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2004 AASU Volleyball Guide

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2004 Armstrong Atlantic State University Volleyball Media Guide



2004 AASU Volleyball Squad with friends and family at the McDonald's Quincy Invitational in Illinois. AASU team identification: Sitting (l-r): Ranay Dato, Stacia McCoy, Kassi Kixmiller, Rindy Vidovich, Margaret Thornton. Kneeling (l-r): Darcey Krug, Ashley Lavender, Candice Modlinski, Christina Flores, Lauren Good, Karla Readshaw, Traci Knuth.

2004 Armstrong Atlantic State University Pirate Volleyball Roster

#	Name	Yr.	Pos.	Ht.	Hometown/School
1	Lauren Good	6-0	Soph.	MH/RS	Richmond, Va. / Mills E. Godwin HS
3	Candice Modlinski	6-0	Sr.	MH/OH	St. Charles, Ill. / St. Charles East HS
5	Ranay Dato	6-1	Jr.	MH	Huntington Beach, Calif. / Golden West CC
6	Kassi Kixmiller	5-10	Fr.	MH	Bloomington, Ind. / Bloomington North HS
8	Ashley Lavender	5-10	Sr.	OH	Leawood, Kan. / Blue Valley HS
9	Stacia McCoy	5-10	Fr.	OH	Eagan, Minn. / Eastview HS
10	Darcey Krug	6-0	Sr.	RS	Owings, Md. / Northern HS
11	Traci Knuth	5-11	Soph.	MH	Columbus, Neb. / Columbus HS
12	Rindy Vidovich	5-11	Fr.	OH/RS	San Pedro, Calif. / Mary Star of the Sea HS
13	Christina Flores	5-10	Soph.	OH	Addison, Ill. / Addison HS
15	Karla Readshaw	5-8	Fr.	S	Huntington Beach, Calif. / Edison HS
16	Margaret Thornton	5-8	Fr.	S	Hesperia, Calif. / Sultana HS

Head Coach: Alan Segal (Cal State Sacramento, '82)

Assistant Coaches: Jenni Holste (Florida Southern, '04), Jen Michael (Francis Marion, '02)

Pronunciation Guide

#3 - Candice MOH-duh-LEHN-skee
 #5 - ruh-NAY DAH-toe
 #10 - Darcey KRUHG

#11 - Traci kuh-NOOTH
 #12 - Rindy VIDD-oh-vich
 #15 - Karla REDD-shaw

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This Is Savannah	IBC

Quick Facts

Location	Savannah, Ga. 31419
Founded	1935
Enrollment	6,014
Nickname	Pirates
Colors	Maroon and Gold
Athletics Webpage	www.athletics.armstrong.edu
Affiliation	NCAA Division II
Conference	Peach Belt
Home Gym	Aquatics & Recreation Center
Capacity	1,000
President	Dr. Thomas Z. Jones
Athletic Director	Dr. Eddie Aenchbacher
Volleyball Head Coach	Alan Segal
Record at AASU (Years)	146-49 (5)
Overall Coaching Record (Years)	186-81 (7)
2003 Overall Volleyball Record	22-14
2003 PBC Record (Finish)	11-3 (t2nd)
Assistant Coaches	Jenni Holste, Jen Michael

On the Cover

The 2004 AASU volleyball squad poses in the "quad" on the campus of Armstrong Atlantic State University. The quad is a scenic section of campus containing several sections of flora unique to the Savannah area. AASU's 240-plus acres of campus grounds were established as an Arboretum by the administration in 2001.

Credits

The 2003 Armstrong Atlantic State University media guide was published by the AASU Office of Sports Communications, Chad Jackson, director. AASU head coach Alan Segal and assistant coaches Jenni Holste and Jen Michael also contributed to this publication. For more information regarding the AASU volleyball program, please contact:

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 Phone: 912-921-3785
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AASU Athletic Department Phone Directory

Main Numbers

Athletic Department	912-927-5336
Athletics FAX	912-921-5571
	912-921-5852

Administration

Dr. Eddie Aenchbacher, A.D.	912-921-5854
Dr. Donald Anderson, Asst. A.D.	912-921-5863
Chad Jackson, Sports Communications	912-961-3255
Stacey Foust, Athletic Trainer	912-927-5200
Dianne Lane, Athletic Secretary	912-921-5849

Coaching Staff

Joe Roberts, Baseball	912-921-5686
Calvain Culberson, Asst. Baseball	912-921-5687
Jeff Burkhamer, Basketball (Men's)	912-921-5683
G.G. Smith, Asst. Men's Basketball	912-921-5684
Jason Helton, Asst. Men's Basketball	912-921-7311
Roger Hodge, Basketball (Women's)	912-921-5861
Mandy Kinder, Asst. Wm. Basketball	912-921-5862
Elizabeth Lyons, Grad Asst. WBKB	912-921-7310
Michael Butler, Men's Golf	912-921-5841
Simon Earnshaw, Tennis	912-921-5842
Zsofi Golopencza, Asst. Tennis	912-921-5842
Marty McDaniel, Softball	912-921-2391
Valeria Silvestrini, Asst. Softball	912-921-2391
Alan Segal, Volleyball	912-921-3785
Jenni Holste, Asst. Volleyball	912-921-3786
Jen Michael, Asst. Volleyball	912-921-3786

Other Numbers

Press Table (Basketball)	912-921-5473
	912-921-5572
AASU Training Room	912-921-5860
Sports Center Weight Room	912-921-5858

AASU has made four straight trips to the NCAA Championships



Armstrong Atlantic State University

Since its founding in 1935, Armstrong Atlantic State University has continued to develop to meet the Savannah community's educational needs. From its first location in Armstrong House in downtown Savannah to its current home on a scenic 250-acre lot off of Abercorn, the university has become one of the finest educational institutions in the South-eastern United States.

Armstrong Junior College was established by the Mayor of Savannah and other public officials in 1935. Housed in the beautiful and historic Armstrong House, a gift to the city from the family of George F. Armstrong, Armstrong Junior College grew over the years to occupy eight additional buildings in the Forsyth Park and Monterey Square areas.

In 1959, as Armstrong College of Savannah, it became a two-year unit of the University System.

The Board of Regents conferred four-year status on Armstrong in 1964 and the college moved to its present 250-acre location, a gift from Donald Livingston and the Mills B. Lane Foundation, in December of 1965. Additional buildings joined the eight original structures as Armstrong added professional and graduate programs and tripled in size.

In July of 1996, the Board of Regents voted to rename the college to Armstrong Atlantic State University to reflect its mission and identity. The university's reputation of excellence is still evident in its dedication to students, with a supportive environment.

Armstrong Atlantic State University was fully accredited as a senior institution by the Southern Association of Colleges and Schools in December, 1968, with accreditation retroactive to January 1, 1968, and was last reaccredited in December, 2001.

The university offers more than seventy-five academic programs and majors in its School of Arts and Sciences, School of Health Professions and School of Education.

The academic community includes approximately 6,000 students and more than 250 faculty members. Enrollment has more than doubled in the last 15 years, from 2,740 students in 1987 to its current number.

Across campus, evidence of the university's growth can be



found in its facilities. Recently completed buildings include the Fine Arts Center, with a 1,000 seat theatre/auditorium, the Health Professions Building and an academic computing center, along with 84,400 square foot University Hall, built to make room for a student population of 8,000. A 115,000 square foot, \$28 million dollar science building opened in 2002. The campus also welcomed the second phase of Compass Point, an addition to the school's first dormitory buildings in 2003. Phase two provides an additional 300 beds to the already existing 275 beds from phase one and campus leaders are in talks for a planned phase three addition to Compass Point.

The athletic department of Armstrong Atlantic State University is housed in the Armstrong Sports Center, completed in 1995. The Sports Center includes offices for the physical education department, training room and weight room areas, basketball courts, indoor track and offices for coaches and athletic department personnel. The building played host to the Peach Belt Conference's basketball tournament in 1998 and 1999 and hosts several in-season tournaments each year. In 2004-05, Armstrong Atlantic State will host Peach Belt Conference Championships in volleyball and golf, while also hosting the 2005 NCAA Division II Men's Golf National Championships.

AASU sponsors eight intercollegiate sports and is a charter member of the Peach Belt Conference, formed in 1991. The Pirates have not finished below fourth in the league's all-sports competition since joining the league and finished third in 2003-04, behind North Florida and Kennesaw State.

Continuing a mission begun in 1935, Armstrong Atlantic State University today serves a rich gamut of traditional and non-traditional students. Sixty percent of AASU's student body are from the Savannah-Chatham area, while others come from around the state, nation and world. All have come to Savannah to experience and thrive on the campus of one of the fastest developing higher learning institutions in the nation - to be a part of Armstrong Atlantic State University.



AASU Volleyball began as an intercollegiate sport in 1986



Dr. Thomas Z. Jones *University President*

Thomas Z. Jones, the sixth president to serve at Armstrong Atlantic State University, begins his third year at AASU. Hired on August 1, 2000, Jones was selected by the Board of Regents and University System of Georgia Chancellor Stephen R. Portch after an exhaustive national search.

Dr. Jones served on the faculty and administration at Columbus State University, as its vice president for academic affairs from 1988-2000, prior to coming to Armstrong Atlantic State. A 30-year veteran of university teaching and administration, Dr. Jones has taught at Indiana State University, Emory and Henry College and the West Virginia Institute of Technology. While at West Virginia Tech, Dr. Jones served as the Westmoreland Professor of Mining, an endowed professorship, and vice president of academic affairs.

Dr. Jones received his bachelor's degree in physics from Fairmont State College, his master of arts degree in geology from West Virginia University and his Ph.D in Geology from Miami (Ohio) University.

From 1980-1988, he owned and served as president of Technical Evaluation Consultants, Inc., a privately owned business specializing in providing science, technical and engineering services for business, industry, government agencies and the legal community.

Dr. Jones and his wife, Joyce, have two sons, Matthew and Michael.



Dr. Eddie Aenchbacher *Athletic Director*

Dr. Eddie Aenchbacher begins his ninth full year as the athletic director for Armstrong Atlantic State University.

Dr. Aenchbacher's responsibilities include overseeing the entire athletic department and promoting Armstrong Atlantic State athletics in the community of Savannah.

Dr. Aenchbacher received his bachelor's degree in physical education from Armstrong Atlantic State in 1979, where he was a standout student-athlete for the baseball team as a pitcher. He received his Master's degree and Doctorate of Education from the University of Georgia.

Along with his student-athlete experience at AASU, Dr. Aenchbacher also coached the Pirate cross country teams for five years and started the first AASU men's soccer team, which he coached for seven years.

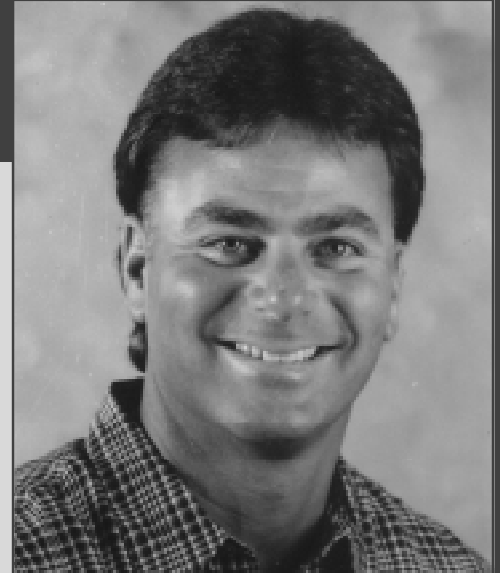
During Dr. Aenchbacher's tenure as athletic director, AASU's athletic programs have had tremendous success in the classroom and on the playing field. Student-athletes at AASU have excelled in academics with 48 percent earning a 3.0 grade point average or better. The overall grade point average of AASU student-athletes is 2.87, higher than the overall institutional GPA. In 2003-04, the AASU athletic department sent seven of eight teams to the NCAA DII Championships for the second straight season, the best ratio in the nation. The Pirates also collected the third-most points per sport sponsored in the annual NACDA Director's Cup competition, which tracks the performance of Division II schools in all sports. AASU accumulated its most Director's Cup points ever (328.5) and averaged 41.1 points per sport, behind only Grand Valley State (MI) and Cal State Chico.

Dr. Aenchbacher has been married for 13 years to Michele and together they are the proud parents of two children, Jesse and Lainey.





Alan Segal Head Volleyball Coach



Alan Segal begins his sixth season as head coach of the Armstrong Atlantic State University volleyball squad after leading the Pirates to their fourth straight NCAA Championships berth in 2003. The four straight years of NCAA postseason play represent the third-longest postseason streak at AASU, behind only the men's and women's tennis teams, and Segal accomplished the feat in 2003 with a team consisting of no seniors.

The 1999 and 2000 Peach Belt Conference Coach of the Year, Segal and the Pirates overcame a 1-5 start to finish the 2003 season with a 22-14 record, the fifth straight year of 20 or more wins for AASU. Segal's squad boasted three All-PBC honorees in juniors Darcey Krug and Candice Modlinski, as well as AVCA South Region Freshman of the Year Traci Knuth. These three performers helped AASU lead the Peach Belt and rank 14th in the nation in blocking, averaging 2.96 per game.

In five seasons, Segal has compiled a 146-49 overall record at AASU and has a 186-81 overall head coaching record in six seasons.

In his first season as the Pirates' head coach, Segal directed the Pirates to 29 consecutive victories to start the season and finished the year with a school-record 36 wins. Segal also directed a 23 and a half-game turnaround from a team that finished 8-24 the year before, the best single-season turnaround in the NCAA that season.

Segal's second season at AASU saw the Pirates achieve their first AVCA Division II national ranking (No. 24) and advance to their first NCAA Division II National Championship appearance. AASU won its first postseason match, 3-1 over USC Spartanburg, and also had one of its players earn AVCA All-Region honors for the first time in school history in middle hitter Sarah Haynes.

The Pirates matched their 29-10 record in Segal's third season and made their second-straight trip to the NCAAs, while the 2002 season saw AASU capture its first Peach Belt Conference tournament championship and automatic berth to the NCAAs.

Prior to joining the AASU coaching ranks, Segal coached for two years at Michigan Tech, where he led the Huskies to a 40-32 record over two seasons and a No. 23 national ranking at the end of the 1997 season. Before his inaugural collegiate head coaching position, Segal was an assistant coach at Florida Southern College from 1994-96, where the Mocs advanced to NCAA Tournament play two of three seasons.

Segal has also accumulated coaching experience as head girls' volleyball coach at Agoura High School (1989-92), where he led the team to the Division 3A finals in the California Interscholastic Federation in 1989; assistant men's coach for Pierce Junior College in Woodland Hills, Calif. (1989-91); assistant women's coach at Western Illinois University in Macomb, Ill. (1988-89); assistant women's coach at Delta Junior College in Stockton, Calif. (1983-84); assistant women's coach at Cosummes River College in Sacramento, Calif. (1982); and assistant girls' coach at Cordova High School in Rancho Cordova, Calif. (1980).

Segal is a 1982 graduate of California State University at Sacramento, where he earned a bachelor of science degree in recreation administration. An active member of the American Volleyball Coaches Association, Segal is on the 40-member coaches panel that determines the AVCA Division II Top 25 each week.

Segal is also a veteran volleyball official. He officiated the National Junior College Championships in both 1994 and 1995 and for the past ten years has been one of the top-rated officials on the AVP Professional Beach Tour.

Born March 16, 1959, Segal is single and resides in Savannah, Ga.

The Alan Segal Ledger

Year	Team	Overall	Conference	Highlights
1997	Michigan Tech	23-13	14-4 / 2nd GLIAC North	NCAA Great Lakes Region participant
1998	Michigan Tech	17-19	11-8 / 4th GLIAC North	
1999	Armstrong Atlantic State	36-5	11-3 / 2nd PBC	Began season 29-0, school record in wins
2000	Armstrong Atlantic State	29-10	12-2 / 2nd PBC	No. 24 AVCA DII Ranking / NCAA South Region
2001	Armstrong Atlantic State	29-10	11-3 / 2nd PBC	NCAA South Region semifinals
2002	Armstrong Atlantic State	30-10	12-2 / 2nd PBC	PBC Tournament Champions / NCAA South Region
2003	Armstrong Atlantic State	22-14	11-3 / 2nd PBC	NCAA South Region participants
Total	7 Years	186-81		



Alan Segal was the PBC Coach of the Year in 1999 and 2000



Jenni Holste

Assistant Volleyball Coach

Former Florida Southern College standout Jenni Holste joins the AASU volleyball program as an assistant coach for 2004.

