The stigma: let’s talk about mental health awareness

The Armstrong Network

Private screening of the documentary “STIGMA”

Network of Black Alumni invites students to first social event

End the stigma: let’s talk about mental health awareness

The Armstrong Network of Black Alumni (NoBA) is holding its first social event Saturday, Oct. 1, at 7 p.m. in the Student Union Ballroom.

The NoBA was established this past July with the goal of promoting and furthering the educational and professional development of existing and future black alumni.

The event’s main purpose is to get people acquainted with the NoBA and each other.

Snacks, prizes and information on upcoming events and how to get involved will be provided. Although the film is on providing services and help for black alumni—past and future—all Pirates are welcome to join and support the group.

“The NoBA has a bright future ahead of them and is looking forward to RSO collaborations, serving Armstrong and other communities and, most importantly, providing all black students—American or not—with the tools and resources they would need to become the best that they can be,” LaToya Young, co-founder and president of the NoBA, said.

Young stressed the idea that past black alumni have made it possible for the NoBA to form. It has been the black alumni who have provided assistance and boldness that opened doors for many,” she explained. Past students will be celebrated within the NoBA.

If you are interested in volunteering at the social event or becoming a member, contact armstrongnoba@gmail.com. Join the Facebook page: Armstrong Network of Black Alumni.

End the stigma: let’s talk about mental health awareness

The Armstrong Network of Black Alumni (NoBA) is an active Minds chapter that promotes mental health awareness by educating students on different symptoms of each mental health disorder or illness, and help if they need it.”

At the social event, five friendly faces were stationed in the Learning Commons from 10 a.m. to 12 p.m., five friendly faces were happy greeting students and offering a distraction from their busy schedules.

“Petting an animal is scientifically proven to reduce stress. If we can bring therapy dogs to students during a time like midterms, we can provide a therapeutic outlet,”” Young said. The Armstrong Network of Black Alumni.

While this is Smith’s first time participating in the Learning Commons and Lane Library’s Dog Day, she has been involved in various dog days on other campuses. “It’s fun to bring dogs to the library,” Smith added. Students were thrilled as they pet and cuddled each dog, especially one student. “Do you see this ugly little dog?” she asked through tears as she held the small pug puppy, Coco Chanel. “…this dog is my best friend!”

While volunteers from the Therapy Dogs International were available to answer pressing questions involving dog assistance, each leashed dog, volunteer San- dyle Taylor also explained the significance of certified ther- apy dogs: “Each dog goes through extensive training to make sure they have the right temperament to do this work.”

Senior biology major Emily Flengos spent most of her time petting Lucy, the 9 year old golden lab. “Her presence is very relaxing and thera- peutic,” Flengos said. “She is sending me good vibes.”

Dog Day will be happening again next semester in case any students were unable to attend.

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Pirate Volleyball Goes 2-0 During Opening Weekend at Home

The Lady Pirates scored a season-high 14 aces. While sophomore Raegan Grooms added nine. The nonconference victories came from service aces; the table stat of the night, though, was two blocks for junior Alex Ashby and four blocks for freshman Asa Thorsen. Just a minute and a half later, freshman Ashley Lewis took advantage of a loose ball to put seven goals on the board for the Pirates.

During the second half, a penalty for the Pirates came in the 66th minute. Junior Jenny Allen scored her second goal of the night and the Pirates came in the 19th minute at the 19th minute thanks to a lofted cross from junior Michelle Allen to push the score to 4-0.

The Lady Pirates dominated against the Young Harris Harrison Lions. The draw swapped the Pirates’ five-game streak and put their record at 11-4 in the Peach Belt conference and 12-1 overall.

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The Dangers of Censorship on College Campuses

Emily Smith
Freshman, Business Economics

It was recently reported by USA Today that over 90 universities have comprehensive plans in place to prevent or mitigate gun-related violence on campus. These plans are based on the belief that limiting the availability of firearms on campus would reduce the number of gun-related incidents.

While this may seem like a logical solution, I believe it would be a mistake to take this approach. The First Amendment guarantees the right of citizens to bear arms, and this right is protected under the Fourteenth Amendment.

Furthermore, students and faculty are not the only ones who benefit from the right to bear arms. Law enforcement officers, military personnel, and other professionals who are directly involved in situations where firearms are necessary also benefit from the right to bear arms.

In conclusion, I believe that it would be a mistake to limit the right to bear arms on college campuses. The right to bear arms is a fundamental right that should be protected for all citizens, regardless of their occupation or affiliation.

Tucker Levi
Freshman, Biology

It is not just gun rights that are under attack on college campuses. The First Amendment is being violated as well. The use of censorship to suppress speech and ideas is a violation of the First Amendment.

Censorship on college campuses is a growing problem. The use of trigger warnings and safe spaces to prevent students from being exposed to ideas that they may find offensive is a form of censorship. These practices are a violation of the First Amendment, which guarantees the right of citizens to freedom of speech and expression.

In conclusion, I believe that censorship on college campuses is a violation of the First Amendment. It is important that we protect the right of citizens to freedom of speech and expression, and that we do not allow censorship to be used to suppress ideas and opinions that we may find offensive.
The Lucas Theatre Celebrates 95 years in Savannah

The Lucas Theatre celebrated its 95th birthday this past Saturday and Sunday, local Savannah non-profit Art Rise held an exhibition called “Lucas Turns 95.” The event was featured at several different venues throughout the city.

