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2006

### 2006 AASU Volleyball Guide

Armstrong State University

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***2006 Armstrong Atlantic State  
Volleyball Media Guide***





## 2006 AASU Roster



2006 AASU Volleyball Squad: Standing (l-r): Adriana Miller, Christina Flores, Gwendolyn Clarke, Lauren Good, Rachel Falco, Leah Schmiedge, Rindy Vidovich, Nikki Ciapponi. Kneeling (l-r): Kassi Kixmiller, Stacia McCoy, Traci Knuth, Nicole Yates, Stacy Yates, Margaret Thornton.

## 2006 Armstrong Atlantic State University Pirate Volleyball Roster

#	Name	Yr.	Pos.	Ht.	Hometown/School
1	Lauren Good	6-0	Sr.	MH/OP	Richmond, Va. / Mills E. Godwin HS
2	Stacy Yates	5-7	Sr.	S	Shorewood, Ill. / Joliet (Ill.) JC
3	Leah Schmiedge	5-11	Sr.	MH	Regina, Saskatchewan / Pasco Hernando (Fla.) CC
5	Nicole Yates	5-8	Fr.	OH/DS	Shorewood, Ill. / Minooka Community HS
6	Kassi Kixmiller	5-10	Jr.	MH	Bloomington, Ind. / Bloomington North HS
9	Stacia McCoy	5-10	Jr.	OH	Eagan, Minn. / Eastview HS
10	Gwendolyn Clarke	5-11	Fr.	OH	Superior, Colo. / Monarch HS
11	Traci Knuth	5-11	Sr.	MH	Columbus, Neb. / Columbus HS
12	Rindy Vidovich	5-11	Jr.	OH/OP	San Pedro, Calif. / Mary Star of the Sea HS
13	Christina Flores	5-10	Sr.	OH	Addison, Ill. / Addison HS
15	Adriana Miller	5-11	Sr.	OH	Rocklin, Calif. / American River (Calif.) CC
16	Margaret Thornton	5-8	Jr.	S	Hesperia, Calif. / Sultana HS
18	Nikki Ciapponi	5-11	Sr.	OH	Fresno, Calif. / Fresno (Calif.) City College
19	Rachel Falco	6-3	Sr.	MH/OP	Long Beach, Calif. / Golden West (Calif.) CC

**Head Coach:** Alan Segal (Cal State Sacramento, '82)

**Assistant Coach:** Jenni Holste (Florida Southern, '04)

### Pronunciation Guide

#3 - Leah schmih-GEE  
#9 - STAY-shuh McCoy

#11 - Traci kuh-NOOTH  
#12 - Rindy VIHD-oh-vich

#18 - Nikki chuh-POH-NEE

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## Quick Facts

Location .....	Savannah, Ga. 31419
Founded .....	1935
Enrollment .....	7,000
Nickname .....	Pirates
Colors .....	Maroon and Gold
Athletics Webpage .....	www.athletics.armstrong.edu
Affiliation .....	NCAA Division II
Conference .....	Peach Belt
Home Gym .....	Aquatics & Recreation Center
Capacity .....	1,000
President .....	Dr. Thomas Z. Jones
Athletic Director .....	Dr. Eddie Aenchbacher
Volleyball Head Coach .....	Alan Segal
Record at AASU (Years) .....	197-69 (7)
Overall Coaching Record (Years) .....	237-101 (9)
2005 Overall Volleyball Record .....	22-12
2005 PBC Record (Finish) .....	11-1 (1st)
Assistant Coach .....	Jenni Holste

## On the Cover

The 2006 AASU volleyball squad poses at the Garden of the Gods in Colorado Springs, Colo., during its season-opening west coast swing.

## Credits

The 2006 Armstrong Atlantic State University media guide was published by the AASU Office of Sports Communications, Chad Jackson, director. AASU head coach Alan Segal, assistant coach Jenni Holste and sports information student assistant Jay Carmichael also contributed to this publication. For more information regarding the AASU volleyball program, please contact:

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**Head Volleyball Coach**  
 Phone: 912-921-3785  
 Fax: 912-921-5571  
 E-Mail: segalala@mail.armstrong.edu



## AASU Athletic Department Phone Directory

### Main Numbers

<b>Athletic Department</b>	<b>912-927-5336</b>
<b>Athletics FAX</b>	<b>912-921-5571</b>
	<b>912-921-5852</b>

### Administration

Dr. Eddie Aenchbacher, A.D.	912-921-5854
Dr. Donald Anderson, Asst. A.D.	912-921-5863
Chad Jackson, Sports Communications	912-961-3255
Daniel Hinely, Athletic Trainer	912-927-5200
Dianne Lane, Athletic Secretary	912-921-5849

### Coaching Staff

Joe Roberts, Baseball	912-921-5686
Calvain Culberson, Asst. Baseball	912-921-5687
Jeff Burkhamer, Basketball (Men's)	912-921-5683
Steve Franklin, Asst. Men's Basketball	912-921-5684
Joel Lecoeuvre, Asst. Men's Basketball	912-921-7311
Roger Hodge, Basketball (Women's)	912-921-5861
Elizabeth Lyons, Asst. Wm. Basketball	912-921-5862
Veronica Campbell, Grad Asst. WBKB	912-921-7310
Michael Butler, Men's Golf	912-921-5841
Simon Earnshaw, Tennis	912-921-5842
David Secker, Asst. Tennis	912-921-5842
Eric Faulconer, Women's Soccer	912-921-2081
Ted Evans, Softball	912-921-2391
Jodie Swavely, Asst. Softball	912-921-2391
Alan Segal, Volleyball	912-921-3785
Jenni Holste, Asst. Volleyball	912-921-3786

### Other Numbers

Press Table (Basketball)	912-921-5473
	912-921-5572
AASU Training Room	912-921-5860
Sports Center Weight Room	912-921-5858

**The Pirates captured their first regular season PBC title in 2005**







# Armstrong Atlantic State University

Since its founding in 1935, Armstrong Atlantic State University has continued to develop to meet the Savannah community's educational needs. From its first location in Armstrong House in downtown Savannah to its current home on a scenic 250-acre lot off of Abercorn, the university has become one of the finest educational institutions in the Southeastern United States.

Armstrong Junior College was established by the Mayor of Savannah and other public officials in 1935. Housed in the beautiful and historic Armstrong House, a gift to the city from the family of George F. Armstrong, Armstrong Junior College grew over the years to occupy eight additional buildings in the Forsyth Park and Monterey Square areas.

In 1959, as Armstrong College of Savannah, it became a two-year unit of the University System.

The Board of Regents conferred four-year status on Armstrong in 1964 and the college moved to its present 250-acre location, a gift from Donald Livingston and the Mills B. Lane Foundation, in December of 1965. Additional buildings joined the eight original structures as Armstrong added professional and graduate programs and tripled in size.

In July of 1996, the Board of Regents voted to rename the college to Armstrong Atlantic State University to reflect its mission and identity. The university's reputation of excellence is still evident in its dedication to students, with a supportive environment.

Armstrong Atlantic State University was fully accredited as a senior institution by the Southern Association of Colleges and Schools in December, 1968, with accreditation retroactive to January 1, 1968, and was last reaccredited in December, 2001.

The university offers more than seventy-five academic programs and majors in its School of Arts and Sciences, School of Health Professions and School of Education.



The academic community includes approximately 7,000 students and more than 250 faculty members. Enrollment has nearly doubled in the last 15 years, from 3,700 students in 1990 to its current number.

Across campus, evidence of the university's growth can be found in its facilities. Recently completed buildings include a 115,000 square foot, \$28 million dollar science building opened in 2002; a brand new Student Recreation Facility which opened this fall as well as a \$5 million renovation of the Lane Library; and phases one and two of Compass Point, the school's first dormitory buildings which opened in 2003. Phase two provides an additional 300 beds to the already existing 275 beds from phase one and campus leaders are in talks for a planned phase three addition to Compass Point.

The athletic department of Armstrong Atlantic State University is housed in the Armstrong Sports Center, completed in 1995. The Sports Center includes offices for the physical education department, training room and weight room areas, basketball courts, indoor track and offices for coaches and athletic department personnel. The building played host to the Peach Belt Conference's basketball tournament in 1998 and 1999. In 2004-05, Armstrong Atlantic State hosted 2005 NCAA Division II Men's Golf National Championships, the first NCAA championship to be staged in Savannah. Construction began in August on a new AASU women's field house that will contain locker rooms and facilities for softball and women's soccer.

AASU sponsors ten intercollegiate sports and is a charter member of the Peach Belt Conference, formed in 1991. Women's soccer and women's golf debuted in 2005-06, joining men's and women's basketball, volleyball, baseball, men's and women's tennis, men's golf and softball as sports that AASU sponsors.

Continuing a mission begun in 1935, Armstrong Atlantic State University today serves a rich gamut of traditional and non-traditional students. Sixty percent of AASU's student body are from the Savannah-Chatham area, while others come from around the state, nation and world. All have come to Savannah to experience and thrive on the campus of one of the fastest developing higher learning institutions in the nation - to be a part of Armstrong Atlantic State University.



***Volleyball began as an intercollegiate sport at AASU in 1986***



## **Dr. Thomas Z. Jones** *University President*

Thomas Z. Jones, the sixth president to serve at Armstrong Atlantic State University, begins his seventh year at AASU. Hired on August 1, 2000, Jones was selected by the Board of Regents and University System of Georgia Chancellor Stephen R. Portch after an exhaustive national search.

Dr. Jones served on the faculty and administration at Columbus State University, as its vice president for academic affairs from 1988-2000, prior to coming to Armstrong Atlantic State. A 30-year veteran of university teaching and administration, Dr. Jones has taught at Indiana State University, Emory and Henry College and the West Virginia Institute of Technology. While at West Virginia Tech, Dr. Jones served as the Westmoreland Professor of Mining, an endowed professorship, and vice president of academic affairs.

Dr. Jones received his bachelor's degree in physics from Fairmont State College, his master of arts degree in geology from West Virginia University and his Ph.D in Geology from Miami (Ohio) University.

From 1980-1988, he owned and served as president of Technical Evaluation Consultants, Inc., a privately owned business specializing in providing science, technical and engineering services for business, industry, government agencies and the legal community.

Dr. Jones and his wife, Joyce, have two sons, Matthew and Michael.



## **Dr. Eddie Aenchbacher** *Athletic Director*

Dr. Eddie Aenchbacher begins his eleventh full year as the athletic director for Armstrong Atlantic State University.

Dr. Aenchbacher's responsibilities include overseeing the entire athletic department and promoting Armstrong Atlantic State athletics in the community of Savannah.

Dr. Aenchbacher received his bachelor's degree in physical education from Armstrong Atlantic State in 1979, where he was a standout student-athlete for the baseball team as a pitcher. He received his Master's degree and Doctorate of Education from the University of Georgia.

Along with his student-athlete experience at AASU, Dr. Aenchbacher also coached the Pirate cross country teams for five years and started the first AASU men's soccer team, which he coached for seven years.

During Dr. Aenchbacher's tenure as athletic director, AASU's athletic programs have had tremendous success in the classroom and on the playing field. Student-athletes at AASU have excelled in academics with 49% percent earning a 3.0 grade point average or better. The overall grade point average of AASU student-athletes is 2.84, higher than the overall institutional GPA, and in 2005-06 the Armstrong Atlantic State athletic department captured the inaugural Peach Belt Conference Presidential Academic Award, given to the league athletic department whose student athletes record the highest overall GPA compared to the student body. AASU also sent six of 10 intercollegiate teams to NCAA Championship play and six of 10 teams also finished the 2005-06 season ranked nationally.

Dr. Aenchbacher has been married for 14 years to Michele and together they are the proud parents of two children, Jesse and Lainey.





## **Dr. Donald Anderson** *Asst. Athletic Director / Services*



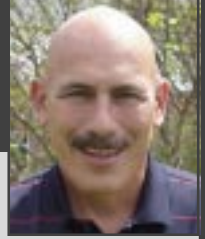
Dr. Anderson's association with AASU since 1966 includes stints as an Associate Professor, Acting Head of the Department of Education, Dean for Community Services and Registrar/Director of Admissions. Dr. Anderson joined the Athletic Department in 1992 and currently assists the AD with athletic eligibility and serves as academic advisor to AASU student-athletes. He was inducted to the AASU Athletic Hall of Fame as a Citation Award winner in 1996.

## **Dr. Will Lynch** *Faculty Athletic Representative*



Dr. Will Lynch begins his ninth full year as AASU's Faculty Athletic Representative. A native of northern Michigan, Dr. Lynch came to AASU in 1993 and serves as an assistant professor in the Department of Chemistry and Physics. A three-year men's basketball starter and all-conference performer at Kalamazoo College, he earned undergraduate degrees in mathematics and chemistry in 1986, then received his Doctorate from Wayne State in 1991.

## **Ted Evans** *Head Softball Coach*



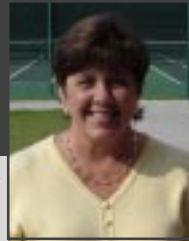
Ted Evans begins his third season as the head softball coach for the Pirates. Evans directed the Pirates to an NCAA Championships appearance and a No. 23 national ranking in 2006. The Andrews College graduate has nearly 30 years of coaching experience and joined the Pirates from Chattanooga State CC, where he served as the hitting and defensive instructor for the Lady Tigers. Evans also played and coached men's fastpitch softball for 17 years.

## **Chad Jackson** *Director of Sports Communications*



Chad Jackson begins his eighth year at AASU as Director of Sports Communications. A Jacksonville, Fla., native, Jackson joined the Pirates from UNC Wilmington, where he served as assistant SID for the 1998-99 year. He graduated from the University of North Florida in 1995 with a Bachelor's Degree in history. His wife of five years, Melissa, also works at AASU at the Lane Library and the couple reside in Pooler.

## **Lynn Roberts** *Senior Women's Administrator*



Lynn Roberts begins her seventh year as the Senior Women's Administrator for the AASU athletic department. A former women's tennis coach from 1988-1991 for the Pirates, she currently serves as an assistant professor in the Department of Health and Physical Education and also serves as the chair of AASU's Student Athlete Advisory Committee. She is married to current AASU baseball coach Joe Roberts and together the couple have two sons, Brian and Eric.

## **Simon Earnshaw** *Head Tennis Coach*



Simon Earnshaw begins his eighth season as the head coach of the highly successful men's and women's tennis programs and has compiled a 174-26 overall record with the women and a 115-66 record with the men, leading the Lady Pirates to a 2005 NCAA DII National Championship and both teams to the NCAAs in each season. A graduate of Georgia College & State, Earnshaw and his wife, Nicki, have two daughters - Abigail and Ella - and a son, Luke.

## **Dianne Lane** *Athletic Secretary*



A native Savannahian, Dianne Lane has been at AASU for the past nineteen years. Lane attended the University of Georgia and has been married to Ken Lane for 43 years. She has three children and six grandchildren; two sets of twins - Tyler and Evan (11), and Parker and Dylan (8) - Bridgette (7) and Carson (3).

## **Joe Roberts** *Head Baseball Coach*



Joe Roberts begins his 28th season as head baseball coach. Compiling an overall record of 1,084-504 (.683) in 27 seasons, Roberts ranks as one of the all-time winningest collegiate baseball coaches in NCAA history. A graduate of St. Andrews College, Roberts has led the Pirates to NCAA Division II regional play 11 times, three trips to the DII College World Series and 27 consecutive winning seasons.

## **Eric Faulconer** *Head Women's Soccer Coach*



Eric Faulconer begins his second season as head coach of the AASU women's soccer team after leading the Pirates to an 11-8 mark in their inaugural season and a PBC Tournament semifinals berth. Faulconer joined the Pirates from Thomas University, where he directed the Nighthawks to a 68-44-6 record in six seasons. Faulconer graduated from Florida State in 1992 and he and his wife, Ginger, have one son, Zachary.

## **Jeff Burkhamer** *Head Men's Basketball Coach*



Jeff Burkhamer begins his fifth season as head coach of the AASU men's basketball squad and has compiled a 73-46 record in his four seasons, including leading the Pirates to a No. 20 national ranking and an NCAA appearance in 2005-06. Burkhamer joined the Pirates from Marshall University, where he served as associate head coach for three seasons, and is a former junior college Coach of the Year while at Santa Fe CC in Florida.

## **Roger Hodge** *Head Women's Basketball Coach*



Roger Hodge begins his seventh season at the helm of the AASU women's basketball program after leading the Lady Pirates to two NCAA Championship berths, a Peach Belt Conference championship and the program's first national ranking in his first six years. The 2002-03 PBC Coach of the Year, Hodge and his wife, Kristen, have two daughters; Madison (6) and Emmaline (3), and the family resides in Savannah.

## **Michael Butler** *Head Men's and Women's Golf Coach*



Michael Butler enters his seventh year as head coach of the AASU men's golf team and is in his second as the head coach of the fledgling women's squad. Butler has led the men's team to the NCAAs each of the last four seasons and directed the Pirates to a runner-up finish at the 2005 DII Men's Golf Championships, held in Savannah. A Savannah native, Butler is married to the former Whitney Greg of Monroe, Ga.





# Facilities / Athletic Training



The Armstrong Atlantic State University's athletic department prides itself on having one of the finest athletic facilities not only in the conference, but in the region.

AASU's Sports Center, completed in July of 1995, immediately became a top basketball complex by hosting the 1998 and 1999 Peach Belt Athletic Conference basketball tournaments.

This 82,000-square-foot multi-purpose building provides expanded academic offerings in spacious, modern surroundings. Students have a three-station computer lab, a 1,965-square-foot weight training/fitness center with 21 Cybex machine exercise stations and a free weight area; four new classrooms, and two 3,535-square-foot activity areas.

AASU's athletic teams play home events in a 4,000-seat arena that contains theater-type seating for all spectators, and also plays host to a wide variety of social and sporting events.

Directly behind the Armstrong Sports Center sits the home fields for the baseball and softball teams.

Pirate Field seats 750 fans for the Armstrong Atlantic State University's highly successful baseball program. Generally regarded as one of the best playing surfaces in the conference, Pirate Field has seen the baseball squad advance to 10 NCAA regionals over the past 15 seasons.



To the west of Pirate Field sits the AASU Softball Complex, home to the Pirate softball squad, while Cingular Field, the home of AASU soccer, lies to the north. The AASU Women's Fieldhouse for Soccer and Softball began construction in August and will be completed by January of 2007.

The **Aquatics and Recreation Center** serves as the host of the AASU volleyball squad. The 1,000 seat arena has been upgraded with new lighting and air conditioning fixtures and is the sole volleyball-only facility in the Peach Belt Conference.

## AASU Athletic Training



*Dr. Spencer Wheeler*



*Daniel Hinely, ATC*

AASU athletic teams benefit from the fine athletic training staff, headed by medical director Dr. Spencer Wheeler and head athletic trainer Daniel Hinely.

AASU's training room, part of the Armstrong Sports Center, sits adjacent to the fitness center and across the hall from the Pirate locker rooms. The room offers the most modern and advanced equipment to help players deal with injuries and rehabilitation.

Dr. Wheeler and Hinely are aided by assistant trainer Jessica Miller and a graduate assistant trainer, Amber Mack.

## Strength & Conditioning



*Henry Meyers*

The AASU volleyball team also benefits from a fine strength and conditioning program, headed by Olympic Weightlifting champion Team Savannah's head coach, Henry Meyers.

As the strength and conditioning coach of the volleyball squad, Meyers has been integral to the team's fitness and strength for the past two seasons.

Meyers, a native of Savannah and a graduate of Jenkins HS in 1989, was named the 2000 USOC Coach of the Year for Weightlifting as five of Team Savannah's lifters represented the United States in the 2000 Olympic Games in Sydney. Three more represented the United States in the 2004 Olympic Games in Athens.

Myers, 35, is married to Michelle Powell-Meyers.



★ **TEAM SAVANNAH** ★

**The Pirates have won 20 matches in seven straight seasons**







## Alan Segal Head Volleyball Coach



Alan Segal begins his eighth season as head coach of the Armstrong Atlantic State University volleyball squad after leading the Pirates to their first regular season Peach Belt Conference title in 2005.

The 1999 and 2000 Peach Belt Conference Coach of the Year, Segal and the Pirates compiled a 22-12 overall record in 2005 and an 11-1 record in the Peach Belt, earning the league title by one game over Francis Marion.

In seven seasons, Segal has compiled a 197-69 overall record at AASU and has a 237-101 overall head coaching record in nine seasons.

In his first season as the Pirates' head coach, Segal directed the Pirates to 29 consecutive victories to start the season and finished the year with a school-record 36 wins. Segal also directed a 23 and a half-game turnaround from a team that finished 8-24 the year before, the best single-season turnaround in the NCAA that season.

Segal's second season at AASU saw the Pirates achieve their first AVCA Division II national ranking (No. 24) and advance to their first NCAA Division II National Championship appearance. AASU won its first post-season match, 3-1 over USC Spartanburg, and also had one of its players earn AVCA All-Region honors for the first time in school history in middle hitter Sarah Haynes.

The Pirates matched their 29-10 record in Segal's third season and made their second-straight trip to the NCAAs, while the 2002 season saw AASU capture its first Peach Belt Conference tournament championship and automatic berth to the NCAAs. In 2003, AASU overcame a 1-5 start to finish the 2003 season with a 22-14 record, the fifth straight year of 20 or more wins for AASU - with a team that included no seniors. The Pirates made their fifth straight NCAA Championships appearance in 2004, the longest postseason streak for AASU athletics outside of the Pirate tennis teams.

Prior to joining the AASU coaching ranks, Segal coached for two years at Michigan Tech, where he led the Huskies to a 40-32 record over two seasons and a No. 23 national ranking at the end of the 1997 season. Before his inaugural collegiate head coaching position, Segal was an assistant coach at Florida Southern College from 1994-96, where the Mocs advanced to NCAA Tournament play two of three seasons.

Segal has also accumulated coaching experience as head girls' volleyball coach at Agoura High School (1989-92), where he led the team to the Division 3A finals in the California Interscholastic Federation in 1989; assistant men's coach for Pierce Junior College in Woodland Hills, Calif. (1989-91); assistant women's coach at Western Illinois University in Macomb, Ill. (1988-89); assistant women's coach at Delta Junior College in Stockton, Calif. (1983-84); assistant women's coach at Cosummes River College in Sacramento, Calif. (1982); and assistant girls' coach at Cordova High School in Rancho Cordova, Calif. (1980).

