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## WCHP faculty receives grant from United States Center for Coaching Excellence

June 3, 2020

Jody Langdon, Ph.D., associate professor of exercise science and coaching, was awarded more than \$2,900 in funding from the United States Center for Coaching Excellence (USCCE) for her project, "Utilizing motivational theory to assess how coach developers shape the behaviors of coaches."

The USCCE Research Grant will help Langdon support the project's first phase of development of a comprehensive coach assessment system for United States Lacrosse.

"In this phase, we are going to observe coach trainers and coaches in order to see how much of what is learned in training clinics is transferred to coaching athletes," Langdon said. "The grant money will help us video record United States Lacrosse coach trainers and coaches, provide feedback and determine how well coaches transfer behaviors and create motivational climates that are beneficial to athletes."



*Jody Langdon, Ph.D.*

Langdon has served as a faculty member in the Department of Health Sciences and Kinesiology for 10 years. Her research interests include enhancing student or athlete motivation, coaching education, psychological response to injury, and scholarship of teaching and learning.