Teen Mentoring Program* provides all the tools you need to cultivate these skills with little preparation!

Curriculum Package Includes:

- 🌟 S.P.A.R.K. Pre-Teen Mentoring Program, Core Curriculum - which includes 12 unique, dynamic lessons
- 🌟 3 Supplemental Modules: Leadership, Relationships and Life Skills – 5 optional lessons
- 🌟 25 S.P.A.R.K. Pre-Teen Mentoring Program, Core Curriculum Activity Books
- 🌟 25 Thought Chain Cards
- 🌟 S.P.A.R.K. Beach Ball
- 🌟 2 S.P.A.R.K. Backpacks
- 🌟 Curriculum Aids: sunglasses, tea lights, bags, blindfolds.
- 🌟 S.P.A.R.K. Prize Pack
- 🌟 Built-In Evaluation Tools

Plus:

1-year license and membership to the S.P.A.R.K. Pre-Teen Mentoring Program Online Platform which includes:

- 🌟 Immediate Access to the Complete Pre-Teen Curriculum (Fully Digital Resource)
- 🌟 S.P.A.R.K. Pre-Teen Mentoring Program, Core Curriculum Handbook for Teachers (Digital Download)
- 🌟 S.P.A.R.K. Pre-Teen Mentoring Program, Core Curriculum Activity Books (Digital Download)
- 🌟 Curriculum Videos and Digital Resources (Digital Download)
- 🌟 Pre-recorded Implementation Training Videos
- 🌟 Personalized Customer Support

Pre-Teen Core Curriculum Lesson Topics:

1. Connections and Goals
2. Your Experience, Unlocked
3. Decision Making, The SPARK Highway
4. Feeling the Rainbow
5. Understanding Your SPARK
6. Growing Your Creativity and Potential
7. Self-Confidence
8. Dealing with Stress and Anxiety
9. Communication and Reactions
10. Appreciating the Diversity Among Us
11. The Future Is Yours
12. Graduation

Relationships Module (Included):

RM, 1: Navigating Relationships

Leadership Module (Included):

LM, 1: Understanding Your Community

LM, 2: Using Your SPARK To Be a Good Role Model

LM, 3: Bullying, Inside-Out

Life Skills Module (Included):

LSM, 1: Academic Stress to Academic Success

S.P.A.R.K. Teen Product Guide

S.P.A.R.K. Teen Mentoring Program Product Description:

Our Teen curriculum is designed for students, ages 13-22 years old and covers relatable topics that help youth navigate the trials and celebrate the accomplishments of their school years. Through this program, participants will uncover their natural resilience, gain a better understanding of themselves and others, develop vital social and emotional skills, access their creative intelligence, and cultivate their personal potential.

The complete *S.P.A.R.K. Teen Mentoring Program* provides all the tools you need to cultivate these skills with little preparation!

Teen Curriculum Package Includes:

- 🎁 S.P.A.R.K. Teen Mentoring Program, Core Curriculum - which includes 13 unique, dynamic lessons
- 🎁 3 Supplemental Modules: Leadership, Relationships and Life Skills – 9 optional lessons
- 🎁 25 S.P.A.R.K. Teen Mentoring Program, Core Curriculum Workbooks
- 🎁 25 Thought Chain Cards
- 🎁 S.P.A.R.K. Backpack
- 🎁 S.P.A.R.K. Prize Pack
- 🎁 Built-In Evaluation Tools

Plus:

1-year license and membership to the S.P.A.R.K. Teen Mentoring Program Online Platform that includes:

- 🎁 Immediate Access to the Complete Teen Curriculum (Fully Digital Resource)
- 🎁 S.P.A.R.K. Teen Mentoring Program, Core Curriculum Handbook for Teachers (Digital Download)
- 🎁 S.P.A.R.K. Teen Mentoring Program, Core Curriculum Workbooks (Digital Download)
- 🎁 Curriculum Videos and Digital Resources (Digital Download)
- 🎁 Pre-recorded Implementation Training Videos
- 🎁 Personalized Customer Support

Teen Core Curriculum Lesson Topics:

1. Overview & Introduction
2. You Experiencing you
3. Yep, That's Thought Too!
4. Your Personal Guide to Decision-Making
5. Habits Pulling You Around
6. How State of Mind Influences Judgment & Reasoning
7. Surviving Mood Swings
8. Finding the SPARK in Your Stress
9. Feeling Fear & Insecurity Without Fear & Insecurity
10. The Inside-Out Nature of Self-Esteem
11. Separate Realities
12. Discovering You
13. Graduation

Relationships Module (Included):

