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The Road to Self-Improvement; A Mother and Son story

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#1353--The Road to Self-Improvement; A Mother and Son Story: Outline Handout

November 28th 2017, 3:15PM-4:30PM...Breakout #4 GAPBS Infinite Energy Center, Room 4A

Beginning Notes:

1. Eren Niederhoffer: Autistic Advocate, Public speaker, Networker.
Dorian Denburg: Mother, Lawyer, Leader.
2. Check Youtube Channel and LinkedIn Profile under Eren Niederhoffer for free bonus material
3. Email address for contacting me for missed questions after the Panel: erenkn715@gmail.com
4. Final Note: You are allowed, and I encourage, for you to reach out to me afterwards for questions that did not come to your mind during this panel my mother and I are holding.

Presentation Abstract

Eren Niederhoffer and his Mother Dorian Denburg will discuss:

- Eren's story of his pursuit of self-improvement as a man on the Autism Spectrum
- The lessons he learned along the way while struggling with autism
- What he has accomplished as a man with autism
- What families of children and young adults with and without autism in their family can stand to benefit through Eren and Dorian's story and advice.

Relevance

1. Positive Behavior Support is a form of improvement in behavior
2. Part of Eren's story will relate to how improvement was made in High School and College with regards to behavior itself.
3. Home-based behavior and development will be covered through Eren and Dorian's different perspectives.
4. Eren will personally cover his experiences on Community through the development of his social skills, critical thinking skills, and networks that he developed.

Learning Outcomes

1. Parents and siblings will gain strategies/ideas for how to help family with positive growth while still in the household
2. Physical development will be discussed regarding setting up a healthy lifestyle, and how the pursuit of physical fitness/nutritional fitness assists with positive behavior itself.
3. Emotional Development will be gained with processes of dealing with stressful situations and building mental/emotional maturity, as well as the opening of the mind to new interests that aid in positive development.
4. The Social Aspect of the Health Pyramid will cover social networking (live/offline), communication skills, and relationship advice when it comes to autism itself.