The George-Anne Deep Dive

Georgia Southern University

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Upcoming Events and Announcements:

Happy Friday Eagles!

Grab your friends and come to the Russel Union Rotunda to celebrate National Popcorn Day! There will be a popcorn bar to satisfy all of your different taste buds. Come create your perfect popcorn snack!
• When: 11 a.m - 1 p.m.
• Where: Russel Union Rotunda

Stay tuned to the Georgia Southern Event Calendar for any updates or changes!

- Carly Kennedy, Deep Dive Editor In Chief
As temperatures outside are dropping, The George-Anne Reflector wants to know your favorite low-cost, chilly night, comfort dinner:

Click the picture or the link!

https://forms.gle/g38yNuDBhm3kvAC6

Top Stories This Week:

How Donating Blood Could Get You to the Super Bowl

By: Brianne Dollar
January is National Blood Donor Month, and the Red Cross is going large with their incentives to recruit blood donors.

From now until the end of the month, donors can participate in any blood drive to be automatically entered to win a trip for two to Super Bowl LVIII in Las Vegas.

The prize for the winner and a guest of their choice, includes access to day-of in-stadium pre-game activities, tickets to the official Super Bowl Experience, round-trip airfare to Las Vegas, three-night hotel accommodations (Feb. 9-12, 2024), plus a $1,000 gift card for expenses.

You can find & register for a drive for your chance to go to Vegas by going to https://www.redcross.org/give-blood.html.

What is National Blood Donor Month?

National Blood Donor Month was enacted in 1970 by President Nixon and is intended to create national attention and awareness around the critical need for blood donations in the winter.

Winter months are frequently harder for blood donations, as weather conditions, holidays, and seasonal illnesses often decrease the number of donors and drives.

This month is especially dire, however. According to a recent NPR interview with Dr. Eric Gehrie, an executive physician director for the Red Cross, there has been a 40% decrease in donors in recent years due to the pandemic, and they would need to get 8,000 more donors than expected each week this month to meet the current demand.

References

American Red Cross (2024). https://www.redcross.org/

Tell Me Tuesday:
What Is Your 2024 New Year's Resolution?
"I would like to go on more adventures and travel more. I feel like I am getting to a better financial space where I can reward myself with little weekend trips. These trips allow me to explore different places I have never been and even experience different cultures."
- Areli Rubiodiaz

"I would like to prioritize myself more. I feel like I am always running around helping other people out and this year I would like to finally take some time for my self-care."
- Morgan Richardson

"I would like to pick up a new craft or art. Maybe journaling. So I can write about what happened each day while keeping myself organized and thankful for what happened each day."
- Katerina D'Agostino

"My main goal is to complete the 75 hard fitness challenge. Essentially I will be doing two workouts every day for 75 days with some other requirement; if you miss a day, you start over on day 1. I anticipate myself missing a couple of days here and
there so that's why I am giving myself a whole year to do this."
-Kenyana Long

Let's Talk About It Thursday:

Shining Light On Your Emotions

Click this link to let us know how the changing seasons affect your mood!
https://docs.google.com/forms/d/1BOd3aJAyy0zXGpxqUlvgcTMM7QR0eDG1CdLDqgGkpk/edit?ts=65a849d7
Let’s talk about your mood!
DEEP DIVE

JOIN US!

Come be a part of The George-Anne Deep.Dive division! You'll get to interview students on campus, write great articles, and create amazing content!

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