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The Circle got the opportunity to have a chat with Nikki Giovanni. Check it out! http://thecirclegsu.com/talk-nikki-giovanni/

BY BROOKE THOMPSON  
The Re/flector Staff

“Sweet tea, pecan pie and homemade wine where the peaches grow.” Native Georgian Zac Brown knows that for southerners, food is not just something you eat. It is a way to make someone feel welcomed, loved and comforted. As if we needed more of a reason to indulge ourselves with our favorite down home foods, Jan. 22 was National Southern Food Day, and several people shared their favorite southern eats in honor of it.

“I would have to say shrimp and grits is my favorite southern food. You just get all of the textures in there. The grits are super buttery and delicious and the shrimp, on point,” Brooke Maryniak, Focus Missionary, said. Shrimp and grits is a southern staple. It is perfect for anytime of day, but it is even better for brunch. You can find an amazing recipe for shrimp and grits in the Reflector website.

Jackie Alcocer, freshman exercise science major, said her favorite southern food is “pecan pie because my tía [Spanish for “aunt”] makes it best, and she always makes it for me.” Pecan pie is an anytime-of-the-year sweet. You can have it for Thanksgiving, Christmas or on any given Sunday. You can bake your own perfect pecan pie with the recipe (on the Reflector website).

Khalil Wright, senior information technology major, stated that his favorite southern food is fried chicken. “Get good fried chicken from the right person, your mama,” Wright said. He then continued to say he pairs his fried chicken with collard greens and cornbread. Wright also suggests adding hot sauce to the fried chicken and collard greens to give them an extra kick of flavor.

If you feel like trying your roots should be an all-day, everyday occurrence, but now you have a reason to eat home-cooked comfort food.

Pour yourself a big glass of sweet tea, crack open grandma’s cookbook and be thankful that you live in the south.

Scrumptious Southern Food

Southern Fried Chicken

Ingredients:
3 eggs  
½ cups of water
About 1 cup of hot red pepper sauce
2 cups of self-rising flour  
1 teaspoon of pepper
House seasoning
1 cup of salt  
½ cup of black pepper
½ cup of garlic powder
1 (1 to 2 ½ pound) chicken, cut into pieces
Oil for frying (preferably peanut oil)
Fear has a role in ruining success

DEAMBER J. PATTERSON

Paterson is a senior writing and linguistics major. This is a guest column.

Defining Success

Success doesn’t have to be this grand thing. It’s as simple as waking up in the morning and deciding to shower and brush your teeth and set your daily goal. There, you succeeded to wake up and make a few choices that could possibly lead on to better choices. Success doesn’t have to be only if it’s a show off on your Instagram feed and if you didn’t take a picture of it then you did not achieve a goal because thousands of people couldn’t congratulate or scold or secretly visit your image of people couldn’t congratulate or achieve a goal because thousands. The process starts with removing fear and alleviating the constant voices in your head that say you can’t do something because— you don’t have enough money, you’re unqualified in some way, you’ll never find love again or altogether being afraid of the unknown.

Overcoming Fear

Being fearful never brought positive change to my life. It bounds us with worry and suffering that takes time to heal, hence, setting yourself back when you already have an idea to move forward. Fear has a way of letting us know that anything we ever want for ourselves is wrong because it doesn’t want to have its power taken away; the power of control.

If you’re like me, 22 and/or making a lot of decisions for your future, then control attracts us more than being a way away from spring break. We have to hold ourselves accountable, breathe when we feel fear and realize that the opposite of success does not mean failure. It’s important to not compare your success to others.

For me, our individual accomplishments are unmeasurable because we are all just people constantly trying to figure life out and what it will ultimately mean to us.

Until recently, my life would get so overwhelming more often than I felt that many people around were experiencing and yet another thought to create a barrier that blocks the world out because we are all experiencing it.

I couldn’t breathe, I couldn’t keep up with making sure my life always looked like vibrant colors and collages of flawless foods and life changing getaways. I couldn’t block out the constant media and advertisement pushed on me telling me that I need another new thing. I couldn’t deal with not being able to make it all work. I couldn’t be perfect.

These things blurred the lines of success for me and the goals that I use to set for myself often revolved around ‘how can I make this look amazing for other people’. This is not supposed to be a preachy article you’ve found on your Facebook when it’s 2 a.m. and you’re feeling low. I think it’s beautiful that we all find communities to share parts of our lives in cyberworld, but I do feel that transparency and really honesty we ourselves is more important. Yes, your dinner looked amazing last night, but what about the night before when you forgot to eat because the responsibilities of the day took over?

