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What You Might Not Know About Football Concussions

December 5, 2014

Southern's research involves placing sensors in players' helmets measuring the impact and direction of a hit (the fancy name is Helmet Impact Telemetry System, or HITS). When a hit exceeds 98Gs (the impact of a 20-25 mile per hour car crash, according to the researchers) a beeper alerts trainers to check on the player. That doesn't mean there's been an injury though, players have been known to take hits in excess of 400Gs without sustaining a concussion.

[Read More about Georgia Southern's research on concussions.](#)

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