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Georgia Southern University Health Advisory

JUNE 24, 2009



**GEORGIA
SOUTHERN
UNIVERSITY**

The Georgia Public Health Laboratory confirmed a Georgia Southern student has tested positive for H1N1 influenza. Separately, Georgia Southern health officials were notified today that a Boy's State camper became ill after returning home from Georgia Boy's State and has subsequently tested positive for H1N1. Georgia Southern University health officials have followed established protocols set by the CDC for response and have received no other reports of confirmed H1N1 influenza.

The Georgia Southern student, who lives off campus, has been treated with antiviral medication and doctors reported that the student has responded positively to treatment and is feeling much better. The Boy's State camper has been treated and is recovering at home.

We remind the campus community that the symptoms of H1N1 flu are similar to and no worse than those of seasonal flu. (See http://www.cdc.gov/h1n1flu/key_facts.htm#flu)

According to medical officials, everyday actions can help prevent the spread of germs that cause respiratory illnesses such as influenza. Some of these preventative measures include:

- Cover your nose and mouth with your sleeve when you sneeze or cough, wash your hands often with soap and water or an alcohol based cleaner.
- Try to avoid close contact with those who are sick.
- Stay home and away from work or school if you are sick.

If a student is not feeling well, they should contact Campus Health Services or their private physician immediately. If a faculty or staff member is not feeling well, they should contact their private physician immediately.

- Flu-like symptoms include but are not limited to:
- Fever of 100 degrees or more, PLUS cough and/or sore throat
- Headache
- Runny or stuffy nose
- Body aches
- Chills
- Diarrhea
- Vomiting
- Tiredness

For additional information, please visit: <http://services.georgiasouthern.edu/health>. This Web site is updated regularly as new information becomes available.