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THE INKWELL

The weekly student voice of Armstrong Atlantic State University, Savannah, Ga.

Week of April 10, 2014

TheInkwellOnline.com

Volume 83, Issue 11

HUNGRY HUSKIES

All that 'bazz

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CARNAL KNOWLEDGE

Why consent is important

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MOVIE REVIEW

"Winter Soldier" fumbles

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Mobile



PAINT THE TOWN MAROON : Pirates show their Armstrong pride

By EMMI FRANKUM
STAFF WRITER

"Armstrong is my second family. I'm graduating in December and I have nostalgia because I am leaving my second family," said Student Government Association President Andy Cabistan.

"My first family is in Costa Rica, and Armstrong is a wonderful, wonderful place. It is more than an academic institution, it is a place where students grow as leaders and as a family," Cabistan said on April 3 at the inaugural Paint the Town Maroon event.

Johnson Square was decorated with maroon and white balloons, banners and supporters showing their pirate pride by wearing maroon T-shirts made for the event. Students, faculty, staff, alumni and other Armstrong supporters from around the community came together to celebrate beating the Commitment Fund fundraising goal of \$850,000, one whole quarter ahead of schedule.

Many in attendance, like Cabistan, had been impacted greatly by Armstrong at some point in their lives and were excited about the large numbers of scholarships and



other opportunities that will be made available for future Pirates due to this fundraising success.

"It's an exciting day for Armstrong," Jamie Rainor, a member of the advancement team, said. "We've beat our goal and now we're going for

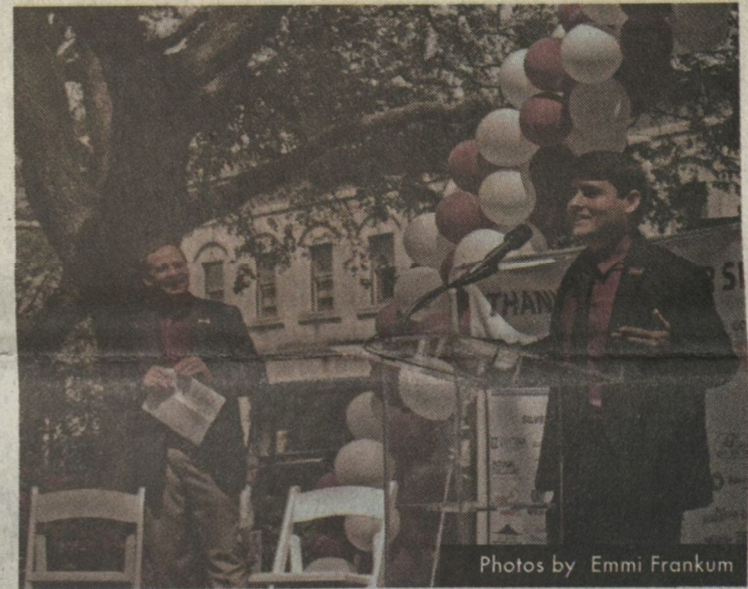
that million."

The money raised came from many different fundraising events held by different organizations, as well as corporate and personal donations.

Felton Jenkins with Minis and Company, a local

investment advisory firm that sponsored the event, commented: "This event is a lot of fun. Armstrong is a fine university and an important part of the Savannah community, and we're glad to

MAROON | PAGE 3



Photos by Emmi Frankum

We The Kings reign supreme at spring concert

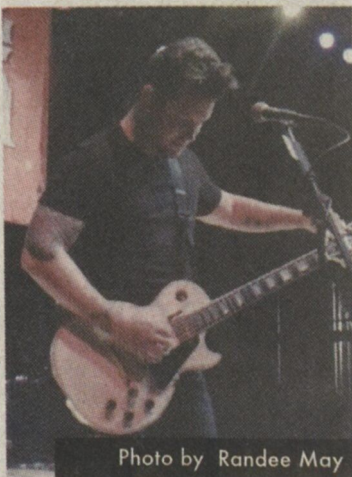


Photo by Randee May

By RANDEE MAY
STAFF WRITER

lead singer stated, "I had a weird dream about being a pizza delivery boy," to which Hunter Thomsen proudly added, "I did that once."

"I wanted to be an astronaut," Charles Trippy commented. His response resorted in his fellow band members teasing him - specifically Hunter, who waved his hands in the air while replying, "Ohh, space and gravity."

All four members spent a few moments laughing before they settled down, giving Danny Duncan the chance to speak.

"I think we all wanted to be musicians at heart."

"I've been a fan for a couple of years," Courtney Cochran, a psychology major, said. "I like Check Yes Juliet, it's really good."

Courtney wasn't the only fan to adore the hit single. Simone Hollie agreed that it was her favorite as well.

"I haven't been to a concert in a while. I'm usually stressed out this time of year, so it's really nice that I didn't have to go anywhere to see them," Hollie said.

Lead singer Travis made the statement that Check Yes Juliet was also his favorite, claiming it was the song that started it all for them.

"No, what started it all

KINGS | PAGE 3



Photo by Emily Smith

Collaboration models strut through the decades

By EMILY SMITH
STAFF WRITER

The Collaboration Models' hard work paid off at their

fashion show as they walked the catwalk in the International Garden on April 2.

"We probably rehearsed fifty-thousand times since the

beginning of the semester," senior biology major Maima Kiawu said. "I'm proud of the models."

The show traveled through different eras of fashion, including the Civil Rights movement, '70s, '80s, and '90s. Professional communications graduate student Kwame Phillips hosted the show.

"The event is about timeless fashion and is all a part of spring fling week. Jasmine Raines' team has put this together with styles ranging from the 1800s to modern day. All of the models are students and they have another big show coming up soon," Phillips said.

The crowd went wild for the '90s fashion number in particular, as the Fresh Prince of Bel Air theme song blared

throughout the garden.

"I like how they went from decade to decade," freshman Emmanuel Diaz said.

The combination of different styles and music aided in creating a sense of time travel through the ages. The models had practiced their routines tirelessly, even including small dance numbers that kept the audience on their toes.

Everyone strutted with purpose as if they had modeled all their lives. Their poise was almost as impressive as the meticulous outfits themselves.

"I like the way that they included the slave fashion and how they walked down the stairs in those heels. I could never do that," undeclared freshman Holly Sipe said.

MODELS | PAGE 3

Senior Spotlight: Kate Blair

INTERVIEW BY CLAIRE GOLEC



What do you like to do during your free time?

Spend time with my family and friends, there hasn't been much time for that the past few years. I love to cook and have parties at my house. I also volunteer with a couple different organizations and serve on a few non-profit boards.

How many years have you been enrolled at Armstrong?

5 years

What is your major?

English - Professional Communications

When you first came to Armstrong, what did you want to do? Have your plans changed since then?

I was undecided when I began;

I had a fantastic professor that encouraged me to pursue English in the beginning.

What would you like to do with your major?

I plan to work in non-profit administration.

Why did you choose this major?

I chose my major because I enjoy writing, but I wanted to write in a professional setting. I currently work for a large corporation where I write proposals.

What advice would you give your freshman self?

Take more classes, you can handle it. I went too slow in the beginning because I work full-time and have a child. If I had taken my

current workload in the beginning, I would have finished last year.

College is said to be some of the best years of your life; do you feel like that's true or not?

I think because I am a non-traditional student, my experience was very different. It was certainly some of the most challenging years of my life.

Who's your biggest inspiration?

Barb Grimm - she is a local educator that started a charter school in Savannah. She is dedicated to education and while that isn't my area of interest, it inspires me to put my heart into everything that I do.



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April 10, 2014

AD



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Maroon

FROM PAGE 1

be a part of helping Armstrong grow."

Armstrong students have been doing their part fundraising for the Commitment Fund as well. In Cabistan's speech, he addressed what students have been doing to raise money while also having fun.

"This week at Armstrong was what we call Spring Fling Week. During this week we do many fun fundraisers to give back to the students and we had many organizations raising money. Out of all of the money that they raised, we will be giving half of it back to the Commitment Fund of Armstrong," Cabistan said. The students raised over \$900. Another group of people

that have raised a significant amount of capital for this fund is Armstrong's active alumni members. Andrea Turner, president of the Alumni Association, reported that the percentage of alumni giving back to Armstrong has gone up from 2 percent in 2012 to 5.6 percent in 2014.

