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# Georgia Southern University Expert Offers Tips on Going Green in 2009

DECEMBER 31, 2008



"Going green" in the New Year doesn't have to take a lot of time or a lot of money. Dr. Lissa Leege, who heads up Georgia Southern University's sustainability programs, offers five easy ways to help save the environment and save money.

1. As each incandescent bulb burns out in your house or office, replace it with a compact fluorescent bulb. CFLs use one-fifth the energy of incandescent and last 10 times longer, allowing you to save 670 pounds of carbon dioxide and \$55 over the life of a single 60-watt bulb equivalent.
2. Replace old shower heads in your home with new, lower-flow shower heads. By law, all shower heads are now required to release no more than 2.5 gallons of water per minute a significant savings over the older five-gallons-per-minute models.
3. Choose water from the tap over bottled water. Eight of 10 plastic water bottles end up in crowded landfills, and the oil required to make a year's supply of new bottles in the U.S. is enough to fuel 100,000 cars a year.
4. Bring your own bags to the grocery store. They are much sturdier than the film plastic bags and they'll never end up as litter in a river!
5. Give someone a nice travel mug to carry to Starbucks. That will save 10 cents a cup, but better yet it will save landfill space and trees by not trashing 365 cups a year.

## Georgia Southern University College of Education Dean

DECEMBER 31, 2008



**GEORGIA  
SOUTHERN  
UNIVERSITY**

Lucindia Chance, Ed.D, dean of the College of Education at Georgia Southern University, has been named a Fulbright Specialist by the J. William Fulbright Foreign Scholarship Board, the Bureau of Education and Cultural Affairs of the Department of State and the Council for International Exchange of Scholars.

The Fulbright Specialists Program provides short-term academic opportunities (two to six weeks) for U.S.-based University faculty and professionals. To be selected, a candidate must first apply

and are then selected after a comprehensive peer review of the application and qualifications.

The goal of the Fulbright Specialist program is to increase the participation of U.S. scholars and professionals through academic exchanges. Each of the selected Specialists will not only participate in traditional lecture and research activities, but will also promote increased connections between U.S. and non-U.S. post-secondary academic institutions.

Chance will now be added to the Fulbright Roster and will have the opportunity to be matched with requests from overseas academic institutions. She will remain on the Fulbright Roster for up to five years.

To be eligible to apply, candidates are required to have a Ph.D. or equivalent professional/terminal degree at the time of application plus a minimum of five years of post-doctoral teaching or professional experience in the field in which they are applying.

Chance, who has 40 years of experience in education, has served as dean of the College of Education at Georgia Southern University since July 2001. She has also served as professor and dean of the College of Education at The University of Louisiana at Lafayette. She began her education career as a classroom teacher in Milan, Tenn., later becoming a principal. Her higher education career began at the University of Memphis in 1989.

Chance earned a Doctor of Education in Curriculum and Instruction from Memphis State University. She also earned a Master of Science degree in Curriculum and Instruction from The University of Tennessee, Martin, and a Bachelor of Science degree in Elementary Education from Lambuth College.

Chance currently serves on the editorial board and as a referee of Widening Participation and Lifelong Learning, Staffordshire University, England. She is also a member of PDK Phi Delta Kappa (Northwest Tennessee Chapter, Jackson Chapter, Louisiana Chapter and the Georgia Chapter) and the National Education Association.

Georgia Southern University, a Carnegie Doctoral/Research University, offers more than 110 degree programs serving nearly 18,000 students. Through eight colleges, the University offers bachelor's, master's and doctoral degree programs built on more than a century of academic achievement. The University, one of Georgia's largest, is a top choice of Georgia's HOPE scholars and is recognized for its student-centered approach to education. Visit: [www.georgiasouthern.edu](http://www.georgiasouthern.edu).