

Georgia Southern University

Digital Commons@Georgia Southern

---

Public Health Syllabi

Public Health, Jiann-Ping Hsu College of

---

Fall 2019

## PUBH 3131 – Chronic Disease: A Modern Epidemic

Yelena N. Tarasenko

Georgia Southern University, Jiann-Ping Hsu College of Public Health, [ytarasenko@georgiasouthern.edu](mailto:ytarasenko@georgiasouthern.edu)

Follow this and additional works at: <https://digitalcommons.georgiasouthern.edu/coph-syllabi>



Part of the [Public Health Commons](#)

---

### Recommended Citation

Tarasenko, Yelena N., "PUBH 3131 – Chronic Disease: A Modern Epidemic" (2019). *Public Health Syllabi*. 413.

<https://digitalcommons.georgiasouthern.edu/coph-syllabi/413>

This other is brought to you for free and open access by the Public Health, Jiann-Ping Hsu College of at Digital Commons@Georgia Southern. It has been accepted for inclusion in Public Health Syllabi by an authorized administrator of Digital Commons@Georgia Southern. For more information, please contact [digitalcommons@georgiasouthern.edu](mailto:digitalcommons@georgiasouthern.edu).

## **Course Syllabus**

### **Georgia Southern University**

#### **Jiann-Ping Hsu College of Public Health**

PUBH 3131 – Chronic Disease: A Modern Epidemic

#### **Instructor Name and Biography**

Yelena N. Tarasenko, DrPH, CPH, MPH, MPA

<https://www.ncbi.nlm.nih.gov/myncbi/browse/collection/43511644/?sort=date&direction=descending>

#### **Contact Information**

##### **Office Address:**

Jiann-Ping Hsu College of Public Health

501 Forest Drive, Hendricks Hall

Building 303, Office 2012

Statesboro, GA 30458

**Office Phone:** 912.478.5057 **(please, email me and we will Skype)**

**E-Mail Address:** [ytarasenko@georgiasouthern.edu](mailto:ytarasenko@georgiasouthern.edu)

##### **Office Hours**

Please email me to set up an appointment

##### **Response Times**

Students can expect responses as follows:

- Email: within 48 hours
- Discussion posts: within 48 hours
- Assignment grades: within 72 hours of submission date.

Exceptions: I may not check FOLIO or GSU email over the weekends. If you send me an email after 5:00 PM on Friday, please do not expect a response until the following Monday.

All assignments will be graded promptly so that students may accurately calculate their grades at any point in time during the semester. There are times when extraordinary circumstances occur (e.g., serious illness, death in the family, etc.). In such circumstances, and/or if you need additional time to satisfactorily complete any course requirement, please consult with the instructor within a reasonable amount of time. Extensions are not guaranteed and will be granted solely at the discretion of the instructor.

### **Start and End Date and Date of Finals for this Class**

The class starts on 8/12/2018 and ends on 12/6/2018.

Please make sure to review the course schedule for more specific dates.

### **Dropping this Class**

**THE LAST DAY TO WITHDRAW without ACADEMIC PENALTY is October 14, 2018.**

See for more details.

[Fall 2019 Calendar](#)

### **Course Description**

Chronic conditions (e.g. diabetes, cardiovascular disease, renal disease, obesity) are currently responsible for 60% of the global burden of disease and the World Health Organization predicts this to rise to 80% by the year 2020. This is one of the greatest challenges facing health care systems throughout the world and it places long-term health and economic demands on health care systems as the population ages. This course will provide students with the opportunity to study specific issues related to chronic disease epidemiology and management and their links to practice.

### **Prerequisite Courses, Skills, and Knowledge**

Completion of Human Anatomy and Physiology 1 (KINS 2531) with a grade of C or better or Permission of the instructor.

### **Required Textbooks**

1. ***Epidemiology of Chronic Disease: Global Perspectives***. Harris, Randall E. (2019). Jones and Bartlett Publishing. ISBN 9781284116595  
*These texts are available in the bookstore and can also be purchased online.*

**Readings from** journal articles, manuscripts, and other materials, listed in the daily assignments posted online or distributed in class.