"That's a tremendous, tremendous amount of growth," she said.

The increase in alumni support alone has made a huge contribution to the Commitment Fund and Turner hopes this is just the beginning of a steady increase in alumni members giving back.

Though the event was held to celebrate financial success, the President of Armstrong Linda Bleicken reminded all present that "celebrating today is about so much more than numbers. Yes, certainly

we have grown in size but what we have done is truly to infuse teachers, the bankers, the health professionals, the writers, the artists, and the business creators of this city. These are the people who have created and made Savannah strong."

By reaching out to the Savannah community, Armstrong has not only received many substantial contributions to further better the institution but also formed friendships and partnerships with those responsible for making Savannah such a wonderful place to live and go to college. Bleicken says that it is now Armstrong's duty to thankfully accept such generosity from so many people and put it to good use by offering students, who will continue to give back to Savannah for years to come, the best education possible.

Model

FROM PAGE 1

The executive board of the Collaboration Models was passionate about the event and happy with the overall turnout.

"It went well," President Jasmine Rains said. "For it to be in the middle of the week,

we had a good turnout."

Despite the gnats, a supportive crowd continued to trickle into the garden.

"It went pretty good, despite the issues with the advertising. There was a good crowd," Vice-President Haddy Gassama said.

The models and audience mingled after the show by talking and taking plenty

of group pictures. The interactions after the event itself revealed the club's closeness and support for one another. It was clear that putting on a show such as this one required not only hard work, but cooperation amongst this passionate group of people. Be on the lookout for the next upcoming show with Collaboration Models.



Kings

FROM PAGE 1

for us was Skyway Avenue," Danny implied. "It was our first music video."

"Well, This is My Town is my favorite," Hunter cut in. "It has the name of our hometown in the first sentence."

While the group debated on what had started it all, Charles played Armor of Hope on his phone. "This is what really started it all. It was the first song ever written."

When asked about how they liked Savannah, Travis explained how they had been to the city before to play for SCAD. He also repeatedly stated, "Savannah has some incredible sweet tea, and you can quote me on that."

"Armstrong is by far the best college we've been to," Danny replied. "We actually got dorms to sleep in after we arrived. That's never happened before."

The show, which started at 8 p.m., was opened by band Darry Miller and the Veil, a group from Pennsylvania. It was filled with great music,

cheers and laughter, especially after Darry introduced himself with, "We're happy to be in Savannah," before pausing to work on his guitar and continuing with, "Gotta turn on the amp for the bass to work."

The show ended with half of the audience on stage after the band played Check Yes Juliet as the closing song. Many excited fans walked away with souvenirs such as drumsticks or guitar picks. Katie Wyman summed up the audience's sentiment when screamed, "I love you, We The Kings!"

Office Hours

Aimee Reist

Learning Commons Coordinator

INTERVIEW BY EMILY SMITH



What do you like about working at Armstrong?

I enjoy interacting with the students and the coordinator. I think the facility is absolutely beautiful and the technology is really nice. I like seeing the students work with the technology. Also, my boss is really receptive to new programs.

What question do you get asked the most?

Most of the questions that I get are about printing. How to color print, how to do two sided power points on a page.

Do you have any pet peeves?

We don't have a no eating policy, but it really bugs me when a student brings a full meal like chicken or pizza. It makes it smell and it's not good around the computers, but a snack is fine. I know students are in here for a long time and have to eat.

What advice do you have for students?

Use the library. There are really smart people in there to assist you with research. It's sometimes overlooked and is a great resource.

Solutions sought to reduce food waste at schools



By TERESA WATANABE
LOS ANGELES TIMES

It's lunchtime at Washington Preparatory High School in Los Angeles, but 16-year-old Parrish Jackson has barely touched her turkey burger and apricots. She's dumping them into the trash can.

The apricots are "sour,"

the junior says. The meat is "nasty." If it were up to her, she would just have taken the potato wedges — they're close enough to fries — then headed to the student store to fuel up on hot Cheetos and juice.

And so it goes on hundreds of campuses in Los Angeles Unified, the nation's second-largest school system, which serves 650,000 meals a day. Students throw out at least \$100,000 worth of food a day — and probably far more, according to estimates by David Binkle, the district's food services director. That amounts to \$18 million a year — based on a conservative estimate of 10 percent food waste — which Binkle says would be far better spent on higher-quality items, such as strawberries or watermelon.

But under federal school meal rules finalized in 2012, Parrish and other students must take at least three items — including one fruit or vegetable — even if they don't want them. Otherwise, the federal government won't reimburse school districts for the meals.

"What can we do about this?" Binkle says. "We can stop forcing children to take food they don't like and throw in the garbage."

Many nutrition and health experts disagree, citing studies that show repeated exposure

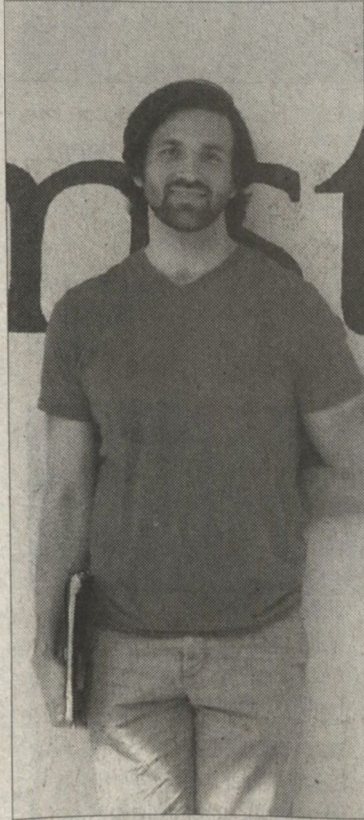
to fruits and vegetables eventually leads children to eat more of them. That, in turn, will help prevent obesity and related maladies, says William J. McCarthy, a UCLA professor of health policy and management.

The cost of wasted food "is a small investment for permanently enlarging our children's receptivity to the foods most likely to prolong their lives and minimize their risk of the major chronic diseases that kill Americans," McCarthy said in an email.

The differing views reflect the escalating national debate over how to improve child nutrition without the massive food waste and climbing costs in the \$11.6 billion federal school lunch program, which feeds 31 million students daily. The rules, part of the 2010 Healthy, Hungry-Free Kids Act championed by First Lady Michelle Obama, imposed a dizzying array of requirements on calories, portion sizes, even the color of fruits and vegetables to be served. The rules also increased the amount of fruits, vegetables and whole grains that must be offered, imposing higher costs on school districts.

For Binkle and many other school food managers, the

Senior Spotlight: Kevin Corr



What is your major?

English literature

Why did you choose English literature?

I just really enjoy reading literature and getting to learn more literature, and I just love digging into it.

What did you want to do with your life when you first came to Armstrong? Have your plans changed since then?

Yes! I didn't even want to come to college at first. I was scared to come to college. I had considered a career in medicine, but I knew that that was rather vain; I just knew that doctors made a lot of money. Luckily I found where my true passion was, not to mention I was terrible at biology.

What are your plans for after graduation?

I want to go to grad school and eventually pursue a Ph.D. The little details on where and how, I haven't

quite figured out yet. I have a general plan, but not a very specific plan so far.

Are you nervous about graduating?

Very much so, mostly just because, like I said, I don't really have a really set plan. I'm kind of hoping once I take the GRE (Graduate Record Examination) and start applying to different places that that will help. So I don't know what I'm going to do after I graduate, so yeah I'm pretty nervous about it.

What has been your most memorable college experience?

I guess school-wise I just loved some of the classes. Outside of school, it's here at the BCM. I'm very introverted and shy and I've gotten to meet tons of friends here and really gotten connected and I never would have imagined I would have had a leadership position here either.

INTERVIEW BY CLAIRE GOLEC

Who's your biggest inspiration?

I do love C.S. Lewis. He's very inspirational to me just because not only is he famous for being a writer, but a Christian writer which is something I want to do. In my own personal life as well, Tony (Branham), the campus minister here. He's been a major part of my life and my college career and he's really helped me get through it.

