PRESIDENT HEBERT gives first State of the University address
Page 4

JOHN MICHAEL MONTGOMERY to play at GS
Pages 8-9

SUN BELT OPENER
Eagles travel to Alabama to take on the Jaguars
Pages 12-13
College is the time of our lives when we have to start actually becoming...adults. As if that wasn’t bad enough, money matters are starting to become a relevant part to our everyday lives. It’s been said before and it’ll be said again: life ain’t cheap. Somehow in the next four years on our lives, we’ll have to find a way to pay for and budget our rent, groceries, gas and all the other unexpecteds that are bound to pop-up.

The main solution for many college students is to get a job. While admittedly those are pretty hard to come by in Statesboro, it’s not impossible. If becoming a member of the minimum wage workforce is an inevitable part of your future, here are some tips and warnings to ease you into the transition.

BUY COMFORTABLE SHOES
You’ll be on your feet for six straight hours. Whether you’re running the register, doing inventory or simply just working the floor (whatever that means), you’re not going to have a chance to sit down. And the second you do lean against the counter for a little comfort, your manager will be right there to prop you back up. Get some Dr. Scholls and save yourself the pain.

WORKING THE REGISTER WILL BE EASIEST AND MOST-BORING JOB
Entirely about going through the motions. Scan, bag, make change, receipt. Scan, return, refund, receipt. Smile. Smile. Smile. It’s easy, it’s routine, it’s boring. But it keeps your boss off your back since you’re always doing something. (Particularly helpful if you’re hungover AF).

DON’T CHECK THE TIME.
It doesn’t go by any faster. Honestly, it’ll start to seem like it’s going backwards. Just be surprised.

DO CHECK THE BACK.
It’s easier.

Customers will make the dumbest jokes
Every time the scanner doesn’t pick up the barcode, you will hear a “Oh, I guess it’s free!” Every time you check the money to make sure it’s not counterfeit you will hear “Yeah, I just printed that.” Every now and then you’ll even get a “That’s what she said” when you’re bagging an item and it doesn’t fit. Most people will tell you to just smile and laugh. I personally prefer a different route. Laugh and say “That’s the fourth time I’ve heard that today”. Then it’s their turn to awkwardly laugh and feel uncomfortable. Taste of their own medicine.

Customers.
They’re everywhere.
Honestly the worst part of your job is just the customers. Whether they’re asking irrelevant questions, taking up much more than their fair share of time or messing up the display you just finished, you can’t escape them. But you get use to it. You’ll learn how to politely remove yourself so you can head to break room and silently scream to yourself. Then you’ll get some coffee. Then you’ll get to clock out. And two weeks later, you’ll get a paycheck that doesn’t make it seem quite worth it, but just a little better.
September is such a bittersweet time for many of us. While football, and all of the festivities it entails, has returned, most students are also facing their first tests in many of their courses. It can be a time of great stress, as we begin to juggle our academic success, social lives and physical well being. Many people find keeping a list of goals to feel very rewarding.

Personally, I like to keep a short list of small tasks that I know I can achieve that day. I’m more big picture oriented, so having a list of the small tasks that I would normally forget helps me stay focused and gives me a definite feeling of satisfaction when I see all of the things I have accomplished that day.

Others may want to keep large, long term goals somewhere to help keep them focused on their ultimate objectives. These could be over the course of a month, semester or year. The point is you set your own pace and are in control of how you progress.

Like I mentioned before, it can be hard to juggle the different aspects that make up for a successful college career. It’s easy to get bogged down by all the things you think you “have to do.” And while those things may very well be important, it’s crucial to understand that you assign these activities their worth.

For the most part, your academics should be your number one priority, however there are times where they may take a backseat to a more pressing matter. Maintaining good grades is helpful of course, but at the end of the day our letter grades are just that. Letters. If you are in a position where your schoolwork is causing you major distress, it may be time to take a step back and re-evaluate how much time you really need to dedicate to certain classes.

This goes for friends and hobbies as well. Of course we all want to spend time with our friends. After all, they’re our friends for a reason. But you shouldn’t let that interfere with your academic goals, and of course your mental health. Sometimes you need to just tell people no. Even if you think it may hurt their feelings or make them dislike you, if they’re really your friends they would understand that sometimes you just need to take some time for yourself.

