Top Habits of Highly Connected People: Ways to Engage At-Risk Youth NOW!

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7 Habits of Highly Connected People

Presented by: Sadiq Ali, MBA

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Objectives:

• Leave with a better understanding of connectedness
• Understand correlation between personal and professional relationships
• Practice 7 Habits of Highly Connected People
• Listen to collective wisdom in the room
• Have fun!
• One thing…..
Introductions:

• Name
• School/School District
• City/State
• Favorite super hero power
• One area in which you are struggling related to connecting
Who the heck am I?

Sadiq Ali, MBA, is an author, speaker, trainer, radio show host, college professor and founder of Millionaire Manners Academy, a training organization that focuses on leadership, life skills and career readiness through a framework of excellent interpersonal relationships. Sadiq has been recognized as a human potential and development expert, etiquette guru and customer service master who has worked up and down the east coast and formerly for Target Stores as a General Manager, Master Trainer and District Leader. With a heavy emphasis on self-esteem development, relationship building and youth empowerment, Sadiq has managed to motivate and redirect some of the most troubled youth and formerly incarcerated citizens. He is also the founder of the Young Gentlemen’s Institute Leadership Conference Series for young men.

The national recognition for The Young Gentlemen’s Institute, awards and the like, though, pale in comparison to his favorite jobs which are husband, father and son. He enjoys spending time with his wife and four children, still attempting to play basketball and riding his motorcycle. Through everything, Sadiq is determined to leave a lasting legacy and for us all to be better today than we were yesterday.
7 Habits of Highly Effective People

1. Be Proactive
2. Begin with the End in Mind
3. Put First Things First
4. Always Think Win/Win
5. Seek First to Understand, Then Be Understood
6. Synergize
7. Sharpen the Saw
Why be connected?

What is connectedness?

**Connectedness.**

**Benefits.**
- Academic improvement
- Reducing social anxiety
- Can encourage respect
- Increase cultural awareness

**Disconnectedness.**

**Disadvantages.**
- Increased feelings of isolation
- Increased absenteeism
- Less dialogue
- Increased cultural tension
Why be connected?

There are six components that have been shown to help a person determine the quality of his interactions and psychological-defined social connectedness with others:

- Duration of relationship
- Frequency of interaction with the other person
- Knowledge of the other person's goals
- Physical intimacy or closeness with the other person
- Social network familiarity—how familiar is the other person with the rest of your social circle
- Self-disclosure to the other person
7 Habits of Highly Connected People

7) Establish relationships before rules, or you get......
6) Share your story & then....LFCG

5) Use Social Media (or learn to use it)

4) Learn where people are coming from...literally

3) Learn the language of.....then......

2) Ask questions, then....STF(L)U

1) Observe, then.....EQ
7 Habits of Highly Connected People

1. Observe, then format questions
2. Ask questions, the STF(L)U!
3. Learn the language…
4. Learn where people are coming from
5. Use Social Media (or learn it!)
6. Share, share, share your story
7. Establish relationships before rules
BONUS: Sadiq’s Top 10 Ways to Connect

1. Utilize Stop, Start & Continue meetings with your teams, classes, etc
2. Give people time to finish speaking before you begin
3. Seek individual ideas and opinions, or crowsource, but ASK
4. Apologize often
5. Walk the halls
6. Acknowledge people in meetings, class, hallways, etc
7. Personalize your greeting
8. Create a book, workbook, picture book or scrapbook of your team, class, etc
9. Hold skip level meetings
10. Schedule regular Q&A sessions; great way to connect
Additional Resources:

• Fires in the Bathroom – Kathleen Cushman
• The 7 Habits of Highly Effective People – Stephen Covey
• Cultural Proficiency – Kikanza Nuri-Robins
• Fierce Conversations – Susan Scott
• Millionaire Manners – Sadiq Ali
• AND
Additional Resources:

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“People may forget many things, but they will always remember how you made them feel.”
Thank you!

& Questions