How many years have you been enrolled at Armstrong?

Five

Have you accomplished everything you've wanted to during your five years?

It's hard to say. I kind of regret not having got into some more programs at Armstrong, but I mean ultimately I turned from despising school and bearing through it to enjoying it and essentially learning what I want to do as a career.

Carnal Knowledge

A weekly sex column



BY MICHELLE POMPEI AND
BILLIE AMATUS-SALAAM

Michelle Pompei is a feminist, activist, and health advocate who spent 8 years as a patient educator at a reproductive health clinic. When not talking about vaginas with her friends, she's a home renovation DIYer and gardener.

Billie Amatus-Salaam is a sex geek fascinated by the science of sex, the social constructs surrounding sex, and the various ways humans express themselves sexually. Otherwise, Billie likes to cuddle up with a cup of Earl Grey and her Kindle. Michelle and Billie are both public health graduate students at Armstrong.

Consent is a topic that is widely discussed on college campuses, and finally there has been a paradigm shift from the focus on victim prevention to getting consent from your partner. We chose this topic

because it's important, and Armstrong only recently taught sexual assault awareness to incoming students last year. It's also about communication: talking about sex, negotiating sex, and getting consent - for every part of your sexual experience. This was not an easy column to write; sex is complicated, and as situations change, communication will change. We don't claim to cover all bases here in this short column, but we hope that this will help you negotiate sex and consent - and keep the conversation going.

You've probably heard the ever-popular "consent is sexy" mantra and you definitely agree that sex should always be consensual. Consent isn't just sexy - it's required. You understand that consent is about respecting everyone's right to their own body, and ensuring a mutually satisfying sexual experience. But you're not so sure about the "sexy" part.

Do I have to find my inner phone sex operator? Do I have to try to talk dirty even though that's really not my thing?

What the hell is sexy about punctuating every thing I want to do with "Is this okay," "Is that okay," "Can I," and "May I," anyway?

The truth is, consent is not always sexy. Consent sometimes means putting the kibosh on anything sexy happening right in the heat of the moment. How you and your partner communicate consent depends on the situation: Is this the first time you've been intimate together? Have you already discussed what you're comfortable doing? Are you in a long-term relationship where you can assume you have each other's consent unless someone says no, or unless you're exploring something new?

When you're with a new sexual partner, consent probably will involve a few of those awkward "Can I's" and "May I's" - and that's OK, because sex is awkward anyway. To make the conversation a little more natural and a little less game of 20 questions, remember you can also say to your partner what you would like them to do to you. For

example: I love it when my _____ is _____.

Could you _____ my _____?

I really want you to _____.

I've always wanted to _____.

Do you want to try it now?

In the age of sexting, online-dating and hook-up apps like Grindr and Tinder, you and your partner may have already discussed what's on and what's off the table before a sexual encounter. These interactions allow people to get it all out in the open without feeling as vulnerable as they might feel staring at each other half-naked. Even if you discussed what you both would like to do only two hours ago, it is still important that both partners confirm that they are still up for what they talked about. Give each other the opportunity to say, "Actually, I'm only okay with _____," and respect this. Again - consent doesn't have to be sexy; it just needs to involve communication.

While it's important to listen to your partner's response when negotiating consent, there's more to

consent than a verbal agreement. The thing is, consent is also about desire. You both should be totally into having sex and enjoying it. Pay attention to things like body language, tone of voice, and facial expressions to make sure your partner's having fun. When you're with someone new, or trying something new, try being in a sexual position that allows you to see your partner's face. Check in with your partner if it seems like they're not enjoying something. Consent is not silence nor is it "I don't know."

Again, this whole consent thing isn't one-sided. You can give enthusiastic consent to let your partner know you're having a great time. No porn star theatrics required, because consent doesn't have to be sexy.

So there you have it - consent means being honest, attentive, and using your words. Again, this is just a starting point for you to start talking about consent. And it's a good excuse to talk about sex; go talk to one of your friends about consent. No matter what, just keep the conversations going!

Letters to the editor

The Inkwell welcomes and invites letters to the editor. All submissions must be 350 words or fewer, and must be signed. Send your letter to Chief.Inkwell@gmail.com. The Inkwell reserves the right to edit for grammar, spelling and style.

Hooked on You

We're not claiming to be matchmakers or anything, but everyone knows it can be a rewarding experience reading the missed connections section on Craigslist. None of the following content has been edited. Here are our top picks for this week:

Armstrong Nursing Student - w4m (Sand Gnats)

Met at the Sand Gnats season opening game, in line. WSP shirt. Thought we could grab a beer sometime...

Tall Soldier in Uniform - w4m (Subway)

so you're tall .. gorgeous .. pfc ranger .. you were at the subway on white bluff/derenne today ...

i kept staring and saw you glance a few times... you drive a tannish chevy car ...

i know your last name .. message me if its you ...

Inked - w4m - 26 (Oglethorpe Mall)

So you're a inked black man at the Oglethorpe Mall on Saturday around 6pm. Beastly delicious arms.

You were in black gym shorts and a grey shirt. Bout 6ish feet tall. And absolutely gorgeous. If this is you message me.

Jason at Gulfstream - w4m

We make a ton of eye contact and exchange a smile every time we see each other, always in the same spot at the gazebo. Your head is shaved and lately you've been growing a beard which is really sexy. Write back and tell me something that would let me

know it's really you!
Gods Grace Dollar General - m4w (RT 80)

Looking for girl I met at Dollar General couple Wednesdays ago who pointed me in right direction I am tall with mustache

you are the mature woman i couldnt stop staring at - m4w (savannah)

I saw u today at your workplace off Eisenhower. I couldnt stop staring at you, and I noticed you staring also. I think you are so hot and I didnt get a chance to talk to you, and I cant stop thinking about you. I know you are a professional, so I am discrete.

If by chance you happen to see

this, write me ...

Kity Spankz - m4w (pooler)

We sat in my car, talked about sex. I want you, pure and simple. Contact me if you want to have some fun. G

ginger guy Walmart - m4m (hwy 17 Walmart)

you're a good looking ginger guy. you were with a woman, but I saw you checking me out and I was doing the same to you. hmu

Kelly, we met at the Wormhole tonight. - m4w

You wanted to take it slow. You went to the bathroom, and I went too. When I came back, you were gone. I would like to continue what we started.

Chu's BP - m4m - 29 (islands)

Pumping gas this morning. I should've listened to my gut and spoke. Here's hopping.

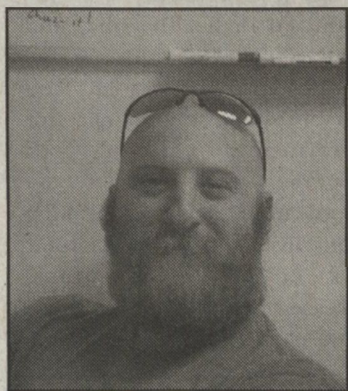
Saw you at Walmart, we said hey - m4w - 25 (Pooler)

We smiled, exchanged greetings and that was it. You were cute though so hopefully you get this.

Tell me what you said so I know it's you.

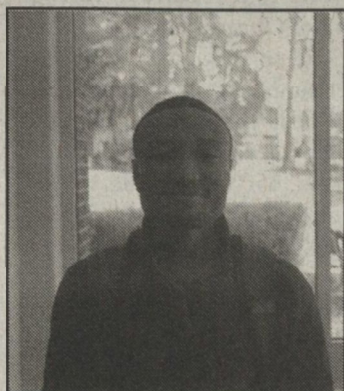
CAMPUS VOICES:

"What has made you happy today?"



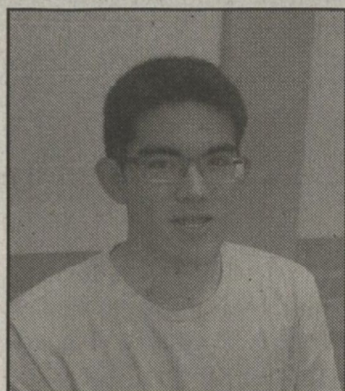
"I finished my linear regression in Econometrics today, so I'm done for the year."

