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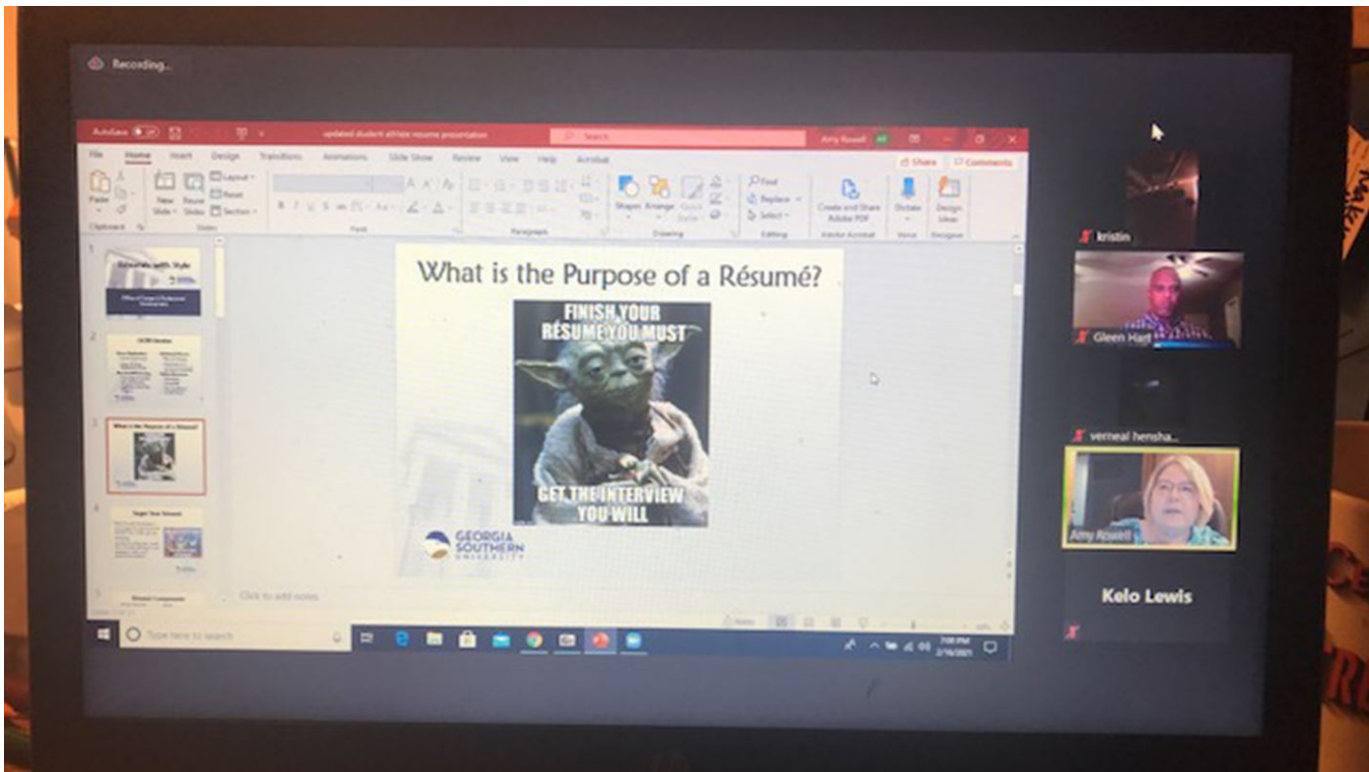
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Georgia Southern University Athletics



Sophomore Student-Athletes Participate in Virtual Resume Boot Camp

The annual event is part of the APEX program.

APEX

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STATESBORO – Georgia Southern sophomore student-athletes participated in a virtual resume boot camp via Zoom Tuesday night as part of the school's APEX (Athletes Preparing for Employment Experiences) program.

Eagle student-athletes received advice from Georgia Southern Career Services on the dos and don'ts of putting together their resumes.

The APEX program is designed to help prepare Georgia Southern student-athletes for the ultimate challenge after their playing careers- life. Led by Senior Associate Athletics Director Student-Athlete Development [Gleen Hart](#) and Senior Associate Athletics Director for Administration [Tracy Ham](#), the APEX program fosters the holistic growth of all Georgia Southern student-athletes based on four pillars: life skills, leadership development, career growth and community engagement. The vision statement of the program is to "develop confident and independent leaders to win in their careers, communities and households."

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