Segal is a 1982 graduate of California State University at Sacramento, where he earned a bachelor of science degree in recreation administration. An active member of the American Volleyball Coaches Association, Segal is on the 40-member coaches panel that determines the AVCA Division II Top 25 each week.

Segal is also a veteran volleyball official. He officiated the National Junior College Championships in both 1994 and 1995 and the NCAA Women's Indoor Championships from 1984-1988. For the past 20 years has also been one of the top-rated officials on the AVP Professional Beach Tour. Segal is single and resides in Savannah.

### The Alan Segal Ledger

<b>Year</b>	<b>Team</b>	<b>Overall</b>	<b>Conference</b>	<b>Highlights</b>
1997	Michigan Tech	23-13	14-4 / 2nd GLIAC North	NCAA Great Lakes Region participant
1998	Michigan Tech	17-19	11-8 / 4th GLIAC North	
1999	Armstrong Atlantic State	36-5	11-3 / 2nd PBC	Began season 29-0, school record in wins
2000	Armstrong Atlantic State	29-10	12-2 / 2nd PBC	No. 24 AVCA DII Ranking / NCAA South Region
2001	Armstrong Atlantic State	29-10	11-3 / 2nd PBC	NCAA South Region semifinals
2002	Armstrong Atlantic State	30-10	12-2 / 2nd PBC	PBC Tournament Champions / NCAA South Region
2003	Armstrong Atlantic State	22-14	11-3 / 2nd PBC	NCAA South Region participants
2004	Armstrong Atlantic State	29-8	12-2 / 2nd PBC	NCAA South Region participants
2005	Armstrong Atlantic State	22-12	11-1 / 1st PBC	PBC Regular Season Champions
<b>Total</b>	<b>8 Years</b>	<b>237-101</b>		



**Alan Segal was the PBC Coach of the Year in 1999 and 2000**

## ***Assistant Coach Jenni Holste***



### **Jenni Holste** ***Assistant Volleyball Coach***

Jenni Holste begins her third season as Armstrong Atlantic State's assistant volleyball coach in 2006.

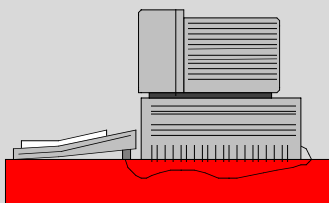
For the past two seasons, she has helped the Pirates to a 51-20 record, an appearance in the 2004 NCAA South Regional and the 2005 Peach Belt Conference regular season title.

A two-time AVCA All-South Region honoree, Holste is Florida Southern College's career record holder in blocks with 493. A three-time All-Sunshine State Conference honoree, Holste also ranks third all-time in Moccasin history in kills with 1,496. She was an honorable mention AVCA All-America honoree in 2003 and was named the FSC team MVP as a senior.

Holste graduated from Florida Southern in 2004 with a bachelor's of science degree in sociology and criminology, and received her master's degree in criminal justice from Armstrong Atlantic State in 2006. The Orange Park, Fla., native graduated from Middleburg HS and was a two-time All-Conference player for the Broncos.



### ***AASU Volleyball Live On The Web !***



The Armstrong Atlantic State athletic department will continue to bring home all of the exciting volleyball action in 2006 right to your computer as the Pirates stream live audio and video of all 11 home matches over the Internet.

Fans will be able to catch all of the action from the official Website of AASU Athletics, [www.athletics.armstrong.edu](http://www.athletics.armstrong.edu), using the power of Windows Media Player.

AASU debuted its Internet broadcasting system in 2001 with incredible success as every home men's and women's basketball game, volleyball match, the majority of the Pirates' baseball, softball and women's soccer games as well as the NCAA Mid-Atlantic Men's and Women's Tennis Regional were available last season.

For more information about the AASU Web broadcast, visit the AASU Athletics Web Site or contact Director of Sports Communications Chad Jackson at [jacksoch@mail.armstrong.edu](mailto:jacksoch@mail.armstrong.edu)

***The Pirates have won 20 matches in seven straight seasons***





## Pirates Look To Build On First Peach Belt Title Return All Starters From 2005 Squad

Seven years ago, head coach Alan Segal took over an Armstrong Atlantic State volleyball squad that had averaged 11 wins a season and had recorded just two 20-win campaigns since the sport began in 1986.

The results have been outstanding. 197 wins, five NCAA appearances and, last season, the school's first Peach Belt Conference regular season title prove that Pirate volleyball has arrived on the regional and national stage.

For a second straight season, the Pirates are picked to finish atop the Peach Belt Conference standings, and AASU is in good shape to defend their league title with all seven starters and 12 players overall returning from last season's squad that went 22-12 overall and 11-1 in the Peach Belt.

AASU was one of the top blocking teams in the nation last season, and there's no reason why the Pirates won't be there again this year. Peach Belt Conference Player of the Year Traci Knuth anchors the middle hitters, returning for her senior year with an eye on AASU's all-time kills record. Fellow senior Leah Schmiedge, who along with Knuth ranked among the top five in the PBC in blocks, also returns, as does junior Kassi Kixmiller.

The Pirates also return three experienced players on the right side as All-PBC selection Lauren Good, fellow senior Rachel Falco and junior Rindy Vidovich all contributed last season - and all three can see action in the middle if needed, giving coach Segal outstanding versatility in his lineup.

Competition among the outside hitters will again be fierce as no one player separated themselves from the field last season. Senior Christina Flores will be gunning to become just one of three players in AASU history to record 1,000 career kills and digs, while seniors Adriana Miller and Nikki Ciapponi will also figure into the mix. A pair of newcomers to the Pirates will also compete for time on the outside as Gwendolyn Clarke (5-11, Fr., Superior, Colo.) and Nicole Yates (5-8, Fr., Shorewood, Ill.) join AASU this season.

Yates' older sister, senior Stacy Yates, returns with junior Margaret Thornton to handle the setting duties for the Pirates in 2006. The duo teamed to run coach Segal's 6-2 offense successfully, helping the Pirates average 13.47 assists per game, a number that ranked second in the Peach Belt.

The 2006 schedule features five matches against teams that appear in the CSTV/AVCA Division II preseason rankings, including No. 2-ranked University of Tampa. The Pirates will again host the Chatham Orthopaedics Volleyball Classic on Sept. 8-9, featuring 32 matches over two days and including top teams such as Florida Southern, Florida Gulf Coast, Puerto Rico-Rio Pedras and Rollins. AASU will open the season on a 11-match, 12-day west coast swing with matches in Colorado, California and Arizona and also take on non-conference foes Flagler, Florida Tech and Barry.

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**PBC Player of the Year Traci Knuth (l) and Rindy Vidovich (r) are two of AASU's 10 returning players for the 2006 season.**

### 2006 CSTV/AVCA Division II Preseason Coaches Poll

School	Points
1. Grand Valley State (21)	667
2. Tampa (4)	628
3. Truman (1)	595
4. Concordia - St. Paul	583
5. Minnesota Duluth	536
6. Cal State Los Angeles	520
7. Washburn	456
8. Nebraska - Kearney	450
9. North Alabama	436
10. Central Missouri State	400
11. Florida Southern	359
12. Cal State San Bernardino	338
13. Hawaii Pacific	277
14. Cal Poly Pomona	270
15. Lock Haven	267
16. Florida Gulf Coast	265
17. Central Washington	212
18. Seattle Pacific	209
19. UC San Diego	188
20. Abilene Christian	187
21. BYU - Hawaii	150
22. Cal State Bakersfield	127
23. Rockhurst	119
24. Nebraska - Omaha	91
25. Dowling	61

Also receiving votes: Metro State 52, Barry 45, Northern Kentucky 39, SW Minnesota State 37, Hillsdale (1) 34, Findlay 31, AASU 26, Augustana (SD) 23, Western New Mexico 16, SIU Edwardsville 15, Mesa State 14, Harding 12, Bryant 7, Ferris State 3, Wingate 3, Minnesota State - Moorhead 2, West Texas A&M 2. *Italics represent 2006 opponents*

### 2006 Peach Belt Preseason Poll

(Coaches could not vote for own team)

School	Total
1. Armstrong Atlantic	34 (4)
2. USC Upstate	30 (1)
3. USC Aiken	26 (2)
4. Francis Marion	21
5. Lander	15
6. UNC Pembroke	11
7. Augusta State	10



**AASU is picked to win the Peach Belt for the second straight year**



## Senior Christina Flores



# Christina Flores

# 13

**Senior Outside Hitter**  
5-10 • Addison, Ill.



### 2005

Played in 34 matches and 120 games as a junior for the Pirates ... Hit .161 with 286 kills, second-most on the squad ... Led the Pirates in digs for the third straight year with 380 ... Collected her 1,000th career dig on 9/18 against West Georgia, the fourth player in AASU history to reach that plateau ... Needs just 191 digs to become AASU's all-time leader and enters 2006 needing just 223 kills for 1,000 ... Earned All-Tournament honors at the Lewis Flyer Festival on 9/1-3 ... Registered double-digit kills in 14 matches and double-figure digs in 19 matches ... Tied a career high with 17 kills against USC Upstate on 11/4 ... Blocked a career-high seven balls against Puerto Rico-Rio Piedras on 9/10.

### 2004

Played in 36 matches and 122 games as a sophomore for the Pirates ... Hit .170 with 294 kills ... Set a new AASU single-season record with 440 digs ... Was the Peach Belt Conference's first-ever Specialist of the Week on 9/7 ... Collected 32 kills and 28 digs en route to earning Peach Belt Conference All-Tournament honors ... Recorded a career-high 30 in AASU's 3-2 win at Francis Marion on 11/2 ... Notched a career-high 17 kills in AASU's 3-1 win over Florida Gulf Coast on 9/11.



### 2003

Played in all 36 matches and 113 games as a freshman ... Hit .159 with 197 kills ... Led the team in digs with 350 and ranked 11th in the PBC, averaging 3.10 per game ... Named the PBC Player of the Week on 11/11.

### HIGH SCHOOL

Played for three seasons at Addison Trail HS ... Two-time All-Conference honoree for the Blazers ... Earned All-Area and All-Academic honors as a senior, as well as Senior Athlete of the Year honors at Addison Trail in 2003 ... Team captain in junior and senior years.

### PERSONAL

Born Christina Marie Flores on August 7, 1985, in Arlington Heights, Ill. ... Hometown is Addison ... Daughter of Bari and Ernie Flores ... Bari was a gymnast at the University of Kentucky, while Ernie played intercollegiate basketball at North Park University ... Majoring in physical education ... Enjoys beach volleyball, shopping and hanging out with friends.

### Flores' Match Highs

**Kills:**

17 vs. Florida Gulf Coast, 9/11/04  
vs. USC Upstate, 11/4/05

**Hitting Percentage:**

.600 (6-0-10) vs. Tusculum, 9/13/02  
.455 (12-2-22) at Fla. Southern, 10/15/01

**Blocks:**

7 vs. Puerto Rico-Rio Piedras, 9/10/05

**Digs:**

30 at Francis Marion, 11/2/04

**Service Aces:**

6 vs. Lander, 11/5/05

### Christina Flores' Career Statistics

Year	MP/GP	Kills	Errors	Attacks	Pct.	Assists	SA	SE	Digs	BS	BA	BE	BHE
2003	36/113	197	93	655	.159	12	30	21	350	6	23	7	0
2004	36/122	294	139	913	.170	9	28	42	440	8	43	9	2
2005	34/120	286	142	895	.161	12	37	30	380	11	48	11	2
<b>3 Years</b>	<b>106/355</b>	<b>777</b>	<b>374</b>	<b>2463</b>	<b>.164</b>	<b>33</b>	<b>95</b>	<b>93</b>	<b>1170</b>	<b>25</b>	<b>114</b>	<b>27</b>	<b>4</b>

**Flores needs just 191 digs to become AASU's all-time dig leader**





# Traci Knuth

Senior Middle Hitter

5-11 • Columbus, Neb.



## 2005

Played in all 34 matches and all 135 games as a junior for the Pirates ... Became just the third player in school history to earn Peach Belt Conference Player of the Year honors ... Led the Pirates in kills (382), hitting percentage (.303) and blocks (145) ... Earned AVCA All-South Region honorable mention honors ... Named Peach Belt Conference Player of the Week on three occasions (9/9, 10/31 and 11/7) for the second straight season ... Named to the All-PBC Tournament team ... Also earned CoSIDA Academic All-District III honors ... Reached double figures in kills 21 times ... Tied a career-high with 12 blocks in AASU's 3-2 win over Puerto Rico-Rio Piedras on 9/10 ... Member of PBC Presidential Honor Roll.

## 2004

Played in all 37 matches and all 131 games as a sophomore for the Pirates ... Followed up on an outstanding debut season with a strong sophomore campaign, leading the team in kills (368) and blocks (139) while ranking second in hitting percentage (.303) ... Earned All-PBC honors for the second straight season ... Named Peach Belt Conference Player of the Week on three occasions (9/20, 10/4 and 11/8), the first AASU player ever to earn the honor three times in one season ... Reached double figures in kills 19 times ... Recorded career-high 21 kills in AASU's 3-2 win at USC Upstate on 11/6 ... Collected career-high 12 blocks in AASU's 3-0 win at Eckerd on 10/18 ... Earned All-Tournament honors at the Quincy Invitational in August ... Hit .316 in Peach Belt contests.

## 2003

Played in all 36 matches and 121 games as a freshman for the Pirates ... Named the AVCA's South Region Freshman of the Year, the first player in AASU history to earn that honor ... Also earned All-PBC honors ... Recorded 304 kills, 300 digs and 127 total blocks ... Had 13 matches with 10+ kills, as well as 13 matches with 10+ digs ... Hit .298 in PBC-only matches, tops on the squad ... Ranked 11th in the PBC in hitting percentage, and 5th in blocks.

## Knuth's Match Highs

### Kills:

21 at USC Upstate, 11/6/04

### Hitting Percentage:

.632 (13-1-19) at Converse, 9/18/04

.600 (14-2-20) vs. CBU, 9/5/03

### Blocks:

12 at Eckerd, 10/18/04

vs. Puerto Rico-Rio Piedras, 9/10/05

### Digs:

19 vs. Francis Marion, 10/23/04

### Service Aces:

5 vs. Saginaw Valley State, 9/2/05

## HIGH SCHOOL

Four-year starter for Columbus HS in Columbus, Neb. ... Two-time Class A second-team All-State honoree for the Discoverers, as well as a two-time All-Conference honoree ... Named team MVP in 2001 and 2002 and was selected to the Columbus Area and Nebraska All-Star teams as a senior ... Also a standout hoops player for Columbus HS.

## PERSONAL

Born Traci Ann Knuth on June 27, 1985, in Lexington, Neb. ... Hometown is Columbus, Neb. ... Daughter of Lyle and Jane Knuth ... Lyle played intercollegiate football for Nebraska-Kearney ... Majoring in health science ... Enjoys snow and water skiing and playing all sports.

## Traci Knuth's Career Statistics

Year	MP/GP	Kills	Errors	Attacks	Pct.	Assists	SA	SE	Digs	BS	BA	BE	BHE
2003	36/121	304	111	763	.253	15	29	45	300	27	100	25	5
2004	37/131	368	102	878	.303	14	35	37	281	15	124	17	5
2005	34/125	382	109	902	.303	11	39	28	293	16	129	12	3
<b>3 Years</b>	<b>107/377</b>	<b>1054</b>	<b>322</b>	<b>2543</b>	<b>.288</b>	<b>40</b>	<b>103</b>	<b>110</b>	<b>874</b>	<b>58</b>	<b>353</b>	<b>54</b>	<b>13</b>



Knuth is the third AASU player to earn PBC Player of the Year honors



# The Knuth File . . .



## Knuth Of The Week

Traci Knuth has earned Peach Belt Player of the Week honors three times in each of the last two seasons - prior to 2004, no Armstrong Atlantic player had been named Player of the Week more than twice in one season. A look at Knuth and the other AASU players to earn multiple PBC Player of the Week honors:

No.	Name	Years
6	Traci Knuth	2004-05
3	Koreena Kaminski	1991-92
3	Sherrene Benedict	1992-93
2	Nicole Smith	1994
2	Andrea Jany	1996
2	Sarah Haynes	2000, 2002

## On The Books

Knuth is the only Pirate student-athlete currently attending Armstrong Atlantic on one of the school's prestigious Presidential scholarships. Entering her senior year, Knuth carries a 3.86 GPA in health science and is on track to graduate in 2007.



## Knuth's 1,000th Kill

With her first kill of the match on October 29, 2005 at USC Aiken, Traci Knuth became the fifth player in AASU history to record 1,000 career kills. Knuth enters the season needing just 330 kills to set a new Pirates career mark, and in her three season at AASU, she has averaged 351 kills per season.

## Knuth Honor Roll

- 2003 - AVCA South Region Freshman of the Year, All-PBC
- 2004 - All-PBC, Three-time PBC Player of the Week
- 2005 - PBC Player of the Year, AVCA All-South Region (honorable mention), Three-time PBC Player of the Week

## Knuth On The AASU Charts

- 1,054 kills ranks 5th on the all-time list and is the second-most for an AASU player after three seasons
- 411 total blocks ranks 3rd on the all-time list. Knuth will become the all-time blocks leader with her 15th block of 2006
- 377 games played ranks 8th on the all-time list. Knuth has started every game since joining the Pirates in 2003 and is 119 games shy of becoming the all-time leader in that category.
- 874 digs ranks seventh all-time. Knuth can become just the second player in AASU history with 1,000 career kills and 1,000 career digs with 136 in 2006
- .288 hitting percentage ranks as the fourth-best all-time. Only one player has recorded a higher career hitting percentage in more than two seasons - Sarah Haynes (.300)
- Other ranks: Kills per game (5th, 2.80), Blocks per game (T3rd, 1.09), Service aces (10th, 103), Consecutive matches started (2nd, 107), Consecutive games played (2nd, 299)

**Knuth is on pace to be AASU's all-time leader in kills and blocks**



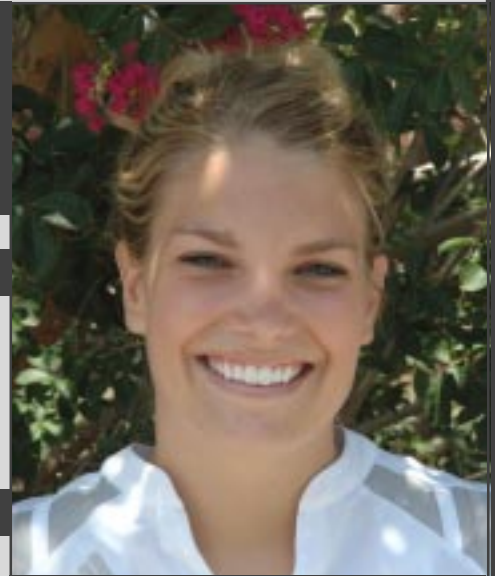




# Lauren Good

Senior Middle/Opposite Hitter

6-0 • Richmond, Va.



## 2005

Played in 34 matches and 116 games as a junior for the Pirates ... Hit .171 with 210 kills and 140 blocks, both new career highs ... Hit .250 in Peach Belt play, earning All-PBC honors ... Recorded career-high 18 kills in AASU's 3-2 win over Francis Marion on 9/23 ... Collected double-digit kills in seven matches ... Recorded five or more blocks in eight matches ... Member of PBC Presidential Honor Roll.

## 2004

Played in 34 matches and 109 games as a sophomore for the Pirates ... Hit .123 with 134 kills and 70 blocks, both new career highs ... Hit .421 with season-high 10 kills in AASU's 3-0 win over Converse on 9/18 ... Ended the season strongly, recording 22 blocks in her last five games, or 1.28 blocks per game ... Recorded eight kills and six blocks in AASU's 3-0 win over Francis Marion in the PBC Semifinals on 11/12.



## Good's Match Highs

### Kills:

18 vs. Francis Marion, 9/23/05

### Hitting Percentage:

.615 (8-0-13) vs. Harding, 8/26/05

.526 (11-1-19) at UNCP, 10/22/05

### Blocks:

8 vs. Hillsdale, 9/30/03

## 2003

Played in 20 matches and 24 games as a freshman for the Pirates ... Registered season-high eight blocks against Hillsdale on 9/30 ... Collected 10 kills, 12 digs and 11 blocks on the season.

## HIGH SCHOOL

Played for four seasons at Mills E. Godwin HS in Richmond, Va. ... Earned All-District honors for the Eagles ... Mills E. Godwin advanced to the Virginia State Semifinals in both 2001 and 2002.

## PERSONAL

Born Lauren Ashley Good on April 7, 1985, in Richmond, Va., her hometown ... Daughter of Rick and Ginny Good ... Majoring in health science ... Enjoys swimming.

## Lauren Good's Career Statistics

Year	MP/GP	Kills	Errors	Attacks	Pct.	Assists	SA	SE	Digs	BS	BA	BE	BHE
2003	20/24	10	16	61	-.098	6	2	1	12	2	9	10	1
2004	34/109	134	78	454	.123	39	1	2	29	8	62	29	9
2005	34/116	210	107	603	.171	42	0	2	57	16	81	25	10
<b>3 Years</b>	<b>88/249</b>	<b>354</b>	<b>201</b>	<b>1118</b>	<b>.137</b>	<b>87</b>	<b>3</b>	<b>5</b>	<b>98</b>	<b>20</b>	<b>152</b>	<b>64</b>	<b>20</b>



Good earned All-PBC honors for the Pirates in 2005

# Senior Nikki Ciapponi



# Nikki Ciapponi

Senior Outside Hitter

5-11 • Fresno, Calif.

# 18



## 2005

Played in 18 matches and 28 games as a junior for the Pirates ... Hit .129 with 25 kills and 39 digs ... Played best match of the season in AASU's key five-game come-from-behind win at USC Upstate, hitting .429 with eight kills and nine digs on 10/8 ... Hit .500 in AASU's 3-0 win over UNC Pembroke on 9/24 ... Member of PBC Presidential Honor Roll.