### **Recommended (Optional) Textbooks**

Last, John M. ***A Dictionary of Epidemiology (4th edition).***  
***Human Disease and Health Promotion.*** Beale, Leslie. (2017). John Wiley & Sons.  
ISBN: 9780470589083

### **CEPH BSPH Competencies**

#### **Public Health Communication**

The ability to communicate public health information, in both oral and written forms, through a variety of media and to diverse audiences

#### **Information Literacy**

The ability to locate, use, evaluate and synthesize public health information

### **Course Objectives**

The course will examine major chronic conditions affecting 25 million Americans and others all over the world living with chronic disease: diabetes, cardiovascular disease, cancer, respiratory diseases, renal disease, obesity, depression, chronic pain, neurodegenerative diseases and HIV/AIDs.

Following successful completion of this course you should be able to do the following:

1. Describe the epidemiology, risk factors, typical disease process and current strategies for treatment of the chronic diseases.
2. Recognize and describe quality of life issues and the impact of health care disparities on illnesses.
3. Recognize and describe the public health burden of chronic diseases.
4. Examine the ways individuals cope with and live with chronic illness.
5. Discuss patient education and self-management techniques and prevention strategies.

### **Course Structure**

This course contains learning modules. Each module represents a unit of instruction. Everything you need for the instruction is located inside each module. There is also a detailed explanation of the tools in Folio located in the [Course Structure](#) in the Course

*Orientation - Start Here* area of this course. Tutorials for Folio are located on your Folio main page, and there is a help link located in the upper right-hand corner of the Folio course.

## **Course Schedule with Activity Due Dates**

A detailed course schedule is located in the [Course Schedule](#) in the *Course Orientation - Start Here* area of this course.

## **Instructional Method**

This undergraduate level course is offered completely online. Hence, there will be no face-to-face meetings. Multiple assessments of your learning (described below in more details) constitute the basis of student evaluation. Students are expected to reach out to the instructor and set an appointment to discuss concepts, difficulties they may have, or successes they wish to share.

## **Online Learning Commitment Expectations**

You will not be successful in this course if you are not disciplined enough to regulate the time you spend on the course. Online learning requires the learner to take more responsibility in the learning process. Students must be motivated and responsible for keeping up with understanding what is expected and stay on task with due dates for readings, assignments, and other activities. You need to log into the course on a daily basis to check for messages and other important information. Do NOT wait until the last minute to do work that requires you to submit by a due date. Please know, too, that Folio goes down for maintenance on a regular basis; you'll find that information--Folio Maintenance Schedule--on the Folio home page where your courses are listed.

## **General Expectations**

1. For every one-credit hour, you should expect to work roughly two hours outside the classroom each week. For example, for a three credit hour course, during a regular fifteen week semester, you should expect approximately ninety hours of work outside of class.
2. Students are expected to keep up with the class, to read the required material, and to submit assignments and activities by due dates and times.
3. Students are expected to independently complete all activities, exercises, assignments, and assessments including exams.
4. Students are expected to produce quality work. Typos and grammar errors should be kept to a minimum. The format and readability of submissions will be taken into consideration when assigning a grade.

5. Remember to check when assignments are due. It is recommended that you stay ahead of schedule on the assignments, so if an emergency happens, your assignment will be completed and ready to submit within the designated time frame. It is your responsibility to keep track of the due dates for each assignment.

### **Online Learning Commitment Expectations**

Students will not be successful in this course if they do not manage and regulate the time they spend on the course. Online learning requires the learner to take more responsibility in the learning process. Students must be motivated and responsible for keeping up with understanding what is expected and stay on task with due dates for readings, assignments, and other activities. Students should log into the course on a daily basis to check for messages and other important information. Do not wait until the last minute to do work that requires you to submit by a due date.

### **Student Participation Expectations**

Students enrolled in the class are expected to have read the assigned readings prior to taking a quiz. All students are expected to read the material and be prepared to address questions on the readings for each weekly session.

### **Netiquette**

Because online communication generally lacks visual cues common to face-to-face interactions, you are expected to follow these standards. Netiquette is a combination of Network Etiquette. Please abide by the following netiquette rules when communicating with your instructor and peers in this class.

- Be sensitive and reflective to what others are saying.
- Don't use all caps. It is the equivalent of screaming.
- Don't flame - These are outbursts of extreme emotion or opinion.
- Think before you hit the post (enter/reply) button. You can't take it back!
- Don't use offensive language.
- Use clear subject lines.
- Don't use abbreviations or acronyms unless the entire class knows them.
- Be forgiving. Anyone can make a mistake.
- Keep the dialog collegial and professional.