I am right in the heart of fearing, controlling and worrying with you and I haven’t always been aware of it and I’m at the beginning of the learning stage.

But what I am sure of is that people are universally putting off their passions and not expanding their ideas in different mediums and are hurting from things that are just a part of our imaginations without ever putting in the effort to ask yourself ‘what is it that you want for your life?’

So, when you’re faced with a friend who feels that it’s all going downhill because their success doesn’t seem to be coming fast enough, ensure them that the idea of success may never come. Changing the perspective of success by eliminating fear already makes you a successful person.

STATEMENT OF OPERATIONS

The George-Anne is the official student newspaper of Georgia Southern University, operated by GSU students using facilities provided by the university. The newspaper is the oldest continuously published newspaper in Bulloch County.

The newspaper is published twice weekly, on Tuesdays and Thursdays, during most of the academic year. Any questions regarding content should be directed to the student editor by phone at 912.478.5268 or at geaanews@georgiasouthern.edu.

ADVERTISING: The George-Anne accepts advertising. Inquiries may be made by calling 912.478.6468 or 912.478.6466. For questions e-mail ads@georgiasouthern.edu.

The George-Anne receives additional support in part, from the Student Advise Budget Committee. For more information, rate cards, or sample publications, contact the advertising manager or student media advisor.

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Opinions expressed herein are those of the Board of Opinions, or columnist themselves and DGN, not necessarily reflect those of the faculty, staff or administration of GSU, the Student Media Advisory Board, or the University System of Georgia.

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To contact the opinions editor, email: letters@georgiasouthern.edu

The process starts with removing fear and alleviating the constant voices in your head that say you can’t do something because— you don’t have enough money, you’re unqualified in some way, you’ll never find love again or altogether being afraid of the unknown.

DEAMBER J. PATTERSON

Senior writing and linguistics major
THE GEORGE ANNE

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GA 302
Savannah, Georgia draws in many college students and young people with its nightlife options. These options range from bars and clubs to a variety of live entertainment. Now, the town will host a revamped version of the all-ages rock and metal music festival called AURA Fest, on Feb. 18 at the Ships of the Sea Maritime Museum.

The bands will perform on two stages set up at the museum’s outdoor gardens. Some of the festival’s 15 bands include Unearth, ZAO, I Set My Friends on Fire, The Bunny The Bear and Oh Sleeper, along with a mix of local bands.

According to AURA Fest organizer Timothy Walls, this edition of the festival will offer expanded features and activities for attendees.

Festival Features

Savannah food trucks and brewing companies, like Dark Shark Taco Attack and Southbound Brewing, will have their products available for attendees.

One of the more different activities there, will be massages. Virginia College will have some of its massage therapy students at the festival. The students will offer free, five-minute massages.

As well, Graveface Records and Curiosities, a Savannah-based music and entertainment store, will have old school arcade games out for festival-goers to play.

The mental health organization Hope For the Day will also be at the festival. Hope For the Day advocates for suicide prevention and mental health education.

“I’ve found them through [Vans] Warped Tour. They do a lot of their messaging through bands and live music events,” Walls said.

More about the music

Walls explained why the museum appealed as a festival location, instead of what some may think of concerning music venues.

“They [the museum] have already hosted some music festivals, like Stopover and Savannah Music Festival... they were really open to the idea, even for having heavier music,” Walls said.

One of Walls’ goals with the festival was to book bands that do not play the Savannah area often. He also wanted to book different types of bands for the tour.

“I’ve been really influenced from festivals like [Vans] Warped Tour, where there’s a lot of variety,” Walls said. “I always kind of like having some sort of variety, so that’s why there’s some indie rock, and there’s some hardcore and there’s some metal.”

**Foods & Beverages**

Dark Shark Taco Attack
Molly McPherson’s
Kona Ice

For 21+ attendees
Southbound Brewing
Pabst Blue Ribbon
Deep Eddy Vodka
Woodchuck Cider

**When**
1 p.m. to 11 p.m.

**Where**
41 MLK Jr. Blvd.
Savannah, GA 31401

**Get Tickets**
aurafest.brownpapertickets.com
$23 in advance/$25 the day of

Win tickets for the festival
Check out www.connectsavannah.com for details.

1. Rock band He Is Legend is from Wilmington, North Carolina.
2. I Set My Friends on Fire is a band from Miami, Florida. ISMFOF is labeled under the “experimental genre” of music with roots in post-hardcore and electronica.
3. Dark Sermon is a death metal band from Tampa, Florida. AURA has a lineup of bands from rock to metal.
4. ZAO is a metalcore band from Parkersburg, West Virginia.
Reviewing Health Services a year later

BY ALANA TINSLEY

After a full year under its belt, Georgia Southern’s new health services building has flourished into a better functioning service for faculty and students since its move to Plant Drive.

