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Lady Netters

Get Team,

See Page 7

asc

INKWELL

armstrong state college
11935 abercorn street ext.
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VOLUME 42, NO. 32
OCTOBER 15, 1976

TM Lectures Scheduled October 20, 21

By Susan Nettles

Many students have undoubtedly heard of the term Transcendental Meditation. Briefly stating, TM is a process thousands of people use daily to help alleviate everyday stress and fatigue.

ASC will present lectures this month by Steve Hathaway on the subject of Transcendental Meditation. Hathaway is the southeast regional lecturer on the subject of TM and has traveled extensively, lecturing on various college campuses.

The lectures will be held on October 20 and 21 in room 215 of the Fine Arts building. There will be two lectures each day: one at 11:30 and another at 12:30. The theme of these lectures will be introduction to TM and its enlightenment.

After attending the first lecture, those students further interested in the program are then encouraged to attend one of the lectures the following day.

Neil McCorkle, chairman of the Savannah TM center says that Transcendental Meditation involves a simple mental technique which is practiced 15 or 20 minutes twice daily while sitting comfortably in a chair with your eyes closed.

Said McCorkle, "During TM the mind and body gain a very deep state of rest which is much more profound than in the beginning, one experiences more energy, more creativity and more intelligence."

When asked exactly what he meant by "more intelligence," McCorkle replied, "During TM rest, a normalization of the

nervous system occurs which allows stress and fatigue to dissolve, thus allowing the mind to become more clear. The extra energy that a person feels can then be used for comprehending and concentrating.

He cited instances and personality studies where IQ's and grade point averages have risen tremendously.

"As a matter of fact, said McCorkle, the HEW granted \$40,000.00 to five schools in New Jersey for the purpose of studying TM. The survey which involved five hundred students showed that those students who practiced TM received higher grades than they originally experienced. These higher grades stemmed from the fact that the students' attitudes changed significantly as a result of the deep rest they achieved through

TM." McCorkle emphasized that Transcendental Meditation is "not a religion, not a philosophy nor a life style." The TM process does not involve a technique of concentration or contemplation.

In some public schools, TM is being taught under the heading, "Science of Creative Intelligence." Neil McCorkle maintains that a person's creativity can be unleashed through the TM process.

"The most intriguing benefits are not only the short range experiences but also the long expansion and greater mental stability that TM can create." Hathaway will elaborate on the long range benefits when he lectures at ASC.

"The TM technique is easily learned by anyone, regardless of intellectual ability or cultural background. Although easy to learn and practice, the TM technique is very specific, and requires the personal instruction of a teacher who has been trained and qualified by Maharishi Mahesh Yogi through an extensive teacher-training program.

Presently there are one million people who practice TM on a regular basis. Out of the 700 people who practice TM in this area, 350 live in the city of Savannah. The people who practice TM insist that they

benefit from its effects on their lives.

For example, Joe Namath, quarterback for the New York Jets, once said, "The thing I appreciated about the TM technique is the deep rest. I need it. I look forward to it."

The governor's office of Drug Abuse of the State of Michigan issued a statement that "supports the efforts of the Students' International Meditation Society (TM) as a positive and fruitful alternative to drug use and abuse."

All students who are interested in gaining additional information on the subject of Transcendental Meditation are invited to attend the two free lectures on the 20th and 21st of October.

The cost for students is minimal at \$65.00 per course. Each course includes 4 one and a

half hour lectures. "Course fee includes the follow-up program of checking, advanced lectures, refresher courses, mailings, and special events available at all centers. The International Meditation Society is a non-profit, tax-exempt, educational organization."

So if you're a person who is interested in improving, for example, your job performance or grade point average, maybe TM is for you.

ASC Doubles Tennis Tourney Slated October 29-31

The Armstrong State College Open Doubles Tennis Championship begins October 29th and will continued through October 31st. The tournament will consist of three divisions: Open, Advanced, and Intermediate with all three divisions open to men and women.

The location for the tournament is the six court facility behind the Armstrong gym. This is where the summer tennis tournament was held in June. That particular tournament is reported as being the largest, with the most amount of participants, that the Savannah area has ever seen. The

tournament consisted of over 160 contestants from Savannah and surrounding areas such as Hinesville, Dublin, Brunswick and Hilton Head. With so many participants, the Armstrong courts were not sufficient to accommodate all the players; therefore the Savannah Country Day School courts were also used.

Because of the exclusive nature of the upcoming tournament-Doubles only- not as many entries are expected in the Open Doubles tournament as there were in the summer tournament.

Dates set for the Open Doubles tournament are: October 29th, 30th, and 31st. Friday, October 29th, proceedings begin at 4:00 p.m. and continue until dark. Saturday, October 30th, and Sunday, October 31st, proceedings begin at 8:00 a.m. and continue until dark.

This will be a single elimination tournament with consolation bracket. Thus, everyone will be assured of at least two matches.