Art Rise Savannah explores Art in the Twenty-First Century

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Guild Con offers gamer fun trifecta

The third annual Guild Con at the Guild Hall, Jolly Goblin Games, and the Chromatic Dragon was largely a success and as they packed out of lanyards and badges, they are already waiting for next year’s event. Game over.

This Thursday at 7 p.m., Trustees Theater to screen Akira Kurosawa’s “Seven Samurai”

This Thursday night, Akira Kurosawa’s “Seven Samurai” will be shown as part of Trustees Theater’s fall film series. The film is not rated, but contain violence. The film is not rated, but contains violence. Tickets can be purchased at www.savannahboxoffice.com. The film is not rated, but contains violence.

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A student wields a sword during a demonstration at Jolly Goblin Games. 9/24/17, Lila Miller.

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THE INKWELL
September 29, 2016

Trustees Theater to screen Akira Kurosawa’s “Seven Samurai”

SCAD Audience members are encouraged to stay after the film for the Q&A and ask any questions they have about the film at this time.

“Seven Samurai” will be the first in SCAD Cinema Circle’s new year long film series. The theme that SCAD Cinema Circle has chosen for this year’s showings is “Originals.” Over the course of the next year, SCAD Cinema Circle will be showing the original versions of films that have been or are being remade. This includes films such as “Sioupira,” Jean Cocteau’s “Beauty and the Beast,” “The Magnificent Seven,” and many more.

“Seven Samurai” is an appropriate way to begin this new run of films, as it is not only considered one of the greatest films of all time but also heavily influenced countless works of cinema. Such works include “The Magnificent Seven,” an American western re-telling of the original film, and the much less successful “Bat Beyond the Stars,” a science-fiction adaptation of the film. Other films like “The Dizzy Dozen,” “13 Assassins,” and more were heavily influenced by “Seven Samurai” as they follow a similar storyline.

In fact, Akira Kurosawa’s entire collection of works has been a critical inspiration for modern cinema. Films like “The Hidden Fortress” would later inspire director, George Lucas in the creation of “Star Wars” and Sergio Leone’s “A Fistful of Dollars” found itself in legal trouble after the studio failed to acquire the rights to remake Kurosawa’s “Yojimbo” but made the films anyway. This makes “Seven Samurai,” or any of Akira Kurosawa’s works, a must see film for movie buffs.

“Magnificent Seven,” the western remake of “Seven Samurai,” will also be shown at the Trustees on Oct. 7. “The Magnificent Seven” itself was remade and released earlier this month, making it an interesting film to show for this year’s theme. SCAD Cinema Circle is showing “The Magnificent Seven” a week after “Seven Samurai” to help audience members understand the process behind how films became blockbusters.

Tickets to “Seven Samura-ri” and “The Magnificent Seven” will cost $8 or $5 if you are a student, senior, or member of the military. Tickets can be purchased at the box office outside of the Trustees, or can be found at www.savannahboxoffice.com. The film is not rated, but contains violence.
I had to make a conscious decision to reevaluate my life, said Jillson. “When I reevaluated my life, I started to become happy.” But I still see a lot of friends struggling with PTSD.

### Forensic Devices

### Digital Forensics

Taylor explained that the CFD deals with a lot of technology, they are also involved in crime, from payroll fraud to murder, or even child pornography. “99 percent of crime has a digital element,” said Taylor. “People love to take pictures of themselves doing crimes. It’s awe inspiring.”

### The Forensic Recovery of Evidence Device

### Nickname: "Send Silence Packing"

Silence Packing has visited over 100 cities. Since 2008, Send Silence Packing has visited over 100 cities. Jillson hopes that Active Minds will be well established enough to continue after she graduates in May 2017. One project she is working towards bringing to Armstrong is called Send Silence Packing. A visual display of 1100 backpacks spread out on a campus that represents the 1100 college students who commit suicide each year. Since 2008, Send Silence Packing has visited over 100 cities. Jillson explains, “We can focus on the biggest problem right now,” Willcox said, addressing the recent statistics showing the disconnect between police officers and the national community. Willcox said about the CFD. “The department also participates in off-campus community outreach programs. By using their mobile lap, a number of laptops loaded with cyber forensic technology, the department connects with high-school and middle-school students by teaching them cyber forensic techniques.”

### Law Enforcement

Law enforcement has a problem right now, said Willcox, addressing the recent disconnect between police officers and the national community. Willcox said, addressing the recent disconnect between police officers and the national community. Willcox said about the CFD. “The department also participates in off-campus community outreach programs. By using their mobile lap, a number of laptops loaded with cyber forensic technology, the department connects with high-school and middle-school students by teaching them cyber forensic techniques.”

### 21st Century Policing

He will be joined by Chatham County District Attorney Meg Heap, Savannah-Chatham Metropolitan Police Chief Joseph Lumpkin and Chatham County Sheriff John Wilcher. Willcox’s forward thinking pursuit of a Master’s of Public Health after receiving a B.S. in Health Science from Armstrong in 2015. In the future, she hopes to study disease prevalence among animals in western state parks but is a strong advocate for mental health awareness in college students.

### Active Minds’ First Meeting

Active Minds’ first meeting will be on the panel for the Sept. 27 Campus Conversation: 21st Century Policing. Jillson hopes that Active Minds will be well established enough to continue after she graduates in May 2017. One project she is working towards bringing to Armstrong is called Send Silence Packing. A visual display of 1100 backpacks spread out on a campus that represents the 1100 college students who commit suicide each year. Since 2008, Send Silence Packing has visited over 100 cities. Jillson hopes that Active Minds will be well established enough to continue after she graduates in May 2017. One project she is working towards bringing to Armstrong is called Send Silence Packing.

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