“It is a huge improvement from our prior location. The transition was pretty seamless so we have worked out most of the kinks related to occupying a new space,” Brian Deloach, M.D., GS’ medical director, said. The new health services building is about 40,000-square-feet compared to its original size of 13,500-square-feet, thus allowing there to be three times more exam rooms than the previous one, according to GS’ Health Services website.

The new building now offers new features such as physical therapy, an eye care clinic, expansions to pharmacy operations, x-ray, laboratory and immunization areas. Students asked for a better location and parking close to the facility and Georgia Southern added on-campus designated parking and 15-minute emergency parking spaces for easy access, in response to these requests.

With these new additions, healthcare services can offer better privacy, efficiency and improvement of workflow, according to Deloach.

“Wait times have been reduced, and it just has a cleaner, more friendly feel to it,” Deloach said.

Check-in used to be human operated, but with the placement of six electronic kiosks, this cuts the wait time by allowing the check-in process to be quicker and self-operated.

Deloach interacted and visited with other doctors around the community and said that they have all been impressed with the level of service the new building can offer.

“We [the health services staff] definitely are pleased with the new facility and none of [the new additions] would have been possible in the old building,” Deloach said.

Students, overall, have had positive feedback regarding the new building.

“I think [health services are] very effective, quick but personal,” Alanna McMahan, junior pre-med biology major, said.

GS students now have access to a state-of-the-art facility, as well as, cost-effective quality care.

“We haven’t personally gone [to health services] yet, but going off my friends, they have been able to visit a doctor, get tests done, get prescriptions filled and leave within an hour,” Ty Moore, undeclared freshman, said. “For any doctors office that’s really fast.”
Chief of Police Discusses Changes for Eagle Alerts and Public Safety

By Matthew Enfinger
The George-Anne Staff

Chief of Police Laura McCullough shared some of the Office of Public Safety’s reflections of last semester’s events, that transpired and some new and continued aspirations for the future.

Eagle Alerts

The Eagle Alert issues of last semester were a topic of discussion. McCullough said there are rules that regulate when and when not to send out an Eagle Alert.

"One of those times where you don’t send out an Eagle Alert is if the [law enforcement agency] that’s working the incident feels like releasing information will hinder their investigation or hinder what they’re working,” McCullough said.

The chief said this past semester had instances where the agency required information to be held.

In the future if this event were to occur again, McCullough would like to put out some form of information to protect students while upholding the confidence of agencies.

Goals

GS PD plans to set new goals this semester. One of them is to acquire more participation with the Livesafe App.

“This is a really good safety app,” McCullough said. “We’ve seen some participation, but I’d like to see bigger numbers.”

This past fall, the GS certified some of its officers to teach Rape Aggression Defense classes (R.A.D).

"R.A.D is a program designed specifically for college campuses,” said McCullough. “Instead of being a program that’s heavy in martial arts tactics, they are very common sense, easy to learn, easy to remember tactics.”

GS PD has had R.A.D instructors in the past, but they have either left or their schedules prevented them from teaching.

GS PD will also continue active shooter classes that began last fall.

“Our crime prevention coordinator is regularly teaching active shooter classes at the Theater in the Russell Union once every two weeks,” McCullough said. The classes are free to all students.

Through this process of developing a citizen’s police academy for students, faculty and staff, McCullough said.

The citizen’s police academy aims to give an inside look on what GS PD’s job entails. The program is planned to begin this fall.

Prior to the winter break, the Statesboro Police Department and the GS PD have been working on a joint task force where they’re concentrating efforts in areas where GS saw issues and concerns last semester right around campus.

Chief McCullough calls it "an extra layer of protection," and hopes that this collaboration will cut down violent incidents.

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Chief of Police Discusses Changes for Eagle Alerts and Public Safety

BY MATTHEW ENFINGER
The George-Anne Staff

Young Democrats of Georgia Convention

BY MATTHEW ENFINGER
The George-Anne Staff

The Young Democrats of Georgia Southern University (YDGS) will host the 2017 statewide annual Young Democrats of Georgia (YDG) Convention here in Statesboro this April.

"Basically, what we do is act as a conduit for people to engage, inform voters, bring communities together who have the same ideological beliefs and then translate that into political institutions,” Amber Bailey, president of YDGS, said.

The YDGS participated in voter registration drives in the past presidential election and worked the the Jim Barksdale campaign for Senate.

One of the main themes of the convention is engaging the community.