## PREVIOUS SCHOOL

Played for two seasons at Fresno City College in her hometown of Fresno, Calif. ... Earned first-team All-Conference honors for the Rams after hitting .211 with 258 kills ...

Ranked third in the Central Valley Conference in kills and 14th in the state, averaging 4.10 per game, and ranked 13th in the league in digs with 208 (3.30 per game) ... Named the team's MVP as well.

## HIGH SCHOOL

Played for two years at Bullard High School in Fresno, Calif. ... Named team MVP and earned first-team All-Conference honors as a senior for the Knights.

## PERSONAL

Born Nicole Diane Ciapponi on February 3, 1985, in Fresno, Calif., her hometown ... Daughter of Dave Ciapponi and Karen Kirk ... Majoring in history ... Would like to enter law school after graduating ... Enjoys watching baseball, working out and hanging out with friends ... Oakland A's pitcher Huston Street is a favorite sports personality.

## Ciapponi's Match Highs

### Kills:

8 at USC Upstate, 10/8/05

### Hitting Percentage:

.429 (8-2-14) at USC Upstate, 10/8/05

### Digs:

9 at USC Upstate, 10/8/05



## Nikki Ciapponi' Career Statistics

Year	MP/GP	Kills	Errors	Attacks	Pct.	Assists	SA	SE	Digs	BS	BA	BE	BHE
2005	18/28	25	13	93	.129	0	5	14	39	0	3	1	1
1 Year	18/28	25	13	93	.129	0	5	14	39	0	3	1	1

Ciapponi hit .429 in AASU's come-from-behind win at USC Upstate on 10/8





# Rachel Falco

Senior Middle/Opposite Hitter

6-3 • Long Beach, Calif.

# 19



## 2005

Played in 27 matches and 70 games as a junior for the Pirates ... Hit .297, second-best on the squad, with 98 kills and 58 blocks ... Recorded 1.09 blocks per game during her last 10 matches ... Hit .500 with a season-high 10 kills, no errors in 20 attempts in AASU's 3-1 win over Saginaw Valley State on 9/2 ... Hit .467 with seven kills at USC Upstate on 10/8 ... Hit .538 with seven kills at nationally-ranked Tampa on 10/17 ... Collected double-digit kills in seven matches ... Recorded five or more blocks in eight matches.



## PREVIOUS SCHOOL

Played two years at Golden West College and helped the Rustlers to a 25-1 record and a 12th straight California State Championship in 2004 ... Collected 238 kills and led the Rustlers with a .368 hitting percentage as a sophomore ... Head coach Albert Gasparian said Falco was "our most improved player in 19 years."

## HIGH SCHOOL

Played for two years at Millikan High School in Long Beach, Calif.

## PERSONAL

Born Rachel Suzanne Falco on July 19, 1985, in Long Beach, Calif., her hometown ... Daughter of Del Black ... Majoring in psychology ... Enjoys swimming and playing beach volleyball ... Andy Roddick is a favorite sports personality.

## Falco's Match Highs

### Kills:

10 vs. Saginaw Valley State, 9/2/05

### Hitting Percentage:

.500 (10-0-20) vs. SVSU, 9/2/05

.538 (7-0-13) at Tampa, 10/17/05

### Blocks:

9 at Francis Marion, 10/21/05

## Rachel Falco's Career Statistics

Year	MP/GP	Kills	Errors	Attacks	Pct.	Assists	SA	SE	Digs	BS	BA	BE	BHE
2005	27/70	98	18	269	.297	29	2	0	30	10	48	58	2
1 Year	27/70	98	18	269	.297	29	2	0	30	10	48	58	2



Falco hit .450 or better in five matches in 2005



## Senior Adriana Miller



# Adriana Miller

# 15

## Senior Outside Hitter

5-11 • Rocklin, Calif.



### 2005

Played in 30 matches and 93 games as a junior for the Pirates ... Hit .071 with 136 kills and 281 digs, third-most on the squad ... Registered a season-high 14 kills to go with 18 digs and five blocks in AASU's 3-2 win over Francis Marion on 9/23 ... Notched 10 or more digs in 13 matches, including a season-high 21 digs against Winona State on 9/1 ... Recorded 10 kills and 19 digs at Lander on 10/7.

### PREVIOUS SCHOOL

Played two years at American River College ... Earned All-Conference honors as a sophomore in 2004, ranking eighth in the state of California in kills (303, 4.46 per game) and registering 352 digs (3.72 per game) ... Recorded 216 kills (2.96 per game) as a freshman in 2003 for the Beavers.

### HIGH SCHOOL

Played for four years at Rocklin HS in Rocklin, Calif. ... Member of the Rocklin HS Hall of Fame who holds school records for most kills (324) and digs (151) in a season ... Two-time All-League honoree who also played three years of basketball for the Thunder ... Led Rocklin HS to a conference championship in 2002.



### Miller's Match Highs

**Kills:**

14 vs. Francis Marion, 9/23/05

**Hitting Percentage:**

.300 (8-2-20) vs. Flagler, 8/30/05

**Blocks:**

5 vs. Wisconsin-Parkside, 9/2/05  
vs. Francis Marion, 9/23/05

**Digs:**

21 vs. Winona State, 9/1/05

**Service Aces:**

4 vs. USC Aiken, 9/30/05

### PERSONAL

Born Adriana Lynette Miller on May 24, 1984, in Roseville, Calif. ... Hometown is Rocklin, Calif. ... Daughter of Ken and Lynette Miller ... Majoring in nursing ... Enjoys watching movies, listening to music and hanging out with friends ... Kerri Walsh is a favorite sports personality.

### Adriana Miller's Career Statistics

Year	MP/GP	Kills	Errors	Attacks	Pct.	Assists	SA	SE	Digs	BS	BA	BE	BHE
2005	30/93	136	101	494	.071	4	23	29	281	6	18	7	4
<b>1 Year</b>	<b>30/93</b>	<b>136</b>	<b>101</b>	<b>494</b>	<b>.071</b>	<b>4</b>	<b>23</b>	<b>29</b>	<b>281</b>	<b>6</b>	<b>18</b>	<b>7</b>	<b>4</b>

Miller had 14 kills, 18 digs and five blocks in AASU's 3-2 win over FMU on 9/23





# Leah Schmiedge

Senior Middle Hitter

5-11 • Regina, Saskatchewan

# 3



### 2005

Played in 34 matches and 118 games as a junior for the Pirates ... Hit .235 with 189 kills and 140 blocks ... Ranked second in the PBC in blocks, averaging 1.19 per game ... Earned All-Tournament honors at the 2005 Lewis University Flyer Festival ... Recorded season-high 13 kills, hitting .357 in AASU's 3-2 win over Puerto Rico-Rio Piedras on 9/10 ... Notched double-digit kills in five other matches ... Blocked a season-high 11 balls at USC Aiken on 9/29 ... Recorded five or more blocks in 12 matches ... Hit .833 in the Pirates' 3-1 win over USC Upstate on 11/4 ... Member of PBC Presidential Honor Roll.

### PREVIOUS SCHOOL

Played two years at Pasco Hernando CC in New Port Richey, Fla. ... Two-time All-Conference honoree who also earned All-Tournament honors at the FCCAA Championships as a sophomore ... Also honored on the FCCAA All-Academic squad as a sophomore.

### Schmiedge's Match Highs

**Kills:**

13 vs. Puerto Rico-Rio Piedras, 9/10/05

**Hitting Percentage:**

.833 (10-0-12) vs. USC Upstate, 11/4/05

.364 (10-2-22) vs. Catawba, 9/9/05

**Blocks:**

11 at USC Aiken, 10/29/05

### HIGH SCHOOL

Played for four years at Riffel HS in Regina, Saskatchewan ... Named MVP of her squad as a senior and Riffel captured the Regina city championship that year ... Participated for the RVC volleyball club and was a part of the Saskatchewan Winter Games team in 2002.

### PERSONAL

Born Leah Schmiedge on September 10, 1985, in Regina, Saskatchewan, her hometown ... Daughter of Margot and Dean Schmiedge ... Enjoys camping, traveling, swimming and learning new sports.



### Leah Schmiedge's Career Statistics

Year	MP/GP	Kills	Errors	Attacks	Pct.	Assists	SA	SE	Digs	BS	BA	BE	BHE
2005	34/118	189	79	469	.235	4	5	1	26	12	128	25	5
1 Year	34/118	189	79	469	.235	4	5	1	26	12	128	25	5



Schmiedge notched 1.19 blocks per game in 2006, ranking second in the PBC

## Senior Stacy Yates



# Stacy Yates

# 2

## Senior Setter

5-7 • Shorewood, Ill.



### 2005

Played in 33 matches and 120 games as a junior for the Pirates ... Recorded 685 assists, averaging 5.71 per game, as one of the Pirates' setters in their 6-2 offense ... Notched 30 or more assists in four matches, including a season-high 35 assists in AASU's come-from-behind 3-2 win at USC Upstate on 10/8 ... Collected 32 assists at Lander on 10/7 and 30 assists against Puerto Rico-Rio Piedras and Catawba in the 2005 AASU/Chatham Orthopedics Volleyball Classic ... Served a season-high seven aces in AASU's season-opening match against Western State on 8/26 ... Registered double-digit kills in six matches, including season-high 15 dig totals against Catawba on 9/9 and at USC Upstate on 10/8 ... Member of PBC Presidential Honor Roll.

### PREVIOUS SCHOOL

Played two years at Joliet JC ... NJCAA Division III honorable mention All-America selection in 2004 ... Recorded 846 assists as a sophomore in 2004, ranking 12th in NJCAA Division III in assists per game (7.83) ... Two-time All-Conference and All-Region IV Tournament honoree ... All-Region IV honors in 2004 as well.

### Yates' Match Highs

**Assists:**

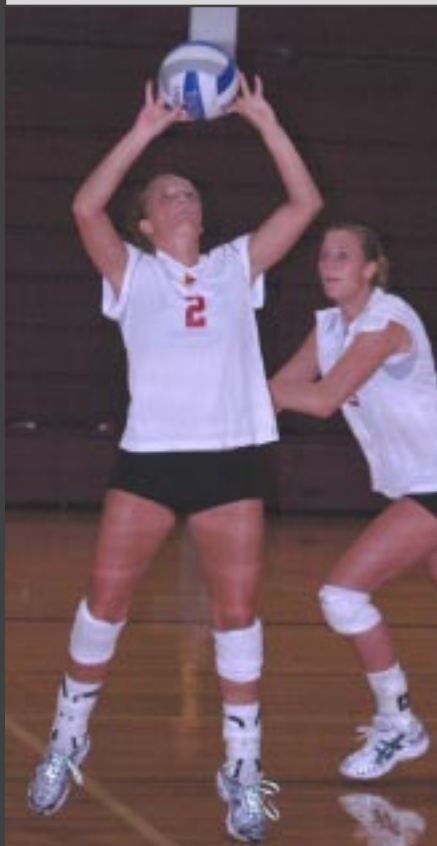
35 at USC Upstate, 10/8/05

**Digs:**

15 vs. Catawba, 9/9/05  
at USC Upstate, 10/8/05

**Service Aces:**

7 vs. Western State, 8/26/05



### HIGH SCHOOL

Played for four years at Minooka Community HS in Minooka, Ill. ... All-Conference honoree as a junior and senior for the Indians, as well as a two-time All-Area honoree ... Team captain as a senior who also played club volleyball for UNO and Unlimited volleyball club.

### PERSONAL

Born Stacy Ann Yates on February 21, 1985, in Joliet, Ill. ... Hometown is Shorewood, Ill. ... Daughter of Jean and Steven Yates ... Younger sister, Nicole, is in her first season as a freshman outside hitter for the Pirates ... Majoring in elementary education ... Enjoys both jet skiing and water skiing ... Keri Walsh is a favorite sports personality.

### Stacy Yates' Career Statistics

Year	MP/GP	Kills	Errors	Attacks	Pct.	Assists	SA	SE	Digs	BS	BA	BE	BHE
2005	33/120	19	15	65	.062	685	39	22	237	0	1	2	36
1 Year	33/120	19	15	65	.062	685	39	22	237	0	1	2	36

Yates recorded seven aces in AASU's 2005 season-opening match







# Kassi Kixmiller

# 6

*Junior Middle Hitter*

*5-10 • Bloomington, Ind.*



## 2005

Played in 19 matches and 29 games as a sophomore for the Pirates ... Hit .171 with 12 kills ... Collected four kills in five attacks without an error in AASU's 3-0 win over UNC Pembroke on 9/24 ... Registered just one hitting error in eight PBC matches ... Member of PBC Presidential Honor Roll.

## 2004

Played in 21 matches and 36 games as a freshman for the Pirates in 2004 ... Registered 13 kills and 17 blocks on the season ... Notched a season-high seven blocks in AASU's 3-1 win at Augusta State on 10/1 ... Also notched a career-high five kills in that match.



## Kixmiller's Match Highs

### Kills:

5 at Augusta State, 10/1/04

### Hitting Percentage:

.231 (5-2-13) at Augusta State, 10/1/04

### Blocks:

7 at Augusta State, 10/1/04

## HIGH SCHOOL

Played for four years at Bloomington North HS in Bloomington, Ind. ... Graduated with honors from Bloomington North HS and also competed in basketball, track and cheerleading for the Cougars.

## PERSONAL

Born Kassandra Lauren Kixmiller on May 16, 1986, in Bloomington, Ind., her hometown ... Daughter of Kim and Kim Kixmiller ... Brother, Kyle, plays basketball for Bethel College ... Majoring in economics ... Enjoys shopping, hanging out with friends and boating.

## Kassi Kixmiller's Career Statistics

Year	MP/GP	Kills	Errors	Attacks	Pct.	Assists	SA	SE	Digs	BS	BA	BE	BHE
2004	21/36	13	15	44	-.045	2	1	2	4	1	16	2	2
2005	19/29	12	6	35	.171	0	0	3	1	0	5	1	0
<b>2 Years</b>	<b>40/65</b>	<b>25</b>	<b>21</b>	<b>79</b>	<b>.051</b>	<b>2</b>	<b>1</b>	<b>5</b>	<b>5</b>	<b>1</b>	<b>21</b>	<b>3</b>	<b>2</b>



*Kixmiller was one of nine PBC Presidential Honor Roll VB honorees in '05*

## Junior Stacia McCoy



# Stacia McCoy

# 9

## Junior Outside Hitter

5-10 • Eagan, Minn.



### 2005

Played in 31 matches and 99 games as a sophomore for the Pirates ... Collected 209 digs, averaging 2.11 per game, serving as the Pirate's primary libero during the season ... Notched double-digit digs in nine matches, including a career-high 15 digs twice during the season ... Recorded 15 digs vs. Winona State on 9/1 ... Also collected 15 digs against Wisconsin-Parkside on 9/2 ... Tied career-high with five kills in eight attempts with no errors in AASU's 3-0 win over UNC Pembroke on 9/24 ... Tied career high with three service aces vs. Tampa on 9/17 ... Member of PBC Presidential Honor Roll.

### 2004

Played in 32 matches and 84 games as a freshman for the Pirates in 2004 ... Registered 28 kills and 142 digs on the season ... Notched a season-high five kills and 14 digs in AASU's 3-2 win over New York Tech on 9/4 ... Also collected 10 digs at Augusta State (10/1) and USC Aiken (10/2).

### McCoy's Match Highs

**Kills:**

5 vs. New York Tech, 9/4/04  
vs. UNC Pembroke, 9/24/05

**Service Aces:**

3, three times. Last vs. Tampa, 9/17

**Digs**

15 vs. Winona State, 9/1/05  
vs. Wisconsin-Parkside, 9/2/05



### HIGH SCHOOL

Played for four seasons at Eastview HS in Apple Valley, Minn. ... Academic All-America nominee who also earned the Lake Conference academic achievement award ... Played club volleyball for M1 of Minnesota.

### PERSONAL

Born Stacia McCoy on June 19, 1986, in Beaumont, Texas ... Hometown is Eagan, Minn. ... Daughter of Kim and Robb McCoy ... Majoring in nursing ... Enjoys singing and shopping ... Her brother Adam is an influential personality.

### Stacia McCoy's Career Statistics

Year	MP/GP	Kills	Errors	Attacks	Pct.	Assists	SA	SE	Digs	BS	BA	BE	BHE
2004	32/84	28	21	113	.062	3	20	20	142	1	6	0	5
2005	31/99	6	10	33	-.121	3	24	24	209	0	2	1	5
<b>2 Years</b>	<b>63/183</b>	<b>34</b>	<b>31</b>	<b>146</b>	<b>.021</b>	<b>6</b>	<b>44</b>	<b>44</b>	<b>351</b>	<b>1</b>	<b>8</b>	<b>1</b>	<b>10</b>

McCoy set a new career high with 209 digs in 2005



# Margaret Thornton 16

*Junior Setter*

*5-8 • Hesperia, Calif.*



## **2005**

Played in all 34 matches and all 125 games as a sophomore for the Pirates ... Recorded 717 assists, averaging 5.74 per game, leading the team for the second straight season ... Notched a career-high 41 assists at Florida Southern on 10/25 ... Tallied 35 assists in AASU's 3-2 win over Francis Marion on 9/23 ... Recorded double-digit digs in seven matches, including a career-high 19 at USC Upstate on 10/8 ... Led the team in service aces for the second straight season with 41.

## **2004**

Played in all 37 matches and all 131 games as a freshman for the Pirates in 2004 ... Led the team in assists with 850 and ranked eighth in the Peach Belt with 6.49 assists per game ... Tied Koreena Kaminski's school record with nine service aces in AASU's 3-0 win over Converse on 9/18 ... Registered double-figure assists in every match but one ... Notched 30+ assists in six matches.

## **Thornton's Match Highs**

### **Assists:**

41 at Florida Southern, 10/25/05

### **Service Aces:**

9 vs. Converse, 9/18/04

### **Digs:**

19 at USC Upstate, 10/8/05

## **HIGH SCHOOL**

Played for four seasons at Sultana HS in Hesperia, Calif. ... Three-time team MVP for the Sultans and two-time school Athlete of the Year.

## **PERSONAL**

Born Margaret Mae Thornton on August 17, 1986, in Fontana, Calif. ... Hometown is Hesperia, Calif. ... Daughter of Jimmy and Renee Thornton ... Majoring in Education ... Sisters, Mary and Marla, played volleyball for CS San Bernardino. Mary recorded the third-most career kills in CSUSB history (1,211) from 1996-99 ... Enjoys playing beach volleyball.



## **Margaret Thornton's Career Statistics**

Year	MP/GP	Kills	Errors	Attacks	Pct.	Assists	SA	SE	Digs	BS	BA	BE	BHE
2004	37/131	7	3	18	.222	850	45	41	251	0	1	0	22
2005	34/125	6	6	30	.000	717	41	47	248	0	3	7	23
<b>2 Years</b>	<b>71/256</b>	<b>13</b>	<b>9</b>	<b>48</b>	<b>.083</b>	<b>1567</b>	<b>86</b>	<b>88</b>	<b>499</b>	<b>0</b>	<b>4</b>	<b>7</b>	<b>45</b>



**Thornton ranks fifth all-time in AASU history in assists with 1,567**



## Junior Rindy Vidovich



# Rindy Vidovich

**Junior Outside/Opposite Hitter**

**5-11 • San Pedro, Calif.**

# 12



### 2005

Played in 33 matches and 116 games as a sophomore for the Pirates ... Hit .201 with 265 kills, third-most on the squad ... Notched double-digit kills in 10 matches, including tying a career high with 16 kills at USC Upstate on 10/8 ... Hit .400 with 12 kills and 22 digs against USC Upstate on 11/4 ... Tallied a career-high 23 digs at Florida Southern on 10/25 and had four matches of 20+ digs ... Had a stretch of five straight games with 10+ kills from Sept. 10-23 ... Hit a career-high .550 with 11 kills and no errors in 20 attempts against Flagler on 8/30.

### 2004

Played in 34 matches and 80 games as a freshman for the Pirates in 2004 ... Hit .225 with 131 kills, 133 digs and 46 blocks ... Notched season-high 16 kills and 14 digs in AASU's 3-1 loss to Florida Southern on 9/10 ... Recorded 12 kills and 10 digs at No. 8 North Florida on 10/27 ... Blocked a season-high six balls at Eckerd on 10/18 ... Notched 10 or more digs in six matches and 10 or more kills in three matches.

### Vidovich's Match Highs

**Kills:**

16 vs. Florida Southern, 9/10/04  
at USC Upstate, 10/8/05

**Hitting Percentage:**

.550 (11-0-20) vs. Flagler, 8/30/05

**Digs:**

23 at Florida Southern, 10/25/05



### HIGH SCHOOL

Played for four years at Mary Star of the Sea HS in San Pedro, Calif. ... Earned league MVP and team MVP honors as a senior, leading the Stars to the CIF Finals ... Two-time first-team All-CIF honoree ... Also a four-year honor roll honoree.

### PERSONAL

Born Rindy Lyn Vidovich on July 9, 1986, in San Pedro, Calif., her hometown ... Daughter of Andrew and Lori Vidovich ... Majoring in health science ... Enjoys shopping and going to the beach.

### Rindy Vidovich's Career Statistics

Year	MP/GP	Kills	Errors	Attacks	Pct.	Assists	SA	SE	Digs	BS	BA	BE	BHE
2004	34/80	131	49	364	.225	13	17	18	133	8	38	3	1
2005	33/116	265	107	787	.201	25	22	25	249	6	63	3	5
<b>2 Years</b>	<b>67/196</b>	<b>396</b>	<b>156</b>	<b>1151</b>	<b>.209</b>	<b>38</b>	<b>39</b>	<b>43</b>	<b>382</b>	<b>14</b>	<b>101</b>	<b>6</b>	<b>6</b>

**Vidovich had four games with 20+ digs in 2005**





## Freshmen Gwendolyn Clarke and Nicole Yates

# Gwendolyn Clarke

**Freshman Outside Hitter**

**5-11 • Superior, Colo.**

# 10

### HIGH SCHOOL

Played for three years at Monarch HS in Louisville, Colo. ... Named Region Player of the Year as a senior and earned first-team All-Conference honors ... Also an All-Region honoree as a sophomore.