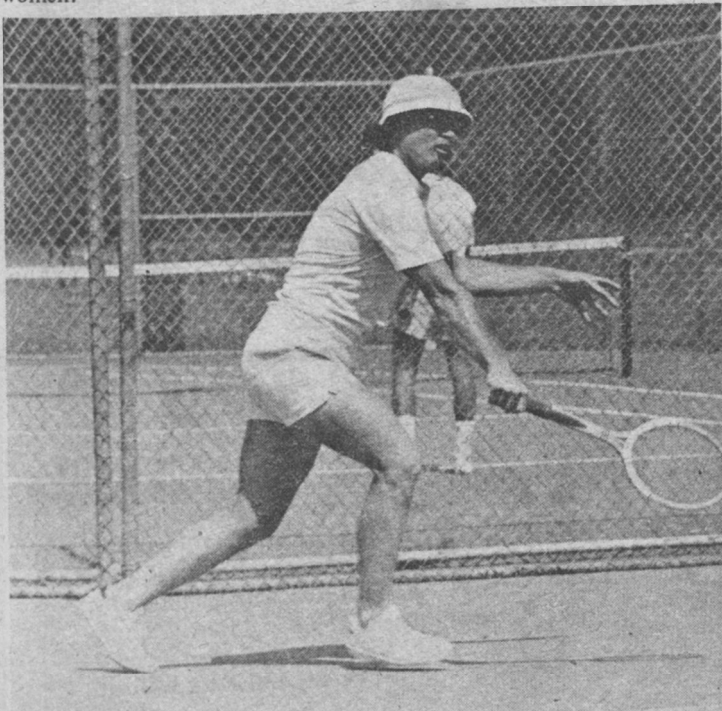
Union Board Presents Harry Chapin, Nov. 4

Harry Chapin, the reknown music artist, along with his friend Adam Kieve, a comedian, will be appearing in concert at Armstrong's Fine Arts Auditorium November 4 at 8:00 P.M.

Seats for this concert are limited to the first 950 requests. Students with validated ID cards may purchase their tickets only on October 18, 19, 20 for \$4.00 per ticket. The general admission tickets may be purchased for \$6.00 per ticket and they go on sale Thursday, October 21.

Armstrong students should take advantage of this opportunity to see the great

story teller, Harry Chapin, at a reduced price. However, the tickets must be purchased prior to Wednesday, October 20.



Unidentified tennis player getting in some practice before tourney.

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Stay At The Sheraton

Bargain-hunting, economy-minded college students and faculty members are eligible for a 25 percent discount at Sheraton hotels and

Symphonic Wind Ensemble Set

The Armstrong State College Symphonic Wind Ensemble under the direction of Dr. Stephen P. Brandon, will present its first concert of the year on October 25th. The concert will be presented in the Fine Arts Auditorium at 8:00 P.M. Admission is free and the public is cordially invited.

Tom Brown, noted mallet percussionist will be soloist with the Wind Ensemble. Brown has received international recognition as a vibraphone and marimba performer and general percussionist. He has toured with the Stan Kenton Clinics and National Stage Band Camps and has been featured soloist with the Stan Kenton and Ralph Flanigan Orchestras. Presently he is a percussion clinician, adjudicator and is an instrumental music director in the New York State Schools with a percussion studio in Schenectady, New York. Brown will perform several solos with the ASC Wind Ensemble. Additionally, he will present a free marching percussion/mallet percussion clinic on October 25th at 1:30 P.M. in Room 169 of the Fine Arts Building.

The Wind Ensemble will also perform works of Williams, Sousa, Bernstein, and Kalinnikov. Further information may be obtained by contacting the Fine Arts Department at 925-4200, Ext. 328.

Miss Georgia-USA Pageant Scheduled

The search is on to find Miss Georgia-USA 1977, the young lady who will represent Georgia in the Miss USA Beauty Pageant next May, telecast nationally by CBS-TV.

In addition to more than \$75,000 in prizes and awards on the national level as well as an opportunity to represent this country in the Miss Universe Pageant next summer in the Dominican Republic, the new Miss Georgia will receive other valuable awards as the state winner.

To qualify, applicants must be single and never married between the ages of 18 and 26 as of July 15, 1977 and must live, work or attend school anywhere in Georgia. They also must be U.S. citizens and can not have been a parent.

Judging will be based on beauty of face and figure, poise, personality, grooming, intelligence, speaking ability and

motor inns around the world.

Reservations may be made two ways: by using the toll-free central reservations phone (800-325-3535) in the continental United States or through any Sheraton reservations office overseas. Students and faculty members should identify themselves when checking in or when making reservations and request the discount.

"It's a very simple system," explains Larry K. Walker, director of rooms operations for Sheraton. "If the particular hotel or inn decides that guest rooms will be available for discount sale, students or faculty members can have the discount just by asking for it when making their reservation in advance."

If the management at individual hotels and inns feel they will not sell every room on certain nights, they can make the rooms available at a 25 percent discount for traveling college students or faculty members.

"The discount pertains to the regular rate for the room which is occupied - not just a 25 percent reduction on the highest priced room," Walker adds. "For instance, if you check into the Sheraton-Park in Washington, D.C., or the Sheraton-Universal in Hollywood and the normal price is \$24, and it's available, students and faculty members can get it for \$18 plus taxes."

For students and faculty members planning trips, free Sheraton directories are available at every Sheraton hotel or motor inn, or by writing to Directory, The Sheraton Corporation, 470 Atlantic Ave., Boston, MA 02210.

commercial appeal. There is no talent competition.

All contestants will be selected on an open, at large basis by the pageant Selection Committee. Those chosen will advance to the state finals to be held the weekend of March 5-6 at Atlanta's fabulous Peachtree Plaza, the tallest hotel on earth.

The reigning Miss Georgia-USA, Liz Wickersham of Riverdale, was one of the top finalists in the 1976 Miss USA Pageant and also was selected as the winner of the coveted Miss Photogenic Award.

Free entry information is available by writing to:

Miss Georgia-USA Pageant
P.O. Box 676

Silver Spring, Md. 20901

Applicants should send their name, address, age and telephone number.

Deadline for all applications is December 15, 1976.