### **Grade Calculations**

Your final course grade will be assigned according to the following:

A (100% – 90%; 900 – 1000 points) – high achievement;

B (89% – 80%; 800-899 points) – satisfactory achievement;

C (79% – 70%; 700 – 799 points) – minimum passing grade;

Failing grade ( $\leq 69\%$ ;  $\leq 699$  points)

Course grades will be based upon evaluation of the following activities:

| Activity            | Points              |
|---------------------|---------------------|
| 8 Bi-weekly Quizzes | 55 each (440 total) |
| 8 Discussion Posts  | 55 each (440 total) |
| Final Post          | 120                 |
| <b>TOTAL</b>        | 1000                |

## Grade APPEALS

Questions about grades, including requests to revise a grade, will only be considered if submitted in writing in a form of a Memo addressed to your instructor. Such memos will be reviewed only if submitted within 72 hours after the grade in question has been posted. See explanation and examples on [Writing a Memo](#). Each Memo should have To, From, Date, Subject fields completed. It should clearly state the questions and supporting arguments.

## Grading Criteria

Most (if not all) assignment questions have correct/incorrect answers. The number of points that you can earn for each question is indicated in the quiz.

### Quizzes

Quizzes are organized by topics: completion of every topic is followed by a quiz. Questions in each quiz are randomized. Quizzes are timed depending on the number of questions given to allow for all types of readers to finish them *if you have prepared by reading the provided materials.* Please see instructions before each quiz for more details.

### Discussion posts by topic

Similar to quizzes, discussion posts are organized by topic. During the first week of the course you will review the Full Report: Noncommunicable Diseases Country Profiles 2018 from the World Health Organization. You will then pick a country from the list WHO list of country profiles of interest to you (in addition to the United States). Throughout the course, you will be comparing that country with the U.S. by topic. As you make your own post/comparison, you will also need to respond to at least 2 posts/comparisons of your peers. Please note the original post/comparison needs to be

made within the first 3 days since the topic opens up and review/responses to peers need to be made at least 2 days before the next topic begins.

**The final post (and review/responses to peers)** will be a compilation of all your posts (with incorporation of constructive feedback from your peers and me). Your goal is to provide a thorough, yet succinct comparison of the two countries on the key points you learned this semester!

More details are provided in instructions for each discussion.

### **Work Submission Requirements: Late Work**

Late submissions will not be accepted.

### **Students With Disabilities**

What is the policy for students with disabilities? [Student Disability Resource Center](#)

The Georgia Southern [ADA Request for Accommodation Procedures and Guidelines](#)

Georgia Southern University is committed to providing reasonable accommodations to students with documented disabilities as required under federal law. Disabilities may include ADD or AD/HD, autism spectrum disorder, brain injury, chronic medical conditions, communication disorders, hearing loss, learning disabilities, mobility impairment, psychological disorders, visual impairment or temporary injuries. The purpose of disability accommodation is to provide equal access to the academic material and equal access to demonstrate mastery of the material. If you have a disability and need accommodations, please contact the Student Accessibility Resource Center (SARC). You will need to meet with a SARC staff member who can help you gather documentation of your disability or refer you to an appropriate resource for assessment. Once documentation of the disability is approved, SARC staff will provide you with an accommodation letter detailing the approved accommodations which you should present to me so we can discuss and implement your accommodations. Disability accommodations work best starting at the beginning of the semester, but can be approved and started at any point in the semester.

Accommodations start at the time the accommodation letter is presented to faculty within reasonable timelines; accommodations are not given retroactively. SARC on the Statesboro campus is located on the second floor of Cone Hall and the phone number is (912) 478-1566. SARC for Savannah and Liberty campuses is located on the second floor of Memorial College Center and the phone number is (912) 344-2572.

### **Technical Support**

General Technical support information is located in the [Course Structure](#) in the *Course Orientation - Start Here* area of this course.

### **Class Attendance and Participation Policy**



Federal regulations require attendance be verified prior to distribution of financial aid allotments. Regular attendance is expected. Your attendance will be verified at the first regular class session.

It is the policy of the University to permit students, faculty, and staff to observe those holidays set aside by their chosen religious faith. The faculty should be sensitive to the observance of these holidays so that students who choose to observe these holidays are not seriously disadvantaged. It is the responsibility of those who wish to be absent to make arrangements in advance with their instructors.