Ultimately, you know yourself best. You should take some time to figure out what stress relief techniques you respond to the best. Of course you can always utilize the resources available at the Counseling Center, and you should never be afraid, or ashamed to seek help for any mental issues, including stress.

STAFF LIST

Leonard is a junior writing and linguistics major from Johns Creek, Ga.

IAN LEONARD

The importance of stress management

STAYING THE COURSE

...
State of the University addresses student concerns

President Hebert, Jean Bartels, Provost and Vice President for Academic Affairs, Teresa Thompson, Vice President of Student Affairs and Robert Whittaker, Vice President for Business and Finance listened to student’s concerns at the annual state of the university address.

BY TAISHA WHITE
The George-Anne staff

Financial Aid
For most, if not all students at GS, financial aid has become a main concern.
Vice President of Student Affairs Teresa Thompson explained to students that the financial aid issues are an ongoing issue, but the goal is to make the process easier for not just students but parents as well.
“So it has been a little bit difficult this year, but we are trying to help as much as we can by extending deadlines, such as when cancellation will begin for the university,” Thompson said. “We have also had extra people coming in that will review this for next year. Next year will be a little different because the regulations will be in effect when you first apply.”

Building expansions
Provost and Vice President of Academic Affairs Jean Bartels gave a short but informative insight on future new bachelor and master degrees that will be added to Georgia Southern as well as the opening of brand new buildings.
“There have been a few academic programs that have been approved. The bachelor of manufacturing engineering was approved earlier this year,” Bartels said. “We also have a few masters degrees and have added a health minor and new certificates.”

Race
The question of racial issues on campus was brought to the forefront when College of Education Senator Bianca Yarde asked the question of how the university plans on addressing the ongoing issue within the GS campus and the Statesboro community.
“I guess I am going to address the elephant in the room, race,” Yarde said. “I have heard plenty of things from blacks and other minority students complaining about things going on outside of our classrooms regarding race issues like, ‘White Girl Wednesdays’ and ‘Trump Thursdays.’”
Thompson addressed the student’s concern.
“We have worked with Mayor Moore quite a bit in addressing those issues,” Thompson said. “You also have to understand that we cannot control what businesses do. We can talk with them, as when we did last year and ask them to please not do these types of things. I do think we as people need to address that issue by not attending these events.”

Students at the SOTU were excited to become involved with the university.
Freshman nursing major Nandi Walton believes that the ongoing issue of race on GS campus was addressed effectively at the SOTU.
“They did address the problem of race. The race and minority things are strange,” Walton said. “There seems to be a strain or gap between minorities here. So I am glad that they at least addressed that.”

Freshman economics major Kayla Dufﬁe believes the SOTU is something every student should become involved in.
“I think that all students should attend meetings like this because, for me, it gave me the opportunity to see what is going on,” Dufﬁe said. “I am able to learn about the different things happening and become more involved.”

For more information on upcoming SGA meetings, head on over to students.georgiasouthern.edu/sga.
Multiple reports of car break-ins in Statesboro

BY Bailey Adcock
The George-Anne staff

Statesboro police reports show approximately seven car break-ins have been reported in the past two weeks in the area surrounding campus and the main parts of town.

Since the beginning of the semester, many break-ins were reported from vehicle owners living in the Copper Beach, 111 South and Caribe Court complexes.

Car break-ins have been growing in numbers in town throughout the past year causing a rise in student and parent concern.

Saresa Berry, junior accounting major, noticed that the stuff in her car was disheveled on her way to work one day and realized that her laptop was missing.

Berry proceeded to file a report and within a few days the Statesboro Police Department had caught one of the three people responsible and returned her laptop.

Last week, Cole Peters, sophomore finance major, stopped what appeared to be a car break in at his house.

“I was sitting on my porch last week and this guy comes walking down the street looking in mailboxes and stuff. He didn’t notice me when he got to my house and starting shining a flashlight in my roommate’s car and then tried to pick the lock,” Peters said.

Car break-ins aren’t exclusive to this year, however. Many break-ins have happened in recent years as well.

Reagan Smith, junior criminal justice major, had his Jeep broken into his freshman year.

“I was parked in Centennial and they stole my radio, speakers, fishing poles, pocket knife and cut the back window open to get it,” Smith said.

Laina Latzsch, senior biology major, had her car broken into a few years back.