James O'Connor
Senior
Economics



"Getting my assignment done that's due on Friday."

Steve McQueen
Sophomore
Computer Science



"Getting into a class that was full. It filled up as soon as registration started."

Daniel Holliday
Sophomore
Economics



"The weather. It's a lot nicer than yesterday, since it's stopped raining."

Anaje Smith
Sophomore
Chemistry



"Getting to eat with my friends."

Nick Carrasco
Freshman
Civil Engineering



"Food. Eating makes me happy."

Kyara Mejia
Freshman
English

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Lady Pirates lose two on wild Senior Day

By BERRY ALDRIDGE
STAFF WRITER

The No. 4-ranked Lady Pirates softball team dropped two games this weekend to Peach Belt Conference leaders, the No. 12-ranked North Georgia Nighthawks. It was also Senior Day for the Pirates. Kacie Patterson, Kat Vogler and Andrea Dalton were all honored at their last home games at Pirate Field.

"The experience is bitter sweet because it's a day to be recognized for playing the game you love, but it's also a sad day because it is our last home game as Pirates," Vogler said.

Game one was nothing short of spectacular, going twelve innings and having everything from timely pitching to clutch hitting. North Georgia maintained a lead for most of the game and with only the bottom of the seventh left for the Pirates, the Nighthawks led 6-3.

Junior Layce Walker changed that with one swing of the bat. She crushed a three-run homer nearly 30 feet over the center field fence to tie the game and send it to extra innings.

Pitching then took over for four innings as McLemore

and the Nighthawks' pitcher both threw scoreless frames.

Armstrong would eventually lose the game 8-6 in 12 innings due to unfortunate errors and timely hitting by North Georgia.

In game two, the Pirates came back with a vengeance. Walker, Dalton and junior Alexis Mercer all launched homers to put the Pirates on top 6-2 after two innings.

Mercer's home run was the 17th of this season, setting a new school record for home runs in a single season, which was held by Stacey Richardson since 2002.

Again however, the Pirates were plagued by poor defense and the Nighthawks plated two runs in the third inning, three in the fourth, one in the fifth and three more in the sixth. The final score ended 11-7 in favor of North Georgia.

"Senior day will still be a great memory to look back on even though losing isn't what we had in mind," Patterson said. "But now we know where we need to improve and we can work hard to be prepared to play them again in the post-season."

Armstrong returns to play at Francis Marion in a three-game PBC series, starting on April 12.

Pirates extend win streak to four, sweep Nighthawks

By CALEB BAILEY
STAFF WRITER

The Armstrong Pirates hosted Peach Belt Conference opponent North Georgia for a three-game series this past weekend. On Friday, one Pirate put his name into the history books forever.

Friday's game went back-and-forth for the first three innings as Ethan Bader led his team on the mound. The Pirates broke the 0-0 tie in the fourth inning when Matt Wisniewski doubled, bringing home Ryan Patterson. In the fifth, RJ Dennard cracked his eighth home run of the season, bringing home Tyler Avera and Cody Sherlin in the process. Zach Lance later brought home Patterson with a single to right field. After a sacrifice fly in the sixth by Clayton Miller, the Pirates led 6-0.

In the seventh inning, the game stopped for just a moment to recognize a historic moment. Bader had already tied Armstrong's all-time strikeout record set by Chuck Christopher earlier in the game and with his fourth strikeout of the game in the top of the seventh, Bader brought his career total to 245 and put his name in the history books.

"It's a great thing to do," Bader said on his record. "I'm proud of my team.

I'm proud I could do it and I'm just proud I was here at Armstrong long enough to set a record."

Bader finished the game with five strikeouts, five hits and one earned run in his seventh win of the year. The win brings his career-win total to 27, just two shy of Ricky Meeks' record of 29. Armstrong won the first game 8-1.

The Pirates and Nighthawks took the field for a doubleheader on Saturday and the scoring got going early as North Georgia had a 1-0 lead going into the bottom half of the first inning. The Pirates answered quickly as both Miller and Avera got on base and Patterson brought both men home with a single to right field. With the bases loaded in the bottom of the fifth, Lance cracked a shot to the short stop and an attempted double fell short as the throw to first was just too late, allowing Miller to score from third and giving Lance an RBI in the process.

With a two-run lead in the bottom of the eighth, Dalton Johnson came up to the plate knowing he had to get some insurance on the board for his team. He did just that with a triple to center field, bringing home both Joey Lupus and Patterson to give the Pirates the eventual final score of 5-1.

The second game started

very similarly to the first for the Pirates when Dennard brought home Avera on a single up the middle and Patterson followed him up with a double to left field, bringing home two and giving the Pirates a 3-0 early advantage.

That advantage soon disappeared when Tremayne Toorie of North Georgia, who had been flirting with the left field wall all afternoon, blasted a solo home run, breaking Justin Adkins' no-hitter. The tide started to change back in the Pirates' favor when they loaded the bases in the bottom of the third. Two straight walks made the score 5-1 and Johnson reached on a fielder's choice to the shortstop, bringing home Lance and making the score 6-1.

The Nighthawks would not say no, however, and Andrew Gordon proved that as he smashed a three-run home run over the left field wall and onto the soccer field. The Nighthawks brought home another run in the sixth to cut the Pirates' lead from five to one in just two innings.

Miller stepped up for his team and scored two with an RBI single and Johnson answered his teammate with an RBI single of his own in the bottom of the seventh. The Pirates went on to win the game 9-7.

The Pirates (19-14, 10-11)

now have a four-game win streak going and look to keep it up as they hunt for a playoff spot.

"We lost six in a row, and that was really a reality check for us," Johnson said, who finished the day with four RBIs for his team. "We are a team that can keep winning when we get hot. We have the talent to stay hot and we just have to keep rolling."

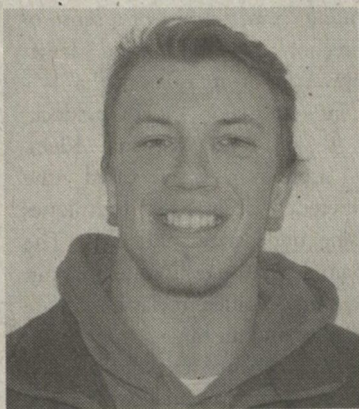
With the streak still in place, Coach Culberson talked about what this does for his team's confidence: "Breaking a losing streak with a quality win gives any team a big boost. We feel like we can win against any team, especially against a quality opponent like North Georgia."

Nathan Ward improved to 2-0 with four and two-thirds of relief pitching and allowed three runs off of four hits. He got into a jam in the top of the final inning in the second game on Saturday, but was able to get out of it with two straight ground-outs. Ward knew he had to keep his composure.

"It's really all about practice," Ward said. "We try to simulate those situations every day, and we have great coaching that I am thankful for. They tell us exactly what we need to do to win."

Armstrong returns home to play a doubleheader against Benedict College on April 16.

JOHNSON'S JOCK TALK



By DALTON JOHNSON
sports.inkwell@gmail.com

Last year, in Kevin Ollie's first year as the head coach of the University of Connecticut's men's basketball team, the Huskies had to watch others celebrate in March Madness. UConn was under a ban from postseason play due to academic issues of former players. One year later, Ollie and senior point guard Shabazz Napier led the No. 7 seeded Huskies to a national championship, defeating the preseason favorite Kentucky Wildcats, 60-54.

In 2001 as a freshman, Napier danced under the confetti in Texas and celebrated with his teammates after winning his first championship. The Huskies were led by an undersized, sharp-shooting guard, but back then it was Kemba Walker and Napier was playing second fiddle.

Fast forward to his senior year, and Napier has made a name for himself for taking over games, just like Walker did. He's quick with a lightning-fast shot, and an

uncanny ability to never show fear.

This game had two of the most prestigious basketball programs in history clashing against each other as underdogs. Can these two really be labeled as underdogs? Unbelievably, they were.

Kentucky was the preseason No. 1 team in the country with an all-freshmen starting five. They were filled with 18- and 19-year-olds with unlimited talent and potential and ridiculous expectations. After not being able to dominate the regular season, the Wildcats received an eight-seed by the selection committee and the committee clearly made a mistake.

