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WCHP faculty research published in online journal Physiological Reports

January 10, 2020

Gregory Grosicki, Ph.D., assistant professor in the Department of Health Sciences and Kinesiology, and colleagues from San Francisco State University, recently published their research titled, “Rapid Gut Microbiome Changes in a World-Class Ultramarathon Runner” in the journal Physiological Reports.

Their work focused on the physiological characteristics of a world-class ultramarathon runner before and after competing in the Western States Endurance Run, an invitation-only, 100-mile trail race in Northern California.

“In this study, we examined the athlete’s gut microbiome, a diverse population of bacterial cells residing in the gastrointestinal tract,” stated Grosicki.

According to recent research, the gut microbiome has been linked to many health implications, including a relationship between gut bacteria and many diseases such as cardiovascular disease, cancer and depression.

“A gut microbiome analysis of the athlete was performed four times: 21 weeks before the race, two weeks before the race, two hours after the race and seven days after the race,” he said. “Immediately post-race, we saw both positive and negative changes in the athlete’s gut bacteria.”

Findings from this study highlight the likely significance of the gut microbiome in mediating relationships between exercise and human health. The Rossi Family Foundation provided funding in the amount of $1,600 for publication of the research.

Established in 2013, Physiological Reports is an online, open-access journal that published research in all areas of physiology on a monthly basis.

Two Georgia Southern faculty contribute to Technology Association of Georgia report

January 10, 2020

Jerry Burke, Ph.D., professor and chair of the Department of Logistics and Supply Chain Management, and Marc Scott, Ph.D., assistant professor of logistics and supply chain management and director of the Southern Center for Logistics and Intermodal Transportation,

contributed to the Georgia Supply Chain and Logistics technology ecosystem report by the Technology Association of Georgia (TAG).

“We contributed to the report to highlight how Georgia Southern connects employers with students who are readily capable to tackle dynamic challenges faced by logistics and supply chain organizations,” said Burke.
“We also wanted to enhance awareness of the expertise that faculty in the Department of Logistics and Supply Chain Management possess to assist organizations via applied faculty research and student-led projects.”

The Parker College of Business faculty provided insight into the supply chain and logistics programs at Georgia Southern University, explaining that faculty expertise and the university’s proximity to the Port of Savannah provides unique opportunities for collaboration with the supply chain and logistics ecosystem. The logistics faculty have built relationships with various logistics and intermodal transportation stakeholders leading to impactful opportunities to provide experiential learning activities to students.

**Armstrong State University historical book, From the Mansion to the University, now available on Digital Commons**

January 10, 2020

Since the fall 2013 launch of Digital Commons@Georgia Southern, an open-access digital repository that collects, archives and disseminates the intellectual and creative output of the university’s faculty, staff, students and community partners, more than 3 million items have been downloaded by visitors from around the world.

New to the collection is *From the Mansion to the University*, a historical book about Armstrong State University, authored by former professor emeritus Janet Stone, Ph.D.

The book, which was originally published in 2010 by the Armstrong Foundation as *From the Mansion to the University: A History of Armstrong Atlantic State University, 1935-2010*, documents 75 years of Armstrong’s institutional history through detailed research, personal stories and photos. Stone also draws on Armstrong’s close connection with Savannah, starting with its founding as a city college, and the close-knit community among students, alumni, faculty and staff throughout the years.

Under a Creative Commons license, Stone and the Georgia Southern Foundation made the work available as a PDF that can be downloaded from the Digital Commons.

To download the PDF version of *From the Mansion to the University*, visit [https://digitalcommons.georgiasouthern.edu/armstrong-about/7/](https://digitalcommons.georgiasouthern.edu/armstrong-about/7/).
Georgia Southern associate dean named to National Advisory Mental Health Council

January 10, 2020

Joseph Telfair, DrPH, associate dean of public health practice and research in Georgia Southern University’s Jiann-Ping Hsu College of Public Health, has been appointed to the National Mental Health Advisory Committee (NAMHC).

The NAMHC advises U.S. Department of Health and Human Services Secretary Alex Azar and the directors of the National Institutes of Health and the National Institute of Mental Health on all policies and activities relating to the conduct and support of mental health research, research training and other programs of the institutes.

“I am greatly honored to have been given this opportunity to serve our profession and represent our college and University on this important national advisory committee,” said Telfair. “The prospect to contribute to decisions over the next several years that will make a difference for multidisciplinary researchers is very much appreciated.”

Telfair’s advisory role will pertain to public health research and practice, community-based research, and issues of health inequities and translational research — all areas in which his national and global expertise has been recognized. His appointment runs through September 2023.

Georgia Southern University, a public Carnegie Doctoral/R2 institution founded in 1906, offers 141 degree programs serving more than 26,000 students through nine colleges on three campuses in Statesboro, Savannah, Hinesville and online instruction. A leader in higher education in southeast Georgia, the University provides a diverse student population with expert faculty, world-class scholarship and hands-on learning opportunities. Georgia Southern creates lifelong learners who serve as responsible scholars, leaders and stewards in their communities. Visit GeorgiaSouthern.edu.