Behavior Action Plan Guide

List inappropriate Behavior of student (use action words)
Examples: Spitting, Hitting, Clearing Surface, Swearing, Yelling, Flopping

When and where does this inappropriate behavior take place?
Examples: during Math at 10:00, in the hallway, during gym, when presented with work

Why do you think it is happening?

☐ Attention  ☐ Escape  ☐ Access to Tangible

☐ Sensory  ☐ Control  ☐ Communication

Hypothesis
Example: When told to complete a math assignment, Jimmy will kick and hit his desk in order to avoid/escape the task.
When Cindy is completing work independently, she will yell out loud in order to get attention from her teachers and peers.

When _____________________________________________, he/she will ____________________________________________

(Antecedent)                     (Behavior)

in order to ____________________________________________.

(Function or consequence of behavior)

Environment Changes needed
Room Arrangement  Increase structure  Increase proximity to student
Modification to class assignments  Provide high level of R+  Use simple language for directions

Skills that need to be taught to the student
Request for break  Request help  Say finished/stop
Request attention  How to self regulate  How to do the academic task
How to make choices  How to work for longer amounts of time

Response of staff to student’s appropriate behavior
Use a token system  Earn access to R+
Increase Praise  Provide attention on fixed schedule

Response of staff to student’s inappropriate behavior
Redirect back to task  No commenting about problem behavior
Minimal eye contact / flat affect for problem behavior  Praise after 20 seconds of appropriate behavior
Systematic prompting