After beating Kansas State in the first round, Kentucky went on an unreal run to make the national championship. In the second round, they beat the undefeated Wichita State, and then the defending champions of Louisville in the Sweet 16. To reach the Final Four, Kentucky beat last year's runner-up Michigan, and then they beat the No. 2-seed Wisconsin to get to the national championship. Freshman guard Aaron Harrison hit game-winning three pointers against Louisville, Michigan and Wisconsin.

Connecticut had no easy

run either. After beating St. Joseph's in the first round, UConn upset Villanova, Iowa State and Michigan State to reach the Final Four. When they really turned heads was against the No. 1-overall seeded Florida Gators. Florida was the big favorite, and FiveThirtyEight editor Nate Silver had them as a 70 percent chance to beat the Huskies. They were the most experienced team in the nation with an unforgiving defense. The tide changed and UConn had the unforgivable defense and the Huskies were on to face the Kentucky freshmen.

Napier, who was awarded the Most Outstanding Player of the tournament, truly dominated in March Madness. He averaged 21 points and 4.5 assists per game over the six games while rarely sitting down. In the championship game, Napier was clearly the best player on the court, even with all of Kentucky's first-round talent, as he scored 22 points with three assists and six rebounds. He only sat for one minute the entire game.

With confetti raining down on the stage after the game, Napier addressed the audience and all of Husky nation.

"You're looking at the

Shabazzketball: Huskies go from banned to champs



hungry Huskies," Napier told the crowd and TV audience. "Ladies and gentlemen, this is what happens, when you ban us."

Clearly, the Huskies had a hunger they couldn't wait to unleash. UConn's coach left, several teammates transferred and no conference wanted one of the best basketball schools in history. How much fuel to the fire did they need? Dinner was served with Wildcats as the main course

and confetti for dessert.

The coaching of Kevin Ollie deserves all the praise in the world as well. Ollie was supposed to be a star in his playing days, but never really panned out. Instead of giving up, Ollie kept pushing and kept finding a way to make an NBA roster. He brought that same attitude to UConn and made history. Ollie won 20 games in his first season as head coach and 32 the next to win the national

championship.

UConn is now the only team to win four national championships in the last 16 seasons. The great Lil' Wayne himself may have said it best when tweeted, "Napier's the truth." Tunechi! Napier was the truth this whole season as he stayed with the Huskies through the good and the bad and ultimately this time he led them to a national championship.

ARTS & ENTERTAINMENT

[6] THE INKWELL

April 10, 2014

Philosophy Club screens 'Hannah Arendt' at movie night

By ELIZABETH RHANEY
STAFF WRITER

The Philosophy Club screened the movie "Hannah Arendt" at their meeting on April 3. The movie follows the famous philosopher, who survived a detention camp in France, as she covered the trial of former Nazi Adolf Eichmann.

As she watches the trial and reads the transcripts, Arendt tries to "reconcile the mediocrity of the man" with his shocking crimes. The weak man in the glass cage is not the monster she anticipated. Eichmann's defense is that he was following orders. He kept the trains of people moving without good or bad intentions - without thinking about any possible consequences.

Arendt concludes that this inability, or possible unwillingness, to think causes ordinary people to do evil things. The greatest evil is committed by nobodies - humans who for, whatever reason refuse to be human. She calls this concept the banality of evil.

Arendt also concludes that some Jewish leaders were hurting the community. They acted in a space between resistance against and cooperation with the Nazis. Her friends and colleagues assume she is blaming her

own people for their suffering. Even dear friends ostracize her. But she argues that trying to understand does not equal forgiveness and that thinking gives people the power to prevent catastrophes.

The club had an open discussion after the movie. One issue that came up was that we all follow orders and that it takes a huge amount of thinking to look beyond your world. Thinkers can become isolated as they try to think outside the proverbial box.

"It's a worst case scenario of what the system can make us do to each other," one student said.

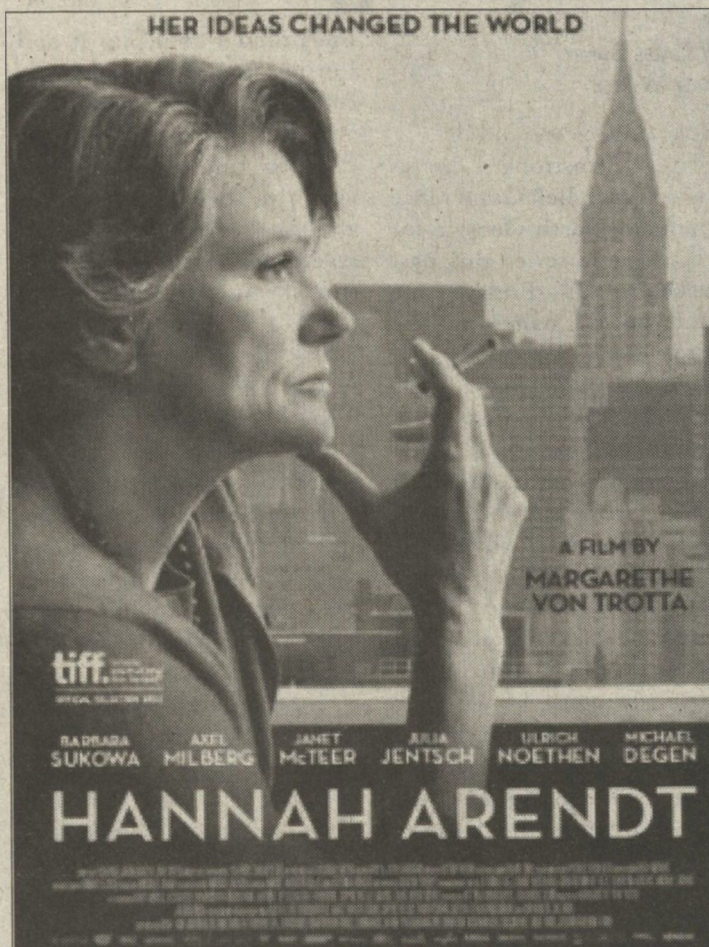
Another student compared the chain of command to "a runaway train." Trying to get off could kill you.

"How could we dehumanize that quickly?" another student asked.

The group talked about how Hitler made Jews wear yellow stars in the years before WWII. He fostered an us-versus-them mentality, marking different groups as "others."

"First you have to other yourself before you other another person," said one professor. First a person separates their self into a group before they start separating other people into groups.

The Philosophy Club meets every third Thursday of the month in The Cave (the film studies room in Gamble Hall).



Melissa Bates and Megan Netherland are co-organizers of the club.

"Our club meetings are open to all and we welcome all disciplines," Bates said in an email. "Additionally, we strongly encourage faculty and students to submit 'Thoughts' for discussion in the black Thought Box attached to The Cave board in Gamble, second floor across from the film room, Gamble

221."

Erik Nordenhaug, associate professor of philosophy, is the club's primary faculty adviser. Anyone interested in the club can email him at erik.nordenhaug@armstrong.edu.

The club also has a newsletter called "The Philosopher's Stone" that comes out a week before the meetings. They are available on the philosophy board on the first floor of Gamble Hall.

UPCOMING EVENTS April 10-16

Thurs. April 10

- DJ Cheedoh Dust at the Jinx 10 p.m.

Fri. April 11

- Gnomecon begins
- Tiffany Cash lecture at Fresh Exhibitions (Desotorow) 2 p.m.
- CUSSES at the SCAD Museum of Art 4:15 p.m.
- Lady at Le Snoot 7 p.m.
- I Anthem at Sweet Melissa's 7 p.m.
- Horse Feathers and mumbledust at Ampersand 9 p.m.
- Jeff Two Names and the Born Agains at the Jinx 10 p.m.

Sat. April 12

- SCAD Record Fair at Poetter Hall 10 a.m.
- Damon and the Shitkickers at the Jinx 6 p.m.
- Consider the Source at the Wormhole 9 p.m.
- Roshambeaux at the Jinx 10 p.m.

Mon. April 14

- Post Teens and Shitstorm at Graveface 7 p.m.

Wed. April 16

- Rock 'n Roll Bingo at the Jinx 10 p.m.

