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The Importance of Trauma-Informed Practices in Schools

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Presentation Description:

This presentation will discuss the importance of implementing Trauma- Informed practices into the school setting. Childhood trauma and its impact on academic performance and behaviors will be addressed by; highlighting the effects that trauma can have on a child's cognitive functioning, ability to regulate their emotions, and maintaining interpersonal relationships. Participants will also have the opportunity to learn why childhood trauma is directly correlated to low academic performance. They will also learn how to share this information with parents. The main focus in this presentation is to provide an overview on how to implement trauma-informed practices into a school setting through the use of positive behavioral interventions and supports, to reduce the chance of re-traumatization of the child, and provide steps to developing a trauma-informed care plan that can be used by a school and shared with parents so they can use it in the home.

Short Description:

This presentation will focus on the correlation between childhood trauma and low school performance and the benefits of trauma informed-care, which is; an organizational structure and treatment framework that involves understanding, recognizing, and responding to the effects of all types of trauma. Come learn the steps needed to create a Trauma-Informed Care plan for your educational program.

Learning Outcomes:

- Working knowledge on trauma and trauma symptoms
- Increased understanding of how trauma may impact a child's behavior academic performance
- Identify characteristics of trauma informed practices in a school setting

Presentation Track:

K-12 (Middle)