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You Live, You Lose: Supporting Youths on Their Journeys in the Land of the Loss

Gary W. Mauk

The University of North Carolina at Pembroke, gary.mauk@uncp.edu

M. Bruce Garriss

Coastal Southeastern United Care, bruce.garriss@yahoo.com

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You Live, You Lose: Supporting Youths on Their Journeys in the Land of the Loss

Monday, March 7, 2016
27th Annual National Youth-At-Risk (NYAR) Conference
Savannah, GA

Presenters:

Gary W. Mauk, Ph.D., NCSP
The University of North Carolina at Pembroke – School of Education
and
M. Bruce Garriss, M.A.Ed., LPC, NCC
Coastal Southeastern United Care, Wilmington, NC

Recommended Books

- Aldrich, L. M. (2001). *Facilitating grief, loss, and trauma support groups: A guidebook for mental health professionals dealing with grief, loss, and trauma issues among children and adolescents*. Cherry Hill, NJ: M & K Publishing Company
- Balk, D. E. (2014). *Dealing with dying, death, and grief during adolescence*. New York, NY: Routledge.
- Barrett, A. R., Spencer, D. W., Schuurman, D. L., Hoff, J. S., Walls, K., Guntli, S., Campbell, K., Struhar, C., & Campbell, S. (1999). *35 ways to help a grieving child*. Portland, OR: The Dougy Center.
- Burns, D. M. (2010). *When kids are grieving: Addressing grief and loss in school*. Thousand Oaks, CA: Corwin Press.
- Doka, K. J., & Tucci, A. S. (Eds.). (2008). *Living with grief: Children and adolescents*. Washington, DC: Hospice Foundation of America.
- Dyregrov, A. (2008). *Grief in children: A handbook for adults* (2nd ed.). London, England: Jessica Kingsley.
- Dyregrov, K., & Dyregrov, A. (2008). *Effective grief and bereavement support: The role of family, friends, colleagues, schools, and support professionals*. London, England: Jessica Kingsley.
- Fiorini, J. J., & Mullen, J. A. (2006). *Counseling children and adolescents through grief and loss*. Champaign, IL: Research Press.
- Granot, T. (2005). *Without you: Children and young people growing up with loss and its effects*. London, England: Jessica Kingsley.
- Lehmann, L., Jimerson, S. R., & Gaasch, A. (2000). *Grief support curriculum* (Preschool, Grades K–2, Grades 3–6, Grades 7–12). New York, NY: Routledge.
- Lowenstein, L. (2006). *Creative interventions for bereaved children*. Toronto, Canada: Champion Press.
- McCarthy, J. R. (2006). *Young people's experiences of loss and bereavement: Towards an interdisciplinary approach*. London, England: Open University Press.
- Monroe, B., & Kraus, F. (Eds.). (2010). *Brief interventions with bereaved children* (2nd ed.). New York, NY: Oxford University Press.
- Morrissey, P. (2013). *The companioning the grieving child curriculum book: Activities to help children and teens heal*. Fort Collins, CO: Companion Press.
- Murthy, R., & Smith, L.-L. (2005). *Grieving, sharing, and healing: A guide for facilitating early adolescent bereavement groups*. Champaign, IL: Research Press.
- Perschy, M. K. (2004). *Helping teens work through grief* (2nd ed.). New York, NY: Routledge.
- Rowling, L. (2003). *Grief in school communities: Effective support strategies*. Buckingham, England: Open University Press.
- Schonfeld, D. J., & Quackenbush, M. (2010). *The grieving student: A teacher's guide*. Baltimore, MD: Paul H. Brookes.
- Siwajian, A., Vann, T., & Middle School Kids. (2013). *A different way to grieve: Journal and activities for middle-school kids, by middle-school kids*. Omaha, NE: Centering Corporation.
- Webb, N. B. (Ed.). (2010). *Helping bereaved children: A handbook for practitioners* (3rd ed.). New York, NY: The Guilford Press.
- Wolfelt, A. D. (1996). *Healing the bereaved child: Grief gardening, growth through grief and other touchstones for caregivers*. Fort Collins, CO: Companion Press.
- Wolfelt, A. D. (2012). *Companioning the grieving child: A soulful guide for caregivers*. Fort Collins, CO: Companion Press.