Fine Arts hosts Raku and Student Showcase

By TARA STEVENS

overcome them."

Lisa Fort, senior liberal studies major, also showcased her clay work. Fort's Dalmatian sculpture, soon to be fired, was based after her dog Poppy Seed. Fort stated that this is her first time taking a ceramics class here at Armstrong and during the course of the semester she fell in love making ceramic sculptures.

The Ceramics Department, an extension of Fine Arts, hosted their Spring Raku Night on April 2. The event was open to the public and allowed students to showcase their work throughout the semester as well as demonstrate the Raku kiln and potter's wheel.

The night started with a warm introduction from John Jensen, head of the ceramics department, followed by refreshments, pizza and sushi prepared by ceramics instructor Seon-Hye Kim. Throughout the night professors held demonstrations using the potter's wheel, then followed with a Raku kiln firing demonstration, which entailed reductions in trash cans to showcase the unique glazing techniques of Raku pottery.

Recent Armstrong graduate Matt Maggioni opened the student showcase by donating a piece called "Rat with Human Head." Maggioni stated, "This piece was inspired by the replacement of human parts on rats. I used some of my friends as my human models."

Sharon McCusker, ceramics instructor, said, "Each professor decided to pick two students from each class who were doing exceptional work to showcase their work from the semester." Students from all different backgrounds and majors were represented in the showcase.

Shawn Patrick, a sophomore public health major, showed a mixed-media piece called "Bounded Heart." The piece included nails, barbed wire and a rail spike, and was then Raku fired in the kiln. Patrick stated, "The Bounded Heart represents life and the different blows that life throws and how to

Christy Schaller, junior liberal studies major, showcased two pieces, including an interchangeable "Goblin Tile" that was inspired by the video game World of Warcraft. A coil pot included the character Gir from Invader Zim as a relief.

"The True Impresionator" was the true expression for Cary Higginbotham's love of tattoos. His hand sculpture was inspired by his own tattoos. Higginbotham, a sophomore liberal studies major, stressed the importance of the lines, stating, "Lines represent a sense of direction and the tattoos drawn represent a great deal of truth."

Fine art majors Lydia Craddock, a senior, and Victoria Klein, a sophomore, showcased the different decorative techniques using under-glazes and slips. The main decorative techniques that can be used on different clay bodies are scrapigo and mishima.

As the large crowd dwindled down, the night ended with a free giveaway drawing.

Raku Night at Armstrong was the original idea of Jensen, head of the Ceramics Department. Raku Night has been around for 29 years, and has grown in popularity. Jensen and other ceramics instructors implemented the student showcase about 10 years ago. It is a great way for students to showcase their outstanding work and for community members to get involved with Armstrong.

'Captain America: The Winter Soldier' fumbles its final act

By TODD PERKINS

The Marvel cinematic universe has expanded into several successful franchises, all of which come together for the incredibly successful "The Avengers." When "Captain America: The First Avenger" opened in theaters July of 2011, there was an overall satisfied response with both the critics and audiences who felt that it was neither the worst or most exciting entry in the Marvel canon. There was mixed reception to the casting of Chris Evans, who was known as playing the Human Torch in the "frowned upon" "Fantastic Four," but he proved himself to be a viable actor who was able to make fans root for the Captain along with Thor, the Hulk, and, of course, Iron Man. Now comes "Captain America: The Winter Soldier" to reap the benefits of being the first post-"Avengers" Captain America sequel and it is not playing around.

Now that Steve Rogers, a.k.a. Captain America, has come to terms with being unfrozen after seventy years of being asleep in the ice, he performs his patriotic duties working for S.H.I.E.L.D. under the leadership of Nick Fury (Samuel L. Jackson). After being framed for an attack on Fury's life, Rogers must team up with Black Widow (Scarlett Johansson) to figure out who is actually responsible and for what purpose. Meanwhile, an assassin known as The Winter Soldier is sent to clean up the mess and stop Rogers from

interfering for good.

Directors Joe and Anthony Russo know how to deliver the fight scenes and epic action sequences, but what they truly excel at is setting up a first act that builds tension and intrigues audiences. The film plays out like a 1970's political thriller, which is a fresh take on a superhero flick, and the casting of Robert Redford as a high ranking S.H.I.E.L.D. official is an inspired choice. Unfortunately, the film never lives up to the promise of its first half. By the end, all of the predictable story elements and action scenarios are back in full force, which is disappointing even if the final act is incredibly loud and epic.

What is most surprising is that this film plays out less like a sequel to "Captain America," but rather seems more of a follow-up to "The Avengers." There are large portions of the film that revolve around S.H.I.E.L.D. and the Nick Fury and Black Widow characters. Rogers is the central character, but the conflict is not centered on his conflict with The Winter Soldier, who he has a past connection with, but on his involvement with S.H.I.E.L.D. Fans of the comics will appreciate the edition of a sidekick called Falcon (Anthony Mackie), but the film gives him no real motivation to assist Rogers other than that it is his duty. There are action and plot twists, predictable ones at that, but not enough attention on either title character.

Evans makes a fine leading man, and Jackson, Johansson,



Mackie and Redford all do the best jobs they can with a script that strips their characters down to walking clichés. There is a lot to like and appreciate, including a terrific first half, but the finale ends up raising more questions than producing a satisfying conclusion. This is definitely a fun movie for

any fan of superhero or action films, but perhaps Marvel should try harder on making a film concerned more with telling a complete story for that film than with churning out acceptable sequels until the next "Avengers" film. This is a good movie that could have been a great film.

Silver screen


Rating: 3 out of 5



Directed by Anthony and Joe Russo
Produced by Marvel Entertainment

Rated PG-13 for intense sequences of violence, gunplay and action throughout
Starring Chris Evans, Samuel L. Jackson, Scarlett Johansson, Robert Redford
Now showing at Victory Stadium 9, Carmike 10, Carmike Wynnson, Eisenhower Square 6, Royal Cinemas and IMAX, and GTC Pooler Stadium Cinemas

STILL SMOKIN'

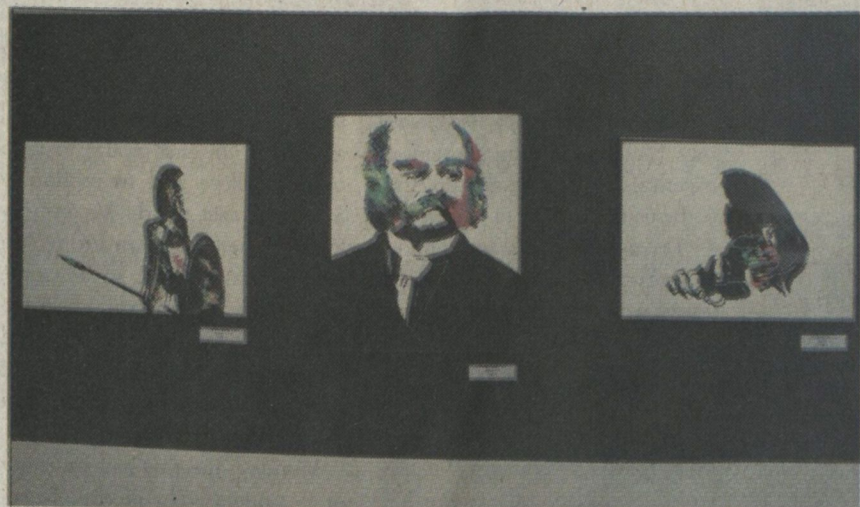


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'AT THIS RATE' FEATURES IMPRESSIVE VARIETY OF SENIOR WORK



Photos by Rachael Flora

By RACHAEL FLORA
ARTS.INKWELL@GMAIL.COM

There aren't many places in Savannah where one can find Bowie-inspired sequential art, giraffe sculptures and a giant ceramic bust under the same roof. Fortunately for lovers of the eclectic gallery show, Ashmore currently has all those pieces and more.

The third of four Armstrong capstone exhibitions, "At This Rate," hosted its reception at Ashmore Gallery on April 4. The five graduating seniors showing their work were Adam Uhlig, Jud Withers, Sarah Sexton, Morgan Zilm and George Papadopoulos.