Her friend’s backpack was found emptied on the ground next to her car.

“Police say they were probably looking for the backpack because they broke into a lot of cars that night all across campus so they likely needed something to keep the stuff they stole in,” Latzsch said.

If your car seems to have been tampered with or broken into, immediately file a police report. Personally interacting with anyone who is attempting to commit a crime can be extremely dangerous.

Whenever leaving your car unattended, always make sure it is securely locked and the windows are up and do not leave valuables in your car, especially visible, as to not attract any potential burglaries.

Another thing to remember is to make sure your car insurance is up to date, in case of damage to your car.

“I was parked in Centennial and they stole my radio, speakers, fishing poles, pocket knife and cut the back window open to get it.”

Reagan Smith
junior criminal justice major
Counseling Center
offers students free sessions for mental health

BY CAITLYN OLIVER
The George-Anne staff

Students often face academic stress, relationship problems, emotional distress and many other feelings or pressures on a regular basis. A resource to alleviate such burdens is the Counseling Center, which provides individual and group therapy, couples counseling, workshops and many other options to fit each student’s needs.

“It's like seeing a medical doctor,” Jodi Caldwell, counseling director, said. “Students come in for an initial test that goes over their background and goals. Depending on what they need, they may end up with another counselor but will stay with that same person through the rest of the process.”

Full-time students are allowed 12 free sessions per semester that generally last 45-50 minutes. All workshops are free and open to any interested student.

Caldwell said, “Students typically stay for about five sessions. If they’re going for something more long-term, their counselor may spread the sessions out and mix them with workshops or group sessions to extend what they can do, since students get 12 sessions per semester.”

If there is an emergency situation outside of normal operating hours, students should call the University Police Department, which will contact a counselor.

To contact the Counseling Center call: 912-478-5541

Counseling Center normal operating hours: Monday-Friday, 8 a.m. to 5 p.m.

BY CHYNA JAMES
The George-Anne staff

College students seek counseling

Top Reasons

COLLEGE STUDENTS SEEK COUNSELING

Georgia Southern University
1. Anxiety
2. Depression
3. Relationships
4. Stress Management
5. Academic Concerns

Nationally
1. Anxiety
2. Depression
3. Relationships
4. Psychotropic Medication
5. Suicidal Thoughts/Behavior

Data from GS Counseling Center website and the American Psych Association

Offering students free sessions for mental health

Intramural sports registration deadlines approaching

BY CHYNA JAMES
The George-Anne staff

Registration for several intramural sports at the Recreational Activity Center (RAC) ends soon.

The intramural sports at the RAC give faculty, staff and students the opportunity to play both individual and team sports activities through Campus Recreation and Intramurals (CRI).

“Intramural sports gives everybody equal opportunity to participate in recreation in kind of an organized event,” Landen Cammack, intramural sports program assistant, said. “It’s a source of fun for many people and for almost all of our sports we have a competitive and recreational league.”

The recreational league, which many people opt for, is for those who just want to have fun with the sport, and the competitive league is for those who want a higher level of play.

The competitive leagues have the opportunity to go to state tournaments, and if they win, will possibly get a chance to compete nationally.

Ricky Zanders, public relations senior, has played intramural soccer, flag football and softball. Flag football has been the most popular intramural sport with 1,700 participants last fall.

“I played lacrosse all of high school, so I’m really into sports, and when I came here, I said I might as well pick up another sport and try something else,” Zanders said, “my teammates were cool, it was a competitive environment, it was a good workout and kept me active.”

Online registration has opened for several sports including flag football, which closes on Sept. 13. The next upcoming deadline is on Sept. 20 for tennis singles and fall field day (kickball and cornhole).

To view a list of sports offered and the registration deadlines, visit the RAC’s Intramural sports webpage.
SSU cheerleader shares bad experience at Paulson Stadium through social media

BY ERIN MCGUINESS & BLAKELEY BARTEE
The George-Anne Staff

A Savannah State University (SSU) cheerleader reported harassment from Georgia Southern University fans at the GS vs SSU football game last Saturday.

Ma’Kyah Sims, senior Savannah State cheerleader, went to social media to share her experience about the incidents that occurred on Saturday.

“From bottles being thrown at us, to being called all the unholy names! This may be the worst cheer experience ever,” Sims said on Facebook.