"Without having people who are educated and informed and really passionate about the policy and the political agenda... you don’t really have an engaged public and you don’t really have a government or policy that is reflective of those interests,” Bailey said.

A set date and venue has not yet been selected, and YDGS are looking to find local representatives to participate as speakers at this years convention.

Young Democrats of Georgia
Convention

Career Fair

Wednesday, Feb. 8 • 11 a.m. - 3 p.m.
Recreation Activity Center (RAC)

*Professional Dress Required

Science • Technology • Engineering • Math

Contact the Office of Career Services at GeorgiaSouthern.edu/career • 912-682-0977

For a list of employers: GeorgiaSouthern.edu/career
STATESBORO CITY COUNCIL
ADDRESSES ALCOHOL ORDINANCE

BY MATTHEW ENFINGER
The Georgia-Anneste

A Statesboro City Council meeting brought up relevant discussions regarding local alcohol ordinances last Tuesday.

The public hearing and second reading of Ordinance 2017-01 was approved by Statesboro City Council. The ordinance will re-establish the Statesboro Code of Ordinances for the proximity requirements for alcoholic beverages by designating a specific location (the front door of a business) for the measurement to start. This applies to all restaurants except to the state requirements that primarily regard package stores. Another change is that the required distance to residential zoning districts has been removed.

Statesboro City Council also addressed the Ordinance 2017-02 that would revise the city licensor requirements for an alcohol licence. This revision would be made so that the Statesboro alcohol licences mirror those that the state has in the Georgia Administrative code.

“There’s some very straightforward compliance issues in the state regulations. Some have pertained to us; some have nothing to do with us,” Mayor Jan Moore said. “But, the ones that do they are very simple...We are trying to go issue by issue to match them up.”

Ordinance 2017-03, which regards the span of the look back period, was up for discussion. The amendment would include revising the statement, “Any previous offense within the past five year period as measured from the day of the previous offense to the date of the current offense.” Under the amended ordinance, five years would be changed to three years.

Mayor Moore felt that this change could be “a double edge sword.” “If you only look back at three years if something happened in five years and to put it into context, it won’t be presented that way,” Moore said. “If somebody’s had a really good record and a little short record of bad luck, you’re not going to see that.”

Ordinance 2017-04 was the last of the four alcohol ordinances to be discussed at the meeting. Its intent is to amend Sec. 6-3 of the City of Statesboro Code of ordinances to redefine alcoholic use at catered events. The revision would include changing the ordinance’s current language to alcoholic beverages may be “served and or sold” as opposed to just “served.”

Although Ordinance 2017-01 was the only ordinance to be approved, the other three ordinances will be voted in the next session of City Council.

Members of the Statesboro City Council met on Jan. 17 to discuss the local alcohol ordinance. There are three other ordinances that will be voted on at the next city council meeting.

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Women's Basketball

Hanner Fieldhouse was the site of a doubleheader on Saturday afternoon, where bitter rival Appalachian State would be both the women’s and men’s opponent.

The women’s team came into their game coming off of a 78-70 win against Coastal Carolina. Looking to move up even more in the Sun Belt standings, the Eagles got off to a rocky start versus the Mountaineers of App State, losing the first quarter 17-9.

Georgia Southern responded by dominated the second period, holding App State to a meager three points. App looked inept on offense, having eight 8 turnovers in the period and going 1-13 from the field.

However, App State’s Madi Story would make her presence known early, as she went into halftime with both eight and rebounds. She’d finish the game with 15 points and 12 boards.

To begin the second half, Patrice Butler scored six quick points, and the Eagles went up by 10. It looked like Georgia Southern would pull away, but the story of the game would be how the teams went back and forth with each other. The Mountaineers ended the third quarter on a 13-0 run and took a three-point lead into the final quarter.

The fourth quarter was the Angel McGowan show, as the 5’9 senior from Greenville scored 10 of Georgia Southern’s 21 points. McGowan would play in all but 21 seconds of the game and finished with 21 points. After App State broke a late tie with under a minute remaining in the game, freshman sharpshooter Nakol Franks knocked down a huge three-pointer to put Southern up one.

“Nakol is maybe the most special pure shooter I’ve ever coached.” head coach Kip Drown said. “I think if you were to do a highlight video on how to shoot the basketball, she would be the kid we would choose because it is just picture perfect.”

Drown’s team would hold on to win the contest 53-50. McGowan would play in all but 21 seconds of the game and finished with 21 points.

