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**XC Preview: Eagles Compete in NCAA Regionals Friday**

Georgia Southern University

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The Georgia Southern cross country team is set to compete in the NCAA South Regional Friday at John Hunt Cross Country Course in Huntsville, Alabama. The women's 6K race, which features 38 teams, is scheduled to begin at 9:30 a.m. ET.

The Eagles posted two team wins this fall and most recently competed at the Sun Belt Conference Cross Country Championships Oct. 29, at Brookley By The Bay in Mobile, Alabama. Freshman Katie Ranck ran a season best time of 19:24.7 and finished 42nd to lead Georgia Southern. The lineup for the race featured four freshmen, and all six Eagles ran in the Sun Belt Championships for the first time.

Georgia Southern will have the same seven entries for Friday's race. It's the second 6K for the Eagles this season; GS ran a 6K race at the Florida State Open at Apalachee Regional Park, the site of this season's NCAA Championship, Sept. 17. It was the first collegiate 6K race for all six Eagle runners, and Ranck led the way with a time of 23:59.6.

**Georgia Southern Entries**
- Isabel Clayton
- Reese Connelly
- Ansley Fultin
- Isabel Ptacek
- Katie Ranck
- Melanie Tribick
- Ella Zierdt

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