According to the Patrice Jackson, Dean of Students, key administrators from GS and SSU discussed the fans’ behavior.

We have reached out to Sims and the head cheer coach at SSU for further comment. A full investigation is underway by GS.

My first last away game was bittersweet. I can sit here and say as long as I’ve been cheering me and my cheer mates have never experienced racial discrimination until today. From bottles being thrown at us, to being called all the unholy names! This may be the worst cheer experience ever! I’m just so disappointed in the Georgia Southern fans and there cruel racial comments and actions. At the end of the day #MyBlackIsBeautiful & I’m still going to support AND BLEED my Eagles ! ! ! I Love My HBCU #Savannahstate #TigerPride #Senior2K17

On the other hand I’m so proud to see my cousin play and make his touchdown !!! Congratulations Troy Stewart 😊😊 #FamilySupport

Ma’Kyah Sims shared her recent cheerleading experience on Facebook.

New GUS design causes uproar

BY CAROLINE EAKER
The George-Anne Staff

Although the Georgia Southern football team dominated the Savannah State Tigers once again, not all Eagle fans were pleased with what was seen on the field Saturday night.

GUS, the beloved GS Eagle mascot, hit the field to debut his new look. GS students and fans were surprised to see GUS’s updated design and wish for the traditional GUS to return to the fields.

“GUS is just not the same anymore,” Haille Jones, sophomore art history major, said.

Sierra Green, sophomore computer science major, said that she thought GUS’s new face “just looks creepy.”

Although many fans feel the same way, it is unknown if the “old” Gus will ever make an appearance again.

The new GUS mascot was first seen at the Savannah State game last Saturday. People immediately voiced their opinion on Twitter with the #BringBackGus.
Montgomery writes his own songs and performs songs written by others. In Nashville, it is becoming more common to see songwriters come and write hits, while also aspiring to make it as artists, Montgomery said.

BY JULIA FECHTER
The George-Anne staff

Montgomery, whose hits include songs like “I Swear,” “I Love the Way You Love Me” and “Letters from Home,” will be playing a concert at the Performing Arts Center on Sept. 8. Montgomery talked about his musical legacy, reminiscing about his early days with “Life’s A Dance.”

“It’s passed by so fast. I’ve been touring, my twenty-fifth year of touring. Any singer’s aspirations, no matter what genre you’re in, you dream, while you’re listening to the radio, maybe being on there one day and getting a break and being able to cut a good song,” Montgomery said.

Montgomery and his brother, Eddie Montgomery, had to put themselves in a position to get lucky before they caught a break. Though they played weekends when John got out of high school, they wanted to play five nights a week in bars that had consistent live music.

A bar in Lexington, Kentucky, ended up hiring the Montgomery brothers. The duo was playing during the week at the bar. It was a slow night when a representative from Atlantic Records walked into the establishment.

The representative saw the duo and their potential, and later signed the Montgomery brothers to the label.

“Montgomery’s post-high school experience entailed spending night after night in bars playing music for people. He and his brother would play in smoke-filled bar rooms. For Montgomery, it was fun but also a less healthier way to play music.

“There were many nights I slept in my vehicle. I tell my son, if he commits himself to the education part of his life that I want him to, then I will certainly help him try to accomplish that goal, too,” Montgomery said.

MUSIC FOR A CAUSE

During his music career, Montgomery has advocated for Americans to support veterans and active duty service members. His support of the military goes back farther than his musical endeavors.

“When I was two, three, five years old, I had some uncles that were overseas in the Vietnam War. I spent a lot of time with my grandmother, and I remember her constantly worrying about her boys being able to make it back safely,” Montgomery said.

That is one of the reasons Montgomery connected with his song “Letters from Home” so much. That song pays tribute to the bond between military members and their families.

“The veterans give up so much and ask for nothing in return. This country, we owe it to them to let me know ‘Hey, you had our back. We’re going to have yours now.’ That’s the way I’ve always felt,” Montgomery said.

THE LEGACY OF FAMILY

Montgomery has a daughter, who is a college sophomore, and a son, who is a senior in high school. Both of his children enjoy singing and playing music.

“Their (Montgomery’s children) are both doing well in school and I told both of them ‘Look, there’s been plenty of successful singers out there that have a college education, too!’ I took the honky tonk route. And that’s a rough way to go,” Montgomery said.

