MISS LYNN BENSON

S.G.A. Officers Speak Out

The Student Government Association welcomes all freshmen to Armstrong State College. The Association serves several purposes: to focus student opinions; to collect and classify related facts; to act as a platform for open discussions. The Student Government Association welcomes all acknowledged to be appropriate faculty committee in the least, to cooperate with the related facts; to act as a platform for open discussions. There is a definite need for such a person on college campuses, since the drop-out-rate is growing by leaps and bounds. Some students find it difficult to accept the thought that they are being trained in the bootcamp of suburbia to go out and wage war of materialism. Some rebel against the constant pressures exerted by the process of becoming a doctor, a lawyer, or a candlestickmaker.

Armstrong had the foresight to add to its staff of educators, a counselor, Miss Lynn Benson. Miss Benson graduated from the University of Georgia with a BA in psychology, and a masters in Education in counseling. She worked as a psychometrist, and later, as a counselor, at Macon Junior College, where she also taught Introductory Psychology.

The counseling service emphasizes educational, vocational, and personal counseling. It is a program designed to help the student on an individual and confidential basis. The counselor provides a sympathetic ear for the student faced with a personal dilemma.

A student who has chosen a career in finding a position that will offer both personal satisfaction and a chance for advancement and growth in his work. Also available through the counselor, are materials concerning occupations, colleges, universities and professional schools.

A student may make an appointment or may come by Miss Benson's office in the Administration Building from 8:15 to 12 noon, and from 1 to 5 p.m.

MISS LYNN BENSON

One-Woman Crisis Center Supplies Aid For Up-tight Students

by Laurie Beecher

A college student is plagued with more problems than any other existing social enigma. Problems such as finance, grades, emotional upsets, and fatigue (mental and physical), are growing at a disproportionate rate with the haggard student. A relative newcomer to the scene is the counselor. The counselor is a person who attempts to put the student back together, and send him on his way to academic success. There is a definite need for such a person on college campuses, since the drop-out-rate is growing by leaps and bounds. Some students find it difficult to accept the thought that they are being trained in the bootcamp of suburbia to go out and wage war of materialism. Some rebel against the constant pressures exerted by the process of becoming a doctor, a lawyer, or a candlestickmaker.

Armstrong had the foresight to add to its staff of educators, a counselor, Miss Lynn Benson. Miss Benson graduated from the University of Georgia with a BA in psychology, and a masters in Education in counseling. She worked as a psychometrist, and later, as a counselor, at Macon Junior College, where she also taught Introductory Psychology.

The counseling service emphasizes educational, vocational, and personal counseling. It is a program designed to help the student on an individual and confidential basis. The counselor provides a sympathetic ear for the student faced with a personal dilemma.

A student who has chosen a career in finding a position that will offer both personal satisfaction and a chance for advancement and growth in his work. Also available through the counselor, are materials concerning occupations, colleges, universities and professional schools.

A student may make an appointment or may come by Miss Benson's office in the Administration Building from 8:15 to 12 noon, and from 1 to 5 p.m.

MISS LYNN BENSON

One-Woman Crisis Center Supplies Aid For Up-tight Students

by Laurie Beecher

A college student is plagued with more problems than any other existing social enigma. Problems such as finance, grades, emotional upsets, and fatigue (mental and physical), are growing at a disproportionate rate with the haggard student. A relative newcomer to the scene is the counselor. The counselor is a person who attempts to put the student back together, and send him on his way to academic success. There is a definite need for such a person on college campuses, since the drop-out-rate is growing by leaps and bounds. Some students find it difficult to accept the thought that they are being trained in the bootcamp of suburbia to go out and wage war of materialism. Some rebel against the constant pressures exerted by the process of becoming a doctor, a lawyer, or a candlestickmaker.

Armstrong had the foresight to add to its staff of educators, a counselor, Miss Lynn Benson. Miss Benson graduated from the University of Georgia with a BA in psychology, and a masters in Education in counseling. She worked as a psychometrist, and later, as a counselor, at Macon Junior College, where she also taught Introductory Psychology.

The counseling service emphasizes educational, vocational, and personal counseling. It is a program designed to help the student on an individual and confidential basis. The counselor provides a sympathetic ear for the student faced with a personal dilemma.

A student who has chosen a career in finding a position that will offer both personal satisfaction and a chance for advancement and growth in his work. Also available through the counselor, are materials concerning occupations, colleges, universities and professional schools.

A student may make an appointment or may come by Miss Benson's office in the Administration Building from 8:15 to 12 noon, and from 1 to 5 p.m.

MISS LYNN BENSON

One-Woman Crisis Center Supplies Aid For Up-tight Students

by Laurie Beecher

A college student is plagued with more problems than any other existing social enigma. Problems such as finance, grades, emotional upsets, and fatigue (mental and physical), are growing at a disproportionate rate with the haggard student. A relative newcomer to the scene is the counselor. The counselor is a person who attempts to put the student back together, and send him on his way to academic success. There is a definite need for such a person on college campuses, since the drop-out-rate is growing by leaps and bounds. Some students find it difficult to accept the thought that they are being trained in the bootcamp of suburbia to go out and wage war of materialism. Some rebel against the constant pressures exerted by the process of becoming a doctor, a lawyer, or a candlestickmaker.

Armstrong had the foresight to add to its staff of educators, a counselor, Miss Lynn Benson. Miss Benson graduated from the University of Georgia with a BA in psychology, and a masters in Education in counseling. She worked as a psychometrist, and later, as a counselor, at Macon Junior College, where she also taught Introductory Psychology.