### PERSONAL

Born Gwendolyn M. Clarke on August 17, 1988, in Boulder, Colo. ... Hometown is Superior, Colo. ... Daughter of Gayle Gruenisen and James Clarke ... Majoring in biology ... Enjoys cooking, camping, hiking and all sports.



# Nicole Yates

**Freshman Outside Hitter**

**5-8 • Shorewood, Ill.**

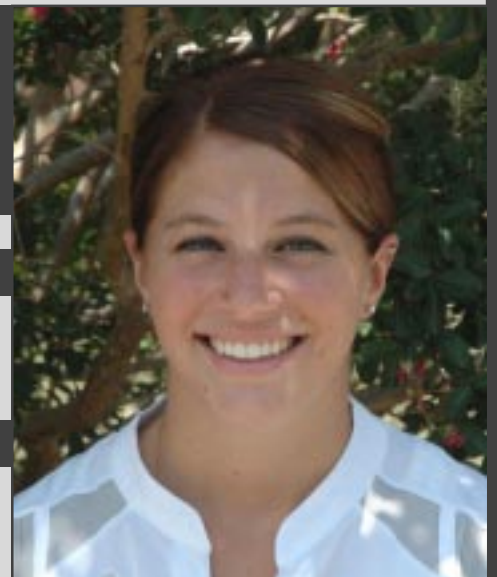
# 5

### HIGH SCHOOL

Played for three years at Minooka Community HS in Minooka, Ill. ... Three-time All-Conference honoree for the Indians ... Two-time All-Area honoree as well as selected by the *Morris Daily Herald*.

### PERSONAL

Born Nicole Ann Yates on January 22, 1988, in Joliet, Ill. ... Hometown is Shorewood, Ill. ... Daughter of Jean and Steven Yates ... Older sister, Stacy, is in her second year with the Pirate volleyball squad as a senior setter ... Majoring in nursing ... Enjoys boating and jet-skiing ... Lists Misty May as a favorite sports personality.



**Nicole Yates is the younger sister of AASU senior setters Stacy Yates**



## ***Pirates Capture First-Ever Peach Belt Conference Regular Season Title In 2005***

The Armstrong Atlantic State volleyball squad captured its first-ever regular season Peach Belt Conference volleyball title in 2005, concluding another outstanding season for the Pirates.

For the seventh straight season, the Pirates won 20 or more matches, going 22-12 and dropping just one match in Peach Belt play. AASU finished with an 11-1 league record, winning the league crown by one match over Francis Marion. Three of those 11 league wins were in five-game matches, including a thrilling five-game win at USC Upstate on Oct. 8 in which the Pirates erased a 2-0 deficit to come back and knock off the Spartans, 26-30, 28-30, 30-26, 30-20, 15-9.

AASU also made trips to San Antonio and Romeoville, Ill., for early-season tournaments and went 5-3 against teams from across the country, including wins over Lewis University, Harding and Western State.

The Pirates were led individually in 2005 by Peach Belt Conference Player of the Year Traci Knuth, who continues to dominate on the court in her third season for AASU. Knuth was a three-time PBC Player of the Week honoree for the second straight season and ranked second in the league in hitting percentage (.303) and third in blocks per game (1.16). A three-time All-PBC honoree, Knuth also collected her 1,000th career kill in 2005, just the fifth player in AASU history to reach that plateau and only the second to do it in only three seasons.

Junior rightside hitter Lauren Good also earned All-PBC honors for the first time in her career and junior middle hitter Leah Schmiedge ranked among the league leaders in blocks as the Pirates led the Peach Belt and ranked 10th in NCAA Division II in blocks per game. AASU averaged 2.83 blocks per game, its best team average in more than a decade. The Pirates have led the league in blocking each of the last three seasons.

Junior Christina Flores, a year removed from setting the single-season AASU dig record, again had an outstanding year defensively, notching 380 digs. She is on pace to become the Pirates' all-time leader in digs during her senior season.

The Pirates successfully ran a 6-2 offense in 2005, relying on sophomore Margaret Thornton and junior Stacy Yates to both act as setters on the court - the duo combined to average 11.45 assists per game on the year and as a team, the Pirates ranked second in the Peach Belt in assists per game with a 13.47 average.

AASU lost just one player from its squad - senior rightside hitter Ranay Dato - and returned 12 players for the upcoming 2006 season.



***Junior Christina Flores tallied her 1,000th career dig in just her third season and stands 191 digs away from the all-time AASU record.***



***Sophomore Margaret Thornton sets junior Leah Schmiedge in a contest last year. Thornton and the Pirates ranked second in the PBC in assists per game, averaging 13.47 per contest.***

***AASU has compiled an 80-16 PBC record in the last seven seasons***





## 2005 Armstrong Atlantic State Volleyball Results

Overall: 22-12 • Home: 10-3 • Away: 7-5 • Neutral: 5-4

Date	Opponent	Result	Kills	Assists	Digs	Blocks
8/26	vs. Western State @	W 3-0 (30-23, 30-17, 30-24)	Vidovich (9)	Yates (16)	Vidovich (8)	Two with 4
	vs. Harding @	W 3-0 (30-27, 30-28, 30-26)	Knuth (16)	Thornton (28)	Yates (13)	Schmiedge (9)
8/27	vs. Ashland @	L 3-1 (26-30, 14-30, 30-28, 18-30)	Knuth (11)	Thornton (19)	Four with 9	Knuth (6)
	at St. Mary's @	L 3-2 (30-32, 30-28, 30-15, 23-30, 12-15)	Knuth (18)	Two with 26	Flores (16)	Knuth (4)
8/30	Flagler	W 3-0 (30-21, 30-21, 30-25)	Vidovich (11)	Thornton (21)	Flores (17)	Two with 5
9/1	vs. Winona State #	L 3-2 (30-15, 16-30, 30-26, 24-30, 9-15)	Flores (14)	Yates (30)	Flores (28)	Knuth (8)
9/2	vs. Saginaw Valley St. #	W 3-1 (30-21, 30-28, 15-30, 35-33)	Knuth (15)	Yates (27)	Flores (20)	Good (6)
	vs. Wisc.-Parksides #	W 3-0 (30-25, 30-21, 30-24)	Two with 9	Yates (14)	McCoy (15)	Miller (5)
9/3	at Lewis #	W 3-0 (30-27, 30-28, 30-28)	Flores (12)	Yates (22)	Flores (16)	Knuth (7)
9/9	Catawba %	L 3-2 (30-27, 27-30, 30-23, 14-30, 14-16)	Flores (15)	Yates (29)	Flores (20)	Knuth (6)
	Florida Southern %	L 3-0 (26-30, 20-30, 19-30)	Flores (10)	Thornton (20)	Flores (11)	Good (3)
9/10	Lenoir-Rhyne %	W 3-0 (30-18, 30-20, 30-20)	Knuth (11)	Thornton (18)	Flores (13)	Knuth (8)
	P.R.-Rio Piedras %	W 3-2 (30-28, 23-30, 29-31, 30-22, 15-11)	Knuth (19)	Two with 30	Miller (17)	Knuth (12)
9/13	at Valdosta State	L 3-0 (31-33, 25-30, 28-30)	Flores (13)	Yates (16)	Vidovich (9)	Two with 3
9/17	Tampa	L 3-0 (21-30, 25-30, 26-30)	Vidovich (14)	Yates (21)	Flores (12)	Flores (3)
9/18	West Georgia	W 3-0 (30-26, 30-20, 30-28)	Knuth (17)	Two with 24	Miller (15)	Two with 3
9/23	Francis Marion	W 3-2 (30-21, 30-25, 34-36, 24-30, 15-10)	Good (18)	Thornton (35)	Two with 18	Schmiedge (10)
9/24	UNC Pembroke	W 3-0 (30-14, 30-18, 30-24)	Knuth (10)	Yates (22)	Miller (9)	Two with 2
9/30	USC Aiken	W 3-1 (30-23, 30-19, 28-30, 30-20)	Good (11)	Thornton (24)	McCoy (14)	Two with 4
10/1	Augusta State	W 3-0 (30-17, 30-24, 30-17)	Knuth (12)	Yates (17)	Thornton (10)	Two with 3
10/7	at Lander	W 3-1 (28-30, 30-16, 30-14, 30-20)	Knuth (17)	Yates (32)	Miller (19)	Two with 4
10/8	at USC Upstate	W 3-2 (26-30, 28-30, 30-26, 30-20, 15-9)	Vidovich (16)	Yates (35)	Thornton (19)	Good (6)
10/14	at Barry	L 3-0 (24-30, 15-30, 14-30)	Knuth (7)	Thornton (13)	Knuth (9)	Schmiedge (3)
10/15	at Florida Tech	W 3-0 (30-21, 30-20, 30-17)	Knuth (13)	Yates (20)	Vidovich (12)	Two with 6
10/15	at Tampa	L 3-1 (23-30, 30-32, 30-27, 13-30)	Knuth (14)	Yates (24)	Flores (18)	Schmiedge (6)
10/21	at Francis Marion	L 3-2 (18-30, 32-30, 30-25, 28-30, 10-15)	Knuth (19)	Thornton (24)	Vidovich (22)	Two with 9
10/22	at UNC Pembroke	W 3-0 (30-20, 30-15, 30-19)	Good (11)	Yates (27)	Yates (4)	Good (7)
10/25	at Florida Southern	L 1-3 (20-30, 30-27, 26-30, 23-30)	Knuth (16)	Thornton (41)	Vidovich (23)	Knuth (4)
10/28	at Augusta State	W 3-0 (30-16, 30-23, 30-17)	Two with 10	Thornton (28)	Vidovich (9)	Two with 5
10/29	at USC Aiken	W 3-2 (30-28, 30-27, 20-30, 28-30, 15-7)	Two with 14	Thornton (24)	Flores (13)	Schmiedge (11)
11/4	USC Upstate	W 3-1 (30-20, 27-30, 30-24, 30-17)	Flores (17)	Thornton (28)	Vidovich (22)	Knuth (10)
11/5	Lander	W 3-0 (32-30, 30-13, 30-25)	Knuth (11)	Thornton (20)	Miller (11)	Knuth (3)
11/11	vs. USC Aiken ^	W 3-0 (30-18, 30-13, 30-22)	Flores (10)	Thornton (19)	Thornton (11)	Three with 4
11/12	vs. Francis Marion ^	L 3-0 (23-30, 20-30, 27-30)	Schmiedge (10)	Thornton (21)	Vidovich (21)	Falco (4)

@ St. Mary's Invitational (San Antonio, Texas) # Lewis University Flyer Festival (Romeoville, Ill.)

% Chatham Orthopaedics Pirate Volleyball Classic ^ PBC Tournament

## 2005 Pirate Season Statistics

Player	MP/GP	Kills	Errors	Attacks	Pct.	Assists	SA	SE	Digs	BS	BA	BE	BHE
Traci Knuth	34/125	382	109	902	.303	11	39	28	293	16	129	12	3
Rachel Falco	27/70	98	18	269	.297	29	2	0	30	10	48	4	2
Leah Schmiedge	34/118	189	79	469	.235	4	5	1	26	12	128	25	5
Rindy Vidovich	33/116	265	107	787	.201	25	22	25	249	6	63	3	5
Kassi Kixmiller	19/29	12	6	35	.171	0	0	3	1	0	5	1	0
Lauren Good	34/116	210	107	603	.171	42	0	2	57	15	81	25	10
Shari Hicks	21/31	41	21	124	.161	4	2	1	27	1	9	2	1
Christina Flores	34/120	286	142	895	.161	12	37	30	380	11	48	11	2
Ranay Dato	15/30	30	19	109	.101	7	0	0	3	0	14	3	1
Adriana Miller	30/93	136	101	494	.071	4	23	29	281	6	18	7	4
Stacy Yates	33/120	19	15	65	.062	685	39	22	237	0	1	2	36
Margaret Thornton	34/125	6	6	30	.000	717	41	47	248	0	3	7	23
Stacia McCoy	31/99	6	10	33	-.121	3	24	24	30	0	2	1	5
<b>TOTALS</b>	<b>34/125</b>	<b>1705</b>	<b>753</b>	<b>4908</b>	<b>.194</b>	<b>1543</b>	<b>239</b>	<b>226</b>	<b>2080</b>	<b>78</b>	<b>552</b>	<b>104</b>	<b>98</b>
<b>Opponents</b>	<b>34/125</b>	<b>1652</b>	<b>893</b>	<b>4978</b>	<b>.152</b>	<b>1475</b>	<b>236</b>	<b>278</b>	<b>2140</b>	<b>64</b>	<b>373</b>	<b>91</b>	<b>132</b>



Since 1999, the Pirates have compiled a 82-22 home record

# 2005 Season Results & Statistics



## 2005 Peach Belt Conference Standings

School	PBC Games	Home	Away	All Games	Home	Away	Neut
Armstrong Atl. State	11-1 .916	6-0	5-1	22-12 .647	10-3	7-5	5-4
Francis Marion	10-2 .833	5-1	5-1	29-11 .725	9-4	7-4	13-3
USC Upstate	8-4 .667	4-2	4-2	21-13 .618	7-3	9-5	5-5
USC Aiken	7-5 .583	4-2	3-3	16-14 .533	4-5	5-2	7-7
UNC Pembroke	4-8 .333	2-4	2-4	11-21 .344	4-4	3-8	3-8
Augusta State	2-10 .167	1-5	1-5	6-27 .182	3-9	2-7	1-12
Lander	0-12 .000	0-6	0-6	10-23 .303	7-12	3-7	0-4

## 2005 PBC Statistical Leaders

### Hitting Percentage

Player/School	GP	K-E-Att.	Pct.
Mandy Gerolstein, USCA	115	400-124/895	.308
<b>Traci Knuth, AASU</b>	<b>125</b>	<b>382-109/902</b>	<b>.303</b>
Rachel Falco, AASU	70	98-18/269	.297
Jessica Bartlett, FMU	146	411-104/1063	.289
Sarah Harrison, UNCP	103	223-71/576	.264

### Kills Per Game

Player/School	GP	K	K/Game
Mandy Rupert, SCUP	118	528	4.47 (30th NCAA)
Sarah Lobstein, ASU	120	459	3.83
Lezlie Logan, FMU	137	493	3.60
Mandy Gerolstein, USCA	115	400	3.48
Lindsey Graue, SCUP	101	336	3.33

### Assists Per Game

Player/School	GP	AST	AST/Game
Shannon Pallardy, SCUP	120	1237	10.31
Jenna Kaiser, FMU	94	962	10.23
Rachel Dalitz, USCA	116	1035	8.92
Claire Damon, LU	112	932	8.32
Jessica Lowes, ASU	119	948	7.97

### Blocks Per Game

Player/School	GP	BS-BA-TB	Blk/Gm
Christy Plecha, LU	121	60-100-160	1.32 (20th NCAA)
<b>Leah Schmiedge, AASU</b>	<b>118</b>	<b>12-128-140</b>	<b>1.19</b>
<b>Traci Knuth, AASU</b>	<b>125</b>	<b>16-129-145</b>	<b>1.16</b>
Mandy Gerolstein, USCA	115	40-81-121	1.05
Laura Williams, USCA	117	34-84-118	1.01

### Digs Per Game

Player/School	GP	DIG	DIG/Game
Jessica Strader, FMU	141	709	5.03
Erin Hagemann, SCUP	123	585	4.76
Sara Senn, LU	130	583	4.48
Melissa Trippany, LU	129	577	4.47
Alex Cogdill, UNCP	110	487	4.43

### Service Aces Per Game

Player/School	GP	Aces	Aces/Game
Mandy Rupert, SCUP	118	71	0.60
Rachel Dalitz, USCA	116	68	0.59
Jessica Strader, FMU	141	80	0.57
Lexie Wood, UNCP	104	59	0.57
Sara Senn, LU	130	61	0.47

## 2005 All-Peach Belt Team

Player/School	Ht.	Yr.	Pos.	Hometown
Jessica Bartlett, FMU	6-0	Sr.	RS	Richmond, Va.
Rachel Dalitz, USCA	5-9	Sr.	S	Orange, Calif.
Mandy Gerolstein, USCA	6-1	Soph.	MH	Millersville, Md.
<b>Lauren Good, AASU</b>	<b>6-0</b>	<b>Jr.</b>	<b>RS</b>	<b>Richmond, Va.</b>
<b>Traci Knuth, AASU</b>	<b>5-11</b>	<b>Jr.</b>	<b>MH</b>	<b>Columbus, Neb.</b>
Lezlie Logan, FMU	5-10	Jr.	MH	Cleburne, Texas
Shannon Pallardy, SCUP	5-6	Sr.	S	LaCrosse, Wisc.
Mandy Rupert, SCUP	5-10	Jr.	OH	League City, Texas

**Freshman of the Year:** Jenna Kaiser, Francis Marion

**Player of the Year:** Traci Knuth, Armstrong Atlantic State

**Coach of the Year:** Alan Segal, Armstrong Atlantic State

## 2005 PBC Tournament Team

Jessica Bartlett, Francis Marion  
 Jenna Kaiser, Francis Marion  
**Traci Knuth, Armstrong Atlantic State**  
 Mandy Gerolstein, USC Aiken  
 Mandy Rupert, USC Upstate

**Most Valuable Player:** Jessica Strader, Francis Marion

## 2005 PBC Weekly Honors

Date	Player of the Week	Specialist of the Week
9/6	Mandy Rupert, SCUP	Jessica Strader, FMU
9/12	<b>Traci Knuth, AASU</b>	Shannon Pallardy, SCUP
9/19	Laura Williams, USCA	Jessica Strader, FMU
9/26	Mandy Gerolstein, USCA	Shannon Pallardy, SCUP
10/3	Lezlie Logan, FMU	Erin Hagemann, SCUP
10/10	Mandy Gerolstein, USCA	Rachel Dalitz, USCA
10/17	Mandy Gerolstein, USCA	Rachel Dalitz, USCA
10/24	Sarah Lobstein, ASU	Jessica Lowes, ASU
10/31	<b>Traci Knuth, AASU</b>	Jenna Kaiser, FMU
11/7	<b>Traci Knuth, AASU</b>	Rachel Dalitz, USCA

## AASU In PBC/NCAA Statistics

**Hitting Percentage:** .194, 3rd **Assists per Game:** 13.47, 2nd

**Opponents Hitting %:** .152, 1st **Digs per Game:** 16.40, 5th

**Blocks per Game:** 2.83, 1st (10th NCAA)

**Kills per Game:** 13.64, 4th

**Service Aces per Game:** 1.98, 4th

**In 2005, AASU led the PBC in blocking for a third straight year**





# 2006 PBC Composite Schedule

## August

24	{AASU vs. Fort Lewis	6:00
25	{AASU vs. Georgian Court	9:00 am
	<Francis Marion vs. Pittsburgh-Johnstown	10:00 am
	@Augusta State vs. Salem International	11:00 am
	#UNC Pembroke vs. Cameron (Okla.)	2:00
	<Francis Marion vs. Bridgeport	4:00
	@Augusta State vs. North Greenville	5:00
	Flagler at USC Aiken	7:30
	<Francis Marion at Glenville State	8:00
	{AASU at Colorado-Col. Springs	8:15
	Lander at Trojan Invitational	TBA
	USC Upstate at Converse Tournament	TBA
26	Limestone at USC Aiken	10:00 am
	{AASU vs. Montana St.-Billings	10:45 am
	@Augusta State vs. Southern Wesleyan	12:00
	#UNC Pembroke vs. St. Augustine	12:00
	<Francis Marion vs. Slippery Rock	3:00
	#UNC Pembroke vs. Coker	4:00
	{AASU vs. Southeastern Oklahoma	5:30
	Newberry at USC Aiken	5:30
	@Augusta State vs. Mars Hill	6:00
	Lander at Trojan Invitational	TBA
	USC Upstate at Converse Tournament	TBA
28	AASU at Cal State Monterey Bay	7:00
29	USC Aiken at Claffin	6:00
	UNC Pembroke at Limestone	6:30
	USC Upstate at Southern Wesleyan	6:30
	Francis Marion at St. Andrews	7:00
	AASU at Cal State Dominguez Hills	7:30
30	Augusta State at Presbyterian	7:00
	Lander at Limestone	7:00

## September

1	+Augusta State vs. Coker	8:00 am
	&Lander vs. Mt. Olive	12:30
	+Augusta State vs. St. Leo	2:00
	<>AASU vs. Western Washington	4:00
	&Lander at Carson-Newman	5:00
	~UNC Pembroke vs. Queens	5:00
	<>AASU at Grand Canyon	7:00
	USC Upstate at Clark-Atlanta Tournament	TBA
2	+Augusta State vs. Florida Tech	8:00 am
	!Francis Marion vs. Limestone	9:00 am
	&Lander vs. Kentucky Wesleyan	9:30
	<>AASU vs. Colorado Springs	10:00 am
	~UNC Pembroke at Wingate	10:00 am
	!USC Aiken at Lees-McRae	11:00 am
	+Augusta State at Valdosta State	12:00
	&Lander vs. Charleston (W.V.)	2:00
	~UNC Pembroke vs. West Georgia	2:00
	<>AASU vs. Northwest Nazarene	4:00
	!USC Aiken vs. Limestone	4:30
	!Francis Marion at Lees-McRae	7:00
	USC Upstate at Clark-Atlanta Tournament	TBA
3	!USC Aiken vs. Fairmont State	9:00 am
	!Francis Marion vs. St. Andrews	11:00 am
	!USC Aiken vs. St. Andrews	1:00
	!Francis Marion vs. Newberry	1:00
4	Lander at North Greenville	7:00
5	Charleston Southern at Francis Marion	7:00
6	Augusta State at West Georgia	6:00
	St. Andrews at UNC Pembroke	7:00
8	*UNC Pembroke vs. Eckerd	10:00 am
	*Presbyterian at AASU	1:00
	*USC Aiken vs. Florida Southern	1:00
	*UNC Pembroke vs. Rollins	1:00
	*Francis Marion vs. Lenoir-Rhyne	3:00
	*USC Upstate vs. Florida Tech	3:00

