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Georgia Southern University

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Dr. Kelly Sullivan, assistant professor of epidemiology at the Jiann-Ping Hsu College of Public Health Georgia Southern University released a preliminary study that will be presented at the American Academy of Neurology's 69th Annual Meeting in Boston, April 22 to 28, 17, demonstrating that women's sleep, unlike men, is affected by having children in the house.

"Getting enough sleep is a key component of overall health and can impact the heart, mind and weight," said Sullivan, "It's important to learn what is keeping people from getting the rest they need so we can help them work toward better health."

The study found that not only was living with children associated with how long younger women slept, but also how often they felt tired. Younger women with children reported feeling tired 14 days per month, on average, compared to 11 days for younger women without children in the household.

To read more about the study, please visit the American Academy of Neurology News Page. The story has also been mentioned by other prestigious outlets such as CBS, Fox, and MSN.
Georgia Southern Receives Grant to Survey Mosquito Control Capacity

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In response to the threat of the Zika virus and in an effort to prepare for other mosquito-borne diseases, the Georgia Department of Public Health (DPH) seeks to have a thorough understanding of the capacity of communities to provide mosquito control services and respond to locally acquired cases. Georgia DPH awarded Georgia Southern University Research and Service Foundation, Inc. a $40,000 grant to survey mosquito control capacity for city and county governments within the State of Georgia. Under supervision of Dr. Christopher Rustin, Assistant Professor of Environmental Health Sciences, researchers and students in the Jian-Ping Hsu College of Public Health will assess and categorize the capabilities of each government entity across the State. This information will be used by the Georgia DPH to assess resource allocation needs and better plan and respond to potential mosquito-borne disease threats.