What’s next

Montgomery plans on releasing a “Greatest Hits” album next year, since 2017.
marks the twenty-fifth anniversary of “Life’s A Dance”. “I’m hoping I might be able to get another artist or two to sing with me on some of those songs, maybe some peers of mine or some new artists that grew up listening to me,” Montgomery said.

Montgomery also expressed a desire to do a song on the album with his brother, Eddie. “We grew up [guitar] picking and singing together. We’ve never been able to, even though we’ve both had success, I’d like to be able to do a song with him. I’d also like to cut some new songs, and do another album of all-new songs, too,” Montgomery said.

Any singer’s aspirations, no matter what genre you’re in, you dream, while you’re listening to the radio, maybe being on there one day and getting a break and being able to cut a good song.”

JOHN MONTGOMERY
Country music singer

The country artist is a good choice to play at GS for a couple of reasons, Stacie McDaniel, the Director of the Performing Arts Center, said. “John Michael Montgomery has really good ties to the South. He’s from Kentucky, so I think for the region, he’s a good artist. Statesboro loves country music, and I also felt he was an artist who would connect to a lot of ages,” McDaniel said.

John Michael Montgomery will play at the Performing Arts Center tonight, Sept. 8, at 7:30 p.m. Adult tickets are $26 and youth tickets are $12. The PAC box office will sell tickets until 6:30 p.m. tonight.
With summer time finally coming to an end, it can feel like options for affordable, entertaining weekends are limited to the Statesboro area. Luckily, that doesn’t have to be the case.

If you’re looking for adventure and excitement in your weekends, then you should look into attending a music festival.

“A festival is a place for people to come together, dance, hangout and party and not be judged because everyone is there to have a good time,” Naomi Nikolas, senior marketing major and seasoned festival goer, said. Most would assume attending a music festival requires months of saving money for tickets that could cost up to hundreds of dollars as well as paying camping fees.

That can be true for popular festivals, however, there are some less popular festivals in the southeastern area that are significantly cheaper and sometimes even free.

Coming up is the inaugural edition of the *host $lley Music )estival in Savannah. Taking place on September 4, the festival is an all-day event that starts at noon and will be held at 'ollhouse Productions. Not only is this upcoming festival nearby, but it’s also cheap. For only $20, one can spend the whole day listening to different local and touring bands, including Statesboro-based band Birdperson. There will also be food trucks and beer from the Southbound Brewing Company.

Another festival which will be happening in the fall is the *hakori *rassroots Festival of Music and Dance. This festival is not free but not too expensive either. Right now, one can get tickets for only $114 for the four-day festival, which runs from Thursday, Oct. 6 to Sunday, Oct. 9. It is affordable and a good opportunity to experience a smaller festival community whilst camping in Pittsboro, NC.

If you intend on going to a festival, it's really important to plan ahead. For example, If you are going to a festival where you can camp then you should make sure to have a supply list to ensure a stress free weekend.

“The more you prepare, the more fun you can have,” Nikolas said. Ideally, that would include a tent, tarps, a bag of clothes, food, snacks and lots of water. It’s also essential to organize a reliable and fun group of friends to accompany you for the weekend. Festival grounds are typically quite large. It can be easy to get caught up in the crazy energy of your surroundings and feel lost, so having trustworthy friends with you is an important way to stay safe.

“Pick friends you’re comfortable spending multiple days with and know they will be a good time,” Nikolas said. Another way to ensure a fun and safe weekend is to make sure each person in your group has a map of the grounds with the location of your campsite marked for future reference.

Even though it’s important to focus on proper planning and safety, music festivals exist to create an enjoyable and memorable experience.

Nikolas said, “Everybody should go to a festival once in their life, it’s really eye opening and it’s a great experience. You may not be able to go when you’re older so go while you’re young.”
Saturday is another chance for Georgia Southern and South Alabama to continue their strong starts to open the 2016 college football season.

So much is being made about the strong efforts from the Sun Belt this past weekend, that this game is actually expected to be a bigger game than first anticipated.

The Eagles and the Jaguars will clash Saturday at 6 p.m. ET at Ladd-Peabees Stadium in Mobile, Alabama.

Both teams come into the matchup having won their openers in impressive styles.