A two-time AVCA All-South Region honoree, Holste is the Florida Southern career record holder in blocks with 493. A three-time All-Sunshine State Conference honoree, Holste also ranks third all-time in Moccasin history in kills with 1,496. She was an honorable mention AVCA All-America honoree in 2003 and was named the FSC team MVP as a senior.

Holste graduated from Florida Southern in 2004 with a bachelor's of science degree in sociology and criminology. The Orange Park, Fla., native graduated from Middleburg HS and was a two-time All-Conference player for the Broncos.

Holste, 24, will be working on her master's degree in criminal justice from Armstrong Atlantic State in addition to her coaching duties.



Jen Michael

Assistant Volleyball Coach

Former Francis Marion University standout setter Jen Michael begins her third season as an assistant coach for the AASU volleyball squad.

A four-year letterwinner for Francis Marion, Michael also competed for the Patriot track and field and cross country squads. The 2000 team MVP, Michael was a member of the 1998 Patriot squad (27-6 record) that won the PBC Tournament and advanced to the NCAA Division II national tournament. During her four-year career, she appeared in 120 matches (394 games) and recorded 228 kills, 985 assists, 135 service aces, and 880 digs. As a senior, she ranked sixth in the PBC in assists per game and 10th in service aces per game.

Michael earned her bachelor's degree in mathematics in May of 2002 and graduated magna cum laude. She received the Secondary Education Award at the university's 2002 Academic Awards Day program. She was named to the Peach Belt Conference Presidential Honor Roll four times, was a member of Phi Kappa Phi and Chi Alpha Sigma honor societies, was a Francis Marion Scholar, and was selected to Who's Who Among Students in American Universities and Colleges.

A native of Canal Fulton, Ohio Michael was an All-League and All-District performer at Jackson High School, and a senior played in the Ohio East-West All-Star Match.

Michael, 24, completed her master's degree in math education at Armstrong Atlantic State University in 2004. She currently teaches classes at AASU as well as in high school, in addition to helping out the AASU volleyball program.





Pirates Aim To Make It Five In A Row In 2004 Keep NCAA Postseason Streak Alive

Armstrong Atlantic State has become a fixture in the NCAA postseason, making appearances in the last four consecutive South Regionals. This year, the tournament field expands from 48 teams to 64, meaning eight teams from the South Region will make the postseason in 2004.

And the Pirates are in good shape to make a fifth straight trip to the NCAA Tournament, thanks to a solid core of returning players and a talented incoming class of six newcomers.

Last season, head coach Alan Segal and the Pirates used their strong middle hitters to lead the PBC in blocking, averaging 2.96 blocks per game. AASU sported three of the top five blockers in the league and all three return for the 2004 season.



Traci Knuth (l) and Darcey Krug (r) helped the Pirates lead the PBC in blocking in 2004, averaging 2.96 blocks per game.

Senior All-PBC middle hitter Candice Modlinski, the Pirates' leading hitter each of the last two seasons, joins with AVCA All-Region Freshman of the Year MH Traci Knuth as AASU's starting middles in 2004. Sophomore Lauren Good will also see time in the middle, as will two newcomers, junior Ranay Dato (Huntington Beach, Calif. / Golden West CC) and freshman Kassi Kixmiller (Bloomington, Ind. / Bloomington North HS).

Right side will again be the domain of All-PBC senior Darcey Krug, who ranked third in the PBC in blocks in 2003. Good and freshman Rindy Vidovich (San Pedro, Calif. / Mary Star of the Sea HS) will also contribute on the right side.

Senior Ashley Lavender and sophomore Christina Flores will start on the outside, but Vidovich and freshman Stacia McCoy (Eagan, Minn. / Eastview HS) will push for playing time.

The loss of both setters from the 2003 squad leaves the Pirates with a healthy competition in 2004 between two Southern California freshmen. Margaret Thornton (Hesperia, Calif. / Sultana HS) and Karla Readshaw (Huntington Beach, Calif. / Edison

HS) will battle for the starting spot and both are capable of coming in and leading the Pirate offense right away.

The 2004 schedule features five matches against teams listed in the CSTV/AVCA Division II preseason rankings and seven matches against teams that advanced to the 2003 NCAA Championships. The Pirates again will host the Chatham Orthopaedics Volleyball Classic on Sept. 10-11, featuring 24 matches over two days and including top teams such as Tampa, Florida Southern and Florida Gulf Coast. AASU will also take part in tournaments in Illinois (Quincy University) and New York (LIU-C.W. Post) as well as taking on non-conference foes Eckerd, Saint Leo, Florida Southern, Tampa, Flagler, Converse, Coker and Florida Gulf Coast.

AASU has been picked to finish second in a preseason poll of the Peach Belt Conference coaches, behind five-time PBC champion North Florida.

2004 CSTV/AVCA Division II Preseason Coaches Poll

School	Points
1. Concordia - St. Paul (9)	811
2. UC San Diego (8)	779
3. Nebraska - Kearney (2)	722
4. North Alabama (10)	717
5. <i>Barry</i> (3)	716
6. <i>Tampa</i>	698
7. CS San Bernardino (2)	695
8. Truman State	629
9. Western Washington	565
10. Grand Valley State	551
11. <i>North Florida</i>	504
12. Hawaii Pacific	478
13. Central Missouri State	430
14. Northern Michigan	419
15. Metro State	418
16. Augustana (SD)	407
17. Minnesota - Duluth	368
18. BYU - Hawaii (1)	218
19. Minnesota St. - Mankato	211
20. Rockhurst	188
21. St. Edward's	181
22. Pittsburg State	148
23. Wheeling Jesuit	100
24. Lock Haven	82
25. Fort Hays State	81

Also receiving votes: West Texas A&M (68), Northern Kentucky (48), Abilene Christian (21), Northwood (20), CS Bakersfield (17), Washburn (16), CS Los Angeles (12), Findlay (11), SIU Edwardsville (10), AASU (3), South Dakota (3), *Queens (NY) (3)*, *Florida Southern (2)*.

Italics represent 2003 opponents

2004 Peach Belt Preseason Poll

(Coaches could not vote for own team)

School	Total
1. North Florida	49 (7)
2. Armstrong Atlantic	42 (1)
3. USC Upstate	36
4. USC Aiken	27
5. Lander	23
6. Augusta State	19
Francis Marion	19
8. UNC Pembroke	8



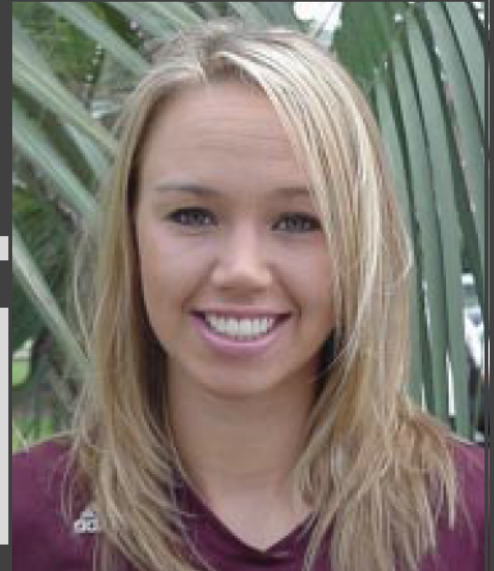
AASU plays six matches against AVCA-ranked opponents in 2004



Darcey Krug

Senior Rightside Hitter

6-0 • Owings, Md. • Northern HS



2003

Played in all 36 matches and 125 games as a junior for the Pirates ... Earned All-PBC and honorable mention AVCA All-South Region honors ... Named the PBC Player of the Week on 9/16 ... Hit .222 with a career-high 300 kills and a career-high 144 blocks, ranking third in the Peach Belt Conference ... Registered career-high 19 kills against USC Spartanburg on 10/25 ... Set new career high with nine blocks in AASU's 3-1 win over Arkansas Tech on 9/5 ... Named MVP of the 2003 Nebraska-Omaha Classic.

2002

Played in 36 matches and 97 games as a sophomore for the Pirates ... Hit .245 with 221 kills ... Third on team with 68 blocks (0.70/gm) and fifth on team in kills ... Reached double-figure kills four times ... Registered career-high 18 digs and four aces at Francis Marion on 10/4 ... Tied career high with six blocks at USC Spartanburg on 10/26.

2001

Played in 22 matches and 40 games as a freshman ... Hit .137 with 147 kills ... Reached double-figure kills three times, including 18 kills against USC Spartanburg on 10/27.

Krug's Game Highs

Kills:

19 vs. USC Spartanburg, 10/25/03

Hitting Percentage:

.571 (8-0-14) vs. USC Spartanburg, 11/15/02

.538 (15-1-28) at UNC Pembroke, 10/5/02

Blocks:

9 vs. Arkansas Tech, 9/5/03

Digs:

18 at Francis Marion, 10/4/02

Service Aces:

4 at Francis Marion, 10/4/02



HIGH SCHOOL

Attended Northern High School in Owings, Md., the same high school as former AASU

teammates Sarah and Cindy Haynes ... Played for three seasons and twice earned All-Metro second-team honors, *Washington Post* All-Extra honors and second-team all-SMAC honors for the two-time state champion Patriots ... Team captain as a senior.

PERSONAL

Born Darcey Corinne Krug on June 17, 1982, in Washington, D.C. ... Hometown is Owings, Md. ... Daughter of John and Marsha Krug ... Uncle, Bill, was a two-time AP All-America defensive back for the University of Georgia from 1975-77 ... Majoring in economics ... Enjoys playing beach volleyball, lifting, shopping and hanging out with friends and family.

Darcey Krug's Career Statistics

Year	MP/GP	Kills	Errors	Attacks	Pct.	Assists	SA	SE	Digs	BS	BA	BE	BHE
2001	22/40	71	29	176	.239	3	14	5	58	4	26	7	2
2002	36/97	221	81	572	.245	37	19	45	204	16	52	20	3
2003	36/124	300	122	803	.222	66	7	25	169	33	111	42	13
3 Years	94/261	592	232	1551	.232	106	40	75	431	53	189	69	18

Darcey Krug earned All-PBC honors for the first time in 2003





Ashley Lavender

Senior Outside Hitter

5-10 • Leawood, Kan. • Blue Valley HS



2003

Played in 34 matches and 107 games as a junior for the Pirates ... Hit .167 with a career-high 266 kills ... Also set career highs in digs (295) and blocks (47) ... Hit .417 (10-0/24) in AASU's 3-0 win at Augusta State on 11/8 ... Registered double-digit kills in 14 matches, while also registering double-digit digs in 16 matches ... Set new career high with 19 digs in AASU's 3-1 win over Arkansas Tech on 9/5 ... Collected career-high 19 kills in AASU's 3-1 at USC Spartanburg in the semifinals of the PBC Championships on 11/14.

2002

Played in 36 matches and 86 games as a sophomore for the Pirates ... Hit .209 with 184 kills ... Recorded double-figure kills four times, including a season-high 11 against UNC Pembroke on 10/5 ... Collected 192 digs ... Recorded double-figure digs six times, including a career-high 12 twice against USC Aiken on 9/25 and Francis Marion on 10/4 ... Recorded double-doubles (10+ kills/digs) against Francis Marion and UNC Pembroke on 10/4 and 10/5 ... Hit .243 in Peach Belt Conference play, averaging 2.47 kills per game ... PBC Commissioner's Honor Roll and AASU Dean's List honoree.

Lavender's Game Highs

Kills:

19 vs. USC Spartanburg, 11/14/03

Hitting Percentage:

.600 (6-0-10) vs. Tusculum, 9/13/02

.455 (12-2-22) at Fla. Southern, 10/15/01

Blocks:

5 vs. Presbyterian, 9/12/03

Digs:

19 vs. Arkansas Tech, 9/5/03

Service Aces:

4 vs. East Stroudsburg, 9/6/02

2001

Played in 29 matches and 57 games as a freshman ... Hit .106 with 66 kills ... Collected 12 kills and 13 digs against Valdosta State on 10/3 ... Hit season-high .455 with 12 kills at Florida Southern on 10/15 ... Also collected 11 kills and 8 digs against Southeast Oklahoma State on 9/1.

HIGH SCHOOL

Attended Blue Valley High School in Stillwell, Kansas ... Earned All-Tournament honors three times for the Tigers ... Member of the National Honor and Spanish Honor Societies ... Senior captain of the Tigers in 2000.

PERSONAL

Born Ashley Kristine Lavender on February 7, 1983, in Kansas City, Mo. ... Hometown is Leawood ... Daughter of Karl and Linda Lavender ... Sister, Jocelyn, played three years for the AASU softball squad from 2002-04 ... Majoring in health science and pre-pharmacy.



Ashley Lavender's Career Statistics

Year	MP/GP	Kills	Errors	Attacks	Pct.	Assists	SA	SE	Digs	BS	BA	BE	BHE
2001	29/57	66	45	199	.106	2	17	17	78	2	16	8	0
2002	36/86	184	86	469	.209	15	25	31	192	2	18	6	5
2003	34/107	266	128	828	.167	6	18	31	295	6	41	9	2
3 Years	99/250	516	259	1496	.172	23	60	79	565	10	75	23	7



Lavender notched 19 kills in the PBC Tourney semifinals on 11/14



3

Candice Modlinski

Senior Middle Hitter

6-0 • St. Charles, Ill. • St. Charles East HS



2003

Played in all 36 matches and 121 games as a junior for the Pirates ... Earned All-PBC and honorable mention AVCA All-South Region honors ... Hit team-high .267 with 337 kills, ranking seventh in the PBC in hitting percentage and 14th in kills per game ... Led the team and the Peach Belt in blocks, registering 152 total blocks, 1.26/gm ... Recorded first triple-double of the Alan Segal era at AASU with 10 kills, 12 digs and 10 blocks in the Pirates' 3-2 win over Florida Southern on 9/12 ... Registered team-high 18 matches with 10+ kills ... Needs just 199 kills to become the fourth player in AASU history to record 1,000 kills.

2002

Played in 38 matches and 104 games as a sophomore ... Hit a team-best .301 with 265 kills ... Registered double-figure kills on eight occasions, including a career-high 16 against Catawba on 9/14 ... Earned PBC Player of the Week honors on 10/2, hitting .500 on the week in two key Peach Belt Conference wins over Lander and USC Spartanburg ... Hit a career-high .529 against Lander on 10/25 and hit .479 with 12 kills, five blocks and a career-high 16 digs at USCS on 10/26 ... Notched career-high eight blocks vs. North Florida on 11/6.

2001

Played in all 39 matches as a freshman for the Pirates ... Hit .184 with 199 kills, fourth-most on the squad ... Collected 20 solo and 57 assisted blocks, averaging 0.73 blocks per game, second-best on the team ... Notched 10 or more kills seven times, including a season-high 13 kills on three occasions ... Registered 12 kills, 12 digs and six service aces at Catawba on 10/19 ... Hit .444 (10-2-18) against USC Aiken on 9/22 ... Hit .228 in Peach Belt Conference play, including averaging 2.5 kills per game.

HIGH SCHOOL

Attended St. Charles East High School in St. Charles, Ill. ... Played two years for the Saints.

PERSONAL

Born Candice Ann Modlinski on January 16, 1983, in Skokie, Ill. ... Hometown is St. Charles, Ill. ... Daughter of Cheryl and Dan Modlinski ... Majoring in psychology and would like to become a sports psychologist after college ... Enjoys playing soccer ... Kristine Lilly is a favorite sports personality.

