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# Office of Alcohol & Other Drugs Programs Observes National Collegiate Alcohol Awareness Week

OCTOBER 20, 2014



## 10/20 MONETARY CONSEQUENCES

### The True Cost of Alcohol

The monetary consequences of alcohol will be on display at the Russell Union staircase throughout the entire week.

## 10/21 PHYSICAL CONSEQUENCES

### Mocktail Bar

11:00 a.m. until 2:00 p.m., Russell Union Concession Stand (in front of the Russell Union Theater)

Free virgin drinks will be provided along with information about how alcohol affects the body.

## 10/22 BEHAVIORAL CONSEQUENCES

### Define Your Limit

11:00 a.m. until 2:00 p.m., Russell Union Rotunda

Define your limit with alcohol and prevent negative consequences associated with binge drinking. You can also share your limit on social media. #DEFINEGSU

## 10/23 EMOTIONAL CONSEQUENCES

### Film Screening of 'Impact: After the Crash'

6:30 p.m., Russell Union Theater

A movie shining a light on a tragic situation will be shown in the Union Theater. It will provide a look into the lives of those affected by drinking and driving. **Concessions & Attendance verification will be provided.**

National Collegiate Alcohol Awareness (NCAAW) week is Oct. 20 – 24, and Georgia Southern University's Office of Alcohol & Other Drugs Programs has a variety of student events planned throughout the week to bring attention to the serious public health issues posed by excessive drinking among college students.

"We hope that the events of the week will motivate students to drink responsibly, set healthy limits and never drive while under the influence of alcohol," said Nicole Withers, administrative coordinator.

Hundreds of colleges and universities in the United States recognize the importance of campus health promotion efforts addressing alcohol abuse and impaired driving prevention by participating in NCAAW. The events are free and open to all students.

"Our free resources for self-referred students include substance abuse screenings, one-on-one alcohol and marijuana interventions, alcohol and other

drug presentations and campus-wide awareness events and programs," said Withers.

For more information, contact the Office of Alcohol & Other Drugs Programs by calling 912-478-0108.