Students participating in authorized activities as an official representative of the University (i.e., athletic events, delegate to regional or national meetings or conferences, participation in university-sponsored performances, and **JPHCOPH funded**) will not receive academic penalties and, in consultation with the instructor of record, will be given reasonable opportunities to complete assignments and exams or given compensatory assignment(s) if needed. The student must provide written confirmation from a faculty or staff advisor to the course instructor(s) at least 10 days prior to the date for which the student will be absent from the class. The student is responsible for all material presented in class and for all announcements and assignments. When possible, students are expected to complete these assignments before their absences. In the event of a disagreement regarding this policy, an appeal may be made by either the student or the instructor of record to the corresponding college dean. (*University Undergraduate & Graduate Catalog*)

## **Academic Honesty**

What is your academic honesty policy?

<https://catalog.georgiasouthern.edu/academics/policies/academic-dishonesty/>

## **Academic Misconduct**

As a student registered at this University, it is expected that you will adhere to only the strictest standards of conduct. It is recommended that you review the latest edition of the *Student Conduct Codebook*, as well as the latest *Undergraduate & Graduate Catalog* to familiarize yourself with the University's policies in this regard. Your continued enrollment in this course is an implied contract between you and the instructor on this issue; from this point forward, it is assumed that you will conduct yourself appropriately.

## **Plagiarism:**

According to the Academic Dishonesty Policy of Georgia Southern University, Plagiarism includes (but is not limited to):

- A. Directly quoting the words of others without using quotation marks or indented format to identify them.
- B. Using published or unpublished sources of information without identifying them.
- C. Paraphrasing material or ideas without identifying the source.
- D. Unacknowledged use of materials prepared by another person or agency engaged in the selling of term papers or other academic material.

If you are accused of plagiarism by a JPHCOPH, the following policy, as per the Judicial Affairs website: (<https://students.georgiasouthern.edu/conduct/resources/faculty/academic-dishonesty/>) will be enforced:

## PROCEDURES FOR ADJUDICATING ACADEMIC DISHONESTY CASES

### First Offense - In Violation Plea

1. If the professor and the Dean of Students agree that the evidence is sufficient to warrant a charge of academic dishonesty, the professor should contact the Office of Judicial Affairs to determine if this is a first violation of academic dishonesty. The incident will be reported via the following website: <https://students.georgiasouthern.edu/conduct/resources/faculty/academic-dishonesty/>
2. If it is a first violation, the professor should talk with the student about the violation. **If the student accepts responsibility in writing and the professor decides to adjudicate the case, the following procedures will be followed:**
  - a. The student will be placed on disciplinary probation for a minimum of one semester by the Office of Judicial Affairs.
  - b. The student will be subject to any academic sanctions imposed by the professor (from receiving a 0 on the assignment to receiving a failing grade in the class).
  - c. A copy of all the material involved in the case (Academic Dishonesty Report Form and the Request for Instructor to Adjudicate Form) and a brief statement from the professor concerning the facts of the case and the course syllabus should be mailed to the Office of Judicial Affairs for inclusion in the student's discipline record.

### First Offense - Not in Violation Plea (student does not admit the violation)

If the professor and the Dean of Students agree that the evidence is sufficient to warrant a charge of academic dishonesty, the professor should contact the Office of Judicial Affairs to determine if this is the first or second violation of academic dishonesty. The student will be

charged with academic dishonesty and the University Judicial Board or a University Hearing Officer would hear the case. If the student is found responsible, the following penalty will normally be imposed:

- a. The student will be placed on Disciplinary Probation for a minimum of one semester by the Office of Judicial Affairs.
- b. The student will be subject to any academic sanctions imposed by the professor.

### **Second Violation of Academic Dishonesty**

If the professor and the Dean of Students agree that the evidence is sufficient to warrant a charge of academic dishonesty, and if it is determined this is the second violation, the student will be charged with academic dishonesty and the University Judicial Board or a University Hearing Officer would hear the case.

**If the student is found responsible, the following penalty will normally be imposed:**

- a. Suspension for a minimum of one semester or expulsion.
- b. The student will be subject to any academic sanctions imposed by the professor.

### **NOT RESPONSIBLE FINDING**

When a student is found not responsible of academic dishonesty, the work in question (assignment, paper, test, etc.) would be forwarded to the Department Chair. It is the responsibility of the Chair to ensure that the work is evaluated by a faculty member other than the individual who brought the charge and, if necessary, submit a final grade to the Registrar. For the protection of the faculty member and the student, the work in question should not be referred back to the faculty member who charged the student with academic dishonesty.

In the case of a Department Chair bringing charges against a student, an administrator at the Dean's level will ensure that the student's work is evaluated in an appropriate manner.

