

Newsroom

July 12, 2019

Georgia Southern University

Follow this and additional works at: <https://digitalcommons.georgiasouthern.edu/newsroom>



Part of the [Higher Education Commons](#)

Recommended Citation

Georgia Southern University, "Newsroom" (2019). *Newsroom*. 1713.
<https://digitalcommons.georgiasouthern.edu/newsroom/1713>

This newsletter is brought to you for free and open access by the Office of Strategic Communications & Marketing at Digital Commons@Georgia Southern. It has been accepted for inclusion in Newsroom by an authorized administrator of Digital Commons@Georgia Southern. For more information, please contact digitalcommons@georgiasouthern.edu.

Georgia Southern biology professor gives presentation at Critical Care Nurses Conference

July 12, 2019

Biology professor Ed Mondor, Ph.D., and his brother Eugene Mondor, who is a registered nurse, recently gave a talk at the American Association of Critical Care Nurses — National Teaching Institute & Critical Care Exposition in Orlando.

Their talk, entitled “Got the Travel Bug? When Tropical Diseases Aren’t Just Tropical,” focused on the insect-vector-borne tropical diseases Typhus, Chagas, Zika, Dengue and Malaria, which are showing up in critical care patients with increasing frequency in North America as international travel increases.

The presentation featured insects of medical importance, the diseases they transmit and the effects of insect transmission on human health, as well as key physical assessment findings, laboratory investigations and summarized first-line management strategies for critically-ill patients. More than 8,500 critical care nurses attended the exposition.

Tags: [College of Science and Mathematics](#), [Department of Biology](#)

Counseling alumnus pursues passion of helping college students, authors a book about motivation

July 12, 2019



Georgia Southern University Double Eagle Warren Brandon Wright ('16,'18), a professional counselor who authored the book, *A Dose of Motivation: Taking Ownership of Your Life, Tapping into Your Potential, and Stepping into Your Purpose*, long felt called to be a writer, yet completing a book on his own seemed intimidating at first.

"I started out with just quotes or passages," he said. "I just didn't believe in my ability to write. And then in my second year of graduate school, I suddenly had a title for a book I had not yet written."

Wright said he kept waking up in the middle of the night thinking about the book and title, then suddenly the content came.

"It was a sudden download of information," he remembered. "I was nervous, but it was also an exciting experience."

Earning a bachelor's in psychology and a master's in counselor education, with a concentration in clinical mental health counseling, Wright said his own experiences of self-doubt and self-growth led him to pursue a career in counseling and later write a book.

"During college, I learned so much about myself in a chaotic environment," explained Wright. "From relationships to loss and not feeling good enough, (college) is really just about personal growth. It's a phase of life that people need assistance and

encouragement. I had people to direct and lead me, and I want to do that for others."

And that's exactly what Wright is doing. As a counselor at Texas A&M University, Wright provides individual and group counseling, and facilitates psycho-educational workshops to offer social support and development for college students.

His book was in fact written with college students in mind.

Wright describes it as a quick read that provides a foundation of inspiration that helps individuals tap into their potential. Book chapters cover a range of topics, including self-acceptance, isolation, overcoming doubt and fear, the power of our words, and being the change in your own life.

After each chapter, Wright included reflection questions to help readers fully realize impact and influence of the lesson in each chapter.

"You should always engage in the act of reflection," said Wright. "That is where you can find motivation."

Wright says his experience at Georgia Southern put him on course to reach his goal of helping college students.

"My graduate program was amazing," he said. "My professors all took the time to help me develop as a counselor."

As for the future, Wright plans to continue writing and motivate college students.

“I like to tell people, ‘Don’t wait for the perfect time to begin writing because there isn’t one. Embrace the present, and chase your dreams now,’” he said.

Georgia Southern University, a public Carnegie Doctoral/R2 institution founded in 1906, offers 141 degree programs serving nearly 26,500 students through nine colleges on three campuses in Statesboro, Savannah, Hinesville and online instruction. A leader in higher education in southeast Georgia, the University provides a diverse student population with expert faculty, world-class scholarship and hands-on learning opportunities. Georgia Southern creates lifelong learners who serve as responsible scholars, leaders and stewards in their communities. Visit GeorgiaSouthern.edu.