Immediately upon entering the gallery, Uhlig's giant ceramic head was the first thing visitors saw. "Breakthrough" is a massive clay bust that took over 40 hours to make and was first revealed at last fall's Raku Pizza Night.

Around the sculpture, Uhlig included sketches of the work as well as a painting that compared the sculpture to a roaring lion, entitled "Unleashed."

"Unleashed" is based on the Bible verse Proverbs 28:1 that reads, "A wicked man flees when no one is pursuing him, but a righteous person is as bold as a lion."

"The top painting is about living boldly and living courageously," Uhlig said. "That's been a theme in my life, something that I've been learning that's really important."

As for the sculpture, "it's about breaking through issues and barriers that people struggle with in life," Uhlig said.

Another impressive piece from the show was "Mobaar the World Eater," a seven-pane sequential art piece by Withers with both acrylic and watercolor.

"This was a dream that I had about a year ago," Withers said. "I woke up at 3 a.m., I'd been

listening to a lot of David Bowie and reading a lot of C.S. Lewis."

Withers immediately wrote down the story and then started to draw it out, saying, "It was a blast to make."

The art portrays a pink monster in space and Withers as an astronaut. Though many wondered at the symbolism of the piece, guessing themes from God's creation of the world to Norse mythology, Withers revealed that the true meaning is the loneliness of space.

Papadopoulos' digital prints imitated a pop-art style with the black graphics and bright splashes of color. His piece "Mutton Chops" especially seemed to attract a lot of attention.

Inspired by a 2012 trip to South Africa, Zilm painted in watercolor and acrylic the faces of the children she met there. She also displayed mementos from her trip on a table beneath

her art.

Sexton stuck to a natural theme for her collection, showing several ceramic plates with tree designs as well as a large ceramic giraffe that only took two-and-a-half weeks to make.

"I've always been inspired by nature," Sexton said. "As a kid I spent all my time outdoors, so that probably reflects through my work."

Sexton's focus is ceramics, and she brought mostly ceramic pieces to the show. "I like having my hands on the work and really crafting the piece," Sexton said. "That's my joy, just getting into it."

This exhibition shows a wide range of talent and should not be missed. The pieces will remain at Ashmore Gallery until April 11. The final Armstrong senior show, "Chronic Hyperreality," will host its reception at Ashmore April 18.

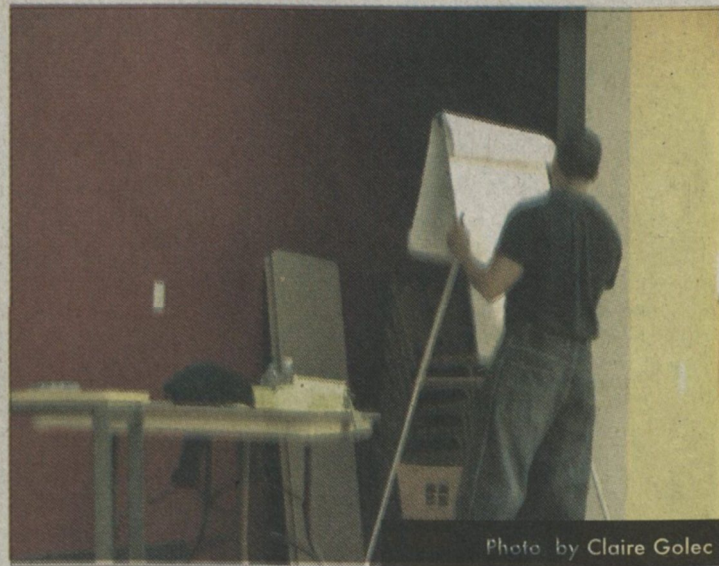


Photo by Claire Golec

'You the Man' sheds light on dating abuse

By CLAIRE GOLEC

The Rape Crisis Center of Savannah reports that only 32 percent of college students report violence by a dating partner, and approximately 90 percent of the victims know their attacker. Dating abuse isn't simply about your partner's annoying habits; it's the physical, sexual, emotional and/or verbal abuse.

The reality is that dating violence is a crucial topic that continues to be wrongly silenced. On April 2, Armstrong's CUB replaced the silence with action when it held "You the Man."

"You the Man" is a one-man show which portrays five different characters tackling abusive scenarios. The event was held in honor of Sexual Assault Awareness Month (SAMM) and incorporated a play and panel. The panel included Helen Schandolph, Armstrong counselor, and Kesha Gibson, Executive Director of the Rape Crisis Center in Savannah.

According to Gibson, dating abuse may range from verbal insults to rape. These abusive behaviors are all too common, especially on college campuses. Your sister, friend or even brother may have been a victim of one of these violent and wrongful acts. Gibson believes that we need to create a more proactive society in order to

heighten the awareness.

"What you have to do at Armstrong State University is you have to create a culture where by it is known we stand up, we stand out, and we speak out against sexual assault," Gibson said.

According to Gibson, dating abuse patterns include depression, behavior variations, unexplainable bruises and increased isolation.

Taking action and intervening within someone else's relationship can be complicated and even dangerous. Gibson advises concerned bystanders to discuss the issue with a trained counselor, talk to the victim's parents or acknowledge your concern to the victim. Schandolph says that support is vital in situations like these.

"Sometimes just giving them permission to accept that they're not OK. Sometimes they need the legitimacy of a friend recognizing that they're acting differently because sometimes they don't even know it," Schandolph said.

Granted, taking action is easier than it sounds. Sometimes when put in situations beyond our control, we can react differently, but Gibson says that it's important to remember that it's never the fault of the victim.

"Only second to murder, [rape is] a horrific experience for an individual and you live with it for your entire life...Rape is never the fault of the victim, rape is a fault of the rapist. What a woman wears or not wears or what a woman drinks or how much is never her fault. That's the bottom line," Gibson said.

The play was held in Ogeechee Theatre with about 15 guests in attendance, both fellow Armstrong students and staff. The event was organized by Interim Assistant Director for Student Life Kara Simmons and was co-hosted by the College of Health Professions.

For Brittney Pegram, sophomore mathematics major, this event was an educational experience.

"I learned that there's many different types of assaults. There's not just bruising, but there is verbal assaults and there's many different ways people deal with it," Pegram said.

If you or someone you know is a victim of dating abuse, sexual assault and/or rape, you can contact the Rape Crisis Center at (912) 233-7273 or at rccsav.org. The Armstrong Counseling Center is completely confidential. Their number is (912) 344-2529.

The Rape Crisis Center will hold Take Back the Night, an event that campaigns against sexual violence, at Forsyth Park on April 16.

U Style

By RACHAEL FLORA



JAY-CE HEISIG

Freshman, Health Science major

WHAT'S YOUR STYLE INSPIRATION?

I really enjoy high fashion such as you see in GQ.

MOST PROMINENT COLOR IN YOUR WARDROBE?

Red is my favorite color, but I like it mostly as an accent with black.

FAVORITE TREND?

Classy clothes in general.

TREND YOU WISH WOULD DIE?

I kind of wish the Aeropostale trend would die off. Also clothes that don't fit properly.

FAVORITE PLACE TO SHOP?

Banana Republic, Express, Diesel, Brooks Brothers, Ralph Lauren, even if I can't afford it.

My one reason?
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GRIFOLS

Pride for Doctors. Passion for Patients.

New club opens doors to all

By EMMI FRANKUM
STAFF WRITER

Armstrong officially recognized the Student African American Sisterhood as an active club on April 6, the first of its kind in Georgia.

The national CEO and founder of the Sisterhood, Khalilah Shabazz, visited Armstrong over the weekend to offer a training seminar and bond with the new members.

In their first meeting on April 7, the ladies recognized Shabazz in their "Shero" moment. Shabazz founded SAAS at her alma mater, Indiana University-Purdue University Indianapolis, in 2005.

Shabazz felt that support for African American female students was lacking on campus. After working with several other female groups on and off her campus, Shabazz decided to create an organization of her own that would offer support for African American female students as well as guidance and advice on success strategies for making it through college.

Maxine Bryant is the faculty advisor for this new SAAS chapter. She is overjoyed to be a part of this organization.

