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Fostering Emotionally Intelligent Bullying Prevention through Youth Engagement

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Fostering Emotionally Intelligent Bullying Prevention through Youth Engagement
Presenters: Jan Urbanski and June Jenkins, Clemson University

Content Outline

- I. Agenda Overview
 - a. Key Facts about Bullying
 - b. Defining Emotional Intelligence
 - c. Youth Voice
 - d. Youth Engagement
 - e. Changing Social Norms
 - f. Class Meetings

- II. Bullying Facts
 - a. Definition and Key Components
 - b. Types of Bullying
 - c. Myths and Facts
 - d. Role Students Play in Bullying Situations
 - e. Consequences

- III. Emotional Intelligence is the ability to:
 - a. Recognize emotions
 - b. Understand the causes of emotions
 - c. Name emotions
 - d. Express emotions
 - e. Regulate emotions

- IV. Youth Voice
 - a. Defined
 - b. Continuum
 - c. IAE Civic Education Study

- V. Youth Engagement
 - a. Difference between Voice and Engagement
 - b. Indicators and Outcomes
 - c. Advocacy
 - d. Coordination
 - e. Activities

- VI. Social Norm Change
 - a. What Works and What Doesn't
 - b. Social Norms Myths and Facts
 - c. Model of Social Norms Approach to Health Promotion
 - d. Messaging Tools
 - e. Social Norm Approach to Bullying Prevention

VII. Class Meetings

- a. Purpose
- b. Structure
- c. Content
- d. Adult Involvement

VIII. Discussion

- a. Take Aways
- b. Dos and Don'ts
- c. Questions and Answers