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## The George-Anne Daily

Georgia Southern University

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# THE GEORGE-ANNE DAILY



Good morning and welcome to the George-Anne Daily! Let us ease you into the day with these headlines. Be sure to keep up with us through our social media links above.



## ***WHAT'S HAPPENING IN YOUR WORLD?***

### **Hypnotist plays mind games with students on campus**

Students get a little casual hypnosis on campus



**Young Democrats hosting  
Women's March against TX  
abortion bill**

"We are witnessing the most dire threat to abortion access in our lifetime."



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Your contribution supports us and enhances the quality of student journalism at Georgia Southern

\$3

\$5

\$10

## YOUR NEWSROOM

**Lunsford era meets abrupt end**

This weekend Georgia Southern Football coach Chad Lunsford was abruptly fired, effective immediately. We're covering what you need and want to know about this.





Write for The George-Anne or  
the Reflector Magazine.

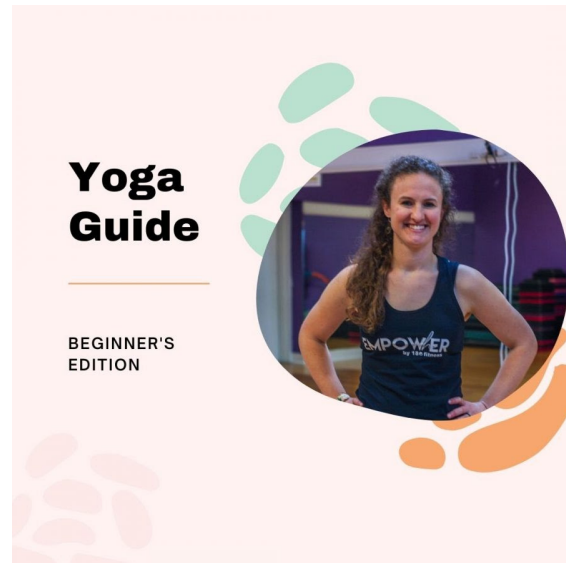
*Click here to apply!*



**REFLECTOR**

## **Yoga Guide: Beginners Edition**

Want to try yoga, but don't know where to start? You're in luck!



## ***G-A FILMS***

### **Everybody has a story: Charlotte**

Charlotte shares her experience with running, mental health, and how to keep a balance with these things as a college student.



## ***CREATIVE***

### **Get Up and Move**

Constantly working on your computer can be very tough on your body, here's some tips to get to work comfortably!

## Don't Forget to Move!

Working on the computer can be very tough on your body. The issues range from sitting for long hours, using the mouse and keyboard extensively, while staring at a bright screen and working in isolation at a stressful job.



Sources: <https://www.makemind.com/tag/5-reasons-working-with-computers-is-bad-for-you-how-to-stay-healthy/>  
<https://www.healthline.com/health/is-it-good-to-sit-at-a-desk/>

## #PETSBORO



### Zuri and Azula

Meet Zuri & Azula!

These two kitty siblings like to sleep all day and compete in olympic trails at night!

Zuri and Azula always wait by the window for the return of their owner, "which is totally heart melting enough for me to keep feeding them !" said owner Ky'lee Fields.

Send us pictures of your pets to be featured in our publications!