

GET CURIOUS, NOT FURIOUS

What are my honest feelings about this student?	
Am I projecting those feelings to the student during class?	
Do I give non-verbal cues that indicate my lack of expectation or care? (Eye rolls, smirks, sighs, etc.)	
What situations most often trigger negative non-verbal communication?	
Am I expecting more out of my student than they can give at this time?	
Am I irritated by this student because I am otherwise frustrated, irritable, or in a bad place?	
Am I dwelling on negative behaviors with this student that I often forgive in others?	
What could I do to alleviate my frustration with this student?	
Have I considered all possible reasons for the behaviors the students display in my class?	
What does my student enjoy? Am I making an effort to engage this student?	