Jack Anderson

U.S.-Mexico Clash Over 'Illegals'

Washington--The United States had a secret spat with Mexico earlier this year over illegal aliens. Here are the backstage details

There are between six and eight million illegal aliens in this country today. The Immigration Service calls them "illegals".

About 60 per cent of them came from Mexico. They came here, as our own forefathers did, in search of a better life. But unfortunately, their presence has stirred up resentment. They are willing to work for low wages. Therefore, they have taken jobs from U.S. citizens.

In the past, the Immigration Service rounded up these illegal aliens and simply dumped them on the Mexican border. But this year, immigration officials decided to try a more humane experiment. They also reasoned that the illegals would be less likely to return to the United States if they were repatriated close to their homes.

So the Immigration Service hired a small charter airline company to fly the illegals back into the interior of Mexico, rather than releasing them at the border.

This upset the Mexican government, which had not been notified. So Mexican officials, understandably, refused to cooperate. The State Department sent trouble-shooting diplomats to smooth things over. They reached a new agreement after two months of delicate negotiations.

Mexican illegals are now being shipped into the interior on regularly scheduled flights, instead of charter planes. Each illegal is also interviewed by a Mexican consul before he is accepted back into Mexico.

Since July, about 7,500 Mexican illegals have been repatriated.

NOBLE STROM: It is our peculiar function to cover the shady side of Washington. We expose the villains in the drama of government--the self-seekers who put their personal interests ahead of the public welfare.

Yet the public should be reminded occasionally that there are more decent, honest, hardworking officials in Washington than there are scoundrels. Nor is it always easy to separate the wheat from the chaff. The sellout in government one day may be the holdout the next. For even the worst rascals in Washington have their moments of righteousness.

We've often had the occasion for example, to criticize old Strom Thurmond. He's the Republican senator from South Carolina, an unreconstructed son of the Confederacy. He was one of the last to accept the idea of civil rights. He still seems to live

in an antibellum world of mint juleps and magnolia blossoms.

But there's another side to Strom Thurmond. A couple of weeks ago, he received a touching letter from a Columbia, S.C., man named Richard Davis. Davis reported that his 84 year old mother appeared to be dying and wanted only one last thing from this world. She wanted to be buried next to her husband.

But the military bureaucracy, it turned out, intended to keep the couple apart, even in death. The husband had been buried years ago in a part of South Carolina which is now Fort Jackson. Military regulations prevented the widow from being buried in the same plot.

Thurmond was swamped with work in the closing days of Congress. Yet he dropped what the world might have considered to be more important work. He moved heaven and red tape to help the elderly Mrs. Davis before she died. Congress has seldom acted so swiftly. Thurmond got a law passed to let the widow Davis lie beside her husband.

There's still a happier ending to the story. After the law was passed, Mrs. Davis began to recuperate. She is still very much alive.

Meanwhile, old Strom, without ever expecting a word of praise, least of from us, was so moved by her situation that he drafted another bill. This would prevent such cruelty from ever happening again to the hundreds of other elderly Americans who also have loved ones buried on what is now military land.

CHILE PLOT? Orlando Letelier, the former Chilean ambassador who recently died in a bomb blast on Washington's embassy row, had been meeting secretly with representatives of

Chile's Christian Democratic Party. They were discussing plans to form a coalition movement to oppose the Chilean dictatorship.

At first, the military junta merely outlawed the Communists and the Socialists. They gave lip service to Chile's traditional democracy. But we have spoken with Chilean sources, whose reliability cannot be questioned. They report that the military dictatorship has now set out to destroy the moderate Christian Democratic Party.

They order their secret police, the dreaded DINA, to break up the coalition movement. Orlando Letelier was the first of the coalition leaders to die. Our sources say the lives of the others are also in danger.

And where does the United States stand? It is subsidizing the dictatorship.

FORD'S MAIL: The Republicans put the Postal Service on a business basis in 1971. They hired businessmen to manage the Postal Service. They promised it would bring efficiency to the mails.

Mail delivery is now so inefficient that the Republicans themselves have turned to private industry to deliver their campaign mail. President Ford has been using the United Parcel Service, a private company, to deliver his campaign mailings.

The President's campaign material was held up by a strike at United Parcel. Tons of material are stacked up in the backrooms of Ford headquarters.

Yet, the Republicans still wouldn't rely on the Postal Service to deliver the campaign mailings. When United Parcel was struck, they arranged to move most of it by bus.

Letters to the Editor are always welcome.

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Need to get something in our publication? Contact the Inkwell office, Room 215 MCC or Ext. 324.

Free Universities - Not an Endangered Species

With courses like "Raising Catfish in a Barrel" and "Be Good to Your Back", the nation's 200 free universities provide classes that most colleges wouldn't dream of offering.

Every year hundreds of thousands of people enroll at free universities, which offer classes without the burden of grades or credit. These alternative schools specialize in unorthodox subjects that traditional universities ignore.

What we're doing is getting back to the oldest, most basic type of education, where instructors are people who want to teach and students are people who want to learn," explained a spokeswoman for the Experimental College in Seattle, Washington. "We're trying to get away from the preoccupation with teaching certificates and degrees and move towards learning for enjoyment."

Free university courses are usually taught in the homes of teachers, who are paid little or nothing for their work. The instructors generally aren't required to have a teaching certificate or even a college degree.

Students are attracted by the informality, the shortness of the leases and because the price is right," said Sandy Bremer of the Open University in Washington, D.C.

Staff workers at free universities report that the

classes usually cost between \$5 and \$15, although some are priced at \$100 and a few cost nothing.

