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Practical Strategies for Regulating Students' Brains

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Practical Strategies for Regulating Students' Brains

Knowing your students are impacted by trauma is only step one. It is more important to know what to do. This session will cover interventions such as brain breaks, fidgets, student curriculum and service dogs. We will share how we transformed four schools to meet the needs of struggling students. Whether you are an academic, clinical, or administrative staff, you will leave with tangible interventions you can implement immediately.

Additionally, we will provide basic information about each brain region along with different interventions that work specifically for that region. By choosing appropriate interventions, targeted at the brain region your students are operating from, you will observe many more short-term successes, and begin paving the way for long term healing.

- Participants will be able to identify which region of the brain a student may be operating from based on the student's behavior.
- Participants will be able to lead students in brain-based activities that are specific to each brain region.
- Participants will be able to identify other intervention that will benefit their students based on the brain regions the students are operating from.