Modlinski's Game Highs

Kills:

16 vs. Catawba, 9/14/02

Hitting Percentage:

.583 (8-1-12) at Lewis, 8/29/03

.550 (13-2-20) vs. Catawba, 9/13/03

Blocks:

10 vs. Florida Southern, 9/12/03

Digs:

18 vs. USC Spartanburg, 10/25/03

Service Aces:

5 vs. Arkansas Tech, 9/5/03



Candice Modlinski's Career Statistics

Year	MP/GP	Kills	Errors	Attacks	Pct.	Assists	SA	SE	Digs	BS	BA	BE	BHE
2001	39/106	199	95	564	.184	11	45	35	181	20	57	17	6
2002	38/104	265	88	588	.301	11	41	35	187	13	69	10	1
2003	36/121	337	118	828	.264	12	55	38	291	28	124	21	2
3 Years	113/331	801	301	1980	.253	34	141	108	659	61	250	48	9

Modlinski led the PBC in blocking in 2003, averaging 1.26 per game



Junior Ranay Dato and Sophomore Christina Flores



Ranay Dato

Junior Middle Hitter

6-1 • Huntington Beach, Calif. • Golden West CC

PREVIOUS COLLEGE

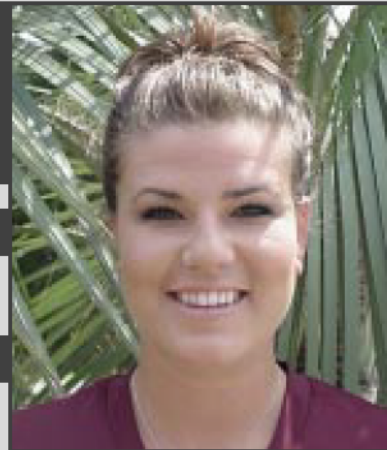
Played one season at Golden West Community College ... Also played freshman season at Austin Peay State University.

HIGH SCHOOL

Played basketball and volleyball for four years at La Habra HS in La Habra, Calif. ... Earned All-League honors twice ... La Habra captured the Southern California region and CIF championship ... Presidential scholarship recipient who was also a four-time All-League honoree in basketball.

PERSONAL

Born Ranay Nichole Dato on December 21, 1983, in Anaheim, Calif. ... Hometown is Huntington Beach, Calif. ... Daughter of Pattie and Jim Dato ... Mother, Pattie, played volleyball at San Diego State University, while father, Jim, played football at Long Beach State ... Majoring in biology ... Would like to become a chiropractor after college ... Enjoys all sports, especially surfing ... Will also be a member of the AASU women's basketball squad in 2004-05 ... Kobe Bryant is a favorite sports personality.



Christina Flores

Sophomore Outside Hitter

5-10 • Addison, Ill. • Addison Trail HS

2003

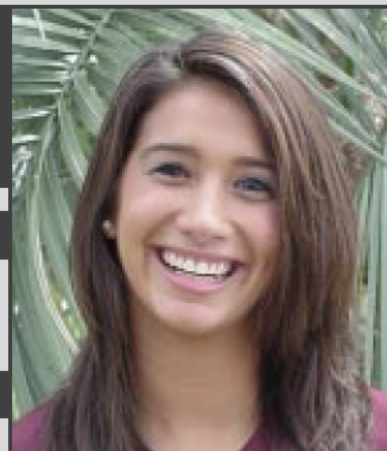
Played in all 36 matches and 113 games as a freshman ... Hit .159 with 197 kills ... Led the team in digs with 350 and ranked 11th in the PBC, averaging 3.10 per game ... Named the PBC Player of the Week on 11/11 ... Collected career-high 15 kills in AASU's 3-2 win over USC Spartanburg on 10/25.

HIGH SCHOOL

Played for three seasons at Addison Trail HS ... Two-time All-Conference honoree for the Blazers ... Earned All-Area and All-Academic honors as a senior, as well as Senior Athlete of the Year honors at Addison Trail in 2003 ... Team captain in junior and senior year.

PERSONAL

Born Christina Marie Flores on August 7, 1985, in Arlington Heights, Ill. ... Hometown is Addison ... Daughter of Bari and Ernie Flores ... Bari was a gymnast at the University of Kentucky, while Ernie played intercollegiate basketball at North Park University ... Undecided in major ... Would like to pursue a career in sports marketing after college ... Enjoys beach volleyball, shopping and hanging out with friends ... Annika Sorenstam is a favorite sports personality.



Flores' Game Highs

Kills:

15 vs. USC Spartanburg, 10/25/03

Hitting Percentage:

.615 (8-0-13) at USC Aiken, 11/7/03

.571 (13-1-21) at Augusta St., 11/8/03

Digs:

22, at Francis Marion, 11/1/03

at USC Spartanburg, 11/14/03

Christina Flores' Career Statistics

Year	MP/GP	Kills	Errors	Attacks	Pct.	Assists	SA	SE	Digs	BS	BA	BE	BHE
2003	36/113	197	93	655	.159	12	30	21	350	6	23	7	0
1 Year	36/113	197	93	655	.159	12	30	21	350	6	23	7	0



Flores was named the PBC's Player of the Week on 11/11/03

Sophomores Lauren Good and Traci Knuth



Lauren Good

Sophomore Middle/Rightside Hitter

6-0 • Richmond, Va. • Mills E. Godwin HS



2003

Played in 20 matches and 24 games as a freshman for the Pirates ... Registered season-high eight blocks against Hillsdale on 9/30 ... Collected 10 kills, 12 digs and 11 blocks on the season.

HIGH SCHOOL

Played for three seasons at Mills E. Godwin HS in Richmond, Va. ... Earned All-District honors for the Eagles ... Mills E. Godwin advanced to the Virginia State Quarterfinals in both 2001 and 2002.

PERSONAL

Born Lauren Ashley Good on April 7, 1985, in Richmond, Va., her hometown ... Daughter of Rick and Ginny Good ... Majoring in health science ... Would like to enter marketing or be an interior decorator after college ... Enjoys swimming ... Logan Tom is a favorite sports personality.

Good's Game Highs

Kills:

2, three times. Last vs. Catawba, 9/13/03

Blocks:

8 vs. Hillsdale, 9/30/03

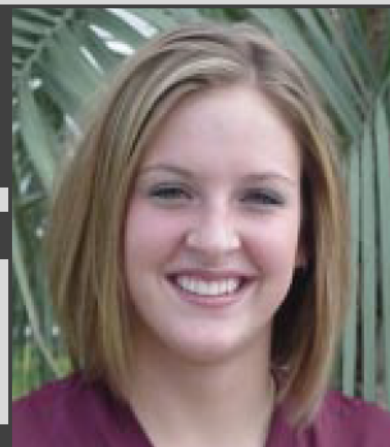
Lauren Good's Career Statistics

Year	MP/GP	Kills	Errors	Attacks	Pct.	Assists	SA	SE	Digs	BS	BA	BE	BHE
2003	20/24	10	16	61	-.098	6	2	1	12	2	9	10	1
1 Year	20/24	10	16	61	-.098	6	2	1	12	2	9	10	1

Traci Knuth

Sophomore Middle Hitter

5-11 • Columbus, Neb. • Columbus HS



2003

Played in all 36 matches and 121 games as a freshman for the Pirates ... Named the AVCA's South Region Freshman of the Year, the first player in AASU history to earn that honor ... Also earned All-PBC honors ... Recorded 304 kills, 300 digs and 127 total blocks ... Had 13 matches with 10+ kills, as well as 13 matches with 10+ digs ... Hit .298 in PBC-only matches, tops on the squad ... Ranked 11th in the PBC in hitting percentage, and 5th in blocks.

HIGH SCHOOL

Four-year starter for Columbus HS in Columbus, Neb. ... Two-time Class A second-team All-State honoree for the Discoverers, as well as a two-time All-Conference honoree ... Named team MVP in 2001 and 2002 and was selected to the Columbus Area and Nebraska All-Star teams as a senior ... Also a standout hoops player for Columbus HS.

PERSONAL

Born Traci Ann Knuth on June 27, 1985, in Lexington, Neb. ... Hometown is Columbus, Neb. ... Daughter of Lyle and Jane Knuth ... Lyle played intercollegiate football for Nebraska-Kearney ... Majoring in physical therapy ... Enjoys snow and water skiing and playing all sports.

Knuth's Game Highs

Kills:

16 vs. Colorado Christian, 9/6/03

Hitting Percentage:

.600 (14-2-20) vs. CBU, 9/5/03

Digs:

17 vs. USC Spartanburg, 10/25/03

Blocks:

8 vs. Arkansas Tech, 9/5/03

Traci Knuth's Career Statistics

Year	MP/GP	Kills	Errors	Attacks	Pct.	Assists	SA	SE	Digs	BS	BA	BE	BHE
2003	36/121	304	111	763	.253	15	29	45	300	27	100	25	5
1 Year	36/121	304	111	763	.253	15	29	45	300	27	100	25	5

Knuth is AASU's first-ever AVCA All-Region Freshman honoree





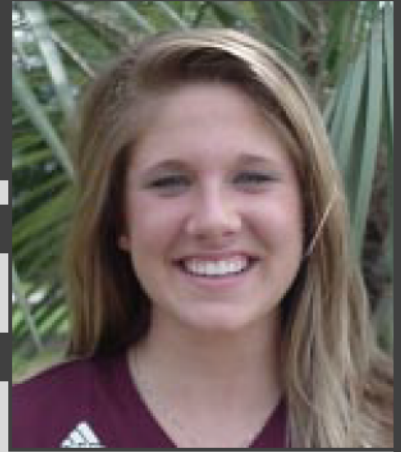
Freshmen Kassi Kixmiller and Stacia McCoy



Kassi Kixmiller

Freshman Middle Hitter

5-10 • *Bloomington, Ind.* • *Bloomington North HS*



HIGH SCHOOL

Played for four years at Bloomington North HS in Bloomington, Ind. ... Graduated with honors from Bloomington North HS and also competed in basketball, track and cheerleading for the Cougars.

PERSONAL

Born Kassandra Lauren Kixmiller on May 16, 1986, in Bloomington, Ind., her hometown ... Daughter of Kim and Kim Kixmiller ... Brother, Kyle, plays basketball for Bethel College ... Undecided in major ... Enjoys shopping, hanging out with friends and boating ... IU football player Kyle Thomas is a favorite sports personality.



Stacia McCoy

Freshman Outside Hitter

5-10 • *Eagan, Minn.* • *Eastview HS*



HIGH SCHOOL

Played for four seasons at Eastview HS in Apple Valley, Minn. ... Academic All-America nominee who also earned the Lake Conference academic achievement award ... Played club volleyball for M1 of Minnesota.

PERSONAL

Born Stacia McCoy on June 19, 1986, in Beaumont, Texas ... Hometown is Eagan, Minn. ... Daughter of Kim and Robb McCoy ... Majoring in nursing ... Enjoys singing and shopping ... Her brother Adam is an influential personality.



McCoy is AASU's first-ever player from the state of Minnesota

Freshmen Karla Readshaw and Margaret Thornton



Karla Readshaw

Freshman Setter

5-10 • Huntington Beach, Calif. • Edison HS

HIGH SCHOOL

Played for four seasons at Edison HS in Huntington Beach, Calif. ... Earned first-team All-CIF Southern Section honors as well as first-team All-Conference and conference MVP ... Recorded the second-most assists in school history and was elected to the Edison HS Sports Hall of Fame in 2004 ... *Orange County Register* second team selection and *Los Angeles Times* top performer in October, 2003.

PERSONAL

Born Karla Readshaw on January 24, 1986, in Cuyahoga Falls, Ohio ... Hometown is Huntington Beach, Calif. ... Daughter of Ann and Darryl Readshaw ... Father, Daryl, graduated from Indiana University ... Mother, Ann, received her master's degree in music from Kent State ... Enjoys music, arts and crafts and reading.



Margaret Thornton

Freshman Setter

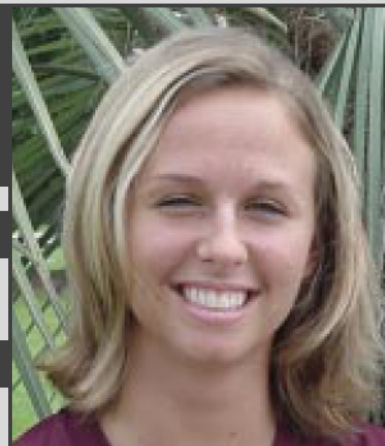
5-8 • Hesperia, Calif. • Sultana HS

HIGH SCHOOL

Played for four seasons at Sultana HS in Hesperia, Calif. ... Three-time team MVP for the Sultans and two-time school Athlete of the Year.

PERSONAL

Born Margaret Mae Thornton on August 17, 1986, in Fontana, Calif. ... Hometown is Hesperia, Calif. ... Daughter of Jimmy and Renee Thornton ... Majoring in Education ... Sisters, Mary and Marla, played volleyball for CS San Bernardino. Mary recorded the third-most career kills in CSUSB history (1,211) from 1996-99 ... Enjoys playing beach volleyball.



AASU has two freshmen setters on the squad for the first time ever





Freshman Rindy Vidovich



Rindy Vidovich

Freshman Outside/Rightside Hitter

5-11 • San Pedro, Calif. • Mary Star of the Sea HS



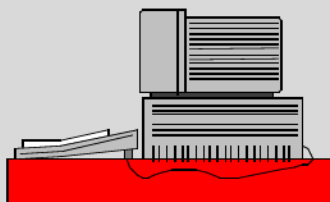
HIGH SCHOOL

Played for four years at Mary Star of the Sea HS in San Pedro, Calif. ... Earned league MVP and team MVP honors as a senior, leading the Stars to the CIF Finals ... Two-time first-team All-CIF honoree ... Also a four-year honor roll honoree.

PERSONAL

Born Rindy Lyn Vidovich on July 9, 1986, in San Pedro, Calif., her hometown ... Daughter of Andrew and Lori Vidovich ... Undecided in major ... Enjoys shopping and going to the beach ... Jonathan Philips, a football player at El Camino College, is a favorite sports personality.

AASU Volleyball Live On The Web !



The Armstrong Atlantic State athletic department will continue to bring home all of the exciting volleyball action in 2004 right to your computer as the Pirates stream live audio and video of all 11 home matches over the Internet.

Fans will be able to catch all of the action from the official Website of AASU Athletics, www.athletics.armstrong.edu, using the power of Windows Media Player.

AASU debuted its Internet broadcasting system in 2001 with incredible success as every home men's and women's basketball game, volleyball match, the majority of the Pirates' baseball and softball games and the NCAA Mid-Atlantic Women's Tennis Regional were available last season.

For more information about the AASU Web broadcast, visit the AASU Athletics Web Site or contact Director of Sports Communications Chad Jackson at jacksoch@mail.armstrong.edu



Vidovich earned two-time CIF first-team honors at Mary Star of the Sea



First-Ever Overseas Trip for AASU Volleyball An Awesome Experience For Players and Coaches

The Armstrong Atlantic State volleyball squad, participants in the NCAA Championships each of the last four seasons, embarked on a once-in-a-lifetime trip on Tuesday, July 27, flying to China for a two-week preseason tour. Head coach Alan Segal's squad played five scrimmage matches against Chinese teams during the tour in preparation for the upcoming 2004 season.

This was the first overseas tour for any Armstrong Atlantic State squad since the men's basketball team, under the direction of George Bianchi, took a preseason trip to the French West Indies and played four games in Fort-de-France in 1982.

Eight players represented the Pirates in China, including 2004 AVCA South Region freshman of the year Traci Knuth and All-PBC players Candice Modlinski and Darcey Krug. Senior Ashley Lavelander, sophomore Lauren Good and freshmen Amber Stewart and Stacia McCoy also represented the Pirates, as well as assistant coach Jen Michael.

The trip was run by TranSports Athletics, Inc., a Savannah-based company that provides athletic teams of all levels to experience overseas trips around the world.

The Pirates arrived in China on Wednesday afternoon after leaving Savannah early Tuesday morning. A two-hour flight to Chicago and a 13-hour flight to Beijing, along with crossing the international date line on the trip, made it all told a 32-hour journey. What follows is the team journal of the two-week experience, as recorded on the www.athletics.armstrong.edu website during the trip.