Most free university students are young (between 25 and 40), single, professional people with college degrees, according to Bremer. The majority have some background in academic classes so they come to a free university looking for something different. Seminars on yoga and sexuality are particularly popular with this group, she noted.

Other free university staffers report that classes on astrology, meditation, personal problems, women's studies, health and arts and crafts are well attended. Instructors are generally free to select any subject for classes--from traditional literature to witchcraft, flute making or gardening.

"Free universities have moved from a campus phenomenon to a community-oriented adult education program," explained Bill Draves, coordinator of the Free University Network. He added that although free universities are commonly considered as dying remnants of the '60's, the free university movement is actually much stronger now than ever.

"There may have been 300 free universities about five years ago, but many of those were sporadic efforts," Draves said. "Today's free universities are stronger and offer more classes to more people." In fact, some free schools have larger enrollments than state universities. For example, 16,000 students annually attend the Experimental College in Seattle, and 14,000 attend the University for Man in Manhattan, Kansas.

The first free university opened its doors in 1964 in Berkeley, California, and the movement spread rapidly during the late '60s. "All these schools were located on campus, but since 1971 we've been moving off campus. In fact, full time students don't always have a lot of time for these courses...so we've seen an explosion in adult learn," Draves commented.



The 1976-77 Student Government Senate will hold its regular meeting the 1st and 3rd Mondays of every month at 7:30 a.m. in room 204 of Memorial College Center.

Black College Students Face Employment Problems

Atlanta--Black college students presently choosing fields such as social sciences, home economics, and education may face better employment prospects if some will shift to other majors.

A new report on manpower and education forecasts more favorable job opportunities for black graduates in those fields where job openings exceed the overall supply of college

graduates and in areas where blacks are especially underrepresented.

Some fields meeting both of those conditions include the health specialties, engineering, accounting, computer sciences, public administration and urban and regional planning, according to **Black College Graduates and the Job Market in the South, 1980**, published by the Southern Regional Education

Board.

In health specialties, for example, the bachelor's degree-level fields show scant black representation, while demand in the South is estimated to outstrip the supply of all graduates through 1980. Allied health fields such as nursing, therapy, hospital and health care administration, as well as the health professions

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AAMVPA Convention Held

Mr. Don Latorre, Operation Officer for the Veteran Outreach Center, attended the Annual Convention of the American Association of Minority Veteran Program Administrators (AAMVPA) which was held in Alexandria, Virginia September

29 through October 2, 1976.

Among the purposes of the AAMVPA includes, providing a national platform to voice the legitimate concerns of veterans, (particularly minority veterans) be they administrators, faculty,

or students. It is the Association's objective to initiate positive action at the Federal, state and local levels to bring to bear all available resources to deal with the needs and concerns of its veteran constituency. In addition, the Association promotes the development and constructive upward mobility of those persons possessing other than honorable discharges.

Mr. Latorre informed this writer that the workshop was divided into groups which were concerned with veteran's needs. These concerned needs include educational disadvantaged, disabled veterans, VA health related services, incarcerated veterans, housing, jobs, outreach and recruitment, credit unions, and the upgrading of discharges.

This last categorical need is very important, for if a veteran has a less than honorable discharge, many of his/her G.I. Benefits may be lost.

If there is a question regarding any of your G.I. Benefits, contact the Veteran Outreach Center located at 135 Whitaker Street in Savannah or call 232-2681.

VOC Really Cares

The Veteran Outreach Center (VOC) is a clearinghouse, communication resource, information, and referral center for veterans. The center is dedicated to assisting veterans in resolving their problems and realizing their potential.

In the three (3) years of its existence the Veteran Outreach Center has tried to show veterans that we "really care" about their readjustment to civilian life.

The VOC has reached out to help more than 4,000 veterans and their families in the Savannah area. We have primarily helped veterans of the Vietnam era, to get their G.I. Bill and other benefits, such as education and training, jobs,

legal counsel, upgrading of discharges and housing.

Another one of the objectives of the VOC is to help groups of veterans set up veterans organizations. If any group needs help in setting up an organization, feel free to contact VOC.

The ultimate goal of the VOC Program is to provide necessary services to all veterans and their dependents in Savannah and surrounding areas through traditional veteran organizations and innovative programs.

If there is a question regarding any of your G.I. Benefits, contact the Veteran Outreach Center located at 135 Whitaker Street in Savannah or call 232-2681.

Who's Who Nominations Being Accepted

Nominations for Who's Who among American Colleges and Universities are now being accepted in the office of Student Activities.

Qualifications for the students being nominated are: at least a 2.5 grade point average, must be graduating in the Spring or Summer quarter, and have diverse involvement with Armstrong State College.



Double Dose Of Flu Vaccine Recommended

Parents of children with chronic lung diseases today were urged by the Georgia Lung Association to make certain their children receive both of the flu shots recommended for such youngsters. The advice came as a result of an announcement by Floyd W. Danney, M.D. a member of the advisory group on flu immunization of the American

Thoracic Society, the medical arm of the American Lung Association.

"The second trip to the immunization center is more than worth the effort because two shots afford about eight times as much protection against 'swine flu' and the A-Victoria viruses expected to circulate this year," Dr. Denny said. The doctor is also a pediatrician and

chairman of the department of pediatrics, University of North Carolina School of Medicine, Chapel Hill.

Flu can be catastrophic, even deadly, for children with asthma, recurrent bronchitis, cystic fibrosis, bronchiectasis, sarcoidosis and TB, Denny said. The American Lung Association fully endorses the recommendation that two shots of split-virus, bivalent vaccine be given, at least four weeks apart, to all children aged 3 to 18 who suffer from these chronic lung diseases.