Men’s Basketball

Georgia Southern’s men’s basketball team entered Hanner Fieldhouse looking for their seventh consecutive win and sixth conference win. The Eagles began the first half hot, knocking down rhythm threes led by Jake Allsmiller. The Mountaineers were consistently late when fighting around on-ball and off-ball screens, which led to several good looks from deep. The Mountaineers answered with a run of their own charged by guard Ronshad Shabazz, who tallied 12 in the first half. While App State cut the Eagles lead down, they did not slow down leading Sun Belt scorer Ike Smith, as he showcased his skill in the first half to the tune of 15 points and four assists.

Taking a five point lead into the second half, Georgia Southern would have no trouble scoring, but would also have no answer for App State’s Shabazz. He would continue to impress and would double his first half total to score another 24 points in the second. Ike Smith and Tookie Brown would respectively score 10 and 29 of Georgia Southern’s 55 second half points. Listed as a forward on the team roster, BJ Gladden would log a double-double of 11 points and rebounds while playing backup center to starter while Montae Glenn, who was in foul trouble for the majority of the game.

With less than three minutes left in the second half and fighting to win an almost-lost cause, App State began to intentionally foul GS and send them to line. App State made the game closer than how it was played for the majority of the 40 minutes, but Georgia Southern still won the game 92-88. Tookie Brown shot nearly all of GS’s free throws due to those intentional fouls and went 17-23 from the line in the second half.

Sophomore point guard Tookie Brown said shooting so many free throws did not bother him.

“I shoot those all the time after practice,” Brown said. “I shoot maybe 20 to 30 free throws, but I always want the ball when it comes to those crunch times,” Brown said.

The women’s team improved to 7-11 and 3-4 in the Sun Belt competition. Their next matchup will be on the road as they look to avenge their home loss to Troy in a rematch on Thursday night. The men’s team moved to 7-0 in Sun Belt play.
The Georgia Southern men’s tennis team went to Florida this weekend to play three matches in two days. The Eagles lost twice on Saturday against the Florida Gators, who came in ranked no. 11 in the nation. On Sunday, Florida State got the better of GS, but the Eagles fought back to beat the Florida A&M Rattlers just a few hours later.

The first two matches of the weekend ended in 0-7 defeats for Georgia Southern.

**UNIVERSITY OF FLORIDA**

In Gainesville, junior JC Alcala battled respectably against the nation’s no. 11 singles player, Alfredo Perez. The Gators, however, would take all six singles matches as well as the doubles best-of-three point.

**FLORIDA STATE**

In Tallahassee on Sunday, the Eagles improved their doubles play, according to head coach Sander Koning. The duo of Alcala and junior Eddie Landin narrowly lost to the Seminoles’ Whitehurst brothers (Terrence and Terell) by a score of 4-6. The Seminoles would win all six points possible in the singles matches, as well as winning the doubles point.

**FLORIDA A&M**

The Eagles showed marked improvement on Sunday afternoon against Florida A&M, winning the match 4-1 after two singles matches did not finish. The Eagles’ doubles team of junior Artemie Amari and freshman Stefano Di Aloy convincingly won their doubles set, 6-1, but FAMU was able to notch their one point by edging out the Eagles in the other two doubles sets. GS swept through the singles matches against the Rattlers with Alcala, Landin, Amari and freshman Stefano Di Aloy all prevailing against their FAMU opponents.

The men’s team finished their second straight weekend road trip with an overall record of 2-3. The Eagles will take on Alabama State and South Carolina State at home on Sunday.

**WOMEN’S TENNIS**

The women’s match against SCAD this weekend was postponed due to the severe weather system. The Eagles will also be in action at home next weekend, facing Alabama State and SCAD. The women will also host Presbyterian College January 31 in the GS Wallis Tennis Center.

**GS BASKETBALL PLAYER NOMINATED FOR ALLSTATE GOOD WORKS TEAM**

**BY BRENDAN WARD**

Georgia Southern University basketball forward, Shawn O’Connell is a nominee for the Allstate Good Works Team. The Allstate Good Works Team honors college athletes at all levels for their community service and leadership both on and off the playing field. O’Connell’s charitable work includes:

- Participating in Red Ribbon Week last year and annually at Relay For Life and Walk a Mile in Her Shoes.
- Visiting Boys & Girls Club of Statesboro, the Samuel J. Green Charter School and the Sun Belt Tournament in New Orleans.
- Reading to children at Julia P. Bryant, Sally Zetterower and Langston Hughes schools.

Check out more information about the Allstate Good Works Teams.

**MS Acala hits a forehand back across the court. He eventually lost to the nation’s number 11 singles player in Gainesville.**

**PHOTO COURTESY OF MILLEDGE AUSTIN**
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