Wednesday, July 28, 2004

The team checked into the Jianguo Garden hotel in downtown Beijing and enjoyed a leisurely evening, including dinner at an entertaining Mongolian restaurant. Live music entertained the part, as two very talented musicians played an instrument that looks like a bass, but only had two strings and the instrument could be plucked or strummed with a bow.

Thursday, July 29

Thursday marked the first full day of sightseeing, and it was quite full! The team visited Tienamen Square, the Forbidden City and the Summer Palace before getting an hour of practice in during the afternoon. The morning was rainy, but the weather cleared up nicely in the afternoon. All throughout the day, in both the Forbidden City and the Summer Palace, youngsters stopped the AASU players to have pictures taken with them. Some brave children even struck up conversations with the players, practicing English that is now part of their grade school curriculum.

Friday, July 30

Friday started off with an early morning drive out to the Great Wall on the Badaling expressway. 20 members of the AASU travel party started the arduous climb, and nine survived to make it all the way to the top! We ran into other tour groups from the states, including a seniors tennis club playing matches in China, as well as groups from Indiana and Houston. After the Great Wall, we had lunch, then visited the Ming Tombs, where everyone took turns dressing up in period Chinese emperor's and empress' clothing for



The AASU Volleyball traveling party in front of steps leading to the Summer Palace in Beijing.

photo opportunities. This drew quite a crowd among several of the other tourists!

The day ended up with a visit to the Sacred Way, a pathway leading to the Ming Tombs that contains several statues of animals and other Chinese mythic figures.

Saturday, July 31

Our first weekend day in Beijing also brought our first match against Beijing University. With a city of 30 million people, automobile (and bicycle) traffic on a Saturday was just as heavy as any rush hour traffic you can see in the U.S. We arrived at Beijing University at 9:00 a.m. and, after a 30-minute warmup, played a five-game match using international rules - which bear a striking resemblance to NCAA volleyball rules! The only major difference is the scoring as games are played to 25 points. The Beijing squad played a typically Chinese brand of volleyball - very hard serves, excellent passing and a lot of quick sets. Beijing took the first four games of the five-game scrimmage, but the Pirates rallied to take the fifth game, 18-16, and improved greatly throughout the course of the match. Senior Darcey Krug led the Pirates with nine kills and hit .316, while Christina Flores, Traci Knuth and Candice Modlinski each had six kills. Jen Michael tallied 30 assists and Flores led defensively with nine digs. Freshman Stacia McCoy, in her first action in a Pirate uniform, recorded three kills and six digs.

After the match, the team enjoyed a rickshaw tour of the Hutong district, a very old housing district in central Beijing. The team visited a family's house in the district, the Li family, who have lived four generations in the same district! After the rickshaw tour, the girls were treated to a trip to Silk Alley, for a little shopping excursion.

The Pirates were in China from July 27 - August 9, 2004

AASU Volleyball Travels To China

Sunday, August 1, 2004

Sunday, we found, is a big tourist day not only for foreigners but for Beijing natives as well. This morning, we traveled to the Temple of Heaven. Literally thousands of Beijing natives were there on a beautiful Sunday morning, exercising, playing games such as Dominos, cards and chess (the Chinese version!) and listening to live music. Inside the temple is the Qinandian, or the Hall of Prayer for Good Harvests. It is the most photographed building in Beijing - it is also incorporated into the Beijing 2008 Olympic logo and will be the site of the 2008 Olympic opening ceremonies. So, of course, the team had to add to that lore by getting photographed in front of it! After the visit, the team played its second match against Beijing University. This was played under regular match rules, and even though Beijing University won in three straight games, several Pirates played well, including Christina Flores, who had six kills and hit .556. **Ashley Lavender** had seven digs and Jen Michael had 18 assists and a team-high eight digs. After the match, the two teams got together for photos.



Ashley Lavender digs a ball against Beijing University on Sunday.

The final event of the day was a traditional Peking Duck dinner in the evening. Ever since the team has arrived in Beijing, most lunches and all of the dinners have been a "all you can eat" affair where the teams sit in a circular table and servers bring out platefuls of food. You rotate the plate around and take as little or as much as you want. Tonight, the "traditional" duck dinner featured many many other dishes, including beef, pork, chicken, fish, shrimp and rice .. all before the duck arrived! It was served as the last course and many of the

players had a taste or two of a meat they had never had before.

Monday, August 2

Our last guided tour of Beijing took us to the Lama temple, or the Lamasery of Harmony and Peace. Practitioners of Tibetan Buddhism, the Lamasery consists of several buildings where worshippers come to offer incense and prayer to Buddha. Even on a work day, the temple was full of worshippers. The main sight in this Lamasery is the 28-meter high Buddha statue, carved from a single piece of white sandalwood. The sculpture is eight meters below ground and 18 meters high. Basically, they built the statue first, then built the building around the statue!

After lunch, the Pirates played its third match of the trip against the Beijing University of Aeronautics and Aviation. This team captured the collegiate championship for Beijing last year and the girls played five games against two separate teams - the first two games against one team, and then three against a second team. In front of a crowd numbering nearly 40 to 50 students from the University, the Pirates took the first two games, 25-22 and 25-21. Against the second team, the Pirates dropped three games, but both Universities represented themselves very well in an entertaining scrimmage. Darcey Krug led the Pirates with 14 kills, while **Traci**

Knuth added 10 kills and 12 digs. Jen Michael tallied 36 assists to go along with 10 digs, and Candice Modlinski recorded five blocks.

Tuesday, August 3

Tuesday was a "free day" to explore Beijing before our departure for Shanghai tomorrow morning. Some traveled back to Tienemen Square and the Forbidden City for a more in-depth guided tour, while some took the opportunity to return to Silk Alley for more shopping and bargains. A couple of the party even took in a movie at the cinema closest to the hotel! Today's pictures, therefore, are a collection of shots from the past six days and we will return with an update tomorrow night after the team arrives in Shanghai.



Traci Knuth attacks against the Beijing Univ. of Aeronautics and Aviation on Monday.

Wednesday, August 4

The traveling party arrived in Shanghai, no worse for wear, though a bit of turbulence heading into Shanghai on our China Air flight gave a few of the players a little jolt. Shanghai's Pudong airport is exquisitely modern, built just four years ago in the year 2000. We took a charter bus into downtown to our hotel, the Holiday Inn Plaza, but when we leave on Monday, we will be taking the Maglev train that zips you from downtown to the airport in eight minutes. Our charter bus ride was just under an hour! Temperatures were around 35 degrees Celsius and overcast, thanks to a few clouds and smog. We might be getting a few rain showers tomorrow.

With most of the day taken up by traveling, dinner was an early affair at the Sunjoy restaurant in downtown Shanghai. Afterwards, a few of the players and parents took in a little live music at one of the fountains nearby. Unfortunately, Shanghai is in the middle of a bit of an energy crunch. Downtown would normally be lit brightly, but energy restrictions have forced most companies not to light the outer lights of its buildings at night to save energy, thus an interesting nightlife where the city streets are lit, but two stories up it is almost pitch dark because of the lack of building lights.

Thursday, August 5

Our first full day in Shanghai turned out to be quite full indeed! A morning trip to the Shanghai Museum and the People's Square fascinated everyone with the exhibits in Chinese coins, calligraphy, art, furniture, sculpture and silk. And from ancient to modern, we then took a trip to the top of the Shanghai TV Tower, Asia's tallest free standing structure and the third tallest tower in the world! The sight from near the top of the tower, 360 meters high, dwarfed the high rise buildings surrounding it.

After lunch, the team then took a trip to the Bund, a riverfront section in downtown Shanghai noted for its wonderful scenery and fun-loving vendors, as the pictures prove! Dinner was preceded by a tour of a real Chinese silk factory, where the girls got a chance to see how silk is harvested and pulled to make many items, then just -had- to pick up a few of these items in the factory's store.

16

Darcey Krug hit .291 with a team-high 41 kills on the China trip

AASU Volleyball Travels To China

Friday, August 6

Early Friday morning, we took an hour-long bus ride out to the suburbs of Shanghai, where the U17 Shanghai Youth volleyball club lives and trains. The complex is huge - it is probably as close to the Disney's Wide World of Sports complex in Orlando as you're going to get. There was a natatorium, several other sports fields and venues, as well as a volleyball-only facility, in which we played. The Shanghai Youth club consists of a mixture of 15-, 16- and 17-year old students. These students literally eat, sleep and drink volleyball and they only get to go home every other weekend to be with their families. They train along an Olympic developmental squad from Shanghai - this team consists of high caliber players, including the very last cut from the Chinese Olympic squad of 12 that departed for Athens last week. The Pirates scrimmaged against the Shanghai Youth for five games. Christina Flores led offensively with eight kills, while Darcey Krug added seven. Freshman Stacia McCoy hit an impressive .444 off the bench and also added six digs.

After a rest at the hotel, the team ventured out to the Yu Yuan Gardens in downtown Shanghai. An enclosed garden originally laid out in the 1500s by a wealthy businessman. The gardens cover more than 20,000 square meters and contain, along with plants, a few fish streams, man-made rock formations and temple rooms. After the gardens, a visit to the adjacent Yu Yuan market where a very popular dumpling restaurant exists - the cooks draw quite the audience by just preparing these delicacies, and the line to buy is 10 meters long.

Saturday, August 7

Our final match of the trip saw the Pirates play the Shanghai Youth U17 club for a second time, and that made a difference as the Pirates played very well in their "swan song" in China. Christina Flores (9 kills, 18 digs) led the way, while Ashley Lavender added eight kills and Darcey Krug had seven kills and three blocks. Freshman Stacia McCoy added five kills and 11 digs off the bench, and after the match, head coach Alan Segal and Shanghai Youth head coach Dr. Liu - a former member of the Chinese Olympic Men's Volleyball Team - posed for a picture as Dr. Liu presented the Pirates a signed volleyball from the Shanghai Youth squad. The team even followed the girls out to the bus to give them a farewell wave as we drove away from the facility!



Shanghai Youth head coach Dr. Liu presents Alan Segal with a signed volleyball from his team after Saturday's match.

Then it was off to lunch, where the team celebrated a birthday as Flores turned 19 years old, complete with a cake and a song. The afternoon touring took the Pirates to the Jade Buddha Temple, home of one of two Jade Buddha figurines delivered to China and housed in a temple. It is a functioning temple, with dining halls, incense burners and prayer areas for people to come and worship Buddha. The team then enjoyed a tea ceremony afterwards.



AASU players in a light-hearted moment with a vendor on the Bund (riverwalk) in Shanghai.

Sunday is our final full day in China, and the team is going to take a train ride to Suzhou in the morning and visit that city, often called the "Venice" of China.

Sunday, August 8

The final full day in China for the Pirates ! The day included a morning train trip to Suzhou. Sunday is a family day in China, with many people traveling the train to and from Shanghai to visit parents or children. Also, train tickets in China are sold on a one-way basis only. When we arrived in Suzhou at 10:00 a.m., we tried to get return tickets to Shanghai for that afternoon only to find that tickets were sold out! We were able to hire a tour bus and van, however, and see some of the sights of Suzhou and still get a ride back to Shanghai. We visited the city gates of Suzhou, which included the Flower Pavilion, a gondola ride through one of the streams and a tea ceremony. Afterwards, the team visited another silk store and an arts and crafts store, where several beautiful works such as embroidery, sandalwood carving and painting were on display. The 85-km ride back to Shanghai took about an hour and a few of the party took one last shopping trip to one of the Shanghai markets!

The Pirates left for the states on Monday morning, departing from Shanghai on a Noon flight and, thanks again to crossing the date line, will returned to the US on the same day.



Senior Darcey Krug poses with two young fans in the Shanghai TV Tower. AASU players were very popular during the trip with daily photo requests !

Christina Flores collected 43 digs and 33 kills in the five China matches





Youthful Pirates Make Fourth Straight Trip To NCAA Championships



Freshman Traci Knuth hit .253 with 304 kills and 127 blocks, earning All-PBC and 2003 AVCA South Region Freshman of the Year honors for the Pirates.

With a team consisting of no seniors, five juniors, two sophomores and seven freshman, the Pirates overcame a 1-5 start to finish with a 22-14 record and earn the program's fourth straight NCAA Championships appearance.

AASU finished tied for second in the Peach Belt Conference regular season standings, but knocked off USC Spartanburg in the PBC Tournament semifinals to not only reach the PBC Tournament final for the fifth straight year, but also wrap up an NCAA at-large berth. AASU has now made the NCAA Tournament each year since 2000, the third longest current streak among Pirate sports.

A big part of the Pirates' success in 2003 was the play of middle hitter and AVCA South Region Freshman of the Year Traci Knuth. The Columbus, Neb., native hit .253 with 304 kills and 127 blocks, becoming the first freshman since Lindsay Ehlers in 1999 to earn All-PBC honors. Her AVCA South Region Freshman of the Year honor is also the first in school history.

Junior middle hitter Candice Modlinski continued to be an offensive force for the Pirates, leading the squad in hitting percentage for the third straight year (.264) and leading the Peach Belt Conference in blocking, averaging 1.26 per game. Modlinski earned All-PBC and honorable mention AVCA All-South Region honors for her efforts and will go into 2004 needing just 199 kills to become the fourth player in AASU history to record 1,000 career kills.

Junior rightside hitter Darcey Krug also turned in an outstanding season, earning All-PBC and honorable mention AVCA All-Region honors. Krug ranked second in the Peach Belt Conference in blocking, averaging 1.16 per game.

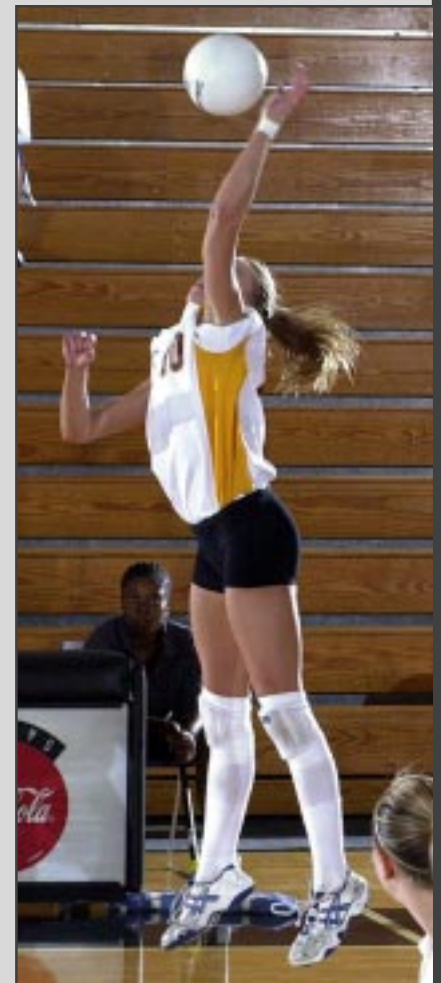
The outside hitting of junior Ashley Lavender and freshman Christina Flores also shined in 2003. Flores led the Pirates in digs as a true freshman with 350 to go along with her 197 kills, while Lavender recorded career highs in kills (266), digs (295) and blocks (47).

Freshman setter Kelly Asbury was thrown into the fire early, starting the first 19 matches of the season and averaging 11.40 assists per game in those matches as sophomore Shannon Tracey healed from offseason surgery. When Tracey returned, the duo helped the Pirates' late-season

surge to the NCAA Championships and both setters averaged more than nine assists per game.

As a team, the Pirates led the Peach Belt Conference in blocking, averaging 2.96 blocks per game. Three Pirates - Modlinski, Krug and Knuth - ranked in the top five in the league in blocking and the Pirates ranked 14th in NCAA Division II in that category as well. AASU ranked third in the PBC in kills and assists per game and continue to be one of the top offensive teams in the league.

Without a single senior on the squad, the foundation has been set for the Pirates to keep its postseason streak alive. It took the AASU volleyball squad 17 seasons of competition to taste postseason play for the first time, and now there hasn't been a Pirate volleyball player since the new millennia who has gone through a season not experiencing the NCAA Championships.



Junior Darcey Krug earned All-PBC and honorable mention AVCA All-South Region honors in 2003.