"Developed especially for children, the split virus is very mild stuff," Dr. Denny said. Side effects are minimal, and rarely last more than 24 hours.

The Christmas Seal spokesman said no recommendations have yet been issued for immunization of normally healthy children or children under age 3.

Parents with questions about protecting their children against flu should consult their own physicians, or call the Georgia Lung Association. Information about immunization centers, dates and locations are available from local health departments.

NSF Candidates To Be Selected

Washington, D.C.—The National Research Council has again been called upon to advise the National Science Foundation in the selection of candidates for the Foundation's program of Graduate Fellowships. Panels of eminent scientists appointed by the National Research Council will evaluate qualifications of applicants. Final selection will be made by the Foundation, with awards to be announced on March 15, 1977.

Initial NSF Graduate Fellowship awards are intended for students at or near the beginning of their graduate study. In general, therefore, those eligible to apply will be college seniors or first-year graduate students this fall. Subject to the availability of funds, new fellowships awarded in the Spring of 1977 will be for periods of three years, the second and third years contingent on certification to the Foundation by the fellowship institution of the student's satisfactory progress toward an advanced degree in science.

These fellowships will be awarded for study or work leading to master's or doctoral degrees in the mathematical, physical, medical, biological, engineering, and social sciences, and in the history and philosophy of science. Awards will not be made in clinical, education, or business fields, in history or social work, for work leading to medical, dental, law, or public health degrees, or for study in joint science-professional degree programs. Applicants must be citizens of the United States, and will be judged solely on the basis of ability. The annual stipend for Graduate Fellows will be \$3,900 for a twelve-month tenure with no dependency allowances.

Applicants will be required to take the Graduate Record Examinations designed to test aptitude and scientific achievement. The examinations,

administered by the Educational Testing Service, will be given on December 11, 1976 at designated centers throughout the United States and in certain foreign countries.

The deadline date for the submission of applications for NSF Graduate Fellowships is December 1, 1976. Further information and application materials may be obtained from the Fellowship Office, National Research Council, 2101 Constitution Avenue, Washington, D.C. 20418.

Are Flu Shots Really Necessary?

Are flu shots really necessary?

Flu shots are essential for those with chronic lung diseases and certain other illnesses, and recommended this year for all adults aged 24 and older.

Why are lung disease patients at special risk?

Any lung infection is serious, sometimes deadly, for those with lung disease. Infections interfere with the lung's cleansing mechanisms and rob the supply of oxygen to the body. Emphysema victims often are getting just barely enough oxygen to survive, without complications. Flu can be serious for those with chronic bronchitis, bronchiectasis and adults with cystic fibrosis. It can precipitate asthma attacks. TB victims often are elderly or have other illnesses which place them at multiple risk.

What other illnesses make flu dangerous?

Chronic heart disease, diabetes and chronic kidney disease patients are at high risk. So is anyone over 65 years.

Does everyone get the same shots?

A special vaccine is available for those at high risk. It protects against both the new "swine" virus, A/New Jersey/76 and against A/Victoria/75 strains. Lung disease

Other adults should receive A/New Jersey shots only.

Why shouldn't everyone get shots each year?

Most adults have antibodies which afford some protection against common flu viruses. Only when a new strain appears, as expected this year, is special protection required.

Can the shots cause flu?

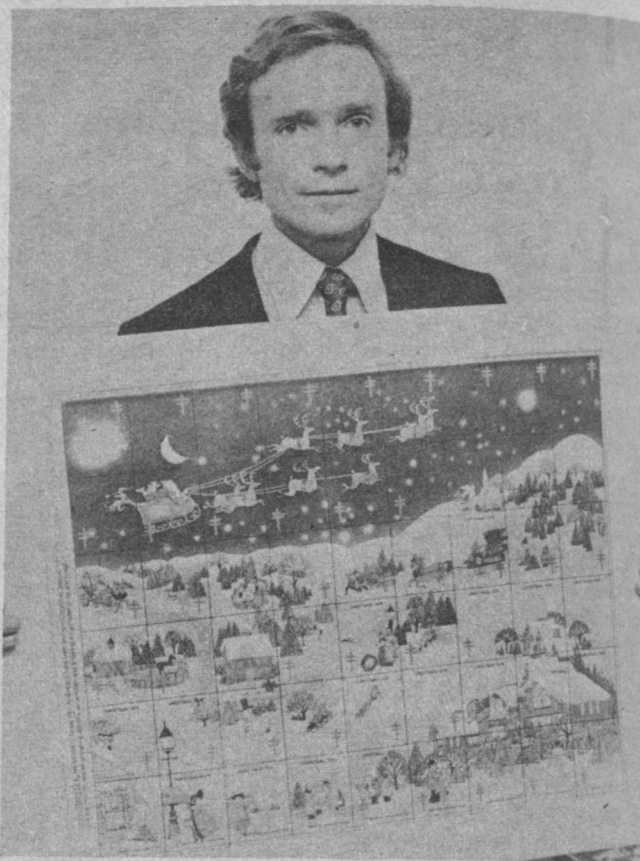
Absolutely not.

How do I convince my family to get shots?

Remind them that the vaccine is different this year...that it contains no live viruses...that the "swine" flu is a new strain and we must be protected against it... that the shots are free...that we owe it to our lungs to be extra protected.

Where do I get the Shots?

Contact your local health department for time and place.



Dick Cavett

It's A Matter Of Life And Breath

"An American tradition since 1907, Christmas Seals are more important today than ever before," says Dick Cavett, chairman for the 1976 Christmas Seal Campaign. Kickoff date for the campaign is November 10.