The counseling service emphasizes educational, vocational, and personal counseling. It is a program designed to help the student on an individual and confidential basis. The counselor provides a sympathetic ear for the student faced with a personal dilemma.

A student who has chosen a career in finding a position that will offer both personal satisfaction and a chance for advancement and growth in his work. Also available through the counselor, are materials concerning occupations, colleges, universities and professional schools.

A student may make an appointment or may come by Miss Benson's office in the Administration Building from 8:15 to 12 noon, and from 1 to 5 p.m.
Cross Country Team Has Expanded Schedule
by Jim Miller

Besides the intramural jog and stay fit club, Armstrong State College has a cross country team open to all the men who ran in high school as well as to those who have not run in high school but enjoy the thrill of competing in sports on the college level.

Started two years ago, the team entered collegiate competition for the first time last year and finished 4th in the G.I.A.C. conference. However, this year the team will have an independent status which will allow for an expanded schedule with more competitive meets away as well as at home.

The team is coached by Dr. Cedric Stratton, a chemistry professor at Armstrong. Dr. Stratton who is a runner-coach develops each runner to his potential by using the modern track philosophy of proper diet, varied work-outs, and above all maintaining high morale and team spirit. Any freshman who is interested in trying out for the cross country team should contact either Dr. Stratton in the chemistry department or any of the coaches in the gymnasium.

Intramural Participation Grows Each Year
by Jim Miller

Amateur athletes will find plenty of ways to express themselves at Armstrong State College this year. Under the direction of Coach George Bedwell, the Student Intramural Council is sponsoring for both men and women flag football leagues, a badminton tournament, basketball leagues, a bowling tournament, a gymnastic club and a swimming and jogging club through the Winter Quarter.

In the Spring Quarter, competition will include the Armstrong "500" Bicycle race for women, softball, tennis, golf, swimming, volleyball, track, and table tennis.

The different clubs on campus may enter teams, or any group of independents may enter a team. At the end of the year a banquet is held to honor the winners and to award a trophy to the teams, both men and women, that built up the most points over the year.

Total student participation last year exceeded 700 students, and this year it is expected to be even more enthusiastically received.
Disadvantages

Armstrong State College, as presently operated, is a community college. There are very few students here from out of town, and fewer still from out of state. To the average student this carries the obvious advantages of living economy and having a ready-made circle of friends-neighbors. A high school buddy continuing his education at the same institution of higher learning. There are, too, some disadvantages, and they are so well submerged that many students go all through college, and never realize them. They end up carrying through life the stigma of having a low thinking and shallow culture, almost immaturity, that may be so easily avoided if recognized in time.

We are talking about the ex-high school student with the bright new rat cap, the tasseled loafer who is so eager to participate in campus life and go with religious fervor to his old high school ball games! Didn't we tell you—Armstrong has ball games, too.

We are talking about the ex-high school student who has been taught that and thus and so and so, until it runs out of the ears, and when he learns some new facts, he forgets that the facts may alter the picture to the point of totally different opinion. At college, maybe the very most important single principle you will learn could be that facts come first, then opinions. But this lesson will never be learned by the freshmen, especially the first year at college as a sort of thirteenth grade with ashtrays. We are talking about the ex-high school student who comes to college to enjoy a new social life. He is rushed by a series of fraternities with different aims and roles on the campus and winds up joining the one as his high school buddies are in! Such enterprise, such broadening of the horizon. We would like to point out those disadvantages now, so you can avoid them. We want you to look on college as it should be, a genuine chance to learn the hidden facts; to stay loose and uncommitted until all the data is in and to renew personal values as times change. We are not asking you to deny your old high school values, but merely pointing out that the college has values too, and some of them are different. After all, it is a seat of HIGHER LEARNING, and you are paying for it!

Stand Up - Be Counted

The campus is changing, and all freshmen are a part of that change. Armstrong State College is growing, and freshmen are the largest part of that growth. With the growth and change, there are decisions to be made, opinions to be voiced.

It is a fact that a college newspaper and annual provide a valuable service to the college community. The staff of the INKWELL can claim some satisfaction that it aired some important issues, and participated in a few weighty decisions.

What about the incoming "Class of '74"? Its attitudes and opinions surely will deserve to be known; its accomplishments may certainly be worthy of note as it passes through the drama of college years.

Are there any who dare to be a leader of campus opinion, a recorder of campus history? Are there any who are disciplined enough, talented enough, to be the spokesmen of the student body of Armstrong? The college annual, (the GEECHEE), and the college newspaper, the INKWELL, may be your battlefields; after all, the pen is mightier than the sword. Try it!

Editor
Jim Burch
Assistant Editor
Steve Langston
Business Manager
Joy Vosee
Copy Editor
Chris Cooper
Sports Editor
Jim Miller
Art Director
Ella Hiers
Contributing Editor
Charles Short

Staff
Jo Ann Lee
Martha Tyson
Joy Vosee
Louise Brown
Bill Butler

The Inkwell is written and edited by the students of Armstrong State College and does not represent the official policies or administration of the college, or of the University System of Georgia.
1. Administration Building
2. Victor Hall
3. Gamble Hall
4. Science Hall
5. Solms Hall
6. Jenkins Hall
7. Student Service
8. Memorial Student Center
9. Lane Library
10. Maintenance Building
11. Gymnasium & Pool
12. Student Parking Area