2003 Season Results & Statistics



2003 Armstrong Atlantic State Volleyball Results

Overall: 22-14 • Home: 10-2 • Away: 8-6 • Neutral: 4-6

Date	Opponent	Result	Kills	Assists	Digs	Blocks
8/29	at Lewis @	L 3-0 (24-30, 24-30, 22-30)	Modlinski (8)	Asbury (35)	Asbury (10)	Knuth (3)
	vs. Wheeling Jesuit @	L 3-0 (18-30, 27-30, 19-30)	Flores (10)	Asbury (27)	Four with 8	Modlinski (4)
8/30	vs. Wisc.-Parkside @	L 1-3 (30-19, 27-30, 22-30, 27-30)	Modlinski (11)	Asbury (44)	Two with 10	Krug (5)
	vs. Hillsdale @	L 1-3 (19-30, 30-26, 20-30, 26-30)	Smyth (17)	Piche-Hatch (15)	Flores (18)	Good (8)
9/5	vs. Arkansas Tech #	W 3-1 (33-31, 30-26, 20-30, 30-21)	Two with 11	Asbury (48)	Lavender (19)	Krug (9)
	vs. Emporia State #	L 3-0 (30-32, 23-30, 27-30)	Modlinski (10)	Asbury (34)	Knuth (15)	Krug (6)
9/6	vs. Christian Bros. #	W 3-0 (30-20, 30-20, 30-24)	Knuth (14)	Asbury (37)	Lavender (11)	Two with 5
	at Colo. Christian #	W 3-1 (30-18, 31-33, 30-19, 30-22)	Two with 16	Asbury (60)	Flores (20)	Krug (6)
9/12	Presbyterian %	W 3-2 (30-24, 25-30, 30-18, 21-30, 15-8)	Krug (13)	Asbury (48)	Piche-Hatch (13)	Modlinski (9)
	Florida Southern %	W 3-2 (30-26, 30-25, 28-30, 27-30, 15-11)	Krug (17)	Asbury (63)	Piche-Hatch (14)	Modlinski (10)
9/13	Catawba %	W 3-0 (30-24, 30-25, 30-27)	Piche-Hatch (15)	Asbury (47)	Two with 16	Modlinski (4)
	Tampa %	L 3-0 (25-30, 19-30, 21-30)	Piche-Hatch (11)	Asbury (34)	Flores (8)	Two with 3
9/19	at Barry	L 3-0 (23-30, 26-30, 18-30)	Lavender (14)	Asbury (29)	Flores (9)	Modlinski (3)
9/20	at Nova Southeastern	W 3-1 (30-25, 23-30, 30-28, 30-26)	Two with 15	Asbury (56)	Two with 15	Knuth (5)
9/26	at Lander	W 3-0 (30-23, 30-25, 30-18)	Modlinski (12)	Asbury (35)	Two with 18	Two with 3
9/27	at USC Spartanburg	L 3-1 (27-30, 25-30, 30-26, 27-30)	Two with 15	Asbury (44)	Two with 17	Modlinski (6)
10/3	UNC Pembroke	W 3-0 (30-21, 30-23, 30-25)	Modlinski (15)	Asbury (20)	Flores (11)	Modlinski (6)
10/4	Francis Marion	W 3-1 (30-19, 30-27, 26-30, 30-16)	Knuth (15)	Asbury (26)	Lavender (11)	Modlinski (6)
10/7	at North Florida	L 3-0 (15-30, 26-30, 12-30)	Knuth (6)	Asbury (18)	Lavender (13)	Two with 3
10/10	Augusta State	W 3-0 (30-23, 30-27, 30-23)	Modlinski (17)	Two with 19	Modlinski (11)	Modlinski (7)
10/11	USC Aiken	W 3-0 (30-21, 30-27, 30-27)	Lavender (12)	Tracey (27)	Two with 7	Lavender (3)
10/16	at Saint Leo	W 3-0 (30-26, 30-24, 30-24)	Knuth (11)	Tracey (36)	Lavender (16)	Modlinski (6)
10/17	at Florida Southern	L 3-0 (27-30, 20-30, 34-36)	Krug (12)	Asbury (26)	Modlinski (13)	Modlinski (5)
10/19	at Tampa	L 3-0 (21-30, 15-30, 20-30)	Krug (9)	Tracey (14)	Two with 4	Two with 1
10/24	Lander	W 3-0 (30-18, 30-20, 30-27)	Piche-Hatch (7)	Tracey (21)	Two with 7	Tracey (5)
10/25	USC Spartanburg	W 3-2 (27-30, 30-26, 30-32, 30-26, 15-12)	Krug (19)	Tracey (43)	Modlinski (18)	Three with 7
10/29	North Florida	L 3-0 (25-30, 17-30, 11-30)	Modlinski (7)	Tracey (23)	Flores (8)	Two with 2
10/31	at UNC Pembroke	W 3-1 (30-17, 32-34, 31-29, 30-25)	Modlinski (16)	Tracey (55)	Flores (19)	Modlinski (8)
11/1	at Francis Marion	W 3-1 (30-15, 30-24, 26-30, 30-25)	Modlinski (19)	Tracey (49)	Flores (22)	Knuth (7)
11/4	Eckerd	W 3-0 (30-23, 30-28, 30-20)	Krug (11)	Tracey (38)	Flores (10)	Modlinski (6)
11/7	at USC Aiken	W 3-0 (30-20, 30-24, 30-23)	Two with 11	Tracey (35)	Two with 10	Krug (8)
11/8	at Augusta State	W 3-0 (30-21, 30-22, 30-27)	Flores (13)	Tracey (41)	Tracey (12)	Krug (6)
11/14	vs. USC Aiken #	W 3-1 (30-19, 30-23, 26-30, 30-26)	Krug (11)	Tracey (43)	Two with 9	Three with 4
	vs. USC Spartanburg #	W 3-1 (30-20, 30-20, 25-30, 31-29)	Lavender (19)	Tracey (65)	Flores (22)	Modlinski (5)
11/15	vs. North Florida #	L 3-0 (12-30, 17-30, 21-30)	Modlinski (8)	Tracey (15)	Flores (9)	Modlinski (3)
11/20	vs. Florida Southern \$	L 3-1 (33-31, 25-30, 16-30, 26-30)	Lavender (14)	Tracey (26)	Flores (18)	Two with 4

@ Lewis Flyer Festival (Romeoville, Ill.) # Nebraska-Omaha Classic (Omaha, Neb.) % Chatham Orthopaedics Pirate Volleyball Classic
 ^ PBC Tournament (Spartanburg, S.C.) \$ NCAA South Regional (Miami Shores, Fla.)

2003 Pirate Season Statistics

Player	MP/GP	Kills	Errors	Attacks	Pct.	Assists	SA	SE	Digs	BS	BA	BE	BHE
Candice Modlinski	36/121	337	118	828	.264	12	55	38	291	28	124	28	2
Traci Knuth	36/121	304	111	763	.253	15	29	45	300	27	100	27	5
Carlyn Dickerson	6/6	1	0	4	.250	0	0	0	0	0	0	0	0
Darcey Krug	36/124	300	122	803	.222	66	7	25	169	33	111	42	13
Ashley Lavender	34/107	266	128	828	.167	6	18	31	295	6	41	47	2
Caitlin Smyth	30/50	71	41	185	.162	7	4	7	81	6	12	3	2
Alexia Piche-Hatch	29/73	175	94	502	.161	21	12	11	205	6	21	8	5
Christina Flores	36/113	197	93	655	.159	12	30	21	350	6	23	7	0
Shannon Tracey	25/66	22	13	64	.141	627	19	21	105	5	20	9	23
Gillian Johnson	14/20	19	15	66	.061	1	1	5	21	2	15	1	1
Kelly Asbury	32/85	10	16	75	-.080	812	16	13	138	3	15	6	28
Lauren Good	20/24	10	16	61	-.098	6	2	1	12	2	9	10	1
Cindy Haynes	31/70	2	6	27	-.148	6	24	25	91	0	1	0	2
Jessica Lilly	18/30	1	3	9	-.222	0	4	5	22	0	1	0	0
TOTALS	36/125	1715	776	4870	.193	1591	221	248	2080	124	493	141	84
Opponents	36/125	1838	897	5109	.184	1644	241	343	2041	84	336	92	86

Since 1999, the Pirates have compiled a 62-15 home record



2003 Peach Belt Conference In Review



2003 Peach Belt Conference Standings

School	PBC Games	Home	Away	All Games	Home	Away	Neut
North Florida	14-0 1.000	7-0	7-0	31-4 .886	15-1	9-2	7-1
Armstrong Atl. State	11-3 .786	6-1	5-2	22-14 .611	10-2	8-6	4-6
USC Spartanburg	11-3 .786	6-1	5-2	25-8 .758	13-2	7-3	5-3
Augusta State	6-8 .429	4-3	2-5	15-17 .469	6-4	4-5	5-8
Lander	5-9 .357	3-4	2-5	14-18 .438	7-5	7-8	0-5
USC Aiken	5-9 .357	2-5	3-4	13-21 .382	5-8	3-6	5-7
Francis Marion	4-10 .286	2-5	2-5	11-24 .314	6-7	2-9	3-8
UNC Pembroke	0-14 .000	0-7	0-7	6-30 .167	0-11	0-12	6-7

2003 PBC Statistical Leaders

2003 All-Peach Belt Team

Hitting Percentage

Player/School	GP	K-E-Att.	Pct.
Jackie Struck, UNF	113	477-97/818	.465 (3rd NCAA)
Allison O'Neill, UNF	114	319-68/664	.378 (24th NCAA)
Amber Glass, USCS	116	382-106/814	.339
Katie Hirst, USCS	115	279-76/649	.313
Emily Kohler, UNF	83	180-55/420	.298

Kills Per Game

Player/School	GP	K	K/Game
Jenny Lloyd, USCA	129	583	4.52 (29th NCAA)
Jackie Struck, UNF	113	477	4.22
Amy Long, USCA	130	503	3.87
Edith Jaworski, UNF	104	367	3.53
Katie DeGreeff, ASU	113	382	3.38

Assists Per Game

Player/School	GP	AST	AST/Game
Valerie Martinez, UNF	114	1499	13.15 (13th NCAA)
Heather Peden, LU	103	989	9.60
Kelly Asbury, AASU	85	812	9.55
Shannon Tracey, AASU	66	627	9.50
Erin Kopec, USCS	119	1130	9.50

Blocks Per Game

Player/School	GP	BS-BA-TB	Blk/Gm
Candice Modlinski, AASU	121	28-124-152	1.26
Amber Glass, USCS	116	72-64-136	1.17
Darcey Krug, AASU	124	33-111-144	1.16
Jackie Struck, UNF	113	25-98-123	1.09
Traci Knuth, AASU	121	27-100-127	1.05

Digs Per Game

Player/School	GP	DIG	DIG/Game
Brittany Harry, USCS	117	528	4.51
Christen Halberstadt, LU	99	431	4.35
Katie DeGreeff, ASU	113	424	3.75
Tracy Jacobs, LU	108	405	3.75
Cassie Zahn, ASU	117	430	3.68

Service Aces Per Game

Player/School	GP	Aces	Aces/Game
Jessica Lane, USCA	130	80	0.62
Kelly Feber, FMU	117	69	0.59
Edith Jaworski, UNF	104	58	0.56
Jackie Struck, UNF	113	61	0.54
Erin Kopec, USCS	119	58	0.49

Player/School

Ht.	Yr.	Pos.	Hometown
6-2	Jr.	MH	Spartanburg, S.C.
5-8	Sr.	OH	Jacksonville, Fla.
5-11	Fr.	MH	Columbus, Neb.
5-7	Sr.	S	West Chicago, Ill.
6-0	Jr.	RS	Owings, Md.
5-11	Jr.	OH	Fife, Wash.
6-1	Soph.	MB	Redland, Calif.
5-9	Jr.	S	Ft. Lauderdale, Fla.
6-0	Jr.	MH	St. Charles, Ill.
6-0	Jr.	MB	Spring, Texas

Freshmen of the Year: Lezlie Logan, FMU & Mandy Rupert, USCS

Player of the Year: Jackie Struck, North Florida

Coaches of the Year: Jen Calloway, USCS & Tess Gresham, ASU

2003 PBC Tournament Team

Mandy Rupert, USC Spartanburg
 Katie DeGreeff, Augusta State
 Allison O'Neill, North Florida
 Jackie Struck, North Florida
 Shannon Tracey, Armstrong Atlantic

Most Valuable Player: Valerie Martinez, North Florida

2003 PBC Players of the Week

September 9	Jackie Struck	North Florida
September 16	Darcey Krug	Armstrong Atlantic State
September 23	Edith Jaworski	North Florida
September 30	Jackie Struck	North Florida
October 7	Cassie Zahn	Augusta State
October 15	Christen Halberstadt	Lander
October 21	Jenny Lloyd	USC Aiken
October 28	Jackie Struck	North Florida
November 4	Mandy Rupert	USC Spartanburg
November 11	Christina Flores	Armstrong Atlantic State

AASU In PBC/NCAA Statistics

Hitting Percentage: 193, 4th **Digs Per Game:** 16.64, 4th

Blocks Per Game: 2.96, 1st (14th NCAA)

Kills Per Game: 13.72, 3rd

Aces Per Game: 1.77, 6th

Assists Per Game: 12.73, 3rd



AASU has had 3 or more All-PBC honorees the last five years

2004 PBC Opponents



Augusta State

@Fri, Oct. 1 7:00 p.m.
Sat, Oct. 30 4:00 p.m.

Location: Augusta, GA
Enrollment: 5,500
Nickname: Jaguars
Colors: Royal Blue, White
2003 Record: 15-17
Peach Belt: 6-8 / 4th
Series: AASU leads 28-13

Head Coach: Tess Gresham
Phone: (706) 667-4766
SID: Joey Warren
Phone: (706) 731-7925
Fax: (706) 737-1782
Web: www.aug.edu

Francis Marion

Sat., Oct. 23 4:00 p.m.
@ Tues, Nov. 2 6:00 p.m.

Location: Florence, SC
Enrollment: 3,684
Nickname: Patriots
Colors: Red, White & Blue
2003 Record: 11-24
Peach Belt: 4-10 / 7th
Series: FMU leads 17-13

Head Coach: Sonny Kirkpatrick
Phone: (843) 661-1246
SID: Michael Hawkins
Phone: (843) 661-1222
Fax: (843) 661-1219
Web: www.fmarion.edu

Lander

Sat, Oct. 9 4:00 p.m.
@Fri., Nov. 5 7:00 p.m.

Location: Greenwood, SC
Enrollment: 2,900
Nickname: Bearcats
Colors: Royal Blue & Gold
2003 Record: 14-18
Peach Belt: 5-9 / t5th
Series: AASU leads 13-0

Head Coach: Angela McGuire
Phone: (864) 388-8963
SID: Bob Stoner
Phone: (864) 388-8962
Fax: (864) 388-8889
Web: www.lander.edu

North Florida

Wed., Sept. 29 7:00 p.m.
@Wed., Oct. 27 7:00 p.m.

Location: Jacksonville, FL
Enrollment: 12,086
Nickname: Ospreys
Colors: Navy Blue & Gray
2003 Record: 31-4
Peach Belt: 14-0 / 1st
Series: UNF leads 24-2

Head Coach: Bryan Bunn
Phone: (904) 620-2897
SID: Tom Strother
Phone: (904) 620-4026
Fax: (904) 620-2836
Web: www.unf.edu

UNC Pembroke

@Tues., Oct. 5 6:00 p.m.
Fri., Oct. 22 7:00 p.m.

Location: Pembroke, NC
Enrollment: 5,000
Nickname: Braves
Colors: Black and Gold
2003 Record: 6-30
Peach Belt: 0-14 / 8th
Series: AASU leads 18-8

Head Coach: Beverly Justice
Phone: (910) 521-6273
SID: Rikki Cockrell
Phone: (910) 521-6371
Fax: (910) 521-6551
Web: www.uncp.edu

USC Aiken

@Sat., Oct. 2 3:00 p.m.
Fri, Oct. 29 7:00 p.m.