On accepting the National Christmas Seal Chairmanship, Cavett said, "I hope we can make this Christmas Seal Campaign the most successful in history, so that we can take real strides forward in defending our lungs against germs, dust and bacteria... against the personal air pollution cigarettes cause,

and the chemical and industrial dirt spewed into our air by our growing industries and our wheeled and mechanized modern existence."

"With the Lung Association's triumph over tuberculosis, the Christmas Seal People have established a remarkable track record against lung disease. Today they fight emphysema and other lung diseases, cigarette smoking and air pollution. As they keep saying (and I wish I'd thought of it) it's a matter of life and breath.

'The Puzzle Children' Scheduled To Be Shown

On Tuesday, October 19 at 8:00 p.m. and Friday, October 22 at 3:00 p.m. educational television stations in Georgia will broadcast **The Puzzle Children**, a special program on children with learning disabilities hosted by Julie Andrews and Bill Bixby. The purpose of the program is to inform the public about what children learning disabilities are, and what they are not, and to

motivate viewers to seek professional help if they think their child might be learning-disabled.

The program focuses on four children as typical of learning-disabled youngsters. Greg is seven, has above average intelligence, yet can hardly read or write; his speech is nearly unintelligible. Mark is thirteen. He loves to read Plato, play the piano and swim, but his sense of balance and coordination are so poor that he cannot run or play ball well. Cutting, drawing and writing are hard for him, too. Lynn is nine and cannot identify sounds. With special help, she can now attend regular classes. Kendall, at fourteen, is still having serious problems learning to read.

Following **The Puzzle Children**, on Tuesday, October 19 at 9:00 p.m., a local program **The Puzzle Children: Do You Need Help?** will be broadcast on all stations. Viewers may call in

FLU SHOTS PROTECT YOUR LUNGS
GEORGIA LUNG ASSOCIATION

How To Build Your Writing Skills

Ed Note:

This article is the first of a 3 part series from the Association of American Publishers concerning the techniques of writing.

E. B. White has said "Writing is an act of faith". Undoubtedly he means that to express yourself well you must have faith in yourself, and in your thoughts and in your ability to express them. The key is to be confident and competent enough to convey those thoughts to the reader.

Admittedly, that is easier said than done. Writing, like any skill worth mastering, takes practice and work. But the process of improving your writing can be fun and challenging and the benefits well worth the effort. After all, in tests or exams you should be able to write clearly about what you have learned. Or, when your friends are away, you should be able to write them interesting letters. And later, when you are working, the ability to express yourself will be invaluable - in a letter to a prospective employer, for example, or in office correspondence, business reports, or sales proposals.

This article from the Association of American Publishers is an overview of the techniques of writing. It reviews the main elements of grammar and the principles of good composition - the framework upon which you build your skills.

1. Choose words carefully
2. Punctuate, capitalize, and spell correctly
3. Construct sentences and paragraphs clearly
4. Appraise and outline each assignment
5. Write, review, and revise

CHOOSE WORDS CAREFULLY
"To understand others and be understood by all, know the big words but use the small."

Anonymous

Have you ever thought of yourself as a wordworker? Actually we all are. It is through words that we express our thoughts or emotions. Without words we would be unable to record, preserve, explain, or enjoy the learning of the ages.

Puzzle

From Page 4

questions to a panel of Georgia experts on children with learning disabilities.

It is hoped that as many people as possible may view the programs whether they have children whom they suspect are learning-disabled or they only have to react to problems some learning disabled children may cause in school or social situations.

Man's unique ability to communicate effectively depends upon a familiarity and facility with words.

Imagine carpenters, whose livelihood depends upon the ability to work with wood. Before they can build anything they must learn how to handle the raw material of their trade. First, they study the different kinds of wood: their uses, their textures, and their weaknesses and strengths. Through practice they learn to cut, shape, and smooth their work so that it serves the purpose for which it is intended.

So it is with words, the raw material of language. First, we must recognize the eight types, or parts of speech: nouns, pronouns, adjectives, verbs, adverbs, prepositions, conjunctions, and interjections. The more familiar we become with each of these - and with their particular function and their qualities - the easier it is to use them correctly.

Through practice you will learn how to use words accurately and effectively. You will know, for instance, to rely on concrete nouns and on strong, active verbs for impact. You will use passive verbs less frequently since they can lack strength and character. You will come to understand that if you are precise in your choice of nouns and verbs, you will have no need to add qualifying adverbs or adjectives to make yourself understood.

A competent writer is one who uses qualifying words or phrases sparingly. Sentences built with strength and precision require no patching or additional support. More forceful writing uses the positive rather than negative. It is also better to avoid colloquial, foreign, or slang expressions because they can interrupt the smooth flow of English.

One of the best ways to improve your facility with words is to keep a dictionary nearby. You will find in it not only definitions and spelling, but derivations, synonyms, pronunciation, and word usage. If you acquire the habit of looking up new words, you will expand your vocabulary and will better understand the subtleties of meaning. Accuracy in the use of words is a very important aspect of a writer's skill.

If you look again at some of the good books you have read you will probably notice that the words used are exact in their meaning and that the language carries you forward without interruption. Long descriptions can be boring. Clear and concise writing makes for more interesting reading. When you write, keep your readers in mind.

