National Youth-At-Risk Conference March 2018

Teaching Empathy Institute
Life Mapping
Howard Gray

- What Memories come to mind?
- What feelings did you experience?
Facilitating emotional safety

The blueprint for emotional safety:

- Belonging
- Power
- Freedom
- Fun
Creating the conditions

Building a culture
- Ritual
- Common Language
Protective factors

- External
- Internal
  - Managing difficult life situations
  - Pro-social skills
Paulo Freire

"That which is unnamed is invisible"
Inner nature

Personal transformation creates systemic transformation

Focus

Legacy
Focus
Legacy