Location: Aiken, SC
Enrollment: 3,390
Nickname: Pacers
Colors: Cardinal, Navy & White
2003 Record: 13-21
Peach Belt: 5-9 / t5th
Series: USCA leads 17-16

Head Coach: Will Condon
Phone: (803) 641-3373
SID: Brad Fields
Phone: (803) 641-3252
Fax: (803) 641-3759
Web: www.pacersports.com

USC Upstate

Fri, Oct. 8 7:00 p.m.
@Sat., Nov. 6 3:00 p.m.

Location: Spartanburg, SC
Enrollment: 3,700
Nickname: Rifles
Colors: Green, Black, White
2003 Record: 25-8
Peach Belt: 11-3 / t2nd
Series: USCS leads 20-15

Head Coach: Jennifer Calloway
Phone: (864) 503-5161
SID: Bill English
Phone: (864) 503-5129
Fax: (864) 503-5127
Web: www.uscupstate.edu



Composite Peach Belt W-L Records

North Florida	93-3	.969
USC Spartanburg ..	93-47	.664
USC Aiken	83-57	.593
AASU	81-59	.579
Francis Marion	71-69	.507
Augusta State	38-102	.271
UNC Pembroke	33-103	.243
Lander	15-69	.179

Flagler

@Tues, Aug. 31 6:00 p.m.

Location: St. Augustine, FL
Enrollment: 2,100
Nickname: Saints
Colors: Red and Gold
2003 Record: 32-3
Series: AASU leads 7-1

Head Coach: Taylor Mott
Phone: (904) 819-6376
Contact: Dave Barnett
Phone: (904) 819-6252
Fax: (904) 810-2369
Web: www.flagler.edu

Saint Leo

Fri, Sept. 10 1:00 p.m.
@Thurs., Oct. 15 7:00 p.m.

Location: Saint Leo, FL
Enrollment: 11,000
Nickname: Lions
Colors: Green and Gold
2003 Record: 11-19
Sunshine State: 2-12 / 8th
Series: AASU leads 4-1

Head Coach: Sam Cibrone
Phone: (352) 588-8448
SID: Walt Riddle
Phone: (352) 588-8506
Fax: (352) 588-8290
Web: www.saintleo.edu

Florida Southern

Fri, Sept. 10 7:00 p.m.
@Thurs., Oct. 15 7:00 p.m.

Location: Lakeland, FL
Enrollment: 1,800
Nickname: Moccasins
Colors: Scarlet and White
2003 Record: 18-17
Sunshine State: 9-5 / 3rd
Series: Fla. Southern leads 7-4

Head Coach: Jill Stephens
Phone: (863) 680-4474
SID: Bill Turnage
Phone: (863) 680-4256
Fax: (863) 680-3953
Web: www.flsouthern.edu

Florida Gulf Coast

Sat., Sept. 11 1:00 p.m.

Location: Ft. Myers, FL
Enrollment: 4,200
Nickname: Eagles
Colors: Blue and Green
First Season Of Competition
Series: First Meeting

Head Coach: Jaye Flood
Phone: (239) 590-7057
SID: Jim Herlihy
Phone: (239) 590-7075
Fax: (239) 7014
Web: www.fgcu.edu

The Pirates are picked to finish 2nd in the Peach Belt in 2004





2004 Opponents

Barry

Sat., Sept. 11 7:00 p.m.

Location: Miami Shores, FL
Enrollment: 8,469
Nickname: Buccaneers
Colors: Red, Black & Silver
2003 Record: 24-4
Sunshine State: 13-1 / 2nd
Series: Barry leads 7-1

Head Coach: Dave Nichols
Phone: (305) 899-3563
SID: Dennis Jezek, Jr.
Phone: (305) 899-3897
Fax: (305) 899-3556
Web: www.gobarrybucs.com

Tampa

@Sat., Oct. 16 7:00 p.m.

Location: Tampa, FL
Enrollment: 4,548
Nickname: Spartans
Colors: Red, Gold & Black
2003 Record: 31-4
Sunshine State: 13-1 / 1st
Series: Tampa leads 8-1

Head Coach: Chris Catanach
Phone: (813) 253-6240
SID: Paul Martello
Phone: (813) 253-6241
Fax: (813) 253-6288
Web: www.ut.edu

Eckerd

@Mon, Oct. 18 4:30 p.m.

Location: St. Petersburg, FL
Enrollment: 1,682
Nickname: Tritons
Colors: Red, Black & White
2003 Record: 17-15
Sunshine State: 4-10 / 6th
Series: Series tied 1-1

Head Coach: Courtney Draper
Phone: (727) 864-7875
SID: Raven Yau
Phone: (727) 864-8242
Fax: (727) 864-8968
Web: www.eckerd.edu

Coker

@Sat., Sept. 18 3:00 p.m.

Location: Hartsville, SC
Enrollment: 975
Nickname: Cobras
Colors: Blue and Gold
2003 Record: 14-18
CVAC: 4-13 / 8th
Series: Coker leads 5-2

Head Coach: Chuck Mullen
Phone: (843) 383-8070
SID: Paul Lyon
Phone: (843) 383-8068
Fax: (843) 383-8167
Web: www.coker.edu

Converse

Sat., Sept. 18 Noon
@ Hartsville, S.C.

Location: Spartanburg, SC
Enrollment: 700
Nickname: All-Stars
Colors: Purple and Gold
2003 Record: 20-16
Series: AASU leads 3-2

Head Coach: Tara Brooks
Phone: (864) 577-2061
SID: Christina Volpe
Phone: (864) 577-2056
Fax: (864) 577-2054
Web: www.converse.edu

2003 AASU/Chatham Orthopaedics Volleyball Classic

Friday, September 10- Saturday, September 11 • Savannah, Ga.

Friday, September 10

9 a.m. Francis Marion vs. Wingate (Court 1)
Florida Tech vs. Catawba (Court 2)
11 a.m. Rollins vs. USC Upstate (Court 1)
Fla. Southern vs. Augusta State (Court 2)
1 p.m. AASU vs. Presbyterian (Court 1)
Tampa vs. Wingate (Court 2)
3 p.m. Fla. Tech vs. Francis Marion (Court 1)
USC Upstate vs. Rockhurst (Court 2)
5 p.m. Rollins vs. Catawba (Court 1)
Presbyterian vs. Augusta State (Court 2)
7 p.m. AASU vs. Fla. Southern (Court 1)
Tampa vs. Rockhurst (Court 2)

Saturday, September 11

9 a.m. Rollins vs. Presbyterian (Court 1)
Rockhurst vs. Francis Marion (Court 2)
11 a.m. Florida Tech vs. Wingate (Court 1)
Fla. Southern vs. USC Upstate (Court 2)
1 p.m. AASU vs. Catawba (Court 1)
Tampa vs. Augusta State (Court 2)
3 p.m. Rollins vs. Wingate (Court 1)
Fla. Tech vs. USC Upstate (Court 2)
5 p.m. Augusta State vs. Catawba (Court 1)
Presbyterian vs. Francis Marion (Court 2)
7 p.m. AASU vs. Tampa (Court 1)
Fla. Southern vs. Rockhurst (Court 2)

Court 1 - Aquatics & Recreation Center • Court 2 - Alumni Arena @ Armstrong Sports Center

2004 Quincy/McDonald's Invitational

Friday, August 27- Saturday, August 28
Quincy, Ill.

Arkansas Tech

Location: Russellville, AR
Nickname: Golden Suns
Affiliation: NCAA II
2003 Record: 4-25
Gulf South: 1-11 / 7th West

Quincy

Location: Quincy, IL
Nickname: Hawks
Affiliation: NCAA II
2003 Record: 18-11
GLVC: 9-5 / 2nd Green

Missouri-St. Louis

Location: St. Louis, Mo.
Nickname: Riverwomen
Affiliation: NCAA II
2003 Record: 8-15
GLVC: 5-8 / 4th Green

Saginaw Valley St.

Location: Saginaw, MI
Nickname: Cardinals
Affiliation: NCAA II
2003 Record: 2-26
GLIAC: 0-18 / 7th South

2004 LIU - C.W. Post Classic

Friday, September 3 - Saturday, September 4
Brookville, N.Y.

Bentley

Location: Waltham, MA
Nickname: Falcons
Affiliation: NCAA II
2003 Record: 21-11
NE-10: 11-3 / t3rd

Queens (NY)

Location: Queens, NY
Nickname: Knights
Affiliation: NCAA II
2003 Record: 28-4
NE-10: 9-2 / t2nd

LIU-C. W. Post

Location: Greenvale, NY
Nickname: Pioneers
Affiliation: NCAA II
2003 Record: 9-23
NYCAC: 3-8 / t9th

New York Tech

Location: Old Westbury, NY
Nickname: Lady Bears
Affiliation: NCAA II
2003 Record: 28-7
NYCAC: 9-2 / t2nd



AASU hosts the Chatham Orthopaedics Classic for the sixth straight year

AASU Individual Records - Career



Games Played

1. Sarah Haynes, 1999-2002	496
2. Erin Melius, 1999-2002	485
3. Sofie Hakansson, 1999-2002	483
4. Tracy Fowler, 1994-97	429
5. Jennifer Grundy, 1991-94	388
6. Candice Modlinski, 2001-03	331
7. Betsy Richardson, 1994-96	313
8. Nicole Pappas, 1996-98	298
9. Mylene Ray, 1992, 1994-96	290
10. Amanda Shelton, 1995-97	272

Assists

1. Erin Melius, 1999-2002	5582
2. Amanda Shelton, 1995-97	2582
3. Christine Ladewski, 1997-98	1715
4. Hui Gibbs, 1992, 1994	1653
5. Jennifer Grundy, 1991-94	1073
6. Kelly Asbury, 2003	812
7. Shannon Tracey, 2001-03	791
8. Ellen Sipes, 1991	626
9. Marcia Morgan, 1993	612
10. Colleen Fitzsimons, 1999-2000	571

Service Aces

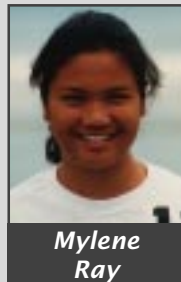
1. Sofie Hakansson, 1999-2002	244
2. Erin Melius, 1999-2002	201
3. Tracy Fowler, 1994-97	177
4. Candice Modlinski, 2001-03	141
5. Koreena Kaminski, 1991-92	136
6. Sarah Haynes, 1999-2002	131
7. Amanda Shelton, 1995-97	122
8. Jennifer Grundy, 1991-94	106
9. Micah Roman, 1999-2000	105
10. Dionne Benito, 1995-97	101

Kills

1. Sarah Haynes, 1999-2002	1383
2. Sofie Hakansson, 1999-2002	1265
3. Tracy Fowler, 1994-97	1087
4. Sherrene Benedict, 1992-93	939
5. Nicole Smith, 1993-94	822
6. Candice Modlinski, 2001-03	801
7. Koreena Kaminski, 1991-92	769
8. Betsy Richardson, 1994-96	727
9. Micah Roman, 1999-2000	681
10. Lindsay Ehlers, 1999-2000	657



Erin Melius



Mylene Ray

Total Blocks

1. Sarah Haynes, 1999-2002	420
2. Christy Johansen, 1991-1992	403
3. Candice Modlinski, 2001-03	311
4. Christy Spires, 1997-98	258
5. Darcey Krug, 2001-03	242
6. Sofie Hakansson, 1999-2002	229
7. Mylene Ray, 1992, 1994-96	202
8. Nicole Smith, 1993-94	200
9. Kris Bringewatt, 1999-2000	195
10. Sherrene Benedict, 1992-93	181

Kills Per Game (min. 150 GP)

1. Nicole Smith, 1993-94	4.47
2. Sherrene Benedict, 1992-93	3.68
3. Koreena Kaminski, 1991-92	3.51
4. Lindsay Ehlers, 1999-2000	3.32
5. Sarah Haynes, 1999-2002	2.78
6. Micah Roman, 1999-2000	2.72
7. Sofie Hakansson, 1999-2002	2.62
8. Kris Bringewatt, 1999-2000	2.57
9. Tracy Fowler, 1994-97	2.53
10. Candice Modlinski, 2001-03	2.42

Digs

1. Tracy Fowler, 1994-97	1360
2. Sofie Hakansson, 1999-2002	1301
3. Erin Melius, 1999-2002	1054
4. Sarah Haynes, 1999-2002	985
5. Sherrene Benedict, 1992-93	791
6. Micah Roman, 1999-2000	776
7. Nicole Pappas, 1996-98	727
8. Candice Modlinski, 2001-03	659
9. Shelley Weekes, 1999-2002	657
10. Koreena Kaminski, 1991-92	624

Total Blocks Per Game (Min. 150 GP)

1. Christy Johansen, 1991-92	1.77
2. Christy Spires, 1997-98	1.15
3. Nicole Smith, 1993-94	1.09
4. Candice Modlinski, 2001-03	0.94
5. Darcey Krug, 2001-03	0.93
6. Kris Bringewatt, 1999-2000	0.90
7. Sarah Haynes, 1999-2002	0.85
8. Koreena Kaminski, 1991-92	0.78
9. Sherrene Benedict, 1992-93	0.71
10. Mylene Ray, 1992, 1994-96	0.70

Hitting Percentage (Min. 500 Kills)

1. Nicole Smith, 1993-94	.347
2. Kris Bringewatt, 1999-2000	.319
3. Sarah Haynes, 1999-2002	.300
4. Sherrene Benedict, 1992-93	.281
5. Sofie Hakansson, 1999-2002	.274
6. Lindsay Ehlers, 1999-2000	.271
7. Candice Modlinski, 2001-03	.253
8. Koreena Kaminski, 1991-92	.245
9. Micah Roman, 1999-2000	.242
10. Darcey Krug, 2001-03	.232

Digs Per Game (min. 150 GP)

1. Tracy Fowler, 1994-97	3.17
2. Sherrene Benedict, 1992-93	3.10
Micah Roman, 1999-2000	3.10
4. Koreena Kaminski, 1991-92	2.84
5. Lindsay Ehlers, 1999-2000	2.78
6. Colleen Fitzsimons, 1999-2000	2.74
7. Sofie Hakansson, 1999-2002	2.69
8. Christine Ladewski, 1997-98	2.52
9. Nicole Pappas, 1996-98	2.44
10. Shelley Weekes, 1999-2002	2.36

All-Time AASU Coaching Records

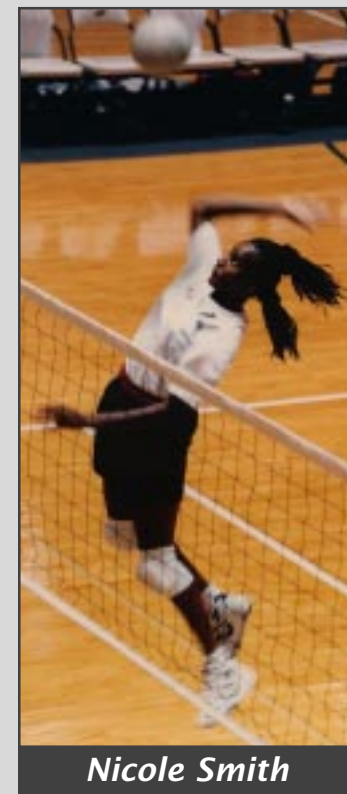
Coach	Years	W-L	Pct.
Roger Hansen	1986-88	10-41	.196
William Buckley	1989-90	6-27	.182
Carol Wilson	1991-92	42-25	.627
Alvin Jones	1993	17-19	.472
Carol Meegan	1994-98	69-69	.500
B.J. Ford	1998	7-22	.241
Alan Segal	1999-	146-49	.749
OVERALL	18 Years	297-252	.541

Most Wins, Single Season: 36, Alan Segal (1999)

Best Winning Percentage, Single Season: 36-5, .878, Alan Segal (1999)

Most Losses, Single Season: 27, Carol Meegan (1995)

Lowest Winning Percentage, Single Season: 2-22, .083, Roger Hansen (1986)