To Be Continued Next Week

Creative Writing Contest Offers Cash And Book Prizes

Writers: You can win \$100; \$50; or \$25 for best short story, humorous essay, or other short pieces between 250 and 1000 words...with free copy of winning **College Contemporaries Magazine** for all...if you enter the **Collegiate Creative Writing Contest** whose deadline is November 5. For rules and official entry form, send self-addressed, stamped envelope to:

International Publications,
4747 Fountain Ave. Suite C-1,
Los Angeles, Ca. 90029

Give Voters The Choice

The Board of Directors of the Georgia Poultry Federation voted unanimously to endorse and support the Constitutional Amendment to give the voters an opportunity to re-elect a Governor for a second term.

There are many reasons for allowing a Governor to offer for a second term:

1. 42 states permit their Governors to succeed themselves;
2. In the last 10 years, seven states removed a one term restriction;
3. There is a definite trend to longer service for Governors-this strengthens the office and gives more opportunity for leadership, with benefits to the states;
4. In the last decade, 10 states increased the Governor's term from two to four years and none of the 10 have a one term restriction;
5. 23 states permit a Governor to serve as long as the people vote to continue the service;

**Deadline
for Doubles
Tennis
Tourney
Entry,
October 25.**

See
Page 7
for
Entry
Blank.

6. No other office in Georgia--federal, state, county or city--has a limit of one term;

7. The people of Georgia should have the opportunity to retain a good Governor for a second term, when the service could be even more effective? and are smart enough to reject a Governor they don't want to continue in office.

8. The people of Georgia have not had an opportunity to vote on whether they want an option to keep a Governor for a second term--the Constitutional Commission of 1943-44 contained a provision for succession, but it was deleted by the General Assembly before the Constitution was submitted to the voters. November 2 offers a rare opportunity to obtain the right to keep or reject a Governor for a second term. If the amendment passes, the voters have a choice. If it loses, they do not.

The Federation Board urges yes vote on Amendment Number Two to allow a Governor to succeed himself for one four-year term.

In Georgia, poultry is the largest segment of agriculture and agribusiness. Georgia is the Poultry Capital of the World, leading all states in income from poultry and poultry products. Georgia is producing and processing at a daily average of about 5,000,000 pounds of chicken, over 13,500.00 eggs, and more than 3,000 tons of turkey.

From Federation Desk
By Abit Massey
Executive Director
Georgia Poultry
Federation
For The Poultry Times
October 4, 1976

Employment....

From Page 3

(medicine, dentistry, optometry, veterinary medicine and podiatry), offer excellent employment opportunities.

Black enrollment in business and management has risen sharply. This shift of black students is a healthy trend because of continuing black underrepresentation in the business sector, according to the report.

Black women, traditionally inclined toward the more career-oriented studies, have greater representation than white women in what were traditionally male-dominated fields. Employment outlook is favorable if black women continue to choose disciplines which show favorable job markets, the study indicated.

On the other hand, teaching is considered a high risk area for future employment

for all races. Although there is an oversupply of teachers, 40 per cent of the bachelor's and master's degrees earned by blacks in 1973-74 were in teacher education. This compares to only 29 per cent for all college graduates.

The SREB report also warns of market saturation and diminishing opportunities for blacks in overcrowded fields, even though blacks are not highly represented in some of them.

"Although affirmative action programs may possibly offset scarcity of openings in fields such as communications, architecture, law, pharmacy, psychology, letters and biological sciences," observed Eva Galambos of the report, "the job search will be easier for blacks who earn degrees in other fields where job openings exceed numbers of emerging graduates of all races."

Black college graduates in 1980 will constitute 11.3 per cent of the region's total market-ready graduates, Dr. Galambos predicts. The proportion in the various fields of study, however, differs from this overall 11.3 per cent share. For example, market-ready black engineering graduates are projected to represent 4.4 per cent of the total in engineering but 15.9 per cent in teacher education. Although in both fields, blacks and underrepresented relative to their proportion of the entire regional black population, blacks in education are overrepresented relative to their proportion of market-ready degrees in all fields of study.

**Got a
problem...**
the help line **232-3383**



DOONESBURY

by Garry Trudeau



Rocky is written in an aura of humor. All names are fictional. Any references to living persons are purely coincidental.

Dear Rocky:

I'm supporting the Democratic Ticket in November and am really perplexed. A friend of mine insists on voting Republican. After Watergate and everything, how could he do that?

Eric

Dear Eric:

He's probably doing it to embarrass his family.

Rocky

Dear Rocky:

I read your comment on "Pike's Erection" on campus. How did the other fraternities take it?

Homer

Dear Homer:

Most of them laughed about it, but the Phil's insist on seeing it for themselves.

Rocky

Dear Rocky:

Gerald Ford took over as president in a kind of dilemma. Didn't he have any preparation for the job.

Betty

Dear Betty:

Although Mr. Ford took over in a sticky situation, he had one advantage: Nixon left him a bunch of "tapes" to refer to.

Rocky

Dear Rocky:

Why is it that no one ever heard of Gerald Ford until two years ago?

Susie

Dear Susie:

It's kind of like Australia. . . Everyone knew that it is there, but no one gave a damn.

Rocky

Dear Rocky:

What do you think of Robert Dole's attack on Jimmy Carter?

Dell Monte

Dear D.M.

One of the cardinal rules of politics is to undermine the opposition. However in this case Dole is so far outclassed, its like a flea trying to rape an elephant. It's irritating, but nothing to worry about.

Rocky

Dear Rocky:

The Carter ticket has been characterized as Peanuts. Can you add a touch of characterization to the Ford-Dole Ticket?

Walter M. Ondale

Dear V.P.:

Fords are a cheap car comparable to tin cans. Dole as everyone knows is a pineapple. So, I would say that we should "Can the Pineapple".

