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Department of Health Sciences and Kinesiology Partners with Tormenta FC

November 7, 2019

Since January, Georgia Southern University's Department of Health Sciences and Kinesiology has been partnering with Tormenta FC to conduct research on player performance.

Tormenta FC is a professional soccer club based in Statesboro, Georgia, that competes in both the USL League One and League Two.

Assistant Professor Greg Ryan, Ph.D., and Visiting Instructor Michelle Eisenman, along with exercise science graduate student Drew DeJohn, monitored player training load daily via GPS and HR tracking. "We worked with the Tormenta FC coaching staff to monitor signs of fatigue during the course of the season in an effort to avoid overuse injuries and maximize player performance," stated Ryan.

Real-time data was also provided to the coaching staff during games. "The information provided to the coaching staff during the games was used, in part, to make tactical changes during the game or leading up to the next game."

Additionally, players were provided the opportunity to do body composition testing, a test to determine how much of a person's body is and isn't fat. Once the testing was complete, the data was used to educate the players on how they are performing in relation to their competitive peers.

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[Faculty Publish Research](#)

November 7, 2019



Three faculty members from Georgia Southern University will have their manuscript, “The Epidemiology of Pedestrian Fatalities and Substance Use in Georgia, United States, 2007-2016” published in the journal *Accident Analysis and Prevention*. The research of McKinley Thomas, E.D., and TimMarie Williams, Ph.D., from the [Department of Health Sciences and Kinesiology](#), along with Jeffery Jones, Ph.D., from the Department of Health Policy and Community Health, explores the epidemiology of pedestrian fatalities over a 10-year period with an emphasis on reported substance use among cases.

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