Nicole Smith

Modlinski needs 199 kills to become AASU's fourth player to reach 1,000



AASU Records - Season

Games Played

1. Sarah Haynes, 2000	136
2. Christy Johansen, 1992	133
Jennifer Grundy, 1993	133
Sara Stroud, 1993	133
5. Erin Melius, 2002	132
Sofie Hakansson, 2000	132
6. Marcia Morgan, 1993	131
Betsy Richardson, 1995	131
Sofie Hakansson, 2001	131
Sarah Haynes, 2001	131

Assists

1. Erin Melius, 2002	1708
2. Erin Melius, 2000	1417
3. Erin Melius, 2001	1397
4. Amanda Shelton, 1996	1107
5. Erin Melius, 1999	1060
6. Amanda Shelton, 1995	991
7. Hui Gibbs, 1992	964
8. Christine Ladewski, 1998	876
9. Christine Ladewski, 1997	839
10. Kelly Asbury, 2003	812

Total Blocks

1. Christy Johansen, 1992	226
2. Christy Johansen, 1991	177
3. Monika Beldzinska, 1998	154
4. Candice Modlinski, 2003	152
5. Andrea Jany, 1996	148
6. Traci Knuth, 2003	144
7. Sarah Haynes, 2001	134
8. Kate Schuchardt, 1991	132
9. Christy Spires, 1997	130
10. Christy Spires, 1998	128

Kills

1. Nicole Smith, 1994	620
2. Sherrene Benedict, 1992	494
3. Andrea Jany, 1996	483
4. Koreena Kaminski, 1992	452
5. Sherrene Benedict, 1993	445
6. Sofie Hakansson, 2002	440
7. Meike Behrensens, 1997	430
8. Sofie Hakansson, 2001	415
9. Sarah Haynes, 2001	406
10. Lindsay Ehlers, 1999	380

Digs

1. Sofie Hakansson, 2001	428
2. Koreena Kaminski, 1992	422
3. Sherrene Benedict, 1993	404
4. Micah Roman, 2000	400
5. Andrea Jany, 1996	388
Tracy Fowler, 1997	388
7. Sherrene Benedict, 1992	387
8. Sofie Hakansson, 2002	377
9. Sandra Gluchy, 1997	376
Micah Roman, 1999	376



Amanda Shelton



Tracy Fowler

Kills Per Game

1. Nicole Smith, 1994	5.49
2. Andrea Jany, 1996	4.51
3. Sherrene Benedict, 1992	3.86
4. Meike Behrensens, 1997	3.77
5. Lindsay Ehlers, 1999	3.58
6. Koreena Kaminski, 1991	3.52
7. Koreena Kaminski, 1992	3.50
Sherrene Benedict, 1993	3.50
9. Betsy Richardson, 1996	3.46
10. Sofie Hakansson, 2002	3.44

Digs Per Game

1. Andrea Jany, 1996	3.63
2. Sandra Gluchy, 1997	3.42
3. Tracy Fowler, 1997	3.40
4. Tracy Fowler, 1995	3.37
5. Tracy Fowler, 1996	3.29
6. Koreena Kaminski, 1992	3.27
Sofie Hakansson, 2001	3.27
8. Sherrene Benedict, 1993	3.18
9. Micah Roman, 2000	3.13
10. Lindsay Ehlers, 2000	3.10
Christina Flores, 2003	3.10

Total Blocks Per Game

1. Christy Johansen, 1991	1.86
2. Christy Johansen, 1992	1.70
3. Kate Schuchardt, 1991	1.42
4. Andrea Jany, 1996	1.38
5. Monika Beldzinska, 1998	1.36
6. Nicole Smith, 1993	1.34
7. Candice Modlinski, 2003	1.26
8. Christy Spires, 1997	1.16
Traci Knuth, 2003	1.16
10. Christy Spires, 1998	1.13

Hitting Percentage

1. Andrea Jany, 1996	.444
2. Nicole Smith, 1994	.381
3. Kris Bringewatt, 1999	.337
4. Sarah Haynes, 2000	.333
5. Monika Beldzinska, 1998	.314
6. Sandra Gluchy, 1997	.307
7. Christy Johansen, 1992	.304
8. Candice Modlinski, 2002	.301
9. Sarah Haynes, 1999	.296
10. Kris Bringewatt, 2000	.295
Sarah Haynes, 2002	.295

Service Aces

1. Sofie Hakansson, 2001	84
2. Koreena Kaminski, 1992	83
3. Erin Melius, 2002	79
4. Sofie Hakansson, 2002	67
Amanda Shelton, 1995	67
6. Tracy Fowler, 1996	59
7. Micah Roman, 2000	58
9. Andrea Jany, 1996	56
9. Candice Modlinski, 2003	55
10. Koreena Kaminski, 1991	53

AASU Team Single-Season Records

Kills

2,101, 2002

Total Attacks

5,031, 2002

Attack Percentage

.259, 2002

Service Aces

355, 1992

Total Blocks

542, 1992

Assists

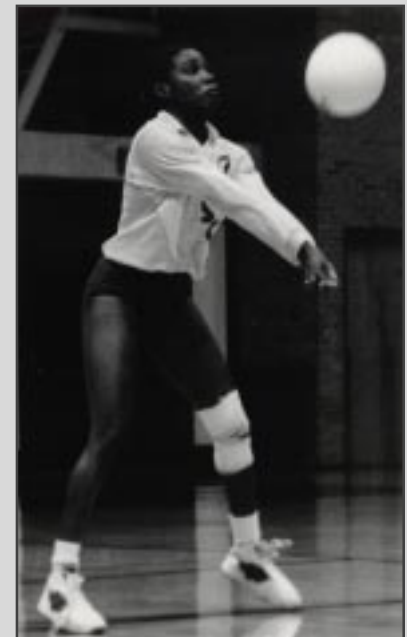
1,911, 2002

Digs

2,224, 1999

Victories

36, 1999



Sherrene Benedict



Nicole Smith's 620 kills in 1994 are still a Peach Belt record

AASU Individual Game Records



Most Kills - 3 Game Match

41, Andrea Jany at SCAD, 9/17/96
 27, Nicole Smith at West Georgia, 10/9/94
 22, Koreena Kaminski at Augusta State, 10/5/91
 22, Nicole Smith vs. Mars Hill, 10/8/94
 21, Nicole Smith vs. Augusta State, 10/1/94
 21, Lindsay Ehlers vs. Mars Hill, 9/10/99
 21, Nicole Smith vs. Columbia, 10/30/94
 20, Koreena Kaminski at Augusta State, 11/8/91
 20, Micah Roman vs. Saginaw Valley St., 9/1/00
 20, Andrea Jany vs. USC Aiken, 10/15/96

Best Hitting % - Min. 10 Att.

.818 (9-0/11) Cindy Pound at Voorhees, 9/14/92
 .769 (10-0/13) Sarah Haynes vs. Rollins, 10/14/00
 .769 (10-0/13) Sarah Haynes vs. USCA, 11/10/00
 .750 (9-0/12) Sherrere Benedict at Voorhees, 9/14/92
 .737 (16-2/19) Nicole Smith vs. FVSVU, 10/21/94
 .722 (14-1/18) Kris Bringewatt vs. FMU, 11/12/99
 .706 (14-2/17) K. Kaminski vs. Voorhees, 10/1/91
 .700 (7-0-10) Sarah Haynes at USC Aiken, 9/23/00
 .700 (7-0-10) Sarah Haynes vs. Tusculum, 9/13/02
 .692 (9-0-13) Kris Bringewatt vs. Rollins, 10/14/00
 .692 (9-0-13) Alexia Piche-Hatch vs. Milligan, 8/30/02
 .692 (9-0-13) Shelley Weekes vs. NC Central, 8/30/02

Service Aces - 3 Game Match

8, Erin Melius vs. Pfeiffer, 8/30/02
 8, Erin Melius vs. Georgia Southwestern, 9/4/02
 7, Angie Michel vs. Augusta State, 9/25/93
 6, Koreena Kaminski at Wesleyan, 9/28/91
 6, Koreena Kaminski vs. B-CC, 9/26/92
 6, Mylene Benito at Francis Marion, 9/24/94
 6, Emily Vent vs. Augusta State, 9/29/95
 6, Keila Nelson vs. Oglethorpe, 10/28/95
 6, Sofie Hakansson vs. Seton Hill, 8/27/99
 6, Shelley Weekes vs. Savannah State, 9/4/99
 6, Sofie Hakansson vs. USC Aiken, 10/16/99
 6, Sofie Hakansson vs. Lander, 11/9/01
 6, Cindy Haynes vs. West Georgia, 9/20/02

Assists - 3 Game Match

60, Kelly Asbury vs. Colorado Christian, 9/6/03
 59, Erin Melius vs. Mars Hill, 9/10/99
 58, Erin Melius vs. Harding, 9/20/02
 56, Erin Melius vs. Saginaw Valley St., 9/1/00
 48, Colleen Fitzsimons vs. SCAD, 9/28/99
 48, Erin Melius at North Florida, 11/10/99
 48, Erin Melius vs. USC Spartanburg, 9/28/01
 47, Kelly Asbury vs. Catawba, 9/13/03
 46, Erin Melius vs. Presbyterian, 9/5/99
 46, Colleen Fitzsimons at Augusta St., 10/13/99

Digs - 3 Game Match

29, Micah Roman vs. Mars Hill, 9/10/99
 25, Andrea Jany at North Florida, 9/11/96
 23, Hui Gibbs vs. Francis Marion, 11/14/92
 21, Angie Michel at Charleston Sthrn., 10/5/93
 21, Tracy Fowler vs. Saint Leo, 9/15/95
 21, Micah Roman vs. Saint Leo, 9/10/99
 21, Sofie Hakansson vs. Harding, 9/20/02
 20, Koreena Kaminski at FMU, 11/14/92
 20, Colleen Fitzsimons vs. SVSU, 9/1/00
20, Christina Flores vs. Colorado Christian, 9/6/03

Most Kills - 4 Game Match

35, Nicole Smith vs. Francis Marion, 9/30/94
 33, Nicole Smith vs. UNC Pembroke, 10/1/94
 31, Betsy Richardson vs. Elon, 9/28/96
 30, Nicole Smith vs. High Point, 9/24/94
 29, Sherrere Benedict vs. Augusta State, 11/14/92
 28, Nicole Smith at USC Aiken, 10/11/94
 28, Koreena Kaminski vs. Bentley, 9/26/92
 28, Tracy Fowler vs. Elon, 9/28/96
 27, Nicole Smith vs. USC Aiken, 9/30/94
 26, Nicole Smith vs. Francis Marion, 11/12/94

Best Hitting % - Min. 20 Att.

.727 (16-0/22) Sarah Haynes vs. W. Georgia, 9/9/00
 .708 (17-0/24) Sarah Haynes vs. ASU, 10/21/00
 .700 (16-2/20) Sherrere Benedict vs. ASU, 9/25/93
 .679 (21-2/28) Nicole Smith vs. Columbia, 10/30/94
 .679 (19-0/28) Nicole Smith vs. West Ga., 9/25/94
 .607 (18-1/28) Sofie Hakansson vs. Lander, 9/28/02
.600 (14-2/20) Traci Knuth vs. Christian Bros., 9/5/03
 .577 (18-3/26) Koreena Kaminski vs. Lee, 10/3/92
 .577 (17-2/26) Sarah Haynes vs. Harding, 9/20/02
.571(13-1/22) Christina Flores at ASU, 11/8/03
 .571(12-0/21) Kris Bringewatt at UNCP, 10/7/00

Service Aces - 4 Game Match

9, Koreena Kaminski vs. Troy State, 9/26/92
 8, Koreena Kaminski vs. SCAD, 9/23/92
 8, Erin Melius vs. North Florida, 11/13/99
 7, Michelle Cope vs. Francis Marion, 11/12/94
 7, Amanda Shelton vs. Flagler, 10/3/95
 6, Koreena Kaminski vs. LaGrange, 10/25/91
 6, Sara Stroud at Albany State, 9/28/93
 6, Tracy Fowler vs. Wofford, 9/24/94
 6, Kelly Wertz at Fort Valley State, 9/25/95
 6, Sarah Haynes at West Georgia, 8/25/01
6, Candice Modlinski at Catawba, 10/19/01
 6, Sofie Hakansson at Catawba, 10/19/01

Assists - 4 Game Match

76, Amanda Shelton vs. USCS, 9/14/96
 70, Erin Melius at Catawba, 10/19/01
 69, Christine Ladewski at USCS, 9/13/97
 67, Christine Ladewski vs. Augusta St., 10/28/97
 67, Erin Melius vs. USC Spartanburg, 11/16/00
 65, Shannon Tracey at USC Spartanburg, 11/14/03
 64, Hui Gibbs vs. Francis Marion, 9/30/94
 64, Erin Melius vs. Augusta State, 11/15/02
 63, Erin Melius at USC Spartanburg, 10/26/02
 62, Erin Melius vs. Florida Tech, 10/15/01
 59, Erin Melius vs. West Georgia, 9/18/99
 59, Erin Melius vs. Catawba, 9/14/02

Digs - 4 Game Match

31, Micah Roman vs. Barry, 9/1/00
 30, Tracy Fowler vs. USC Spartanburg, 9/14/96
 29, Andrea Jany vs. USCS, 9/14/96
 28, Kinsey Ross vs. Florida Tech, 10/15/01
 27, Tracy Fowler vs. Elon, 9/29/96
 26, Sherrere Benedict vs. North Florida, 10/9/92
 26, Colleen Fitzsimons vs. North Fla., 11/13/99
 25, Kris Bringewatt vs. North Florida, 11/13/99
 23, Sara Stroud vs. North Alabama, 10/30/93
 23, Sandra Gluchy at USCS, 9/13/97

Most Kills - 5 Game Match

33, Sherrere Benedict at FMU, 11/14/92
 29, Sherrere Benedict vs. USC Aiken, 11/6/93
 28, Tracy Fowler vs. Francis Marion, 9/29/95
 28, Nicole Smith vs. UNC Pembroke, 9/24/94
 27, Lindsay Ehlers vs. Western State, 8/25/00
 26, Koreena Kaminski vs. Paine, 9/23/91
 26, Sherrere Benedict vs. Tusculum, 10/29/93
 26, Betsy Richardson at Augusta St., 9/26/96
 25, Andrea Jany at Augusta St., 9/26/96
 24, Betsy Richardson vs. UNCP, 9/30/95

Best Hitting % - Min. 30 Att.