"The potential impact for me, personally as an African American professor, as well as for this group of girls that are starting [this chapter of SAAS] will be long lasting; it is going to be felt for many, many years," she said.

Like Shabazz, Bryant feels as though SAAS is an incredibly valuable resource for students,

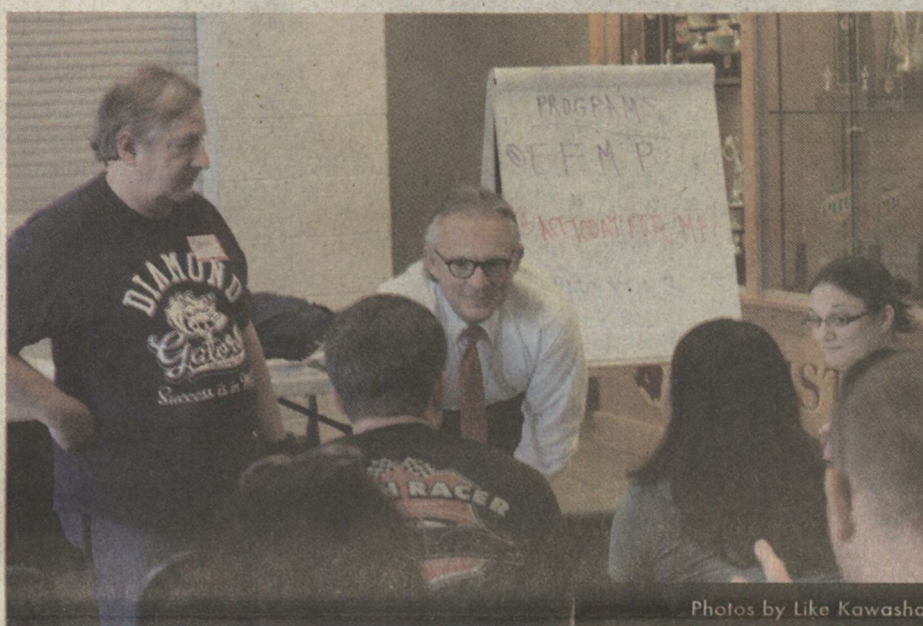
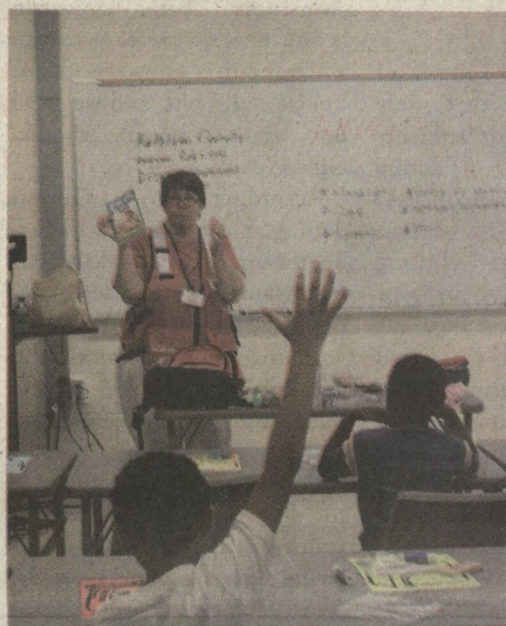
especially here at Armstrong.

"Studies have shown that without some type of support, many times [African American female students] are one of the first groups to drop out of college and we're hoping to change that trend. We are very focused here at Armstrong on retention in general, so any time we can take any group and begin to work on providing what is needed to improve and increase the rate of retention, we are doing a wonderful thing," Bryant said.

Monday's meeting had a turnout of 49 students. The meeting began with all 49 voices proudly reciting the SAAS motto in unison. Kimaya Walker, a freshman nursing major and secretary of the Armstrong SAAS chapter, gave a presentation defining what it means to be a member. She deemed respecting, understanding, communicating, accepting one another and uniting as a family of sisters to be the primary goal all members should strive to achieve.

"We are a sisterhood of distinction and we will rise," Walker concluded.

Their next meeting will be held at 4 p.m. on April 21 in room 110 of Solms Hall. If you were unable to attend the first meeting, be sure to complete Director of Multicultural Affairs and faculty advisor of SAAS Nashia Whittenburg's homework assignment: "In the spirit of sisterhood, give just one woman that you see and don't know a compliment; you never know how much it may mean to her."



Top, Dr. Will Lynch, department head of chemistry, teaches a lesson on temperature by demonstrating the use of dry ice. Bottom left, Kathleen Connolly of the American Red Cross teaches children about disaster preparedness. Bottom right, Dr. Robert Loyd gives a lecture on autism awareness.

Food

FROM PAGE 3

most challenging change has been the requirement to offer both a fruit and vegetable — previously it was one or the other — and make students take at least one of them in order to receive federal reimbursement for the meal.

The extra produce costs school districts \$5.4 million a day, with \$3.8 million of that being tossed in the trash, according to national estimates based on a 2013 study of 15 Utah schools by researchers with Cornell University and Brigham Young University.

Other studies also have found significant waste, including 40 percent of all the lunches served in four Boston schools. In L.A. Unified, a forthcoming study of four middle schools has confirmed substantial waste and "significant student aversion to even selecting a fruit or vegetable serving," according to McCarthy, who co-wrote it. He declined to provide further details until the study is published.

Yet federal rules bar schools from allowing people to take the uneaten food off campus. The school board voted to allow nonprofits to pick up extra food under the federal Good Samaritan food law that allows such actions to aid people in need. But Binkle said that not enough schools participate to solve the massive waste problem.

Teachers and parents have also complained about widespread waste in the Breakfast in the Classroom program, which requires L.A. Unified students to take all three items offered.

Nationally, the cost of wasted food overall — including milk,

meats and grains — is estimated at more than \$1 billion annually. A U.S. General Accounting Office survey released in January found that 48 of 50 states reported that food waste and higher costs have been their top challenges in rolling out the 2012 rules.

The widespread concerns have prompted the School Nutrition Association, representing 55,000 school food providers, to launch lobbying efforts to revise the child nutrition law, which is up for reauthorization next year.

Among other things, the group wants to remove the requirement forcing students to take a fruit or vegetable, suspend rules requiring lower sodium and drop a planned shift from half to full whole grain in food products beginning in July.

"We're not opposed to healthy changes," said Julia Bauscher, the group's president-elect. "We just want changes that don't unnecessarily increase cost and force students to take foods they have no intention of eating."

Other nutrition experts are pushing back. Juliana Cohen, a Harvard University nutrition research fellow, said the rules have helped children eat more nutritious food — particularly important, she said, for urban, low-income students who get up to half their daily calories from school meals. She co-wrote a study, published this month, that found that students observed over two days in four Boston schools ate more fruits and vegetables after the new rules took effect — although they still threw away much of them.

The solution to waste, Cohen and others say, isn't to

roll back the rules but to find other ways to prod children to eat their vegetables. Working with professional chefs to make meals tastier, planting school gardens and scheduling recess before lunch are all proven ways to do so, Cohen and McCarthy say.

The Utah study found that rewards such as raffle tickets and small amounts of money got students to eat more produce with far less waste than mandatory servings. Joseph Price, a Brigham Young assistant economics professor and study co-writer, said smoothies and redesigned cafeterias have also been effective.

L.A. Unified, regarded as a national leader in making school food more healthful, has taken many of these steps. Celebrity chefs, such as Jamie Oliver, have helped develop menus. More than 270 schools offer "harvest of the month" lessons about produce, and 450 schools have started campus gardens.

Still the food piles up in school trash cans.

Back at Washington Prep, a few students said they ate their entire lunches. Daniel Ofa, a hulking sophomore, said he doesn't really enjoy the spaghetti or enchiladas but downs them anyway.

"Since we're football players, we eat all of it, bad or good," he said.

Several students poked at their food. The potato wedges seemed the biggest hit, while the apricots were a bust. At one table, A'lea Rende, a senior, pulled a hair from her turkey burger, eliciting loud "ewwwwwws" from her friends.

"If the food was good food, we'd have no problems," A'lea said. She dumped her food, then headed off to the school store for a Pop-Tart.



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