The Eagles led FCS Savannah State the entire game and never allowed them to get into the end zone. CS is sixth in total offense and third in total defense in the nation after the first week. Running Back L.A. Ramsey was suspended for the last game, but the Eagles were not lacking in any offense on the ground.

"I feel like that we’re as talented and as deep as anybody that there is in the country when you start talking about our backfield. I really do – between the two quarterbacks and the three or four backs we had in the game,” Tyson Summers, head coach, said.

The Jaguars are coming off what was probably the biggest upset in the first week of college football. USA defeated Mississippi State 21-20 after trailing 20-7 going into the fourth quarter.

This is going to be a tough game for the Eagles, but they are going in as 11-point underdogs. The run-first Eagles threw the ball pretty well against Savannah State and they will be looking to continue their efficient passing against USA.

"I certainly feel that there were two quarterbacks who managed the game well. I know a lot has been said about throwing the ball more efficiently. I believe in that. We only had three incomplete passes tonight," Summers said about their passing game against USA.

Defensively, the Eagles secondary will be tested facing USA Quarterback Dallas Davis was the Jaguars offensive star last Saturday racking in 285 passing yards on 24-33 with two touchdowns, including the game-winner.

South Alabama is coming off the biggest win in the history of their program after shocking Mississippi State last Saturday. The game this weekend may come down to how much they can slow down Georgia Southern’s option offense.

Offensively against the Bulldogs, Mississippi State were led by sophomore quarterback Dallas Davis. He threw for 284 yards on 24 completions and added 45 yards on the ground.

TE Gerald Everett and WR Josh Magee are dangerous in the passing game and both are capable of making big plays. Everett caught the game-winning pass against the Bulldogs, and Magee finished with 113 yards and a touchdown as well.

"They’ve got some longer guys that are tough to defend from a matchup standpoint,” Tyson Summers, CS head coach, said. “We’ve got to make sure we’re preparing the way we need to.”

Defensively, Summers talked about how the secondary stands out about their passing game against SSU.

South Alabama has a solid corps of linebackers that will be all over the field on Saturday. Roman Buchanan, Darrell Soggy and Bull Barge will have the tough task of tackling Matt Breida, Favian Upshaw and others.

Up front, the Jaguars got some great play out of their ends against the Bulldogs. Chason Milner and Randy Allen combined for 10 tackles, a sack and a tackle for loss. The Jaguars will need these two to cause some chaos in the backfield if they plan to slow down the Eagles attack.

The Jaguars will be looking to build off their historic win and hold off the Eagles in their stadium. This stadium, however, is the same one where the Eagles ran all over Bowling Green on their way to the GoDaddy Bowl trophy. They’ll look to repeat some of that success this weekend and pick up their first conference win of the season.
All-Time Matchup Stats

<table>
<thead>
<tr>
<th>Stat</th>
<th>Georgia Southern</th>
<th>South Alabama</th>
</tr>
</thead>
<tbody>
<tr>
<td>Average Score</td>
<td>41.5</td>
<td>11.5</td>
</tr>
<tr>
<td>Average Passing Yards</td>
<td>69</td>
<td>105.5</td>
</tr>
<tr>
<td>Average Rushing Yards</td>
<td>412</td>
<td>110.5</td>
</tr>
<tr>
<td>Average Time of Possession</td>
<td>31:89</td>
<td>27:71</td>
</tr>
</tbody>
</table>

All stats compiled from ESPN.

Previous Meetings with South Alabama

Intramural Sports
Flag Football

Online Registration:
August 29 - September 13

League Begins:
September 19

Register at imleagues.com/georgiasouthern

Find your #RAClife

#TeamUp

Page designed by Dionna Williams
Photos courtesy of SunBeltSports.org
To contact the sports editor, email gasports@georgiasouthern.edu
First Amendment ★ FREE ★ Food Festival

September 14th
@ The Rotunda
11-2PM

Participating Restaurants Include:
Fordham’s Farmhouse Restaurant
Colonial House of Flowers
McAlister’s
Subway
Check out these local restaurant deals!

Statesboro is home to plenty of delicious restaurants that every student should check out at some point! When it comes to finding something to do in town going to a new restaurant is always a great option. Always check the Full Plate Guide to find good restaurants with even better student discounts!

To advertise in the Full Plate Guide or to have your restaurant listed above, email ads1@georgiasouthern.edu.