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Guest Speaker: Dr. Hillary McBride

March 2, 2022



Join the Waters College of Health Professions as they virtually welcome guest speaker, Dr. Hillary McBride, author of *The Wisdom of Your Body: Finding Healing, Wholeness, and Connection through Embodied Living*. Dr. McBride is a licensed therapist and award winning researcher who specializes in embodiment. She formerly cohosted *The Liturgists* podcast and hosts the *Other People's Problems* podcast.

Title of Presentation: *Understanding the Effects of Traumatic Stress: How to Help Those in Our Care and Our Classroom*

Date/Time: Tuesday, April 5, 2022 at 4 p.m.

Registration: Register in advance at <https://georgiasouthern.zoom.us/meeting/register/tZwpd-irrjorEtxCAx15cV6C3Mf7LQmHuCeO>. After registering, you will receive a confirmation email containing information about

joining the meeting.

For more information, contact April Garrity at agarrity@georgsouthern.edu.

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