- RM, 1: Cultivating Meaningful Relationships
- RM, 2: Dating & Healthy Relationships
- RM, 3: Your Values, Your Relationships, Your Decisions

Leadership Module (Included):

- LM, 1: Community Engagement
- LM, 2: Mentoring & Leading From the Inside-Out
- LM, 3: Bully Prevention From the Inside-Out

Life Skills Module (Included):

- LSM, 1: Academic Success
- LMS, 2: College and Career Readiness
- LMS, 3: Financial Stability

S.P.A.R.K. Modules Product Guide

Topic-Specific Modules Description:

Guided by National Standards, each module includes 1-6, age appropriate, topic-specific lessons designed to supplement the core curriculum based on the specific needs of the participants. Lesson topics vary by age group. Select modules come included in the Core Curriculum. Additional modules are sold separately.

Available Modules

Included in one or more of the core curricula:

Sold Separately

Healthy Relationships

- Peers and Friendships
- Parents, Teachers, and Other Adults
- Boundaries
- Domestic Violence Prevention
- Dating and Healthy Relationships

Leadership

- Mentoring
- Being a Good Role Model
- Community Involvement
- Bully Prevention

Life Skills

- Academic Success
- College and Career Readiness
- Financial Literacy

Expectations & Social Pressures

- Understanding Your Own Expectations
- Understanding Other's Expectations
- Seeing Opportunities
- Uncovering Possibilities

Social Pressures

- Navigating Pressure
- Fitting-In and Standing-Out
- Social Media
- Body Image

Sex Education and Teen Pregnancy Prevention

- Love and Security
- Anatomy and Conception
- Tough Conversations
- STI's
- Condoms and Birth Control

Teen Parenting

- Adjusting to Parenthood
- Love and Understanding
- Parenting from the Heart

S.P.A.R.K. Modules Product Guide

Sex Education and Teen Pregnancy Prevention Module Product Description:

Our Sex Education and Teen Pregnancy Module is for students, ages 13-22 years old and designed to infuse into our S.P.A.R.K. Teen Mentoring Program as an additional component.

Guided by the National Standards on Healthy Relationships and Sex Education, The *S.P.A.R.K. Sex Education & Teen Pregnancy Infusion Program Package* provides the content and tools needed to educate teens on personal values and boundaries, anatomy and conception, effective communication, sexually transmitted diseases and infections and effective pregnancy prevention.

Sex Education and Teen Pregnancy Prevention Module Includes:

- 📖 6 S.P.A.R.K. Sex Education & Teen Pregnancy Prevention Lessons
- 📖 Scope and Sequence Implementation Instructions
- 📖 S.P.A.R.K. Prize Pack

Plus:

- 📖 1-year license and membership to the S.P.A.R.K. Online Platform
- 📖 Sex Education and Teen Pregnancy Prevention Lessons (Digital Download)
- 📖 Scope and Sequence Implementation Instructions (Digital Download)

Sex Education & Teen Pregnancy Prevention Lesson Topics & Objectives:

1. Where Does Love and Security Come From?
 - Define the meaning of Security and Love.
 - Identify the relationship between security, love and where those feelings come from.
 - Differentiate that feelings of love and security are separate from sex and relationships.
2. Anatomy & Conception
 - Describe the male and female sexual and reproductive systems, including body parts and their functions.
 - Describe the Human Sexual Response Cycle, including the role hormones play.
 - Describe and understand the Process of Conception.
3. Tough Conversations
 - List at least three topics related to sex that teens can find difficult to talk about.
 - Describe at least three strategies to initiate difficult conversations to adults.
 - Demonstrate effective ways to communicate personal boundaries related to intimacy and sexual behavior.
 - Demonstrate how to show respect to others as it relates to intimacy and sexual boundaries.
4. Your Knowledge-Your Control
 - Identify and describe at least three common sexually transmitted Infections (STIs).
 - Identify and describe at least two ways to protect themselves from STIs.
 - Understand Rights to Sexual Health Care Services, Testing and Treatment.
5. Protecting Yourself and Others
 - Describe and understand the 4 "W's" of condom use.
 - Understand the differences between latex, polyurethane, polyisoprene and animal skin condoms.
 - Describe the correct steps of condom use.
 - Display the ability to advocate for and discuss condom usage.
6. ABC's: All About Birth Control
 - Describe at least three common methods of birth control.
 - Learn to use the Thought Chain to make safe decisions.
 - Understand Drugs, Alcohol and other reasons for unplanned sexual encounters.

* *The Sex Education and Teen Pregnancy Prevention Module* is **not** designed to be a stand-alone program and must be purchased along with the Teen Mentoring Curriculum.