

Win Prizes and Get Lunch for \$1 at the Annual Benefits and Wellness Fair

OCTOBER 21, 2014



The Department of Human Resources is gearing up to host the seventh annual Benefits and Wellness Fair on Tuesday, Oct. 28 from 10 a.m. – 1 p.m. in the Nessmith-Lane Conference Center. The True Blue- themed event features door prizes and giveaways, an opportunity to win a free t-shirt and a \$1 lunch for the first 400 employees.

During the drop-in event, over 50 vendors will be in attendance along with several campus departments and most [Eagle Perks vendors](#). Various, free health screenings will be available including blood pressure checks, chiropractic spinal screenings, body composition and flexibility testing, skin cancer screenings, foot pressure mapping and gait analysis.

A concession stand will be in place beginning at 10:30 a.m. The first 400 employees will be able to purchase a 4-inch sub, chips and a drink for only \$1. In addition, the first 400 employees to complete and submit the HR TRUE BLUE vendor card will receive a t-shirt. To claim the t-shirt,



employees must visit six of the 10 vendors listed on their HR TRUE BLUE vendor card and then submit the card to the HR table.

Located in the Performing Arts Center lobby, Georgia Southern University's Health Services will also offer flu shots to faculty and staff members from 10 a.m. to Noon for \$10 with an Eagle ID card.

The Georgia Southern University Public Safety sponsored Operation Medication Drop will be located inside the Nessmith-Lane Ballroom, collecting any unused or unwanted prescription medications, over the counter medications, creams, ointments, lotions and

inhalers, as well as pet medications. Items that cannot be accepted include needles, lancets, syringes, medical waste products (such as used IV bags, bandages, gowns or bio-hazard waste materials), and no products containing mercury or cadmium (including thermometers and hearing aids).

As the holiday season approaches, Human Resources will also be collecting nonperishable items for the Statesboro Food Bank to assist those in need. The first 50 people to bring three canned goods to the Human Resources table will receive a TRUE BLUE pin.

For more information about the Benefits and Wellness Fair, contact Samantha Rossi at 912-478-1538.

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Tags: [Human Resources](#)

Graduate Student Honored with Scholarship by the German Academic Exchange Service

OCTOBER 21, 2014



Tabitha shows her Eagle spirit at the Berlin Cathedral.

Tabitha Williford, a second year graduate student from Perry, Georgia has earned a scholarship from the German Academic Exchange Service, or the [Deutscher Akademischer Austauschdienst \(DAAD\)](#), and has been accepted into DAAD's Research Internships in Science and Engineering (RISE) professional program.

"I believe I was chosen because of what I've been able to achieve at Georgia Southern," said Williford who has been in Germany since June. "I don't think there is anywhere else I could have conducted two bachelor degrees, let alone think about doing two master degrees, if not for everyone in the

[College of Science and Mathematics](#) or the [Honors Program](#). I love the people and Statesboro, and couldn't imagine any better place to be. Applying for DAAD has been one of the best decisions I've made concerning my academic career."

DAAD programs help to create goodwill and professional relationships which build a solid basis for relations between Germany and North America. DAAD scholarships are highly competitive and recipients are selected by independent selection committees based on outstanding academic records and convincing project proposals or statements of purpose. The RISE professional program is open to recent graduates, master and Ph.D. students from North American universities in the fields of biology, chemistry, engineering, geology and physics.

Williford was selected to conduct research for up to six months at [BASF](#), the world's leading chemical company, located in Ludwigshafen, Germany, in the bio-kinetics and toxicology departments developing physiologically based pharmacokinetic (PBPK) models. In addition to fulfilling her internship requirements, Williford is also taking advantage of sight-seeing opportunities abroad.

"I went to Oktoberfest a few weeks ago and had a blast! I also visited an awesome castle called Burg Eltz, and I took my Mom to Paris," she said. "I look forward to others being able to do this in the future, it's an amazing opportunity."

Williford graduated in May 2014 with her master's degree in mathematics and is working toward her master's in applied physical science which she plans to complete in May 2015. She will return to the United States in December.

View the slideshow below to see more photos of Williford's experience:











Posted in [Students](#)

Tags: [College of Science and Mathematics](#), [Graduate Students](#)

Empty Bowl Project



Students in the Betty Foy Sanders Department of Art realize the importance of giving back to the community.



