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## Health & Kinesiology News

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# Sport and Exercise Psychology Program Hosts Southeast Regional AASP Conference

May 14, 2019

In March, Georgia Southern University's [Sport and Exercise Psychology graduate program](#) hosted the Southeast Regional Association for Applied Sport Psychology Conference. The conference is held to bring students, faculty, current professionals and others interested in sport psychology together to network, increase professional development opportunities, and share and discuss current research and applied techniques. Sponsored by a grant received from the Association for Applied Sport Psychology and support from the Waters College of Health Professions and Department of Health Sciences and Kinesiology, the two-day event provided sport and exercise psychology graduate students the opportunity to showcase their research and lead professional development sessions. The conference not only attracted alumni and undergraduate students from Georgia Southern, but also students and faculty from five universities across Georgia, North Carolina and Florida and included two keynote speakers, Amber Brooks, MA, CMPC, owner of Brooks Kerr Consulting, and John Miglarese, head coach of Tormenta FC, a professional soccer team in the ULS League One.



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