### **CONFIDENTIALITY**

In accordance with provisions of the Family Educational Rights and Privacy Act of 1974 and the Georgia Open Records Act, any information related to a violation of academic dishonesty or the outcome of a judicial hearing regarding academic dishonesty, is prohibited and must be treated as confidential by members of the faculty."

## **Disability-related Accommodations**

Georgia Southern University is committed to providing reasonable accommodations to students with documented disabilities as required under federal law. Disabilities may include ADD or AD/HD, autism spectrum disorder, brain injury, chronic medical conditions, communication disorders, hearing loss, learning disabilities, mobility impairment, psychological disorders, visual impairment or temporary injuries. The purpose of disability accommodation is to provide equal access to the academic material and equal access to demonstrate mastery of the material. If you have a disability and need accommodations, please contact the Student Accessibility Resource Center (SARC). You will need to meet with a SARC staff member who can help you gather documentation of your disability or refer you to an appropriate resource for assessment. Once documentation of the disability is approved, SARC staff will provide you with an accommodation letter detailing the approved accommodations which you should present to me so we can discuss and implement your accommodations. Disability accommodations work best starting at the beginning of the semester, but can be approved and started at any point in the semester. Accommodations start at the time the accommodation letter is presented to faculty within reasonable timelines; accommodations are not given retroactively. SARC on the Statesboro campus is located on the second floor of Cone Hall and the phone number is (912) 478-1566. SARC for Savannah and Liberty campuses is located on the second floor of Memorial College Center and the phone number is (912) 344-2572.

## **University Calendar for the Semester**

The University Calendar is located with the semester schedule, and can be found at: <http://em.georgiasouthern.edu/registrar/resources/calendars/>

## **One Final Note**

The contents of this syllabus are as complete and accurate as possible. The instructor reserves the right to make any changes necessary to the syllabus and course material to ensure better student learning. The instructor will announce any such changes in class. It is the responsibility of the student to know what changes have been made in order to successfully complete the requirements of the course.

This syllabus, my lecture notes, and all materials distributed and presented during this course are protected by copyright law. You are authorized to take notes in this class but that authorization extends to only making one set of notes for your personal use and no other use. You are not authorized to sell, license, commercially publish, distribute, transmit, display, or record notes from this class unless you have my written consent to do so.

## STUDENT CONDUCT CODE

The Student Conduct Code is the official University publication governing student conduct and behavior. It is the responsibility of each student to become familiar with the rules and regulations governing student life. Student conduct procedures, appeal procedures, and disciplinary sanctions are found in the Student Conduct Code at <http://students.georgiasouthern.edu/conduct>. I acknowledge that I have read and understand this statement referencing the Student Conduct Code.

## ACADEMIC DISHONESTY

The University goal is to foster an intellectual atmosphere that produces educated, literate people. Because cheating and plagiarism are at odds with that goal, they shall not be tolerated in any form. Students are expected to adhere to the rules and regulations as set forth in the Student Conduct Code. Therefore, all work submitted by a student must represent that student's own ideas and effort; when the work does not, the student has engaged in academic dishonesty. Plagiarism occurs when a person passes in another person's work as his or her own, borrows directly from another person's work without proper documentation, and resubmits his or her own work that has been previously submitted without explicit approval from the instructor. For example, academic dishonesty occurs whenever a student participates in any of the following: Cheating submitting material that is not yours as part of your course performance; using information or devices that are not allowed by the faculty; obtaining and/or using unauthorized materials; fabricating information, research, and/or results; violating procedures prescribed to protect the integrity of an assignment, test, or other evaluation; collaborating with others on assignments without the faculty's consent; cooperating with and/or helping another student to cheat; demonstrating any other forms of dishonest behavior. Plagiarism directly quoting the words of others without using quotation marks or indented format to identify them; using sources of information (published or unpublished) without identifying them; paraphrasing materials or ideas without identifying the source; self-plagiarism - resubmitting work previously submitted without explicit approval from the instructor; unacknowledged use of materials prepared by another person or agency engaged in the selling of term papers or other academic material. NOTICE: The list above is intended only to provide general guidelines for recognizing and avoiding common types of academic dishonesty. It is in no way an exhaustive or comprehensive list of all the types of academic dishonesty. For more information about academic honesty, see the Student Conduct Code at <http://students.georgiasouthern.edu/conduct>. I acknowledge that I have read and understand the Academic Dishonesty Policy.

I have read the syllabus and understand the contents and course requirements.

Student Name (print)

Student Signature

Date