	*USC Aiken vs. Catawba	5:00
	*Florida Southern at AASU	7:00
	*USC Upstate vs. Tampa	7:00
	^Lander at Tusculum	7:00
	*Francis Marion vs. Florida Tech	7:00
9	^Lander vs. St. Andrews	9:00 am
	*UNC Pembroke vs. Catawba	9:00 am
	*USC Aiken vs. Presbyterian	9:00
	*Francis Marion vs. Eckerd	10:00 am
	^Lander vs. N.C. Central	11:00 am
	*USC Upstate vs. Rollins	11:00 am
	*Lenoir-Rhyne at AASU	1:00
	*USC Aiken vs. Florida Tech	1:00
	*Francis Marion vs. Rollins	3:00
	^Lander vs. Florida Southern	4:00
	*USC Upstate vs. Puerto Rico-Rio Piedras	4:00
	*UNC Pembroke vs. Florida Tech	5:00
	*Tampa at AASU	7:00
12	USC Aiken at Lenoir-Rhyne	6:30
	Newberry at USC Upstate	6:30
13	Columbia College at Augusta State	6:00
	Lander at Brevard	7:00
15	<b>AASU at Augusta State</b>	<b>7:00</b>
	<b>Francis Marion at Lander</b>	<b>7:00</b>
	<b>UNC Pembroke at USC Upstate</b>	<b>7:00</b>
16	<b>Francis Marion at USC Upstate</b>	<b>12:00</b>
	<b>UNC Pembroke at Lander</b>	<b>3:00</b>
	<b>AASU at USC Aiken</b>	<b>3:00</b>
19	Catawba at USC Upstate	6:30
20	<b>USC Aiken at Augusta State</b>	<b>7:00</b>
	<b>Francis Marion at UNC Pembroke</b>	<b>7:00</b>
	<b>Lander at USC Upstate</b>	<b>7:00</b>
22	<b>USC Upstate at AASU</b>	<b>7:00</b>
	<b>Augusta State at Francis Marion</b>	<b>7:00</b>
	<b>USC Aiken at UNC Pembroke</b>	<b>7:00</b>
23	<b>Augusta State at UNC Pembroke</b>	<b>3:00</b>
	<b>USC Aiken at Francis Marion</b>	<b>3:00</b>
	<b>Lander at AASU</b>	<b>4:00</b>
24	AASU at Florida Southern	2:00
26	Presbyterian at Francis Marion	7:00
	USC Aiken at Newberry	7:00
27	<b>USC Upstate at Augusta State</b>	<b>6:00</b>
	Lander at Converse	7:00
28	<b>USC Upstate at USC Aiken</b>	<b>7:00</b>
29	<b>AASU at UNC Pembroke</b>	<b>7:00</b>
	<b>Lander at Augusta State</b>	<b>7:00</b>
30	Augusta State at Limestone	1:00
	Augusta State vs. St. Andrews (Gaffney, S.C.)	3:00
	<b>AASU at Francis Marion</b>	<b>3:00</b>
	<b>Lander at USC Aiken</b>	<b>3:00</b>

## October

3	Lander at Lincoln Memorial	6:00
	Presbyterian at USC Upstate	6:30
	Newberry at Francis Marion	7:00
	USC Aiken at North Greenville	7:00
4	Paine at Augusta State	7:00
6	<b>AASU at Lander</b>	<b>7:00</b>
	<b>UNC Pembroke at Augusta State</b>	<b>7:00</b>
	<b>Francis Marion at USC Aiken</b>	<b>7:00</b>
7	<b>AASU at USC Upstate</b>	<b>3:00</b>
	<b>Francis Marion at Augusta State</b>	<b>3:00</b>
	<b>UNC Pembroke at USC Aiken</b>	<b>3:00</b>
	Lincoln Memorial at Lander	3:00
	Eckerd at Lander	7:00

10	Brevard at USC Upstate	6:30
	Fayetteville State at Francis Marion	7:00
11	Fort Valley State at Augusta State	6:00
	Newberry at Lander	6:00
12	Florida Gulf Coast at USC Aiken	7:00
13	=Augusta State at Montevallo	3:00
	%Francis Marion vs. Catawba	3:00
	=Augusta State vs. Lincoln Memorial	5:00
	%Francis Marion vs. N.C. Central	5:00
	UNC Pembroke at St. Augustine	6:30
	USC Upstate at Wingate	6:30
	\$USC Aiken vs. Palm Beach Atlantic	6:30
14	AASU at Flagler	9:00
	=Augusta State vs. West Georgia	10:00
	%Francis Marion vs. Florida Gulf Coast	10:00
	=Augusta State vs. Valdosta State	12:00
	\$USC Aiken vs. Rollins	12:30
	Anderson at USC Upstate	2:00
	\$USC Aiken vs. Lenoir-Rhyne	3:00
	AASU at Florida Tech	4:00
15	AASU at Tampa	2:00
18	<b>Augusta State at USC Aiken</b>	<b>7:00</b>
	<b>UNC Pembroke at Francis Marion</b>	<b>7:00</b>
	<b>USC Upstate at Lander</b>	<b>7:00</b>
20	<b>USC Aiken at AASU</b>	<b>7:00</b>
	<b>USC Upstate at Francis Marion</b>	<b>7:00</b>
	<b>Lander at UNC Pembroke</b>	<b>7:00</b>
21	<b>Lander at Francis Marion</b>	<b>3:00</b>
	<b>USC Upstate at UNC Pembroke</b>	<b>3:00</b>
	<b>Augusta State at AASU</b>	<b>4:00</b>
24	Clark Atlanta at Augusta State	5:30
	USC Upstate at Lenoir-Rhyne	6:30
	Lander at Mars Hill	7:00
	Presbyterian at UNC Pembroke	7:00
27	<b>Francis Marion at AASU</b>	<b>7:00</b>
	<b>Augusta State at USC Upstate</b>	<b>7:00</b>
	<b>USC Aiken at Lander</b>	<b>7:00</b>
28	<b>Augusta State at Lander</b>	<b>3:00</b>
	<b>USC Aiken at USC Upstate</b>	<b>3:00</b>
	<b>UNC Pembroke at AASU</b>	<b>4:00</b>
29	Barry at AASU	3:00
31	Augusta State at Newberry	7:00
	UNC Pembroke at Catawba	6:30

## November

### Peach Belt Tournament

3	Quarterfinals and Semifinals	TBA
4	Championship Match	2:00

### NCAA South Regionals

9-11	First and Second Rounds	TBA
16-18	Championships (Pensacola, Fla.)	TBA

@ - Trojan Invitational (Anderson, S.C.)  
 # - Catawba Classic (Hickory, N.C.)  
 < - Glenville State Invitational (Glenville, W.V.)  
 {} - Mountain Lion Invitational (Colorado Springs)  
 + - Azalea Classic (Valdosta, Ga.)  
 <> - Grand Canyon Cactus Classic (Phoenix, Ariz.)  
 ! - Lees-McRae College Inv'l (Banner Elk, N.C.)  
 ~ - Wingate Tournament (Wingate, N.C.)  
 & - Carson-Newman Tournament (Jefferson City, Tenn.)  
 \* - AASU/Chatham Orthopaedic Classic  
 ^ - Pioneer Classic (Greenville, Tenn.)  
 % - Presbyterian Invitational (Clinton, S.C.)  
 = - UM Coca-Cola Classic (Montevallo, Ala.)  
 \$ - Carson-Newman Classic (Jefferson City, Tenn.)



The Pirates are the only PBC team to take a west-coast trip in 2006



# 2006 PBC Opponents



## Augusta State

@Fri., Sept. 15 7:00 p.m.  
Sat., Oct. 21 4:00 p.m.

**Location:** Augusta, GA  
**Enrollment:** 5,500  
**Nickname:** Jaguars  
**Colors:** Royal Blue, White  
**2005 Record:** 6-27  
**Peach Belt:** 2-10 / 6th  
**Series:** AASU leads 32-13

**Head Coach:** Amber Glass  
**Phone:** (706) 667-4766  
**SID:** Joey Warren  
**Phone:** (706) 731-7925  
**Fax:** (706) 737-1782  
**Web:** www.aug.edu

## Francis Marion

@Sat., Sept. 30 4:00 p.m.  
Fri., Oct. 27 7:00 p.m.

**Location:** Florence, SC  
**Enrollment:** 3,684  
**Nickname:** Patriots  
**Colors:** Red, White & Blue  
**2005 Record:** 29-11  
**Peach Belt:** 10-2 / 2nd  
**Series:** FMU leads 19-17

**Head Coach:** Paul MacDonald  
**Phone:** (843) 661-1246  
**SID:** Michael Hawkins  
**Phone:** (843) 661-1222  
**Fax:** (843) 661-1219  
**Web:** www.fmarion.edu

## Lander

Sat., Sept. 23 4:00 p.m.  
@Fri., Oct. 6 7:00 p.m.

**Location:** Greenwood, SC  
**Enrollment:** 2,900  
**Nickname:** Bearcats  
**Colors:** Royal Blue & Gold  
**2005 Record:** 10-23  
**Peach Belt:** 0-12 / 7th  
**Series:** AASU leads 17-0

**Head Coach:** Carla Decker  
**Phone:** (864) 388-8963  
**SID:** Bob Stoner  
**Phone:** (864) 388-8962  
**Fax:** (864) 388-8889  
**Web:** www.lander.edu

## UNC Pembroke

@Fri., Sept. 29 7:00 p.m.  
Sat., Oct. 28 4:00 p.m.

**Location:** Pembroke, NC  
**Enrollment:** 5,000  
**Nickname:** Braves  
**Colors:** Black and Gold  
**2005 Record:** 11-21  
**Peach Belt:** 4-8 / 5th  
**Series:** AASU leads 23-8

**Head Coach:** Jeff Billington  
**Phone:** (910) 775-4117  
**SID:** Todd Anderson  
**Phone:** (910) 521-6371  
**Fax:** (910) 521-6540  
**Web:** www.uncpb.edu

## USC Aiken

@Sat., Sept. 16 4:00 p.m.  
Fri., Oct. 20 7:00 p.m.

**Location:** Aiken, SC  
**Enrollment:** 3,390  
**Nickname:** Pacers  
**Colors:** Cardinal, Navy & White  
**2005 Record:** 16-14  
**Peach Belt:** 7-5 / 4th  
**Series:** AASU leads 21-17

**Head Coach:** Will Condon  
**Phone:** (803) 641-3373  
**SID:** Brad Fields  
**Phone:** (803) 641-3252  
**Fax:** (803) 641-3759  
**Web:** www.pacersports.com

## USC Upstate

Fri., Sept. 22 7:00 p.m.  
@Sat., Oct. 7 3:00 p.m.

**Location:** Spartanburg, SC  
**Enrollment:** 3,700  
**Nickname:** Spartans  
**Colors:** Green, Black, White  
**2005 Record:** 21-13  
**Peach Belt:** 8-4 / 3rd  
**Series:** UPSTATE leads 20-19

**Head Coach:** Jennifer Calloway  
**Phone:** (864) 503-5161  
**SID:** Bill English  
**Phone:** (864) 503-5129  
**Fax:** (864) 503-5127  
**Web:** www.uscupstate.edu



## Composite Peach Belt W-L Records

USC Upstate .....	108-58	.651
AASU .....	104-62	.627
USC Aiken .....	98-68	.590
Francis Marion .....	90-76	.542
UNC Pembroke ....	40-122	.247
Augusta State .....	40-126	.241
Lander .....	18-92	.164

## Flagler

@Fri., Oct. 13 7:00 p.m.

**Location:** St. Augustine, FL  
**Enrollment:** 2,100  
**Nickname:** Saints  
**Colors:** Red and Gold  
**2005 Record:** 20-15  
**Florida Sun:** 12-2 / 1st  
**Series:** AASU leads 9-1

**Head Coach:** Taylor Mott  
**Phone:** (904) 819-6376  
**SID:** John Jordan  
**Phone:** (904) 819-6252  
**Fax:** (904) 810-2369  
**Web:** www.flagler.edu

## Tampa

Sat., Sept. 10 7:00 p.m.  
@Sun., Oct. 15 2:00 p.m.

**Location:** Tampa, FL  
**Enrollment:** 5,125  
**Nickname:** Spartans  
**Colors:** Red, Gold & Black  
**2005 Record:** 29-4  
**Sunshine State:** 13-1 / 1st  
**Series:** Tampa leads 10-1

**Head Coach:** Chris Catanach  
**Phone:** (813) 253-6240  
**SID:** Thomas Kolbe  
**Phone:** (813) 253-6241  
**Fax:** (813) 253-6288  
**Web:** www.ut.edu

## Barry

Sun., Oct. 29 3:00 p.m.

**Location:** Miami Shores, FL  
**Enrollment:** 8,469  
**Nickname:** Buccaneers  
**Colors:** Red, Black & Silver  
**2005 Record:** 18-10  
**Sunshine State:** 10-3 / 3rd  
**Series:** Barry leads 9-1

**Head Coach:** Dave Nichols  
**Phone:** (305) 899-3563  
**SID Contact:** Keith Smith  
**Phone:** (305) 899-3897  
**Fax:** (305) 899-3556  
**Web:** www.gobarrybucs.com

## Florida Southern

Fri., Sept. 8 7:00 p.m.  
@Sun., Sept. 24 2:00 p.m.

**Location:** Lakeland, FL  
**Enrollment:** 1,800  
**Nickname:** Moccasins  
**Colors:** Scarlet and White  
**2005 Record:** 33-4  
**Sunshine State:** 14-2 / 2nd  
**Series:** Fla. Southern leads 11-4

**Head Coach:** Jill Stephens  
**Phone:** (863) 680-4474  
**SID:** Bill Turnage  
**Phone:** (863) 680-4256  
**Fax:** (863) 680-3953  
**Web:** www.flsouthern.edu

## Florida Tech

Sat., Oct. 14 4:00 p.m.

**Location:** Melbourne, FL  
**Enrollment:** 4,200  
**Nickname:** Panthers  
**Colors:** Crimson and Gray  
**2005 Record:** 9-24  
**Sunshine State:** 4-12 / 7th  
**Series:** Series Tied 4-4

**Head Coach:** Pat Barrett  
**Phone:** (321) 674-7333  
**SID:** Christa Parulis-Kaye  
**Phone:** (321) 674-7484  
**Fax:** (321) 674-7502  
**Web:** www.fit.edu

**The Pirates are picked to finish first in the Peach Belt in 2006**





# 2006 Opponents

## Season-Opening West Coast Swing

The Armstrong Atlantic State volleyball squad will open the 2006 season with a 10-day trip to Colorado, California and Arizona to face some of the top DII teams in the nation. AASU will open the season at the Mountain Lion Invitational in Colorado Springs, Colo., then visit Cal State Monterey Bay and Cal State Dominguez Hills before finishing the trip at the Grand Canyon Classic in Phoenix, Ariz.

### CS Monterey Bay CS Dominguez Hills

**@Mon., Aug. 28 7:00 p.m.**    **@Tues., Aug. 29 7:30 p.m.**

**Location:** Seaside, CA  
**Enrollment:** 3,600  
**Nickname:** Otters  
**Colors:** Red, Gold & Black  
**2005 Record:** 13-16  
**CCAA:** 5-13 / t9th  
**Series:** First Meeting

**Location:** Carson, CA  
**Enrollment:** 12,000  
**Nickname:** Toros  
**Colors:** Cardinal & Gold  
**2005 Record:** 6-20  
**CCAA:** 2-16 / 11th  
**Series:** First Meeting

**Head Coach:** Jerry Gregg  
**Phone:** (831) 582-4509  
**SID:** Mike Bond  
**Phone:** (831) 582-4783  
**Fax:** (831) 582-4023  
**Web:** sports.csumb.edu

**Head Coach:** Randy Cline  
**Phone:** (310) 243-2222  
**Volleyball SID:** Brendan Dally  
**Phone:** (310) 243-3764  
**Fax:** (310) 217-6975  
**Web:** www.csudh.edu

## 2006 Mountain Lion Invitational

**Thursday, August 24 - Saturday, August 26**  
**Colorado Springs, Colo.**

### Fort Lewis

**Location:** Durango, CO  
**Nickname:** Skyhawks  
**Affiliation:** NCAA II  
**2005 Record:** 13-16  
**RMAC:** 12-7 / t3rd West

### Montana St.-Billings

**Location:** Billings, MT  
**Nickname:** Cardinals  
**Affiliation:** NCAA II  
**2005 Record:** 2-29  
**GLIAC:** 0-18 / 7th South

### Georgian Court

**Location:** Lakewood, NJ  
**Nickname:** Lions  
**Affiliation:** NCAA II  
**2005 Record:** 14-15  
**CACC:** 11-11 / 7th

### Southeastern Okla.

**Location:** Durant, OK  
**Nickname:** Lady Savages  
**Affiliation:** NCAA II  
**2005 Record:** 19-16  
**Lone Star:** 6-6 / 4th North

### Colorado-Colorado Springs

**Location:** Colorado Springs, CO  
**Nickname:** Mountain Lions  
**Affiliation:** NCAA II  
**2005 Record:** 16-13  
**RMAC:** 12-7 / t3rd West

## 2006 Grand Canyon Cactus Classic

**Friday, September 1 - Saturday, September 2 • Phoenix, Ariz.**

### Grand Canyon

**Location:** Phoenix, AZ  
**Nickname:** Antelopes  
**Affiliation:** NCAA II  
**2005 Record:** 14-18  
**Pacific West:** First Season

### Northwest Nazarene

**Location:** Nampa, ID  
**Nickname:** Crusaders  
**Affiliation:** NCAA II  
**2005 Record:** 9-17  
**Great Northwest:** 7-11 / 7th

### Western Washington

**Location:** Bellingham, WA  
**Nickname:** Vikings  
**Affiliation:** NCAA II  
**2005 Record:** 18-9  
**Great Northwest:** 13-5 / 4th

AASU faces Colorado - Colorado Springs in both Colorado and Arizona tournaments.

## 2006 AASU/Chatham Orthopaedics Volleyball Classic

**Friday, September 8 - Saturday, September 9 • Savannah, Ga.**

### Friday, September 8

9 a.m. Lenoir-Rhyne vs. Florida Gulf Coast (Court 2)  
10 a.m. UNC Pembroke vs. Eckerd (Court 3)  
11 a.m. Wingate vs. Tampa (Court 1)  
Catawba vs. Puerto Rico-Rio Piedras (Court 2)  
1 p.m. AASU vs. Presbyterian (Court 1)  
Rollins vs. UNC Pembroke (Court 2)  
Florida Southern vs. USC Aiken (Court 3)  
3 p.m. Francis Marion vs. Lenoir-Rhyne (Court 1)  
USC Upstate vs. Florida Tech (Court 2)  
Florida Gulf Coast vs. Eckerd (Court 3)  
5 p.m. Rollins vs. Presbyterian (Court 1)  
Wingate vs. Puerto Rico-Rio Piedras (Court 2)  
USC Aiken vs. Catawba (Court 3)  
7 p.m. AASU vs. Fla. Southern (Court 1)  
Francis Marion vs. Florida Tech (Court 2)  
Tampa vs. USC Upstate (Court 3)

### Saturday, September 9

9 a.m. Presbyterian vs. USC Aiken (Court 1)  
UNC Pembroke vs. Catawba (Court 2)  
10 a.m. Francis Marion vs. Eckerd (Court 3)  
11 a.m. USC Upstate vs. Rollins (Court 1)  
Florida Southern vs. Wingate (Court 2)  
Noon Florida Gulf Coast vs. PR-Rio Piedras (Court 3)  
1 p.m. AASU vs. Lenoir-Rhyne (Court 1)  
USC Aiken vs. Florida Tech (Court 2)  
2 p.m. Tampa vs. Catawba (Court 3)  
3 p.m. Rollins vs. Francis Marion (Court 1)  
Presbyterian vs. Eckerd (Court 2)  
4 p.m. Puerto Rico-Rio Piedras vs. USC Upstate (Court 3)  
5 p.m. UNC Pembroke vs. Florida Tech (Court 1)  
Wingate vs. Florida Gulf Coast (Court 2)  
6 p.m. Florida Southern vs. Lenoir-Rhyne (Court 3)  
7 p.m. AASU vs. Tampa (Court 1)

Court 1:  
Aquatics & Recreation Center.  
Courts 2 & 3:  
Alumni Arena @ Armstrong Sports Center

# AASU in the NCAA Tournament - 2000-05



## 2000 (NCAA South Regional - Tampa, Fla.)

In head coach Alan Segal's second season with the Pirates, and on the heels of a school-record 36-5 debut campaign, AASU finished the regular season with a 28-9 record and a second-place finish in the PBC and the PBC Championships.

AASU earned its first-ever bid to the NCAA Championships, capping off a season of firsts that included the program's first national ranking and first wins over nationally-ranked squads and advanced to the 2000 South Regional as the No. 3 seed, where it met up with fellow PBC foe and No. 6 seed USC Spartanburg. The Pirates knocked off the Rifles in four games, 15-10, 15-5, 8-15, 15-10, behind PBC Player of the Year and sophomore Sarah Haynes' career-high 23 kills and sophomore Erin Melius' career high-tying 67 assists to earn the school's first-ever NCAA postseason win.

In the semifinals of the South Region, AASU fell to No. 2-seed North Florida in three games.



**The 2000 AASU Volleyball Squad**

## 2001 (NCAA South Regional - Tampa, Fla.)

A second-straight 28-9 regular season record for the Pirates earned the program's second-straight NCAA Championships berth, again sending the Pirates to the University of Tampa for the 2001 NCAA South Region.

The No. 4-seeded Pirates matched up with a familiar foe in the postseason, No. 5-seeded USC Spartanburg, and again the Pirates were victorious, knocking off the Rifles in three games, 30-28, 33-31, 30-27, behind 15 kills from junior Sofie Hakansson, 14 kills from AVCA South Region middle hitter and junior Sarah Haynes and 44 assists from junior Erin Melius.

In the semifinals of the South Region, AASU fell to top-seeded and host Tampa in three games.



**Sarah Haynes**

## 2002 (NCAA South Regional - Tampa, Fla.)

AASU's two previous NCAA Championships bids in 2000 and 2001 were of the at-large variety. In 2002, however, the Pirates took matters into their own hands, earning the program's first automatic bid by capturing the 2002 Peach Belt Conference tournament title.

