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National Cross-Cultural Counseling and
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Feb 7th, 1:00 PM - 2:15 PM

“You Good?: Promoting Resiliency through Mentorship for LGB People-of-Color”

Corey M. Fitzgerald

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Corey Martin Fitzgerald

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Education

Master of Education in Counseling

Spring 2018

Louisiana State University (LSU), Baton Rouge, LA
Concentration: Clinical Mental Health Counseling
G.P.A. 3.97

Bachelor of Arts in Sociology

Spring 2015

Louisiana Tech University (LA Tech), Ruston, LA
Additional coursework in Gender Studies and Music

Related Work History

Psychotherapist/Brief Treatment Specialist, Brown University C.A.P.S.

Fall 2019-Current

- Provide brief solution-focused individual therapy for same day and walk-in appointments
- Maintain a longer-term treatment caseload of 5-10 students per semester
- Co-oversee all crisis interventions, hospitalizations, and crisis policies for CAPS
- Lead campus outreach events to bolster student mental health engagement
- Provide group counseling to all interested full-time enrolled students
- Collaborate with various departments/campus partners to ensure the holistic success of the students
- Engage in weekly treatment team meetings for case consultation and reinforcement of best practices
- Serve as a CAPS Liaison to various campus departments and student organizations
- Engage in longitudinal research on the current treatment model utilized by CAPS

Staff Counselor, Mississippi State University Student Counseling Service

Fall 2018-Fall 2019

- Provided individual counseling sessions using evidence-based best practices
- Maintained a case load of 25-30 clients, seeing most every other week or as needed
- Led a Mindfulness Meditation group and a First-Generation College Student process group
- Provided a weekly counselor-on-duty rotation, rendering consultation and crisis services
- Maintained a week-long after hours on-call schedule for crisis support and student intervention
- Administered mental health presentations to campus organizations and educational departments
- Engaged in monthly psychology department presentations to bolster campus partnerships

Counseling Intern, LSU Mental Health Clinic

Fall 2017-May 2018

- Performed brief individual evidenced-based psychotherapy to LSU students
- Co-led weekly mindfulness meditation group of referred LSU students
- Maintained clinical notes on all clients to monitor progress
- Developed and administered clinical presentations to colleagues and senior staff
- Created case conceptualizations to inform treatment objectives and theoretical approach
- Oversaw urgent care/walk-in clients and assessed for appropriate treatment plan
- Participated in weekly trainings on the history of psychology
- Collaborated with campus partners in an effort to provide holistic care

Career Decision Making Intern, LSU Olinde Career Center **Spring 2018-May 2018**

- Interpreted assessments such as the Strong Interest Inventory and Meyers-Briggs Type Indicator
- Provided career decision making counseling to students exploring various career paths
- Delivered presentations on career assessments to perspective students and student organizations
- Assisted in execution of career fairs and networking programs for more than 3,000 students
- Facilitated sessions on career readiness, utilizing OCC handouts and online databases

Academic Coaching Graduate Assistant, LSU Center for Academic Success **Fall 2015-Fall 2017**

- Educated students on how to better their study habits in one-on-one sessions
- Performed career decision making counseling to students exploring various career paths
- Created and delivered presentations to classes and groups of up to 500 students

Campus Involvement

Brown University

Queer & Trans People of Color Group Spring 2020

Mississippi State University

Housing & Residential Life Search Committee Spring 2019
Spirit of State Awards Committee Spring 2019
Maroon Table Talk Committee Spring 2019
Student Counseling Service Assessment Committee, Chair Spring 2019
Student Affairs Staff Retention Focus Group Spring 2019
Campus Organization Liaison for THRIVE Fall 2018
Homecoming Court Selection Committee Fall 2018

Professional Development

Recent Conferences Attended

Legal Issues in Higher Education Conference, Starkville MS Spring 2019
American Counseling Association's Annual Conference, New Orleans LA Spring 2019
MSU's Collegiate Leadership Conference, Starkville MS Spring 2019
MSU's Diversity Conference, Starkville MS Fall 2018

Recent Trainings Received

Title IX/Sexual Assault Training Fall 2019
PHI/Confidentiality for UCC Training Fall 2019
Dialectical Behavior Therapy Training (Part 1) Spring 2019
First Generation Advocate Training Spring 2019
MSU Student Support Services Autism Training Spring 2019
Green Zone: Student Veteran Advocacy Training Spring 2019
Safe Zone: LGBTQ Ally Training Fall 2018
Safe Zone: Trans Inclusivity Training Fall 2018
Safe Zone: General LGBTQ Education Training Fall 2018
Teen Health MS- LGBTQ 102: A Deeper Dive Training Fall 2018
Teen Health MS- LGBTQ 101: Get the Basics Training Fall 2018
Providing Effective Mentorship, Maroon Volunteer Center Fall 2018

Campus Presentations/Workshops Given

- Fitzgerald, C.M.** (2019, 14 May). *Minimize Daily Stress through Mindful Relaxation and Meditation*. Upcoming presentation for the 2019 Mississippi State University Staff Development Week, Starkville MS
- Fitzgerald, C. M.** (2019, 21 March). *DBT, an Overview*. Presented for the trainees of Mississippi State University's Student Counseling Service, Starkville MS
- Fitzgerald, C. M.** (2019, 13 February). *Crash Course on Mindfulness Meditation*. Presented for the Theta Tau Fraternity of Mississippi State University, Starkville, MS
- Donald, L., **Fitzgerald, C. M.**, (2019, 8 February). *Healthy Relationships 101*. Presented for Griffis Residential Hall of Mississippi State University, Starkville MS.
- Fitzgerald, C. M.**, Stafford, T. (2018, 15 August). *SCS Resources & Tips for Student Advocacy*. Presented to the Resident Advisor Advocates of Mississippi State University, Starkville MS
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Accepted Conference Presentations

- Fitzgerald, C. M.**, & Holey, M.D. (2019, 2 March). *Viewing Leadership & Communication through a Kaleidoscope*. Presented for the 2019 Mississippi State University Collegiate Leadership Conference, Starkville MS
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Professional Organizations

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|----------------------------------|--------------|
| American Counseling Association | 2015-Current |
| Louisiana Counseling Association | 2015-2018 |
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Professional Licenses Held

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| National Certified Counselor | 2018-Current |
| Provisional-Licensed Professional Counselor #P-0225 (MS) | 2018-2019 |
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Community Engagement

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| The Providence Singers, member, Tenor I | Fall 2019-Present |
| Mentor to a junior Psychology student at MSU | Fall 2018-Present |
| Vocal performance student of Dr. Ryan Landis | Fall 2018-Spring 2019 |
| LGBTQ+ Mentorship Program, mentor | Fall 2018-Spring 2019 |
| Starkville Community Theatre, actor/cast member | Spring 2019 |