Arnold Sets New School Record in Hammer Throw
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*Kelsey Arnold surpasses 2015 mark by over two meters at UNF Invite*

Tricia Fishbune

**JACKSONVILLE, Fla.-** On top of setting a career-best in the hammer throw at the UNF Spring Break Invitational, [Kelsey Arnold](#) etched her name in the Georgia Southern record book. Her 51.76 meter throw goes down in history as the best ever in the program.

Arnold placed fourth in hammer throw at the first outdoor meet of the season hosted by North Florida on Friday, which surpassed her 2015 mark by over two meters. During the indoor season, Arnold also found success, launching the weight throw for a season-best 17.69 meters at the Samford Open. At the Sun Belt Indoor Championships, Arnold took
seventh among the conference in the weight throw.

With the outdoor season just starting up, Arnold has plenty of time to set new records in the hammer throw with four meets before the Sun Belt Outdoor Championships. The team next competes at the Florida Relays in Gainsville on April 1st and 2nd.

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