After facing USC Spartanburg in each of its two previous first-round matchups, the No. 4-seeded Pirates battled No. 5-seeded Florida Southern in the first round of the 2002 South Regional. The two teams had split their two meetings during the regular season with each team winning on its home court, but Florida Southern won the battle in the regional, defeating the Pirates in three games, 30-22, 30-27, 30-15.

## 2003 (NCAA South Regional - Miami Shores, Fla.)

With the loss of five seniors from the 2002 squad and an imposing eight newcomers, early prospects for the NCAA Championships in 2003 seemed bleak, especially after a rough 1-7 start to the season.

The Pirates rebounded, however, to fashion a 22-13 overall record and again earn an at-large berth in the NCAA Championships. Barry University served as the host for the 2003 South Regional, ending Tampa's three straight years of hosting, and the Pirates entered the regional as the No. 5 seed.

A second-straight matchup with Florida Southern, seeded No. 4, loomed for the Pirates and the result was a closer match than the previous season, but the Mocs came out on top, winning in four games by scores of 31-33, 30-25, 30-16, 30-26. AVCA Region Freshman of the Year Traci Knuth collected 13 kills and 16 digs in the match to lead AASU.



**Traci Knuth**

## 2004 (NCAA South Regional - Miami Shores, Fla.)

Three seniors became the first AASU volleyball players to advance to the NCAA postseason in all four years as Ashley Lavender, Darcey Krug and Candice Modlinski helped the Pirates to the 2004 South Regional, compiling a 29-7 record during the regular season.

AASU regained a national ranking in 2004 and found themselves as the No. 5 seed in the expanded NCAA field of 64. Florida Southern again presented itself as the Pirates' first-round opponent as the No. 4 seed and the Mocs prevailed in a three-game match, 30-24, 30-24, 30-24. Modlinski, playing in her final game, hit .542 with 14 kills and six blocks to lead the Pirates.

The loss was AASU's eighth against nationally-ranked competition in 2004 - the Pirates finished the season 0-8 against teams ranked in the AVCA's Top 25, but 29-0 against unranked competition.

**The Pirates never appeared in the NCAA postseason until 2000**





# AASU Individual Records - Peach Belt Conference



## Peach Belt Conference Volleyball Records

### Career Highs

#### Kills

#### Assists

- Jackie Struck (UNF), 2001-04 ..... 1906
- Kim Merrill (USCA), 1994-97 ..... 1778
- Jenny Lloyd (USCA), 2001-04 ..... 1714
- Kristin Korte (SCUP), 1998-2001 .... 1407
- Lezlie Logan (FMU), 2003-05 ..... 1402
- Sarah Haynes (AASU), 1999-2002 ... 1383**
- Sarah Heinrichs (SCUP), 1996-98 ... 1367
- Mandy Rupert (SCUP), 2003- ..... 1274
- Sofie Hakansson (AASU), 1999-2002 .. 1265**
- Jayme Hodges (USCA), 1994-97 ..... 1237

- Roxanna Rivera (USCA), 1994-97 ... 6845
- Valerie Martinez (UNF), 2001-04 .... 6230
- Erin Melius (AASU), 1999-2002 .... 5582**
- Erin Kopec (SCUP), 2000-04 ..... 5162
- Alysia Kern (UNF), 1997-2000 ..... 4945
- Nicole Swaback (SCUP), 1996-99 ... 4846
- Rachel Dalitz (USCA), 2002-05 ..... 4572
- Candice Anderson (USCA), 1998-2001 . 3795
- Shannon Pallardy (SCUP), 2002-05 . 2922
- Amanda Parker (LU), 1998-2001 ..... 2784

#### Hitting Percentage

#### Digs

- Jackie Struck (UNF), 2001-04 ..... 431
- Kim Merrill (USCA), 1994-97 ..... 399
- Debbie McNamara (UNCP), 1992-93 ... 391
- Kim Pitman (SCUP), 2000-01 ..... 384
- Jan Chapman (SCUP), 1991-94 ..... 367
- Alysia Kern (UNF), 1997-2000 ..... 352
- Nancy Luebbers (USCA), 1995-96 .. 352
- Kari Weber (UNF), 1998-99 ..... 348
- Nicole Smith (AASU), 1993-94 ..... 347**
- Kris Bringewatt (AASU), 1999-2000 .. 319**

- Roxanna Rivera (USCA), 1994-97 ... 1753
- Kristin Korte (SCUP), 1998-2001 .... 1688
- Jessica Strader (FMU), 2003-05 ..... 1593
- Kelly Feber (FMU), 2002-05 ..... 1469
- Brittany Harry (SCUP), 2002-05 ..... 1433
- Jayme Hodges (USCA), 1994-97 ..... 1387
- Kim Abercrombie (LU), 1998-2001. 1373
- Tracy Fowler (AASU), 1994-97 .... 1360**
- Stephanie Coff (SCUP), 2001-04 .... 1355
- Sofie Hakansson (AASU), 1999-2002 .. 1301**

#### Service Aces

#### Blocks

- Roxanna Rivera (USCA), 1994-97 ... 280
- Sofie Hakansson (AASU), 1999-2002 .. 244**
- Rachel Dalitz (USCA), 2002-05 ..... 242
- Jayme Hodges (USCA), 1994-97 ..... 224
- Amanda Parker (LU), 1999-2001 ..... 205
- Erin Melius (AASU), 1999-2002 .... 201**
- Kristin Korte (SCUP), 1998-2001 .... 196
- Erin Kopec (SCUP), 2001-04 ..... 191
- Angela Hornish (USCA), 1991-93 ... 186
- Kim Merrill (USCA), 1994-97 ..... 185

- Kim Merrill (USCA), 1994-97 ..... 759
- Jackie Struck (UNF), 2001-04 ..... 592
- Candice Modlinski (AASU), 2001-04 .. 425**
- Sarah Haynes (AASU), 1999-2002 ... 420**
- Traci Knuth (AASU), 2003- ..... 411**
- Christy Johansen (AASU), 1991-92 . 403**
- Vicki Elliott (USCA), 1996-98 ..... 363
- Amber Glass (SCUP), 2002-05 ..... 347
- Nyree Barrett (USCA), 1994-96 ..... 346
- Jan Chapman (UNCP), 1991-94 ..... 335

## Single Game Highs

#### Kills

- 44, Andrea Jany (AASU) at SCAD, 9/17/96**
- 39, Kierstan Jakowitz (UNF) vs. Northwood, 9/5/98
- 36, Jenny Lloyd (USCA) vs. Augusta State, 10/1/93
- 35, Nicole Smith (AASU) vs. Francis Marion, 9/30/94**
- 33, Angie Chervestad (USCA) vs. USC Spartanburg, 11/4/00
- 33, Nicole Smith (AASU) vs. UNC Pembroke, 10/1/94**
- 33, Sherrene Benedict (AASU) at Francis Marion, 11/14/94**
- 32, Sarah Lobstein (ASU) vs. Lander, 10/22/05
- 32, Jenny Lloyd (USCA) vs. Nova Southeastern, 10/17/03
- 32, Jenny Lloyd (USCA) vs. Lincoln Memorial, 9/6/03
- 31, Jenny Lloyd (USCA) vs. Francis Marion, 10/9/04
- 31, Jenny Lloyd (USCA) vs. Wingate, 8/28/04

#### Service Aces

- 11, Katie Baker (UNCP) vs. North Carolina Central, 9/12/01
- 9, Margaret Thornton (AASU) vs. Converse, 9/18/04**
- 9, Koreena Kaminski (AASU) vs. Troy State, 9/26/92**
- 9, Mandy Rupert (SCUP) vs. UNC Pembroke, 10/1/05
- 9, Roxanna Rivera (USCA) vs. Saint Leo, 10/18/96
- 9, Vicki Elliott (USCA) vs. Wingate, 10/4/96

## Single Season Highs Kills

- 1. Nicole Smith (AASU), 1994 ..... 620**
2. Kristi Jardine (UNCP), 1994 ..... 610
3. Jenny Lloyd (USCA), 2004 ..... 597
4. Jenny Lloyd (USCA), 2003 ..... 583
5. Lezlie Logan (FMU), 2004 ..... 546

#### Hitting Percentage

1. Kim Merrill (USCA), 1997 ..... 486
2. Jackie Struck (UNF), 2003 ..... 465
- 3. Andrea Jany (AASU), 1996 ..... 444**
4. Jan Chapman (SCUP), 1993 ..... 438
5. Jackie Struck (UNF), 2001 ..... 435

#### Service Aces

1. Jennifer Jones (SCUP), 1993 ..... 85
- 2. Sofie Hakansson (AASU), 2001 ..... 84**
- 3. Koreena Kaminski (AASU), 1992 .. 83**
4. Jessica Strader (FMU), 2005 ..... 80
- Jessica Lane (USCA), 2003 ..... 80
- Katie Baker (UNCP), 2001 ..... 80

#### Assists

1. Roxanna Rivera (USCA), 1997 ..... 1829
2. Roxanna Rivera (USCA), 1995 ..... 1790
3. Valerie Martinez (UNF), 2004 ..... 1774
4. Roxanna Rivera (USCA), 1994 ..... 1722
- 5. Erin Melius (AASU), 2002 ..... 1708**

#### Digs

1. Jessica Strader (FMU), 2005 ..... 709
2. Jessica Strader (FMU), 2004 ..... 663
3. Melissa Trippany (LU), 2004 ..... 651
4. Erin Hagemann (SCUP), 2005 ..... 585
5. Andrea Cox (UNCP), 1995 ..... 532

#### Blocks

- 1. Christy Johansen (AASU), 1992 ..... 226**
2. Trina Beaty (SCUP), 1991 ..... 222
3. Kim Merrill (USCA), 1994 ..... 214
4. Kim Merrill (USCA), 1995 ..... 201
5. Kim Merrill (USCA), 1997 ..... 194

#### Assists

- 93, Roxanna Rivera (USCA) vs. Presbyterian, 10/6/94
- 81, Candice Anderson (USCA) vs. USC Spartanburg, 11/4/00
- 76, Amanda Shelton (AASU) vs. USC Spartanburg, 9/14/96**
- 75, Valerie Martinez (UNF) vs. Tampa, 9/23/04
- 75, Alysia Kern (UNF) vs. Northern Colorado, 8/26/00

#### Digs

- 46, Paige Champy (FMU) vs. Central Wesleyan, 10/22/94
- 43, Christen Halberstadt (LU) vs. Francis Marion, 10/11/03
- 39, Koreena Kaminski (AASU) at Francis Marion, 9/25/91**
- 38, Traci Till (UNF) vs. Armstrong Atlantic State, 11/13/99
- 37, four times. Last: Brittany Harry (SCUP) vs. FMU, 9/11/05

#### Blocks

- 22, Christy Johansen (AASU) vs. Francis Marion, 9/25/91**
- 14, Christy Plecha (LU) vs. USC Upstate, 9/29/04
- 13, Jackie Struck (UNF) vs. Florida Tech, 10/31/01
- 12, Six times. Last: Mandy Gerolstein (USCA) vs. UNCP, 10/8/05



**AASU players hold the PBC record for most kills in a season and game**

# AASU Individual Records - Career



## Games Played

1. Sarah Haynes, 1999-2002	496
2. Erin Melius, 1999-2002	485
3. Sofie Hakansson, 1999-2002	483
4. Tracy Fowler, 1994-97	429
5. Candice Modlinski, 2001-04	421
6. Darcey Krug, 2001-04	389
7. Jennifer Grundy, 1991-94	388
8. <b>Traci Knuth, 2003-</b>	<b>377</b>
9. Ashley Lavender, 2001-04	363
10. <b>Christina Flores, 2003-</b>	<b>355</b>

## Assists

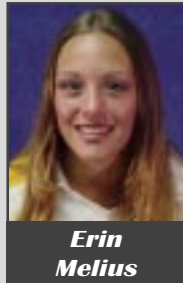
1. Erin Melius, 1999-2002	5582
2. Amanda Shelton, 1995-97	2582
3. Christine Ladewski, 1997-98	1715
4. Hui Gibbs, 1992, 1994	1653
5. <b>Margaret Thornton, 2004-</b>	<b>1567</b>
6. Jennifer Grundy, 1991-94	1073
7. Kelly Asbury, 2003	812
8. Shannon Tracey, 2001-03	791
9. Karla Readshaw, 2004	744
10. <b>Stacy Yates, 2005-</b>	<b>685</b>

## Service Aces

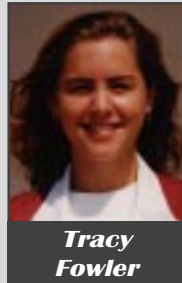
1. Sofie Hakansson, 1999-2002	244
2. Erin Melius, 1999-2002	201
3. Tracy Fowler, 1994-97	177
4. Candice Modlinski, 2001-04	175
5. Koreena Kaminski, 1991-92	136
6. Sarah Haynes, 1999-2002	131
7. Amanda Shelton, 1995-97	122
8. Jennifer Grundy, 1991-94	106
9. Micah Roman, 1999-2000	105
10. <b>Traci Knuth, 2003-</b>	<b>103</b>

## Kills

1. Sarah Haynes, 1999-2002	1383
2. Sofie Hakansson, 1999-2002	1265
3. Tracy Fowler, 1994-97	1087
4. Candice Modlinski, 2001-04	1063
5. <b>Traci Knuth, 2003-</b>	<b>1054</b>
6. Sherrene Benedict, 1992-93	939
7. Darcey Krug, 2001-04	888
8. Ashley Lavender, 2001-04	826
9. Nicole Smith, 1993-94	822
10. <b>Christina Flores, 2003-</b>	<b>777</b>



**Erin  
Melius**



**Tracy  
Fowler**

## Total Blocks

1. Candice Modlinski, 2001-04	425
2. Sarah Haynes, 1999-2002	420
3. <b>Traci Knuth, 2003-</b>	<b>411</b>
4. Christy Johansen, 1991-1992	403
5. Darcey Krug, 2001-04	371
6. Christy Spires, 1997-98	258
7. Sofie Hakansson, 1999-2002	229
8. Mylene Ray, 1992, 1994-96	202
9. Nicole Smith, 1993-94	200
10. Kris Bringewatt, 1999-2000	195

## Kills Per Game (min. 150 GP)

1. Nicole Smith, 1993-94	4.47
2. Sherrene Benedict, 1992-93	3.68
3. Koreena Kaminski, 1991-92	3.51
4. Lindsay Ehlers, 1999-2000	3.32
5. <b>Traci Knuth, 2003-</b>	<b>2.80</b>
6. Sarah Haynes, 1999-2002	2.78
7. Micah Roman, 1999-2000	2.72
8. Sofie Hakansson, 1999-2002	2.62
9. Kris Bringewatt, 1999-2000	2.57
10. Tracy Fowler, 1994-97	2.53
Candice Modlinski, 2001-04	2.53

## Digs

1. Tracy Fowler, 1994-97	1360
2. Sofie Hakansson, 1999-2002	1301
3. <b>Christina Flores, 2003-</b>	<b>1170</b>
4. Erin Melius, 1999-2002	1054
5. Sarah Haynes, 1999-2002	985
6. Ashley Lavender, 2001-04	879
7. <b>Traci Knuth, 2003-</b>	<b>874</b>
8. Candice Modlinski, 2001-04	863
9. Sherrene Benedict, 1992-93	791
10. Micah Roman, 1999-2000	776

## Total Blocks Per Game (Min. 150 GP)

1. Christy Johansen, 1991-92	1.77
2. Christy Spires, 1997-98	1.15
3. Nicole Smith, 1993-94	1.09
<b>Traci Knuth, 2003-</b>	<b>1.09</b>
5. Candice Modlinski, 2001-04	1.01
6. Darcey Krug, 2001-04	0.95
7. Kris Bringewatt, 1999-2000	0.90
8. Sarah Haynes, 1999-2002	0.85
9. Koreena Kaminski, 1991-92	0.78
10. Sherrene Benedict, 1992-93	0.71

## Hitting Percentage (Min. 500 Kills)

1. Nicole Smith, 1993-94	.347
2. Kris Bringewatt, 1999-2000	.319
3. Sarah Haynes, 1999-2002	.300
4. <b>Traci Knuth, 2003-</b>	<b>.288</b>
5. Sherrene Benedict, 1992-93	.281
6. Sofie Hakansson, 1999-2002	.274
7. Lindsay Ehlers, 1999-2000	.271
Candice Modlinski, 2001-04	.271
9. Koreena Kaminski, 1991-92	.245
10. Micah Roman, 1999-2000	.242

## Digs Per Game (min. 150 GP)

1. <b>Christina Flores, 2003-</b>	<b>3.30</b>
2. Tracy Fowler, 1994-97	3.17
3. Sherrene Benedict, 1992-93	3.10
Micah Roman, 1999-2000	3.10
5. Koreena Kaminski, 1991-92	2.84
6. Lindsay Ehlers, 1999-2000	2.78
7. Colleen Fitzsimons, 1999-2000	2.74
8. Sofie Hakansson, 1999-2002	2.69
9. Christine Ladewski, 1997-98	2.52
10. Nicole Pappas, 1996-98	2.44

## All-Time AASU Coaching Records

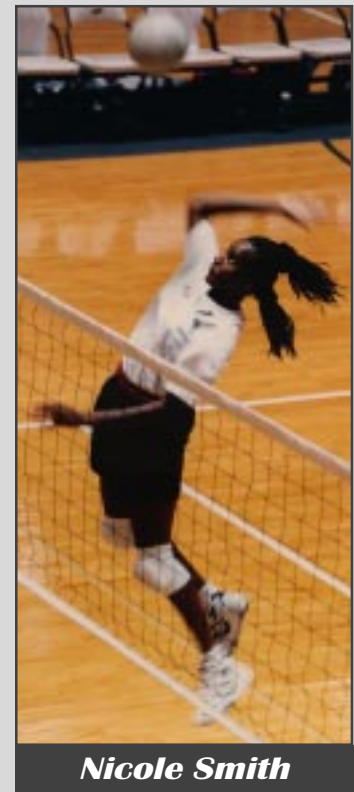
Coach	Years	W-L	Pct.
Roger Hansen	1986-88	10-41	.196
William Buckley	1989-90	6-27	.182
Carol Wilson	1991-92	42-25	.627
Alvin Jones	1993	17-19	.472
Carol Meegan	1994-98	69-69	.500
B.J. Ford	1998	7-22	.241
Alan Segal	1999-	197-69	.741
<b>OVERALL</b>	<b>20 Years</b>	<b>348-272</b>	<b>.561</b>

**Most Wins, Single Season:** 36, Alan Segal (1999)

**Best Winning Percentage, Single Season:** 36-5, .878, Alan Segal (1999)

**Most Losses, Single Season:** 27, Carol Meegan (1995)

**Lowest Winning Percentage, Single Season:** 2-22, .083, Roger Hansen (1986)



**Nicole Smith**

**Knuth needs just 329 kills in 2006 to become AASU's all-time kills leader**





# AASU Records - Season

## Games Played

1. Sarah Haynes, 2000	136
2. Christy Johansen, 1992	133
Jennifer Grundy, 1993	133
Sara Stroud, 1993	133
5. Erin Melius, 2002	132
Sofie Hakansson, 2000	132
7. Seven tied with	131

## Assists

1. Erin Melius, 2002	1708
2. Erin Melius, 2000	1417
3. Erin Melius, 2001	1397
4. Amanda Shelton, 1996	1107
5. Erin Melius, 1999	1060
6. Amanda Shelton, 1995	991
7. Hui Gibbs, 1992	964
8. Christine Ladewski, 1998	876
<b>9. Margaret Thornton, 2004</b>	<b>850</b>
10. Christine Ladewski, 1997	839

## Total Blocks

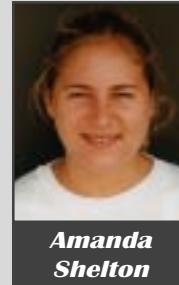
1. Christy Johansen, 1992	226
2. Christy Johansen, 1991	177
3. Monika Beldzinska, 1998	154
4. Candice Modlinski, 2003	152
5. Andrea Jany, 1996	148
<b>6. Traci Knuth, 2005</b>	<b>145</b>
<b>7. Traci Knuth, 2003</b>	<b>144</b>
<b>8. Leah Schmiedge, 2005</b>	<b>140</b>
<b>9. Traci Knuth, 2004</b>	<b>139</b>
10. Sarah Haynes, 2001	134

## Kills

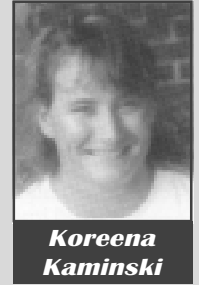
1. Nicole Smith, 1994	620
2. Sherrene Benedict, 1992	494
3. Andrea Jany, 1996	483
4. Koreena Kaminski, 1992	452
5. Sherrene Benedict, 1993	445
6. Sofie Hakansson, 2002	440
7. Meike Behrensen, 1997	430
8. Sofie Hakansson, 2001	415
9. Sarah Haynes, 2001	406
<b>10. Traci Knuth, 2005</b>	<b>382</b>

## Digs

<b>1. Christina Flores, 2004</b>	<b>440</b>
2. Sofie Hakansson, 2001	428
3. Koreena Kaminski, 1992	422
4. Sherrene Benedict, 1993	404
5. Micah Roman, 2000	400
6. Andrea Jany, 1996	388
Tracy Fowler, 1997	388
8. Sherrene Benedict, 1992	387
<b>9. Christina Flores, 2005</b>	<b>380</b>
10. Sofie Hakansson, 2002	377



**Amanda Shelton**



**Koreena Kaminski**

## Kills Per Game

1. Nicole Smith, 1994	5.49
2. Andrea Jany, 1996	4.51
3. Sherrene Benedict, 1992	3.86
4. Meike Behrensen, 1997	3.77
5. Lindsay Ehlers, 1999	3.58
6. Koreena Kaminski, 1991	3.52
7. Koreena Kaminski, 1992	3.50
Sherrene Benedict, 1993	3.50
9. Betsy Richardson, 1996	3.46
10. Sofie Hakansson, 2002	3.44