Rocky

Lady Netters Drive For Team Successful

Armstrong's first womens varsity tennis team is being formed by Kathy Claton, a new Physical Education instructor here at Armstrong. Women students should be glad at this new inclusion to the other varsity sports. Armstrong has not had a womens tennis team before which was backed by the school. There have been womens tennis teams before but were backed by outside sources and did not have the proper funding needed.



When the team is formed, practice will begin in the gym and continue through the winter quarter. In the spring quarter, eight matches will be played with member teams of Armstrong's conference. This conference is the Georgia Association of Intercollegiate Athletics for Women (GAIW).

Plans are being made to play other teams from Georgia, South Carolina, and Florida. The team will compete in the state tournament on the 7th of May.

One restriction is maintained for a student who wishes to participate; that she must be a full-time student in the spring quarter during the competitions.

Students interested can attend the first meeting Wednesday, October 13 at 3:30 in Room 4 in the gym. Any questions should be directed to Kathy Claton whose office is in the gym.

News Shorts

DR. RHEE...Dr. Steve Y. Rhee has recently received a grant from the National Endowment for the Humanities. The project title is "Vietnamese Refugees: A Humanistic Responsibility on Problems and Adjustments of New Immigrants." The six-Sunday session will be held during January and February.

NURSING STAFF ADVANCED DEGREES...Congratulations to Nettie Slee, Carola Keller and Joan Sullivan on their earning the Master of Science in Nursing. Their degrees were awarded September 25 from the Medical College of Georgia.

POSITION FOR STORES & INVENTORY CLERK...For a responsible, conscientious person to control inventory. Experience in receiving and issuing supplies and equipment is required. Call ext. 211 for an appointment. Armstrong is an Affirmative Action/Equal Opportunity Employer.

CALENDARS FOR SALE...The Coastal Area Council of Arts & Sciences has published a calendar of events listing special dates for the Symphony Society, Telfair Academy, Christ Church and many others. The calendar runs from September '76 through December '77. They are on sale for \$3.50 at the ASC Bookstore or from Dr. Warlick in the History Department.

TICKETS FOR HARRY CHAPIN...Harry Chapin will be appearing again on the Armstrong campus November 4. Tickets for the performance will be limited. The ASC academic community will be able to purchase tickets for a reduced price beginning Oct. 18. On October 21, tickets will go on sale to the general public. Be sure to get your tickets early to be assured of seeing the performance.

Sigma Nu Frats are holding its annual Halloween Candy Drive for hospitalized children. There will be several candy drop locations on campus as well as off campus. All money donations will be used to purchase candy so the hospitalized children can enjoy Halloween, too.

Tennis Tourney....

From Page 1

Since this is a doubles tournament, contestants must enter as doubles team, and in only one division—Open, Advanced, or Intermediate. The fee is \$7.50 per doubles team and the deadline is Monday, October 25th. Return entry

blank and money to Mr. Michael Lariscy or Mr. George H. Bedwell, Armstrong State College 11935 Abercorn Ext. Savannah, Georgia 31406.

Entry Blank

(Mail to M. Lariscy or G. Bedwell, ASC, Sav'h, Ga.)

NAME _____ ADDRESS _____ PHONE _____

Please check Appropriate Blanks: May enter only one division, please.

I. Division A (Open) II. Division B (Advanced) III. Division C (Intermediate)

A. MEN

Partner's Name _____

B. WOMEN

Partner's Name _____

American Collegiate Poets Anthology

International Publications

is sponsoring a

National College Poetry Contest

-- Fall Concours 1976 --

open to all college and university students desiring to have their poetry anthologized. CASH PRIZES will go to the top five poems:

\$100 First Place	\$50 Second Place	\$25 Third Place	\$10 Fourth \$10 Fifth
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AWARDS of free printing for ALL accepted manuscripts in our popular, handsomely bound and copyrighted anthology, AMERICAN COLLEGIATE POETS.

Deadline: October 25

CONTEST RULES AND RESTRICTIONS:

1. Any student is eligible to submit his verse.
2. All entries must be original and unpublished.
3. All entries must be typed, double-spaced, on one side of the page only. Each poem must be on a separate sheet and must bear, in the upper left-hand corner, the NAME and ADDRESS of the student as well as the COLLEGE attended.
4. There are no restrictions on form or theme. Length of poems up to fourteen lines. Each poem must have a separate title. (Avoid "Untitled"! Small black and white illustrations welcome.
5. The judges' decision will be final.
6. Entrants should keep a copy of all entries as they cannot be returned. Prize winners and all authors awarded free publication will be notified immediately after deadline. I.P. will retain first publication rights for accepted poems.
7. There is an initial one dollar registration fee for the first entry and a fee of fifty cents for each additional poem. It is requested to submit no more than five poems per entrant.
8. All entries must be postmarked not later than the above deadline and fees be paid, cash, check or money order, to:

INTERNATIONAL PUBLICATIONS

4747 Fountain Avenue
Los Angeles, CA 90029



SAVANNAH, GA.

113 East River Street

Monday Night Movies

October 18-Bonnie & Clyde-Warren Beatty, Faye Dunaway

October 25-Bullitt-Steve McQueen

ADMISSION FREE

Live Music, Tues-Sat.

October 15-16: Curb Service, 5 piece band from Atlanta doing their own style of Jazz, Blues & Swing

Recording Artist John Miller

October 19-23: Recording Artist John Miller, one of the finest ragtime and blues guitarists and singers in the country today.

Preview The Act Of The Week

At the Tuesday Nite Special every Tuesday night; Enjoy drinks and beer at drastically reduced prices. 6 p.m. 'til closing

