Melissa Stack (‘15), graduate student in the School of Health and Kinesiology, has been awarded a grant in the amount of $844.06 from the Graduate Student Professional Development Fund (GSPDF) at Georgia Southern University for her research, “The effect of chronic L-carnitine and carbohydrate supplementation on body composition, perceived exertion and athletic performance in female endurance athletes.”

Stack applied for the grant in fall of 2016 and was selected by the Graduate Student Organization based on merit and an essay regarding how this grant might help her in her discipline and field.

The GSPDF is a competitive funding opportunity that helps financially support graduate students with travel to program-related events and with thesis or dissertation-related research while enrolled at Georgia Southern. Stack’s grant
will be used for research to increase the understanding of carnitine and its role inside the body and to determine whether or not supplementation plays a role in enhancing athletic performance.

“Because of the generosity of the Graduate Student Organization and Georgia Southern University, the financial burden placed on me to pursue my research will be reduced,” said Stack. “I am sincerely honored to have been selected as the recipient of this award, and I am grateful for the opportunities it will provide me. Thank you, Georgia Southern, for making this funding available to graduate students.”

To learn more about the Graduate Student Organization, visit http://cogs.georgiasouthern.edu/gso/.