## Digs Per Game

1. Andrea Jany, 1996	3.63
<b>2. Christina Flores, 2004</b>	<b>3.61</b>
3. Sandra Gluchy, 1997	3.42
4. Tracy Fowler, 1997	3.40
5. Tracy Fowler, 1995	3.37
6. Tracy Fowler, 1996	3.29
7. Koreena Kaminski, 1992	3.27
Sofie Hakansson, 2001	3.27
9. Sherrene Benedict, 1993	3.18
<b>10. Christina Flores, 2005</b>	<b>3.17</b>

## Total Blocks Per Game

1. Christy Johansen, 1991	1.86
2. Christy Johansen, 1992	1.70
3. Kate Schuchardt, 1991	1.42
4. Andrea Jany, 1996	1.38
5. Monika Beldzinska, 1998	1.36
6. Nicole Smith, 1993	1.34
7. Candice Modlinski, 2004	1.27
8. Candice Modlinski, 2003	1.26
9. Leah Schmiedge, 2005	1.19
10. Christy Spires, 1997	1.16
<b>Traci Knuth, 2003</b>	<b>1.16</b>
<b>Traci Knuth, 2005</b>	<b>1.16</b>

## Hitting Percentage

1. Andrea Jany, 1996	.444
2. Nicole Smith, 1994	.381
3. Kris Bringewatt, 1999	.337
4. Candice Modlinski, 2004	.335
5. Sarah Haynes, 2000	.333
6. Monika Beldzinska, 1998	.314
7. Sandra Gluchy, 1997	.307
8. Christy Johansen, 1992	.304
<b>9. Traci Knuth, 2004</b>	<b>.303</b>
<b>Traci Knuth, 2005</b>	<b>.303</b>

## Service Aces

1. Sofie Hakansson, 2001	84
2. Koreena Kaminski, 1992	83
3. Erin Melius, 2002	79
4. Sofie Hakansson, 2002	67
Amanda Shelton, 1995	67
6. Tracy Fowler, 1996	59
7. Micah Roman, 2000	58
8. Andrea Jany, 1996	56
9. Candice Modlinski, 2003	55
10. Koreena Kaminski, 1991	53

## AASU Team Single-Season Records

### Kills

2,101, 2002

### Total Blocks

542, 1992

### Total Attacks

5,192, 2004

### Assists

1,911, 2002

### Attack Percentage

.259, 2002

### Digs

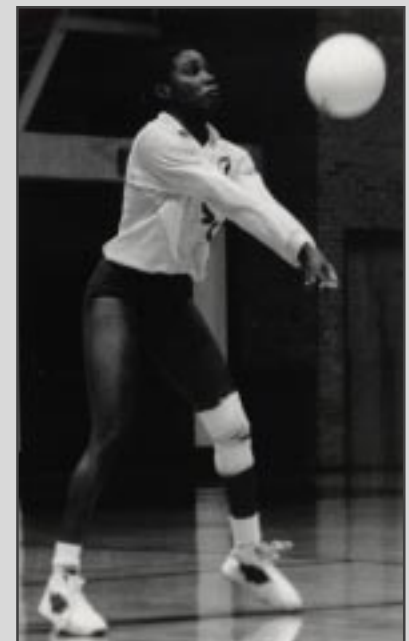
2,224, 1999

### Service Aces

355, 1992

### Victories

36, 1999



**Sherrene Benedict**



**Christina Flores set a new school record with 440 digs in '04**



# AASU Individual Match Records



## Most Kills - 3 Game Match

41, Andrea Jany at SCAD, 9/17/96  
 27, Nicole Smith at West Georgia, 10/9/94  
 22, Koreena Kaminski at Augusta State, 10/5/91  
 22, Nicole Smith vs. Mars Hill, 10/8/94  
 21, Nicole Smith vs. Augusta State, 10/1/94  
 21, Lindsay Ehlers vs. Mars Hill, 9/10/99  
 21, Nicole Smith vs. Columbia, 10/30/94  
 20, Koreena Kaminski at Augusta State, 11/8/91  
 20, Micah Roman vs. Saginaw Valley St., 9/1/00  
 20, Andrea Jany vs. USC Aiken, 10/15/96

## Best Hitting % - Min. 10 Att.

.818 (9-0/11) Cindy Pound at Voorhees, 9/14/92  
 .769 (10-0/13) Sarah Haynes vs. Rollins, 10/14/00  
 .769 (10-0/13) Sarah Haynes vs. USCA, 11/10/00  
 .750 (9-0/12) Sherrere Benedict at Voorhees, 9/14/92  
 .737 (16-2/19) Nicole Smith vs. FVSU, 10/21/94  
 .733 (12-1/15) Darcey Krug at Coker, 9/18/04  
 .722 (14-1/18) Kris Bringewatt vs. FMU, 11/12/99  
 .706 (14-2/17) K. Kaminski vs. Voorhees, 10/1/91  
 .700 (7-0/10) Sarah Haynes at USC Aiken, 9/23/00  
 .700 (7-0/10) Sarah Haynes vs. Tusculum, 9/13/02

## Service Aces - 3 Game Match

**9, Margaret Thornton vs. Converse, 9/18/04**  
 8, Erin Melius vs. Pfeiffer, 8/30/02  
 8, Erin Melius vs. Georgia Southwestern, 9/4/02  
 7, Candice Modlinski vs. Augusta State, 10/30/04  
 7, Angie Michel vs. Augusta State, 9/25/93  
**7, Stacy Yates vs. Western State, 8/26/05**  
 11 tied with 6 - Last time:  
**Christina Flores vs. Lander, 11/5/05**

## Assists - 3 Game Match

60, Kelly Asbury vs. Colorado Christian, 9/6/03  
 59, Erin Melius vs. Mars Hill, 9/10/99  
 58, Erin Melius vs. Harding, 9/20/02  
 56, Erin Melius vs. Saginaw Valley St., 9/1/00  
 48, Colleen Fitzsimons vs. SCAD, 9/28/99  
 48, Erin Melius at North Florida, 11/10/99  
 48, Erin Melius vs. USC Upstate, 9/28/01  
 47, Kelly Asbury vs. Catawba, 9/13/03  
 46, Erin Melius vs. Presbyterian, 9/5/99  
 46, Colleen Fitzsimons at Augusta St., 10/13/99

## Digs - 3 Game Match

29, Micah Roman vs. Mars Hill, 9/10/99  
 25, Andrea Jany at North Florida, 9/11/96  
 23, Hui Gibbs vs. Francis Marion, 11/14/92  
 21, Angie Michel at Charleston Sthrn., 10/5/93  
 21, Tracy Fowler vs. Saint Leo, 9/15/95  
 21, Micah Roman vs. Saint Leo, 9/10/99  
 21, Sofie Hakansson vs. Harding, 9/20/02  
**21, Rindy Vidovich vs. Francis Marion, 5/12/05**  
 20, Koreena Kaminski at FMU, 11/14/92  
 20, Colleen Fitzsimons vs. SVSU, 9/1/00  
**20, Christina Flores vs. Colorado Christian, 9/6/03**

## Most Kills - 4 Game Match

35, Nicole Smith vs. Francis Marion, 9/30/94  
 33, Nicole Smith vs. UNC Pembroke, 10/1/94  
 31, Betsy Richardson vs. Elon, 9/28/96  
 30, Nicole Smith vs. High Point, 9/24/94  
 29, Sherrere Benedict vs. Augusta State, 11/14/92  
 28, Nicole Smith at USC Aiken, 10/11/94  
 28, Koreena Kaminski vs. Bentley, 9/26/92  
 28, Tracy Fowler vs. Elon, 9/28/96  
 27, Nicole Smith vs. USC Aiken, 9/30/94  
 26, Nicole Smith vs. Francis Marion, 11/12/94

## Best Hitting % - Min. 20 Att.

.727 (16-0/22) Sarah Haynes vs. W. Georgia, 9/9/00  
 .708 (17-0/24) Sarah Haynes vs. ASU, 10/21/00  
 .700 (16-2/20) Sherrere Benedict vs. ASU, 9/25/93  
 .679 (21-2/28) Nicole Smith vs. Columbia, 10/30/94  
 .679 (19-0/28) Nicole Smith vs. West Ga., 9/25/94  
 .607 (18-1/28) Sofie Hakansson vs. Lander, 9/28/02  
**.600 (14-2/20) Traci Knuth vs. Christian Bros., 9/5/03**  
 .577 (18-3/26) Koreena Kaminski vs. Lee, 10/3/92  
 .577 (17-2/26) Sarah Haynes vs. Harding, 9/20/02  
**.571(13-1/22) Christina Flores at ASU, 11/8/03**  
 .571(12-0/21) Kris Bringewatt at UNCP, 10/7/00

## Service Aces - 4 Game Match

9, Koreena Kaminski vs. Troy State, 9/26/92  
 8, Koreena Kaminski vs. SCAD, 9/23/92  
 8, Erin Melius vs. North Florida, 11/13/99  
 7, Michelle Cope vs. Francis Marion, 11/12/94  
 7, Amanda Shelton vs. Flagler, 10/3/95  
 6, Koreena Kaminski vs. LaGrange, 10/25/91  
 6, Sara Stroud at Albany State, 9/28/93  
 6, Tracy Fowler vs. Wofford, 9/24/94  
 6, Kelly Wertz at Fort Valley State, 9/25/95  
 6, Sarah Haynes at West Georgia, 8/25/01  
 6, Candice Modlinski at Catawba, 10/19/01  
 6, Sofie Hakansson at Catawba, 10/19/01

## Assists - 4 Game Match

76, Amanda Shelton vs. SCUP, 9/14/96  
 70, Erin Melius at Catawba, 10/19/01  
 69, Christine Ladewski at SCUP, 9/13/97  
 67, Christine Ladewski vs. Augusta St., 10/28/97  
 67, Erin Melius vs. USC Upstate, 11/16/00  
 65, Shannon Tracey at USC Upstate, 11/14/03  
 64, Hui Gibbs vs. Francis Marion, 9/30/94  
 64, Erin Melius vs. Augusta State, 11/15/02  
 63, Erin Melius at USC Upstate, 10/26/02  
 62, Erin Melius vs. Florida Tech, 10/15/01  
 59, Erin Melius vs. West Georgia, 9/18/99  
 59, Erin Melius vs. Catawba, 9/14/02

## Digs - 4 Game Match

31, Micah Roman vs. Barry, 9/1/00  
 30, Tracy Fowler vs. USC Upstate, 9/14/96  
 29, Andrea Jany vs. USCS, 9/14/96  
 28, Kinsey Ross vs. Florida Tech, 10/15/01  
 27, Tracy Fowler vs. Elon, 9/29/96  
 26, Sherrere Benedict vs. North Florida, 10/9/92  
 26, Colleen Fitzsimons vs. North Fla., 11/13/99  
 25, Kris Bringewatt vs. North Florida, 11/13/99  
**25, Christina Flores vs. Queens (NY), 9/3/04**  
 23, Sara Stroud vs. North Alabama, 10/30/93  
 23, Sandra Gluchy at SCUP, 9/13/97  
 23, Rindy Vidovich at Florida Southern, 10/25/05

## Most Kills - 5 Game Match

33, Sherrere Benedict at FMU, 11/14/92  
 29, Sherrere Benedict vs. USC Aiken, 11/6/93  
 28, Tracy Fowler vs. Francis Marion, 9/29/95  
 28, Nicole Smith vs. UNC Pembroke, 9/24/94  
 27, Lindsay Ehlers vs. Western State, 8/25/00  
 26, Koreena Kaminski vs. Paine, 9/23/91  
 26, Sherrere Benedict vs. Tusculum, 10/29/93  
 26, Betsy Richardson at Augusta St., 9/26/96  
 25, Andrea Jany at Augusta St., 9/26/96  
 24, Betsy Richardson vs. UNCP, 9/30/95

## Best Hitting % - Min. 30 Att.

.645 (20-0/31) Sofie Hakansson vs. FT, 10/15/01  
 .545 (28-4/44) K. Kaminski vs. Bentley, 9/26/92  
 .543 (21-2/35) Lindsay Ehlers vs. MHC, 9/10/99  
 .500 (23-2/42) Nicole Smith vs. SAPC, 9/10/94  
 .500 (18-2/32) Lindsay Ehlers at ASU, 10/13/99  
 .489 (27-5/45) Nicole Smith vs. USCA, 9/30/94  
 .474 (19-1/38) Shelley Weekes vs. FSC, 9/13/02  
 .472 (18-1/36) Nicole Smith vs. FMU, 11/5/93  
 .471 (19-3/34) Lindsay Ehlers vs. SCUP, 10/17/99  
 .452 (15-1/31) Emily Vent vs. Erskine, 9/22/95

## Service Aces - 5 Game Match

6, Koreena Kaminski vs. PBAC, 10/16/92  
 6, Koreena Kaminski vs. FMU, 11/14/92  
 6, Nicole Smith vs. PBAC, 9/16/93  
 5, Nicole Smith vs. Alabama State, 10/1/93  
 5, Keila Nelson vs. North Alabama, 9/22/95  
 5, Sarah Haynes vs. Western State, 8/25/00  
 5, Micah Roman vs. North Florida, 10/25/00  
 5, Micah Roman at USC Upstate, 10/28/00  
 4, several times

## Assists - 5 Game Match

73, Amanda Shelton vs. UNCP, 9/30/95  
 67, Erin Melius vs. Western State, 8/25/00  
 63, Amanda Shelton vs. FMU, 9/29/95  
 63, Kelly Asbury vs. Fla. Southern, 9/12/03  
 61, Erin Melius vs. Florida Tech, 9/18/99  
 59, Amanda Shelton at Augusta State, 9/26/96  
 56, Erin Melius vs. North Florida, 10/25/00  
 56, Erin Melius at Bryant, 9/7/02  
 54, Erin Melius at SCUP, 10/28/00  
 54, Erin Melius vs. Fla. Southern, 10/15/01

## Digs - 5 Game Match

39, Koreena Kaminski at FMU, 9/25/91  
 33, Sara Stroud vs. Tusculum, 10/29/93  
 33, Sara Stroud vs. Tusculum, 10/29/93  
 32, Melanie Methe vs. Tusculum, 10/29/93  
**30, Christina Flores at Francis Marion, 11/2/04**  
 29, Melanie Methe vs. USC Aiken, 10/30/93  
 29, Sara Stroud vs. USC Aiken, 10/30/93  
 28, Melanie Methe vs. USC Aiken, 11/6/93  
**28, Christina Flores vs. Winona State, 4/1/05**  
 27, Angie Michel vs. Tusculum, 10/29/93  
 27, Meike Behrensen vs. USCA, 10/24/97  
 26, Micah Roman vs. Western State, 8/25/00

**Andrea Jany's 41 kills are an NCAA DII three-game single-match record**





# AASU Team Match Records

## Most Kills - 3 Game Match

68 vs. Colorado Christian, 9/6/03  
 64 vs. Harding, 9/20/02  
 63 vs. Mars Hill, 9/10/99  
 61 vs. Saginaw Valley State, 9/1/00  
 60 vs. USC Upstate, 10/17/99  
 59 vs. SCAD, 9/28/99  
 58 vs. Tusculum, 10/20/01  
 56 at North Florida, 11/10/99  
 56 at UNC Pembroke, 10/5/02  
 56 vs. Catawba, 9/13/03  
 56 vs. USC Upstate, 10/8/04

## Most Kills - 4 Game Match

81 at Catawba, 10/19/01  
 79 vs. Augusta State, 11/14/92  
 77 vs. Francis Marion, 9/30/94  
 77 at USC Upstate, 11/14/03  
 76 vs. USC Upstate, 11/16/00  
 74 vs. High Point 9/24/94  
 73 vs. Catawba, 9/14/02  
 73 vs. Augusta State, 11/15/02  
 72 vs. Lander, 9/28/02  
 70 vs. Bentley, 9/26/92  
 70 vs. West Georgia, 9/18/99

## Most Kills - 5 Game Match

89 vs. UNC Pembroke, 9/30/95  
 78 vs. Francis Marion, 9/29/95  
 76 vs. USC Aiken, 11/6/93  
 75 vs. SCAD, 11/3/93  
 75 at Francis Marion, 11/14/92  
 74 vs. Tusculum, 10/29/93  
 74 vs. Florida Southern, 9/12/03  
 73 vs. Western State, 8/25/00  
 72 vs. USC Upstate, 10/25/03  
 71 at USC Upstate, 11/6/04

## Best Hitting % - 3 Game Match

.581 (20-2/31) at Voorhees, 10/14/91  
 .508 (37-6/61) at Voorhees, 9/14/92  
 .505 (50-2/95) at UNC Pembroke, 10/22/05  
 .492 (41-10/63) vs. Augusta State, 9/25/93  
 .489 (50-5/92) vs. UNC Pembroke, 9/24/05  
 .486 (23-5/37) vs. Millsaps, 10/3/92  
 .464 (55-10/97) at Coker, 9/18/04  
 .454 (50-10/88) vs. Rollins, 10/14/00  
 .452 (38-10/62) at Albany State, 9/28/93  
 .447 (48-10/85) vs. Augusta State, 10/30/04

## Best Hitting % - 4-Game Match

.448 (52-9/96) at Paine, 10/1/93  
 .419 (70-13/136) vs. Bentley, 9/26/92  
 .389 (58-14/113) vs. Cal State Chico, 8/26/00  
 .363 (79-21/160) vs. Augusta State, 11/14/92  
 .331 (67-16/154) vs. USC Upstate, 11/4/05  
 .321 (74-24/156) vs. High Point, 9/24/94  
 .318 (72-23/154) vs. Lander, 9/28/02  
 .316 (76-21/174) vs. USC Upstate, 11/16/00  
 .314 (58-15/137) vs. North Florida, 10/9/92  
 .308 (68-19/159) at USC Upstate, 10/26/02

## Best Hitting % - 5 Game Match

.344 (62-40/128) vs. PBAC, 10/16/92  
 .309 (44-14/97) vs. SCAD, 9/21/94  
 .289 (75-25/173) vs. SCAD, 11/3/93  
 .288 (68-22/160) vs. Georgia Southern, 10/6/92  
 .253 (69-28/162) vs. New York Tech, 9/4/04  
 .247 (57-19/154) vs. USC Aiken, 10/9/92  
 .246 (66-24/171) at Florida Southern, 10/15/01  
 .241 (58-23/145) vs. UNC Pembroke, 11/10/92  
 .240 (71-25/192) at USC Upstate, 11/6/04  
 .239 (63-24/163) at USC Aiken, 10/29/05

## Service Aces - 3 Game Match

20 at Savannah State, 9/23/91  
 20 vs. Savannah State, 9/4/99  
 18 vs. NC Central, 8/31/02  
 16 at Voorhees, 9/14/92  
 16 vs. Savannah State, 10/23/92  
 16 vs. Milligan, 8/30/02  
 16 vs. Pfeiffer, 8/30/02  
 16 vs. Georgia Southwestern, 9/4/02  
 16 vs. East Stroudsburg, 9/6/02  
 16 vs. Converse, 9/18/04

## Service Aces - 4 Game Match

21 vs. LaGrange, 10/25/91  
 17 vs. SCAD, 9/23/92  
 17 vs. Troy State, 9/26/92  
 17 vs. Francis Marion, 10/5/01  
 16 vs. Valdosta State, 8/24/01  
 15 vs. Albany State, 10/1/93  
 15 at Paine, 10/1/93  
 15 vs. Augusta State, 11/12/94  
 15 vs. Saint Leo, 9/8/01  
 15 vs. Saginaw Valley State, 9/2/05

## Service Aces - 5 Game Match

18 vs. Paine, 9/23/91  
 17 vs. SCAD, 10/9/91  
 16 vs. Presbyterian, 9/12/03  
 15 vs. North Alabama, 9/22/95  
 15 vs. USC Upstate, 9/30/95  
 15 vs. Angelo State, 9/1/01  
 14 vs. Palm Beach Atlantic, 10/16/92  
 14 vs. Palm Beach Atlantic, 9/16/93  
 12 vs. SCAD, 11/3/93  
 12 vs. UNC Pembroke, 9/30/95  
 12 vs. New York Tech, 9/4/04

## Assists - 3 Game Match

65 vs. Colorado Christian, 9/6/03  
 62 vs. Mars Hill, 9/10/99  
 59 vs. Saginaw Valley State, 9/1/00  
 58 vs. Harding, 9/20/02  
 54 at North Florida, 11/10/99  
 54 vs. Fort Valley State, 8/24/01  
 54 vs. USC Upstate, 10/8/04  
 53 vs. USC Upstate, 10/17/99  
 53 vs. Catawba, 9/13/03  
 53 at Coker, 9/18/04  
 53 vs. Harding, 8/26/05  
 53 vs. West Georgia, 9/18/05

## Assists - 4 Game Match

76 vs. USC Upstate, 9/14/96  
 75 vs. Francis Marion, 9/30/94  
 74 at Catawba, 10/19/01  
 69 at USC Upstate, 9/13/97  
 69 vs. Lander, 9/28/02  
 69 vs. Augusta State, 11/15/02  
 69 at USC Upstate, 11/14/03  
 68 vs. USC Upstate, 11/16/00  
 67 vs. Augusta State, 10/28/97  
 67 vs. Florida Tech, 10/15/01  
 67 vs. Catawba, 9/14/02

## Assists - 5 Game Match

81 vs. UNC Pembroke, 9/30/95  
 71 vs. Western State, 8/25/00  
 69 vs. Florida Southern, 9/12/03  
 68 vs. Francis Marion, 9/29/95  
 68 vs. USC Upstate, 10/25/03  
 68 vs. Francis Marion, 9/23/05  
 66 vs. Florida Tech, 9/18/99  
 64 vs. North Florida, 10/25/00  
 64 at New York Tech, 9/4/04  
 63 at USC Upstate, 11/6/04  
 63 vs. Catawba, 9/9/05  
 62 at Bryant, 9/7/02  
 62 at Francis Marion, 11/2/04  
 62 vs. Puerto Rico-Rio Piedras, 9/10/05

## Digs - 3 Game Match

91 vs. Colorado Christian, 9/6/03  
 83 vs. Francis Marion, 11/14/92  
 81 vs. Harding, 9/20/02  
 81 at Lander, 9/26/03  
 81 at Lander, 11/5/04  
 78 at Augusta State, 10/27/93  
 76 at Charleston Southern, 10/5/93  
 75 vs. Saint Leo, 9/10/99  
 75 vs. UNC Pembroke, 10/6/01  
 74 vs. Francis Marion, 11/12/05