CHILI BOWL SALE

THURSDAY, OCTOBER 30
11am – 1pm
Russell Union Rotunda

RECENT YEARS IN NUMBERS

2013
\$5,425

2012
\$3,930

2011
\$3,133

2010
\$2,867

2009
\$2,524

For over 20 years, each Fall Semester, the Department's ceramic students host

the Empty Bowl Project, a service activity to support the Statesboro Food Bank. During this event, students create unique bowls then serve a simple meal of chili to the public in exchange for a \$10 donation. Spending much of their free time during the semester diligently creating bowls, students and Ceramics Professor Jeff Schmuki also open the studio to the public for two days.

Emeritus ceramics professor, Jane Pleak, brought the Empty Bowl Project to Georgia Southern in 1990, the same year Georgia Southern became a university. Jane Pleak was the director of the program until 2012, when she retired.

Georgia Southern and the community gather to learn about the masterful process of creating a ceramic bowl from start to finish during the Project's Open Studios located in the Betty Foy Sanders Department of Art's [ceramics studio](#). Everyone, from skilled alumni and faculty to beginners, is welcomed into the studio to discover and appreciate the art of ceramics.

Once all bowls are fired and glazed, they are prepared for the one-day, two-hour sale that takes place each year during [Be the Change Week](#) (formally Social Justice & Well.I.Am Weeks) on Georgia Southern's campus. In this short time frame, the BFSDoArt students traditionally sell out of chili and raise record donations for the Statesboro Food Bank.

1 BOWL = 70 MEALS

For every dollar donated, the Statesboro Food Bank is able to provide the equivalent of seven meals to someone in need. This bank serves as the largest food supplier in the area, assisting the surrounding counties of Tattnall, Candler, Screven and Toombs. The Statesboro Food Bank feeds anyone in need, however, they mainly service the working poor. During their after-school program, The Boys & Girls Club of Statesboro, with help of the Statesboro Food Bank, feeds 250 under privileged children to ensure they are getting the nutrition they need. They also provide breakfast and lunch during the summer weeks when kids aren't at school.

Learn more about the [Statesboro Food Bank](#).

Be on the lookout for next Empty Bowl event, and make a difference in the community!

Empty Bowls is an international grassroots effort to fight hunger and was created by [The Imagine Render Group](#).

University Announces Commitment to Customized Training for Savannah

OCTOBER 23, 2014



The Georgia Southern University [Division of Continuing Education](#) recently announced its commitment to become the premier customized training provider for organizations in the Savannah area.

“Employees are an organization’s greatest asset. Investing in their education and professional growth can significantly impact a company’s success,” said Belkis Torres-Capeles, Ph.D., executive director of Continuing Education at Georgia Southern University. “Training needs vary from one company to the next and effective solutions should too. That’s why customized training is so important and why we’re committed to serving Savannah in this way.”

The Division’s Customized Training Programs are tailor-made and based on the organization’s specific training objectives. Additionally, organizations can select a desired date, time, and location for their program. Many choose to have classes at their own offices, while others opt for the Coastal

Georgia Center, the award-winning facility in downtown Savannah that is managed by Georgia Southern University.

High caliber instruction is available in a variety of subjects to include Leadership Skills, Project Management, Legal Awareness in the Workplace and Microsoft Office. Off-the-shelf courses are easily adapted and new courses are continually added. Courses can also be created upon request.

Along with its commitment to customized training, the Division offers open enrollment classes at the Coastal Georgia Center to provide another option for professional development. Corporate discounts are available when three or more employees from the same firm enroll. Individuals may enroll at regular rates.

Additionally, the Division strives to enhance life outside of the work environment with a host of Personal Enrichment courses, including photography and creative writing. Open enrollment classes are offered year-round.

The Division of Continuing Education is offering a ten-percent discount off standard pricing of Customized Training Programs to all new customers who sign contracts by Friday, December 19, 2014. Training programs must take place no later than April 30, 2015 to be eligible for the discounted rate.

To learn more about customized training and this special promotion, contact program specialist, Judy Fogarty at jfogarty@georgiasouthern.edu or call 912-644-5967.

The Coastal Georgia Center is located at 305 Fahm Street, just off Oglethorpe Avenue in downtown Savannah. For additional information about these and other courses from Georgia Southern's Division of Continuing Education, contact The Coastal Georgia Center, 644-5967 or coastalgactr@georgiasouthern.edu.

Georgia Southern University, a public Carnegie Doctoral/Research University founded in 1906, offers more than 125-degree programs serving more than 20,500 students. Through eight colleges, the University offers bachelor's, master's and doctoral degree programs built on more than a century of academic achievement. Georgia Southern is recognized for its student-centered and hands-on approach to education.

Tags: [Continuing Education](#)