***** The Reverse Side of This Handout Contains a Listing of Additional Resources. *****

Recommended Articles

- Balk, D. (2011). Adolescent development and bereavement: An introduction. *The Prevention Researcher*, 18(3), 3–9.
- Black, S. (2005). When children grieve: How teachers and counselors can reach out to bereaved students. *American School Board Journal*, 192(8), 28–30.
- Brown, J. A., Jimerson, S. R., & Comerchero, V. A. (2015). Cognitive development considerations to support bereaved students: Practical applications for school psychologists. *Contemporary School Psychology*, 19(3), 103–111.
- Mauk, G. W. (2011). Loss-oriented support for students (LOSS): Companioning the journey from yesterday's sorrow to tomorrow's hope. *The Clearing House: A Journal of Educational Strategies, Issues, and Ideas*, 84(3), 104–108.
- Schonfeld, D. J., & Demaria, T. (2015). Grief support is on the way. *Principal*, 94(4), 18–23.
- Slyter, M. (2012). Creative counseling interventions for grieving students. *Journal of Creativity in Mental Health*, 7(1), 17–34.

Recommended Book Chapters

- Aisenberg, E. (2006). Grief work with elementary- and middle-school students: Walking with hope when a child grieves. In C. Franklin, M. B. Harris, & P. Allen-Meares (Eds.), *The school services sourcebook: A guide for school-based professionals* (pp. 577–585). New York: Oxford University Press.
- Goldman, L. (2006). Best practice grief work with students in the schools. In C. Franklin, M. B. Harris, & P. Allen-Meares (Eds.), *The school services sourcebook: A guide for school-based professionals* (pp. 567–575). New York: Oxford University Press.
- Mauk, G. W., & Sharpnack, J. D. (2006). Grief. In G. G. Bear and K. M. Minke (Eds.), *Children's needs III: Development, prevention, and intervention* (pp. 239–254). Bethesda, MD: National Association of School Psychologists.
- Nader, K. O. (1997). Childhood traumatic loss: The interaction of trauma and grief. In C. R. Figley, B. E. Bride, & N. Mazza (Eds.), *Death and trauma: The traumatology of grieving* (pp. 17–41). Washington, DC: Taylor and Francis.
- Rowling, L. (2002). Youth and disenfranchised grief. In K. J. Doka (Ed.), *Disenfranchised grief: New directions, challenges, and strategies for practice* (pp. 275–292). Champaign, IL: Research Press.

Recommended Websites

www.dougy.org

Founded in 1982, *The Dougy Center for Grieving Children*, a non-profit organization that is totally privately supported and does not charge a fee for services, was the first center in the United States to provide peer support groups for grieving children.

<http://americanhospice.org/grieving-children/>

The *American Hospice Foundation (AHF)* supports programs that serve the needs of terminally ill and grieving individuals of all ages.

www.griefspeaks.com/index.html

Maintained by a counselor/grief recovery specialist, the *Grief Speaks* website contains a compendium of loss- and grief-related information.

www.rainbows.org

Rainbows is the largest international children's charity dedicated solely to helping youth successfully navigate the very difficult grief process.

www.familiesnearandfar.org/resources/grief/

The information and resources on the *Sesame Street "Families Near and Far"* webpages were created specifically to help parents and caregivers face the challenges of military-related deployments, homecomings, changes, and grief.

www.grievingstudents.org and <http://grievingstudents.scholastic.com/>

The *Coalition to Support Grieving Students* was convened by the New York Life Foundation and the National Center for School Crisis and Bereavement, which is led by David J. Schonfeld, M.D. Working with Scholastic, Inc., the *Coalition* has developed a practitioner-oriented website – www.grievingstudents.org – to provide educators with information, perspectives, and pragmatic advice that they need to understand and address the needs of grieving youths in our nation's classrooms more efficaciously.