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# Hines honored with Southern Talon Award

MAY 8, 2019

Save

Janna Hines, senior communication sciences and disorders major from Columbia, South Carolina, has been honored with the Southern Talon Award.

The award is presented annually to students with more than 60 credit hours who have demonstrated a significant commitment to enhancing campus life at Georgia Southern University.

“Receiving the Southern Talon Award means that I made an impact on the Armstrong Campus during my time here as a student,” said Hines. “Being chosen to receive the award is something that my family and I are very proud of. I am thankful for the committee who chose me and the organizations that I am apart of for allowing me the opportunities to serve them and the student body.”

Currently, Hines serves as a Southern Ambassador, co-event coordinator for the International Student Organization and was recently elected treasurer for the Rotaract Club. She is also involved with the National Student Speech Language Hearing Association, and she has been awarded Facility Attendant of the Year for the Student Recreation Center (SRC). She also has accepted a supervisor position at the SRC and the public relations and social media lead team position for the Southern Ambassador team.



*Janna Hines*

# Georgia Southern's Master of Science in Applied Economics ranked No. 11 for top online degree

MAY 8, 2019

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The Georgia Southern University Online Master of Science in Applied Economics (MSAE) was recently ranked No. 11 out of 25 programs across the country by the organization Best College Reviews on its list of Top Online Master's Degrees.

The AACSB-accredited Georgia Southern online MSAE program, housed in the Parker College of Business, allows for geographic and schedule flexibility, as well as strong academics and stackable credentials. The program, which can be completed in a minimum of five semesters, is fully online with small classes that are fully asynchronous.

According to the Bureau of Labor Statistics, economists made an average salary of just over \$100,000 per year in 2017. Jobs for qualified professionals in the field are steadily increasing.

"We are very proud to be able to offer a high-quality program at an affordable price," said Amanda King, Ph.D., associate professor of economics and MSAE coordinator. "Students who complete our program have a marketable analytical skill set that allows them to make business decisions in a diverse and changing data-driven world."

A pool of 38 programs was evaluated by Best College Reviews' editors, then narrowed down to 25. Institutions were awarded points based on affordability, national recognition, scheduling options, course delivery and specialization options, among other criteria, and the points were added to create the list.

For more information about the Online MSAE, visit [GeorgiaSouthern.edu/parker/msae](http://GeorgiaSouthern.edu/parker/msae).

# Georgia Southern mental health counselor invited to speak at Caribbean Well-being Conference

MAY 8, 2019

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Georgia Southern University Counseling Center mental health counselor Angela Landers has been invited to speak at the 2019 Caribbean Well-Being Conference, which will be held in August in St. Maarten.

Landers was asked to present the applications of a therapeutic program, Mindful Yoga, which she developed for Georgia Southern's Counseling Center. Her presentation is titled, "Building Resiliency with Mindfulness."

Landers developed Mindful Yoga as a means to reach a broad number of students who are looking to create proactive, healthy lifestyles, as well as students looking for a non-traditional, non-talk therapy model. Mindful Yoga incorporates empirically supported breathing exercises, yoga postures and psychoeducation for the treatment of depression, anxiety, body image concerns and trauma.

