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My News

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Monday

November 24, 2014

Brought to you by Georgia Southern University's [Office of Marketing & Communications](#)

**Stay Healthy During the Holidays with these
Tips from a Georgia Southern Nutritionist**



With comforting side dishes, tempting sweets and yummy leftovers, the holidays are an easy time of year to overindulge. But what if you're trying to stay healthy this holiday season by watching your eating habits? Rebecca Larson, MS, RD, our faculty expert in nutrition, weighs in on how to keep your health goals in check this Thanksgiving and holiday season. [Learn More >](#)

Athletics Department Says 'Thank You' and Farewell Seniors

The support of the Georgia Southern University campus community has helped lift the Eagle football team to a record-setting year in the Football Bowl Subdivision and Sun Belt Conference. To show appreciation for the spirit and support of the Georgia Southern University campus community, the Athletics Department is providing 4,000 free tickets to University employees and offering free Buddy passes for students to the Home Finale on Saturday, Nov. 29. [Learn More >](#)



Dr. Brian DeLoach Urges Campus to Travel with Caution this Holiday Season



The holiday season is upon us, and for many, that means lots of travel. University officials continue to closely monitor the Ebola crisis currently involving the West African region. The Centers for Disease Control (CDC) and U.S. State Department have travel warnings in place for some specific areas, and Medical Director of Georgia Southern University Health Services Brian DeLoach, M.D., weighs in. [Learn More >](#)

Take Advantage of Black Friday on the Golf Course

The Georgia Southern Golf Course will be closed Thanksgiving Day. However, starting Friday, you're invited to avoid the mall crowds and enjoy 50% off cart rental. You can also get a jump start

on your shopping list with 10% off all golf merchandise. These savings are only valid Friday, Nov. 28 - Sunday, Nov. 30.



Thanksgiving Break Special Hours of Operation

In recognition of the Thanksgiving holidays, several campus departments have special hours Monday, Nov. 24 – Sunday, Nov. 30. [Learn More >](#)

Warm Clothing Available for Those in Need

ATTENTION: STUDENTS, FACULTY AND STAFF



STAFF COUNCIL
is giving away
**FREE WARM
CLOTHES!**
*(NEW OR GENTLY USED ITEMS)

DEC. 2 - 4



**GEORGIA
SOUTHERN
UNIVERSITY**

RUSSELL UNION, ROOM 2040

Distribution Hours:

Tues. - Wed., December 2 - 3
11 a.m. - 1 p.m. and 4-6 p.m.
(limit 10 items per day)

Thurs., December 4
11 a.m. - 1 p.m.
(unlimited items)

U.S. National Tick Collection Temporarily Closed to Visitors



The U.S. National Tick Collection (USNTC) at Georgia Southern University is temporarily closed to visitors and tours as it prepares for expansion and relocation. The collection will relocate to the Math and Physics building in an effort to provide additional space for specimens, storage, research and improved fire protection. The expected completion date is Spring 2015.

[Learn More >](#)

Holiday Helper Tree Tags Still Available

CONNECT





The Holiday Helper Tree officially closed last Friday, however, many tags are still available. If you would like to participate, stop by the Office of Student Leadership & Civic Engagement in Russell Union, Suite 1056, Monday through Wednesday this week. All gifts should be wrapped and returned by Tuesday, Dec. 2.

Register Now to Run the 'Boro



Mark your calendars to join Georgia Southern Eagles basketball team and special guest, coach Mark Byington, along with GUS and the cheerleaders at this annual Georgia Southern sponsored holiday celebration. Learn more and register to run by visiting statesboroga.gov/run-the-boro.

IN THE MEDIA

GSEagles:

[Men's basketball cruises past Trinity College 86-49 in Home Opener](#)

[Women's basketball opens home slate with a win](#)

Statesboro Herald:

[Georgia Southern VP named interim president of Georgia Southwestern State](#)

[Georgia Southern professor facing complaint about religion in history classes](#)

[National preservation group visits Willow Hill](#)

Studio Statesboro:

[International Festival](#)

WJCL:

[Breida Added to Doak Walker Award Candidates List](#)

Albany Herald:

[Charles Patterson named interim president of Georgia Southwestern State University](#)

[Alumnus receives Pillar of Professional Management award](#)

Member Focus:

[Manufacturing the next generation](#)



Join the new faculty and staff Google+ Community

GSInfo Community, a new professional social networking group created just for Georgia Southern University faculty and staff members, is now underway on Google+! Designed to foster a friendly online workplace environment, encourage camaraderie and facilitate cross-organizational relationships, this community is a voluntary, private network. [Learn More >](#)



Forward



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Let Us Know
What You Think!

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Produced by the [Office of Marketing & Communications](#), *MY News* is an internal faculty and staff email publication which correlates with campus news on [GeorgiaSouthern.edu/MyNews](#). Published on Mondays, *MY News* is designed to communicate campus news and announcements plus faculty, staff and student recognition stories.

If you have a story idea or would like to request news to be featured, contact Rebekah Faulk, manager of internal communications, by emailing RFaulk@GeorgiaSouthern.edu. The deadline to request *MY News* articles is Thursdays at Noon.