## Digs - 4 Game Match

123 vs. North Florida, 11/13/99  
 110 vs. North Alabama, 10/30/93  
 107 vs. Florida Tech, 10/15/01  
 104 vs. Augusta State, 11/14/92  
 102 vs. USC Upstate, 10/27/01  
 99 vs. Barry, 9/8/00  
 95 vs. Jacksonville State, 10/30/93  
 94 vs. AU-Rio Pedras, 10/14/00  
 92 vs. Arkansas Tech, 9/5/03  
 91 vs. North Florida, 10/9/92

## Digs - 5 Game Match

163 vs. Tusculum, 10/29/93  
 136 vs. USC Aiken, 10/30/93  
 116 at Francis Marion, 9/25/91  
 114 vs. Winona State, 9/1/05  
 108 vs. UNC Pembroke, 9/30/95  
 106 at Francis Marion, 11/14/92  
 106 vs. USC Aiken, 11/6/93  
 106 vs. Western State, 8/25/00  
 106 vs. Angelo State, 9/1/01  
 103 vs. Francis Marion, 9/29/95



**AASU hit .497 in two matches against UNC Pembroke in 2005**



**Peach Belt Conference Awards  
PBC Player of the Year**

**All-Peach Belt Conference**

- 1991 Koreena Kaminski
- 1992 Koreena Kaminski  
Sherrene Benedict
- 1993 Sherrene Benedict
- 1994 Nicole Smith
- 1996 Andrea Jany
- 1997 Meike Behrensen  
Sandra Gluchy
- 1999 Kris Bringewatt  
Lindsay Ehlers  
Colleen Fitzsimons  
Micah Roman
- 2000 Lindsay Ehlers  
Sarah Haynes  
Micah Roman
- 2001 Sofie Hakansson  
Sarah Haynes  
Erin Melius
- 2002 Sofie Hakansson  
Sarah Haynes  
Erin Melius
- 2003 Traci Knuth  
Darcey Krug  
Candice Modlinski
- 2004 Ashley Lavender  
Traci Knuth  
Darcey Krug
- 2005 Lauren Good  
Traci Knuth

**All-PBC Tournament Team**

- 1992 Sherrene Benedict
- 1996 Andrea Jany
- 1999 Lindsay Ehlers  
Erin Melius
- 2000 Sarah Haynes  
Micah Roman
- 2001 Sofie Hakansson  
Erin Melius
- 2002 Alexia Piche-Hatch (MVP)  
Sofie Hakansson
- 2003 Shannon Tracey
- 2004 Christina Flores  
Candice Modlinski
- 2005 Traci Knuth



**Sarah Haynes  
2000**



**Traci Knuth 2005**



**Kris Bringewatt  
1999**

**PBC Coach of the Year**

- 1997 Carol Meegan
- 1999 Alan Segal
- 2000 Alan Segal (Co-Winner)

**PBC Freshman of the Year**

- 1996 Andrea Jany (Co-Winner)
- 1999 Lindsay Ehlers

**PBC Player of the Week**

- |  |  |
|--|--|
| <ul style="list-style-type: none"> <li>1991 Koreena Kaminski (Sept. 29)<br/>Ellen Sipes (Oct. 13)<br/>Koreena Kaminski (Oct. 20)<br/>Christy Johansen (Oct. 27)</li> <li>1992 Koreena Kaminski (Sept. 21)<br/>Sherrene Benedict (Oct. 5)</li> <li>1993 Sherrene Benedict (Oct. 3 &amp; 31)</li> <li>1994 Nicole Smith (Sept. 7 &amp; Oct. 11)</li> <li>1996 Andrea Jany (Sept. 17 &amp; Oct. 1)</li> <li>1997 Sandra Gluchy (Oct. 14)</li> <li>1999 Lindsay Ehlers (Oct. 19)</li> <li>2000 Sarah Haynes (Oct. 24)</li> </ul> | <ul style="list-style-type: none"> <li>2001 Sofie Hakansson (Oct. 16)</li> <li>2002 Candice Modlinski (Oct. 29)<br/>Sarah Haynes (Sept. 10)</li> <li>2003 Darcey Krug (Sept. 16)<br/>Christina Flores (Nov. 11)</li> <li>2004 Traci Knuth<br/>(Sept. 20, Oct. 4 &amp; Nov. 8)</li> <li>2005 Traci Knuth<br/>(Sept. 9, Oct. 31 &amp; Nov. 7)</li> </ul> |
|--|--|

**PBC Specialist of the Week**

- 2004 Christina Flores (Sept. 7)

**Sarah Haynes and Traci Knuth are AASU's only three-time All-PBC honorees**





**AVCA All-South Region Awards**

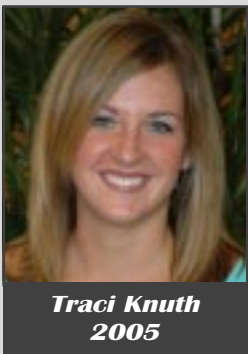
**ESPN/CoSIDA Academic All-District III Volleyball Team**



**Lindsay Ehlers  
2000**



**Shelley Weekes  
2001, 2002**



**Traci Knuth  
2005**

**Daktronics All-South Region Volleyball Team**

- 2001 Sarah Haynes
- 2002 Erin Melius
- Sofie Hakansson



**Sarah Haynes  
2000, 2001, 2002, 2003**



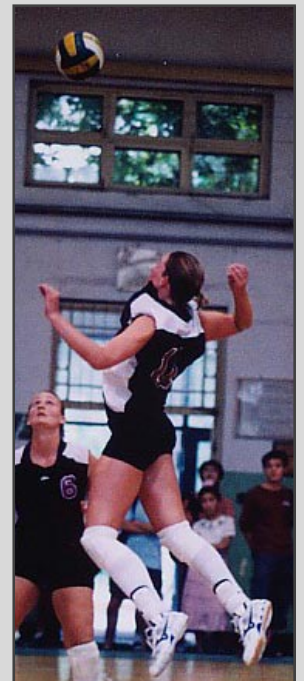
**Sofie Hakansson  
2001, 2002**



**Erin Melius  
2001, 2002**



**Candice Modlinski  
2004**



**Traci Knuth  
2003 Region  
Freshman of the Year**

**AVCA All-Region Honorable Mention**

- 2003 Darcey Krug, Candice Modlinski
- 2005 Traci Knuth

**Other All-Tournament Honors**

- |  |  |
|--|--|
| 1992 <u>Eckerd College Invitational</u><br>Koreena Kaminski, Sherrene Benedict             | 2002 <u>Catawba adidas Invitational</u><br>Sarah Haynes (MVP)          |
| 1993 <u>Paine Invitational</u><br>Sherrene Benedict (MVP), Marcia Morgan                   | 2002 <u>Catawba adidas Invitational</u><br>Sarah Haynes, Erin Melius   |
| 1994 <u>FMU Lady Patriot Festival</u><br>Nicole Smith                                      | <u>Bryant College Invitational</u><br>Erin Melius, Sarah Haynes (MVP)  |
| 1999 <u>California (Pa.) Invitational</u><br>Erin Melius, Colleen Fitzsimons, Sarah Haynes | <u>St. Edward's Hilltopper Classic</u><br>Erin Melius, Sofie Hakansson |
| <u>Valdosta State Days Invitational</u><br>Colleen Fitzsimons                              | 2003 <u>Nebraska-Omaha Classic</u><br>Darcey Krug                      |
| <u>Fayetteville State Invitational</u><br>Kris Bringewatt (MVP), Colleen Fitzsimons        | 2004 <u>Quincy Invitational</u><br>Christina Flores, Traci Knuth       |
| 2000 <u>Mesa State Coca-Cola Invitational</u><br>Kris Bringewatt, Colleen Fitzsimons       | <u>LIU-C.W. Post Invitational</u><br>Christina Flores                  |
| <u>GYSU/Amerihost Invitational</u><br>Micah Roman  | 2005 <u>St. Mary's Invitational</u><br>Traci Knuth                     |
| 2001 <u>AASU/Chatham Orthopaedics VB Classic</u><br>Sarah Haynes, Sofie Hakansson          | <u>Lewis Flyer Festival</u><br>Christina Flores                        |
| 2001 <u>Texas Woman's Labor Day Classic</u><br>Erin Melius                                 | <u>Leah Schmiedge</u>  |



**Shelley Weekes is AASU's only two-time CoSIDA Academic honoree**





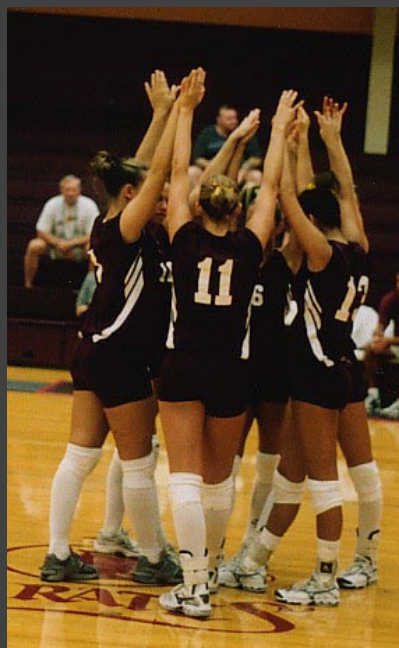


# All-Time Records vs. Opponents



## 2005 (22-12, 11-1 PBC)

8/26	@ vs. Western State	W 3-0
	@ vs. Harding	W 3-0
8/27	@ vs. Ashland	L 3-1
	@ at St. Mary's (Tex.)	L 3-2
8/30	Flagler	W 3-0
9/1	# vs. Winona State	L 3-2
9/2	# vs. Saginaw Valley St.	W 3-1
	# vs. Wisc.-Parkside	W 3-0
9/3	# at Lewis	W 3-0
9/9	% Catawba	L 3-2
	% Florida Southern	L 0-3
9/10	% Lenoir-Rhyne	W 3-0
	% P.R.-Rio Piedras	W 3-2
9/13	at Valdosta State	L 3-0
9/17	Tampa	L 3-0
9/18	West Georgia	W 3-0
9/23	Francis Marion	W 3-2
9/24	UNC Pembroke	W 3-0
9/30	USC Aiken	W 3-1
10/1	Augusta State	W 3-0
10/7	at Lander	W 3-1
10/8	at USC Upstate	W 3-2
10/14	at Barry	L 3-0
10/15	vs. Florida Tech	W 3-0
10/17	at Tampa	L 3-1
10/21	at Francis Marion	L 3-2
10/22	at UNC Pembroke	W 3-0
10/25	at Florida Southern	L 3-1
10/28	at Augusta State	W 3-0
10/29	at USC Aiken	W 3-2
11/4	USC Upstate	W 3-1
11/5	Lander	W 3-0
11/11	\$ vs. USC Aiken	W 3-0
11/12	\$ vs. Francis Marion	L 3-0
	@ St. Mary's Invitational (San Antonio)	
	# Lewis Flyer Festival (Romeoville, Ill.)	
	% AASU Invitational	
	\$ PBC Tournament (Augusta, Ga.)	



**The Armstrong Atlantic State volleyball squad captured its first Peach Belt Conference regular season title in 2005, collecting an 11-1 record in the regular season.**

# AASU All-Time Records vs. Opponents

Alabama-Huntsville	0-2	Lincoln Memorial	1-0
Alabama State	2-0	LIU - Brooklyn	0-1
Albany State	5-0	LIU - C.W. Post	1-0
Anderson	1-1	Mars Hill	2-0
AU Rio Pedras	0-1	Mercer	0-2
Angelo State	1-0	Mercyhurst	1-0
Arkansas Tech	2-0	Mesa State	1-0
Ashland	0-1	Milligan	1-0
<b>Augusta State</b>	<b>32-13</b>	Millsaps	1-0
Baptist	0-3	Minnesota State Mankato	1-0
Barber Scotia	1-0	Mississippi College	0-1
<b>Barry</b>	<b>1-6</b>	Mississippi Univ. for Women	0-1
Barton	1-0	Missouri - St. Louis	1-0
Benedict	2-2	<b>Montana State - Billings</b>	<b>0-0</b>
Bentley	3-0	Montevallo	1-0
Bethune-Cookman	1-0	Mount Olive	1-0
Bluefield	0-1	Newberry	4-0
Brenau	1-0	New York Tech	2-0
California (Pa.)	1-0	North Alabama	0-5
Cal State Chico	1-0	North Carolina A&T	0-1
<b>Cal State Dominguez Hills</b>	<b>0-0</b>	North Carolina Central	4-0
<b>Cal State Monterey Bay</b>	<b>0-0</b>	North Florida	2-27
Campbell	0-2	<b>Northwest Nazarene</b>	<b>0-0</b>
Carson-Newman	2-0	Nova Southeastern	2-0
Catawba	3-3	Oglethorpe	2-0
Central Oklahoma	0-2	Paine	3-8
Charleston Southern	0-4	Palm Beach Atlantic	2-1
Christian Brothers	1-0	Pfeiffer	1-0
Coker	3-5	Piedmont	1-0
Colorado Christian	1-0	<b>Presbyterian</b>	<b>3-2</b>
<b>Colorado - Colorado Springs</b>	<b>0-0</b>	Puerto Rico-Rio Pedras	1-0
Columbia	2-0	Queens (NY)	1-0
Converse	4-2	Quincy	1-0
East Carolina	0-1	Radford	0-1
East Stroudsburg	1-0	Rollins	3-2
Eckerd	2-1	Saginaw Valley State	3-0
Elon	0-1	St. Andrews	0-1
Emory	2-2	St. Augustine's	1-0
Emporia State	0-1	St. Edward's	0-1
Erskine	2-0	St. Mary's (Texas)	0-1
Fayetteville State	1-1	Saint Leo	6-1
<b>Flagler</b>	<b>9-1</b>	Savannah Coll. A&D	12-7
Florida CC	2-2	Savannah State	24-4
Florida A&M	0-1	Seton Hill	1-0
Florida Gulf Coast	1-0	Shippensburg	1-0
Florida International	0-1	Slippery Rock	1-0
<b>Florida Southern</b>	<b>4-12</b>	<b>Southeastern Oklahoma State</b>	<b>1-0</b>
<b>Florida Tech</b>	<b>4-4</b>	<b>Tampa</b>	<b>1-10</b>
<b>Fort Lewis</b>	<b>0-0</b>	Texas Woman's	1-0
Fort Valley State	4-1	Troy State	1-0
<b>Francis Marion</b>	<b>17-19</b>	Tusculum	1-1
Gardner-Webb	1-2	UC Davis	1-0
Georgia Southern	0-18	UNC Asheville	0-2
Georgia Southwestern	4-0	UNC Charlotte	0-1
<b>Georgian Court</b>	<b>0-0</b>	<b>UNC Pembroke</b>	<b>23-8</b>
<b>Grand Canyon</b>	<b>0-0</b>	UNC Wilmington	0-1
Grand Valley State	0-1	<b>USC Aiken</b>	<b>21-17</b>
Greenville CC	0-1	<b>USC Upstate</b>	<b>19-20</b>
Harding	2-0	Valdosta State	6-5
Hillsdale	0-1	Voorhees	4-0
High Point	1-0	Wesleyan	4-0
Incarnate Word	0-1	West Alabama	1-0
Jacksonville	0-7	West Georgia	8-2
Jacksonville State	0-1	Western State	2-0
King College	0-1	<b>Western Washington</b>	<b>0-0</b>
LaGrange	3-0	Wheeling Jesuit	0-1
Lake Superior State	1-0	Wingate	1-1
<b>Lander</b>	<b>17-0</b>	Winona State	0-1
Lee	1-0	Winthrop	0-1
<b>Lenoir-Rhyne</b>	<b>4-0</b>	Wisconsin-Parkside	1-1
Lewis	1-2	Wofford	1-0

**Bold** - 2006 Opponent

**AASU plays nine first-time opponents in 2006**



# This Is Savannah

Historic Savannah, Georgia, is located on the Atlantic Coast, at the confluence of the Savannah River and the Atlantic Ocean. Throughout its history, there has been one adjective consistently used to describe Savannah: beautiful.

The reason? There's something about the unique beauty of Savannah that cannot be forgotten. Streets with canopies of moss-laden trees are honored venues for scores of historic homes. The town squares that Savannah's founding father, James Oglethorpe, laid out as public meeting places are now treasured "pocket parks" located throughout the downtown area.

A renovated waterfront area serves as the hub for shopping and entertainment. Nearby sandy beaches draw streams of visitors with persistent cool breezes and the endless lure of the rolling sea. Finally, there's an indescribable - but readily discernible - feeling in the air that pervades Savannah, a kind of "laid back" approach to the world, a "rootedness" that makes living or working in Savannah an experience second to none.

By way of affirmation, *Le Monde*, the leading French newspaper, called Savannah "the most beautiful city in North America."

Savannah has recently captured the imagination of a nation through its history and its appearance in several feature films, including "Glory," "Forrest Gump," "Something to Talk About," "Midnight In The Garden of Good and Evil" and the 2000 hit film "The Legend of Bagger Vance," starring Will Smith and



Matt Damon. Also, Savannah hosted the yachting events of the 1996 Summer Olympics and most recently served as the media home for the G-8 Summit. As a result, tourism has become one of the leading industries in the area.

Savannah hosts over six million tourists each year. Tourism impacts the Savannah area by more than \$634 million. The city boasts over 7,000 rooms and more than 100 restaurants as folks have learned that Savannah is more than just a convenient rest stop on the interstate to Florida.

The climate of Savannah features warm, and sometimes hot, weather for most of the year. There are seven months in which the average temperature is 70 degrees or higher. The lowest average high is in January at 60.3 degrees.

The population in Savannah is roughly 130,000 and Chatham County is the fifth

most populous county in the state of Georgia.

Savannah also sits centrally located to some of the Southeast's finest beaches. Tybee Island, located less than 30 minutes from Armstrong Atlantic State's campus, offers six miles of unspoiled sands, tempting seafood and gracious accommodations. Resort areas such as Hilton Head, South Carolina, are less than one hour away and provide even more relaxing getaway options.

Whether it's the lure of historic settings, the friendliness of a Southern community or the beautiful climate of southeast Georgia, Savannah is the place for you.

## The AASU Athletic Department Wishes To Thank The Following For Their Support Of Pirate Athletics !



Better Ingredients.  
Better Pizza.



A semi-private Rees Jones championship golf course

# 2006 AASU Schedule



## 2006 AASU Volleyball Schedule

<b>Date</b>	<b>Day</b>	<b>Opponent</b>	<b>Time</b>
Aug. 24-26	Thurs.-Sat.	at 2006 Mountain Lion Invitational (Colorado Springs, Colo.)	
Aug. 24	Thurs.	vs. Fort Lewis	4:30 p.m.
Aug. 25	Fri.	vs. Georgian Court	9:00 a.m.
		at Colorado - Colorado Springs	8:15 p.m.
Aug. 26	Sat.	vs. Montana State - Billings	10:45 a.m.
		vs. Southeastern Oklahoma	5:30 p.m.
Aug. 28	Mon.	at Cal State Monterey Bay	7:00 p.m.
Aug. 29	Tues.	at Cal State Dominguez Hills	7:30 p.m.
Sept. 1-2	Fri.-Sat.	at 2006 Cactus Classic (Phoenix, Ariz.)	
Sept. 1	Fri.	vs. Western Washington	4:00 p.m.
		at Grand Canyon	7:00 p.m.
Sept. 2	Sat.	vs. Colorado - Colorado Springs	10:00 a.m.
		vs. Northwest Nazarene	4:00 p.m.
<b>Sept. 8-9</b>	<b>Fri.-Sat.</b>	<b>2006 AASU/Chatham Orthopaedic Volleyball Classic</b>	
<b>Sept. 8</b>	<b>Fri.</b>	<b>Presbyterian</b>	<b>1:00 p.m.</b>
		<b>Florida Southern</b>	<b>7:00 p.m.</b>
<b>Sept. 9</b>	<b>Sat.</b>	<b>Lenoir-Rhyne</b>	<b>1:00 p.m.</b>
		<b>Tampa</b>	<b>7:00 p.m.</b>
Sept. 15	Fri.	at Augusta State *	7:00 p.m.
Sept. 16	Sat.	at USC Aiken *	4:00 p.m.
<b>Sept. 22</b>	<b>Fri.</b>	<b>USC Upstate *</b>	<b>7:00 p.m.</b>
<b>Sept. 23</b>	<b>Sat.</b>	<b>Lander *</b>	<b>4:00 p.m.</b>
Sept. 24	Sun.	at Florida Southern	2:00 p.m.
Sept. 29	Fri.	at UNC Pembroke *	7:00 p.m.
Sept. 30	Sat.	at Francis Marion *	4:00 p.m.
Oct. 6	Fri.	at Lander *	7:00 p.m.
Oct. 7	Sat.	at USC Upstate *	3:00 p.m.
Oct. 14	Sat.	at Flagler	9:00 a.m.
		at Florida Tech	4:00 p.m.
Oct. 15	Sun.	at Tampa	2:00 p.m.
<b>Oct. 20</b>	<b>Fri.</b>	<b>USC Aiken *</b>	<b>7:00 p.m.</b>
<b>Oct. 21</b>	<b>Sat.</b>	<b>Augusta State *</b>	<b>4:00 p.m.</b>
<b>Oct. 27</b>	<b>Fri.</b>	<b>Francis Marion *</b>	<b>7:00 p.m.</b>
<b>Oct. 28</b>	<b>Sat.</b>	<b>UNC Pembroke *</b>	<b>4:00 p.m.</b>
<b>Oct. 29</b>	<b>Sun.</b>	<b>Barry</b>	<b>3:00 p.m.</b>
Nov. 3-4	Fri.-Sat.	at 2006 Peach Belt Conference Championships (Florence, S.C.)	
Nov. 9-11	Thurs.-Sat.	at NCAA Division II South Regional (Site TBA)	
Nov. 16-18	Thurs.-Sat.	at NCAA DII Elite Eight (Pensacola, Fla.)	

\* denotes Peach Belt Conference match      **Bold** denotes home match





***AASU Volleyball • NCAA Participants  
2001, 2002, 2003, 2004, 2005***