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Study Guides: To Give or Not to Give? That is the Question!

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Presenters
Velina Boteva, Emmanuel Clottey, Lauren Bigham, Aaron Dilday, Kimberly Lawrence, Judith Longfield, and Ram Polur
Faculty Survey (Originally on line)

Directions: This is a survey of your ideas about test study guides. Its purpose is to gain a better understanding of your views as a faculty member on the use of study guides. Circle or underline your response. During our presentation, you will be comparing your responses with those of our study participants.

1. With study guides being defined as “an aid... designed to assist students with their learning”, I have provided a study guide to undergraduate students before:
   A. Yes, regularly   B. Yes, occasionally   C. No, never

2. I perceive the OVERALL helpfulness of study guides for undergraduate test preparation as:
   A. Very helpful   B. Somewhat helpful   C. Neither helpful or unhelpful
   D. Somewhat unhelpful   E. Not helpful at all

3. Please select the BEST type of undergraduate study guide for your discipline:
   A. Guide featuring an outline or summary of the lectures.
   B. Guide featuring questions to clarify weekly readings.
   C. Guide featuring a review of broad themes or problems.
   D. Guide featuring sample questions of specific concepts or ideas.
   E. A combination of ______ above.
   F. Other, please specify: ______________________________________________________
Study Guides: To Give or Not to Give? That Is the Question!

Lauren Bigham (Health & Kinesiology)
Velina Boteva (Sports Management)
Emmanuel Clottey (Public Health)
Aaron Dilday (History)
Kimberly Lawrence (History)
Judith Longfield (CTLS)
Ram Polur (Public Health)
Today’s Agenda

- What Does the Literature Say?
- How Did We Conduct Our Study?
- What Does Our Data Show?
- What Did We Learn?
- What Do You Think?

Judith Longfield
What Does the Literature Say?

Operational Definition of Study Guides
“An aid . . . designed to assist students with their learning. It indicates what should be learned, how it can be learned and how students can recognize if they have learned it.”

(Laidlaw & Harden, 1990)

Frequency of usage?

Lauren Bigham
What Does the Literature Say?

How do we measure academic success?

- **Improved performance on tests** (Dickson, Miller, & Devoley, 2005; Gurung, Weidert, & Jeske, 2010, Flora & Logan, 1996)
- **Improved retention** (Szafran, 1981)
- **Enhanced development of life skills, *i.e.* organizational abilities** (Wilhelm & Pieters, 2007)
- **Anxiety & coping mechanisms** (Szafran, 1981)

What are the limitations?

Lauren Bigham
How Did We Conduct Our Study?

**Purpose:**
To examine perceptions of undergraduates & instructors regarding use of study guides for tests

**Objectives:**
1. Evaluate views of undergraduates & instructors to determine what constitutes a “good” study guide.
2. Assess differences in students’ & instructors’ views through quantitative & qualitative analysis.

Aaron Dilday
How Did We Conduct Our Study?

Subjects

Over 1300 undergraduates & 70+ faculty members from a Southern, regional, state university participated.

Methods

- All faculty invited to participate in on-line survey by e-mail.
- Undergraduates in major & core courses took paper-based survey.
- Surveys were anonymous & asked for demographic data.
- Surveys contained qualitative & quantitative questions.

Aaron Dilday
Frequency of Study Guide Utilize (#1)

- Faculty (3 choices)
- Students (5 choices)

- No, never
- Yes, occasionally
- Yes, regularly

Ram Polur
Overall Perceptions of Study Guides (#2 & #5)

- Very helpful
- Somewhat helpful
- Neither helpful or unhelpful
- Somewhat unhelpful
- Not helpful at all

Faculty
Students

Ram Polur
Advantages of Study Guides

<table>
<thead>
<tr>
<th>Faculty</th>
<th>Students</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Focus on important issues</td>
<td>1. Better idea of what’s on the test</td>
</tr>
<tr>
<td>2. Give examples/practice problems</td>
<td>2. Tell you what to focus on so you aren’t focusing on details you don’t need</td>
</tr>
<tr>
<td>3. Help review material</td>
<td>3. Clarification of material/better idea of what to study</td>
</tr>
<tr>
<td>4. Students know what to expect</td>
<td>4. Help review material</td>
</tr>
<tr>
<td>5. Lowers stress &amp; anxiety</td>
<td>5. Receive better grades</td>
</tr>
</tbody>
</table>

Velina Boteva
## Disadvantages of Study Guides

<table>
<thead>
<tr>
<th>Faculty</th>
<th>Students</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Students study only what’s on the guide</td>
<td>1. People only study/learn/memorize what’s on the guide</td>
</tr>
<tr>
<td>2. Students don’t take notes/pay attention in class</td>
<td>2. None/There are no disadvantages</td>
</tr>
<tr>
<td>3. Students don’t learn how to conceptualize/summarize material</td>
<td>3. Professors give material on the tests that is not on the guide</td>
</tr>
<tr>
<td>4. No difference in student grades</td>
<td>4. Professors don’t use information that is on the guide</td>
</tr>
<tr>
<td>5. Students memorize instead of learn</td>
<td>5. People will not attend class</td>
</tr>
</tbody>
</table>

*Many faculty provide study guides only when students’ request them.*

Velina Boteva
Best Type of Study Guide (#3 & 6)

- Guide featuring sample questions of specific concepts or ideas
- Guide featuring a review of broad themes or problems
- Guide featuring questions to clarify weekly readings
- Guide featuring an outline or summary of the lectures

Ram Polur
Distribution for Exam Preparation (#4 & 7)

- Faculty
- Students

At the beginning of the semester
At the beginning of the unit of study
One week before the test
The class before the test

Ram Polur
What Did We Learn?

- Study guides are perceived to be helpful by both faculty & students
- Faculty regularly give study guides
- Faculty prefer to give study guides about a week before an exam
- More research is needed to determine the actual effectiveness of study guides

And the question is still, whether or not to give study guides to students . . .

Emmanuel Clotey
What Do You Think?

- What surprised you about our results?
- In your opinion, should study guides be used? Why? Why not?
- If so, what kind(s) of study guides should be used?
- If used, when should the study guide be handed out?