

Is it Sympathy or Empathy? Why Does it Matter?

Ability to care about the pain of others
Ability to recognize and share the feelings of another
Ability to stand in someone else's shoes
Commiseration
Compassion
Feelings of sorrow for another's situation
Mobilizing
Paralyzing
Pity-acknowledgement of someone else's misfortune
Seeing a situation from someone else's perspective
To suffer with
To suffer within—to vicariously experience it

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