.645 (20-0/31) Sofie Hakansson vs. FT, 10/15/01
 .545 (28-4/44) K. Kaminski vs. Bentley, 9/26/92
 .543 (21-2/35) Lindsay Ehlers vs. MHC, 9/10/99
 .500 (23-2/42) Nicole Smith vs. SAPC, 9/10/94
 .500 (18-2/32) Lindsay Ehlers at ASU, 10/13/99
 .489 (27-5/45) Nicole Smith vs. USCA, 9/30/94
 .474 (19-1/38) Shelley Weekes vs. FSC, 9/13/02
 .472 (18-1/36) Nicole Smith vs. FMU, 11/5/93
 .471 (19-3/34) Lindsay Ehlers vs. USCS, 10/17/99
 .452 (15-1/31) Emily Vent vs. Erskine, 9/22/95

Service Aces - 5 Game Match

6, Koreena Kaminski vs. PBAC, 10/16/92
 6, Koreena Kaminski vs. FMU, 11/14/92
 6, Nicole Smith vs. PBAC, 9/16/93
 5, Nicole Smith vs. Alabama State, 10/1/93
 5, Keila Nelson vs. North Alabama, 9/22/95
 5, Sarah Haynes vs. Western State, 8/25/00
 5, Micah Roman vs. North Florida, 10/25/00
 5, Micah Roman at USC Spartanburg, 10/28/00
 4, several times

Assists - 5 Game Match

73, Amanda Shelton vs. UNCP, 9/30/95
 67, Erin Melius vs. Western State, 8/25/00
 63, Amanda Shelton vs. FMU, 9/29/95
 63, Kelly Asbury vs. Fla. Southern, 9/12/03
 61, Erin Melius vs. Florida Tech, 9/18/99
 59, Amanda Shelton at Augusta State, 9/26/96
 56, Erin Melius vs. North Florida, 10/25/00
 56, Erin Melius at Bryant, 9/7/02
 54, Erin Melius at USCS, 10/28/00
 54, Erin Melius vs. Fla. Southern, 10/15/01

Digs - 5 Game Match

39, Koreena Kaminski at FMU, 9/25/91
 33, Sara Stroud vs. Tusculum, 10/29/93
 33, Sara Stroud vs. Tusculum, 10/29/93
 32, Melanie Methe vs. Tusculum, 10/29/93
 29, Melanie Methe vs. USC Aiken, 10/30/93
 29, Sara Stroud vs. USC Aiken, 10/30/93
 28, Melanie Methe vs. USC Aiken, 11/6/93
 27, Angie Michel vs. Tusculum, 10/29/93
 27, Meike Behrensen vs. USCA, 10/24/97
 26, Micah Roman vs. Western State, 8/25/00
 25, Sherrere Benedict vs. Ga. Southern, 10/6/92
 25, Marcia Morgan vs. Tusculum, 10/29/93
 25, Marcia Morgan vs. USC Aiken, 10/30/93

Andrea Jany's 41 kills are an NCAA DII three-game single-match record



AASU Team Match Records

Most Kills - 3 Game Match

68 vs. Colorado Christian, 9/6/03
 64 vs. Harding, 9/20/02
 63 vs. Mars Hill, 9/10/99
 61 vs. Saginaw Valley State, 9/1/00
 60 vs. USC Spartanburg, 10/17/99
 59 vs. SCAD, 9/28/99
 58 vs. Tusculum, 10/20/01
 56 at North Florida, 11/10/99
 56 at UNC Pembroke, 10/5/02
 56 vs. Catawba, 9/13/03

Most Kills - 4 Game Match

81 at Catawba, 10/19/01
 79 vs. Augusta State, 11/14/92
 77 vs. Francis Marion, 9/30/94
 77 at USC Spartanburg, 11/14/03
 76 vs. USC Spartanburg, 11/16/00
 74 vs. High Point 9/24/94
 73 vs. Catawba, 9/14/02
 73 vs. Augusta State, 11/15/02
 72 vs. Lander, 9/28/02
 70 vs. Bentley, 9/26/92
 70 vs. West Georgia, 9/18/99

Most Kills - 5 Game Match

89 vs. UNC Pembroke, 9/30/95
 78 vs. Francis Marion, 9/29/95
 76 vs. USC Aiken, 11/6/93
 75 vs. SCAD, 11/3/93
 75 at Francis Marion, 11/14/92
 74 vs. Tusculum, 10/29/93
 74 vs. Florida Southern, 9/12/03
 73 vs. Western State, 8/25/00
 72 vs. USC Spartanburg, 10/25/03
 70 vs. Florida Tech, 9/18/99
 70 vs. USC Aiken, 10/30/93

Best Hitting % - 3 Game Match

.581 (20-2/31) at Voorhees, 10/14/91
 .508 (37-6/61) at Voorhees, 9/14/92
 .492 (41-10/63) vs. Augusta State, 9/25/93
 .486 (23-5/37) vs. Millsaps, 10/3/92
 .454 (50-10/88) vs. Rollins, 10/14/00
 .452 (38-10/62) at Albany State, 9/28/93
 .446 (42-13/65) vs. Voorhees, 10/1/91
 .426 (35-6/68) vs. Columbia, 10/30/94
 .421 (61-13/114) vs. Saginaw Valley St., 9/1/00
 .400 (54-14/100) vs. Tusculum, 9/13/02

Best Hitting % - 4-Game Match

.448 (52-9/96) at Paine, 10/1/93
 .419 (70-13/136) vs. Bentley, 9/26/92
 .389 (58-14/113) vs. Cal State Chico, 8/26/00
 .363 (79-21/160) vs. Augusta State, 11/14/92
 .321 (74-24/156) vs. High Point, 9/24/94
 .318 (72-23/154) vs. Lander, 9/28/02
 .316 (76-21/174) vs. USC Spartanburg, 11/16/00
 .314 (58-15/137) vs. North Florida, 10/9/92
 .308 (68-19/159) at USC Spartanburg, 10/26/02
 .305 (56-16/131) vs. West Alabama, 9/17/99

Best Hitting % - 5 Game Match

.344 (62-40/128) vs. PBAC, 10/16/92
 .309 (44-14/97) vs. SCAD, 9/21/94
 .289 (75-25/173) vs. SCAD, 11/3/93
 .288 (68-22/160) vs. Georgia Southern, 10/6/92
 .247 (57-19/154) vs. USC Aiken, 10/9/92
 .246 (66-24/171) at Florida Southern, 10/15/01
 .241 (58-23/145) vs. UNC Pembroke, 11/10/92
 .237 (58-21/156) vs. Alabama State, 10/1/93
 .233 (65-28/159) vs. PBAC, 9/16/93
 .231 (74-28/199) vs. Fla. Southern, 9/12/03

Service Aces - 3 Game Match

20 at Savannah State, 9/23/91
 20 vs. Savannah State, 9/4/99
 18 vs. NC Central, 8/31/02
 16 at Voorhees, 9/14/92
 16 vs. Savannah State, 10/23/92
 16 vs. Milligan, 8/30/02
 16 vs. Pfeiffer, 8/30/02
 16 vs. Georgia Southwestern, 9/4/02
 16 vs. East Stroudsburg, 9/6/02
 15 at SCAD, 10/25/91
 15 vs. Bethune-Cookman, 9/26/92
 15 vs. Carson-Newman, 9/8/95

Service Aces - 4 Game Match

21 vs. LaGrange, 10/25/91
 17 vs. SCAD, 9/23/92
 17 vs. Troy State, 9/26/92
 17 vs. Francis Marion, 10/5/01
 16 vs. Valdosta State, 8/24/01
 15 vs. Albany State, 10/1/93
 15 at Paine, 10/1/93
 15 vs. Augusta State, 11/12/94
 15 vs. Saint Leo, 9/8/01
 14 vs. Francis Marion, 11/12/94
 14 at UNC Pembroke, 10/19/95

Service Aces - 5 Game Match

18 vs. Paine, 9/23/91
 17 vs. SCAD, 10/9/91
 16 vs. Presbyterian, 9/12/03
 15 vs. North Alabama, 9/22/95
 15 vs. USC Spartanburg, 9/30/95
 15 vs. Angelo State, 9/1/01
 14 vs. Palm Beach Atlantic, 10/16/92
 14 vs. Palm Beach Atlantic, 9/16/93
 12 vs. SCAD, 11/3/93
 12 vs. UNC Pembroke, 9/30/95

Assists - 3 Game Match

65 vs. Colorado Christian, 9/6/03
 62 vs. Mars Hill, 9/10/99
 59 vs. Saginaw Valley State, 9/1/00
 58 vs. Harding, 9/20/02
 54 at North Florida, 11/10/99
 54 vs. Fort Valley State, 8/24/01
 53 vs. USC Spartanburg, 10/17/99
 53 vs. Catawba, 9/13/03
 52 at Augusta State, 10/27/93
 52 vs. Florida Tech, 10/2/00
 52 vs. Tusculum, 10/20/01

Assists - 4 Game Match

76 vs. USC Spartanburg, 9/14/96
 75 vs. Francis Marion, 9/30/94
 74 at Catawba, 10/19/01
 69 at USC Spartanburg, 9/13/97
 69 vs. Lander, 9/28/02
 69 vs. Augusta State, 11/15/02
 69 at USC Spartanburg, 11/14/03
 68 vs. USC Spartanburg, 11/16/00
 67 vs. Augusta State, 10/28/97
 67 vs. Florida Tech, 10/15/01
 67 vs. Catawba, 9/14/02

Assists - 5 Game Match

81 vs. UNC Pembroke, 9/30/95
 71 vs. Western State, 8/25/00
 69 vs. Florida Southern, 9/12/03
 68 vs. Francis Marion, 9/29/95
 68 vs. USC Spartanburg, 10/25/03
 66 vs. Florida Tech, 9/18/99
 64 vs. North Florida, 10/25/00
 62 at Bryant, 9/7/02
 60 vs. USC Aiken, 11/6/93
 58 at Francis Marion, 11/14/92
 58 vs. Tusculum, 10/29/93
 58 vs. North Alabama, 9/22/95

Digs - 3 Game Match

91 vs. Colorado Christian, 9/6/03
 83 vs. Francis Marion, 11/14/92
 81 vs. Harding, 9/20/02
 81 at Lander, 9/26/03
 78 at Augusta State, 10/27/93
 76 at Charleston Southern, 10/5/93
 75 vs. Saint Leo, 9/10/99
 75 vs. UNC Pembroke, 10/6/01
 69 vs. Saginaw Valley State, 9/1/00
 69 at Christian Brothers, 9/5/03

Digs - 4 Game Match

123 vs. North Florida, 11/13/99
 110 vs. North Alabama, 10/30/93
 107 vs. Florida Tech, 10/15/01
 104 vs. Augusta State, 11/14/92
 102 vs. USC Spartanburg, 10/27/01
 99 vs. Barry, 9/8/00
 95 vs. Jacksonville State, 10/30/93
 94 vs. AU-Rio Pedras, 10/14/00
 92 vs. Arkansas Tech, 9/5/03
 91 vs. North Florida, 10/9/92

Digs - 5 Game Match

163 vs. Tusculum, 10/29/93
 136 vs. USC Aiken, 10/30/93
 116 at Francis Marion, 9/25/91
 108 vs. UNC Pembroke, 9/30/95
 106 at Francis Marion, 11/14/92
 106 vs. USC Aiken, 11/6/93
 106 vs. Western State, 8/25/00
 106 vs. Angelo State, 9/1/01
 103 vs. Francis Marion, 9/29/95
 100 vs. USC Spartanburg, 9/30/95



AASU recorded 68 kills in a 3-game win over Colorado Christian on 9/6



Peach Belt Conference Awards

PBC Player of the Year

All-Peach Belt Conference

- 1991 Koreena Kaminski
- 1992 Koreena Kaminski
Sherrene Benedict
- 1993 Sherrene Benedict
- 1994 Nicole Smith
- 1996 Andrea Jany
- 1997 Meike Behrensen
Sandra Gluchy
- 1999 Kris Bringewatt
Lindsay Ehlers
Colleen Fitzsimons
Micah Roman
- 2000 Lindsay Ehlers
Sarah Haynes
Micah Roman
- 2001 Sofie Hakansson
Sarah Haynes
Erin Melius
- 2002 Sofie Hakansson
Sarah Haynes
Erin Melius
- 2003 Traci Knuth
Darcey Krug
Candice Modlinski



**Sarah Haynes
2000**



**Kris Bringewatt
1999**

PBC Coach of the Year

- 1997 Carol Meegan
- 1999 Alan Segal
- 2000 Alan Segal (Co-Winner)

PBC Freshman of the Year

- 1996 Andrea Jany (Co-Winner)
- 1999 Lindsay Ehlers

Alexia Piche-Hatch earned PBC Tournament MVP honors in 2002, collecting 48 kills in three games, hitting .317.



PBC Player of the Week

- 1991 Koreena Kaminski (Sept. 29)
Ellen Sipes (Oct. 13)
Koreena Kaminski (Oct. 20)
Christy Johansen (Oct. 27)
- 1992 Koreena Kaminski (Sept. 21)
Sherrene Benedict (Oct. 5)
- 1993 Sherrene Benedict (Oct. 3)
Sherrene Benedict (Oct. 31)
- 1994 Nicole Smith (Sept. 7)
Nicole Smith (Oct. 11)
- 1996 Andrea Jany (Sept. 17)
Andrea Jany (Oct. 1)
- 1997 Sandra Gluchy (Oct. 14)
- 1999 Lindsay Ehlers (Oct. 19)
- 2000 Sarah Haynes (Oct. 24)
- 2001 Sofie Hakansson (Oct. 16)
- 2002 Candice Modlinski (Oct. 29, 2002)
Sarah Haynes (Sept. 10, 2002)
- 2003 Darcey Krug (Sept. 16, 2003)
Christina Flores (Nov. 11, 2003)

All-PBC Tournament Team

- 1992 Sherrene Benedict
- 1996 Andrea Jany
- 1999 Lindsay Ehlers
Erin Melius
- 2000 Sarah Haynes
Micah Roman
- 2001 Sofie Hakansson
Erin Melius
- 2002 Alexia Piche-Hatch (MVP)
Sofie Hakansson
- 2003 Shannon Tracey

Sarah Haynes is ASU's only three-time All-PBC honoree





AVCA All-South Region Awards

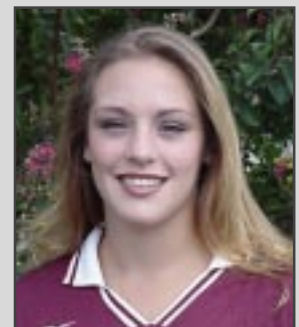
**CoSIDA Academic
All-District III Volleyball
Team**



Sarah Haynes
2000, 2001, 2002,
2003



Sofie Hakansson
2001, 2002



Erin Melius
2001, 2002



Lindsay Ehlers
2000



Shelley Weekes
2001, 2002

**Daktronics
All-South Region
Volleyball Team**

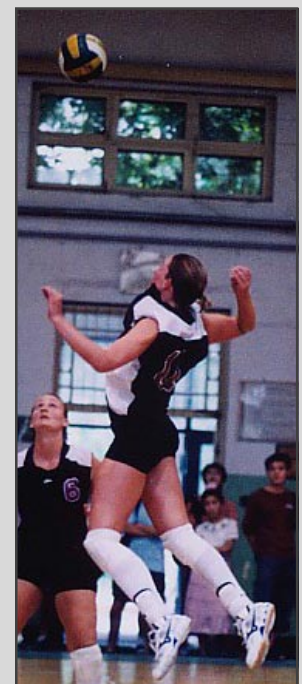
- 2001 Sarah Haynes
- 2002 Erin Melius
Sofie Hakansson

AVCA All-Region Honorable Mention

- 2003 Darcey Krug, Candice Modlinski

Other All-Tournament Honors

- 1992 Eckerd College Invitational
Koreena Kaminski, Sherrene Benedict
- 1993 Paine Invitational
Sherrene Benedict (MVP), Marcia Morgan
- 1994 FMU Lady Patriot Festival
Nicole Smith
- 1999 California (Pa.) Invitational
Erin Melius, Colleen Fitzsimons, Sarah Haynes
- Valdosta State Days Invitational
Colleen Fitzsimons
- Fayetteville State Invitational
Kris Bringewatt (MVP), Colleen Fitzsimons
- 2000 Mesa State Coca-Cola Invitational
Kris Bringewatt, Colleen Fitzsimons
- GVSU/Amerihost Invitational
Micah Roman
- 2001 AASU/Chatham Orthopaedics VB Classic
Sarah Haynes, Sofie Hakansson
- Texas Woman's Labor Day Classic
Erin Melius
- Catawba adidas Invitational
Sarah Haynes (MVP)
- 2002 Catawba adidas Invitational
Sarah Haynes, Erin Melius
- Bryant College Invitational
Erin Melius, Sarah Haynes (MVP)
- St. Edward's Hilltopper Classic
Erin Melius, Sofie Hakansson
- 2003 Nebraska-Omaha Classic
Darcey Krug



Traci Knuth
2003 Region
Freshman of the Year





All-Time Results

9/26	at Francis Marion	L 3-0
9/27	at UNC Pembroke	W 3-1
9/30	at SCAD	W 3-2
10/1	Flagler	W 3-0
10/5	Valdosta State	W 3-1
	Savannah State	W 3-0
10/6	at Augusta State	W 3-0
10/10	Francis Marion	L 3-0
10/11	UNC Pembroke	W 3-0
10/15	North Florida	L 3-0
10/17	% vs. Paine	W 3-0
	% vs. Gardner-Webb	L 3-1
10/18	% vs. NC Central	W 3-0
10/24	USC Aiken	L 3-2
10/25	USC Spartanburg	L 3-0
10/28	Augusta State	W 3-1
10/31	! vs. Gardner-Webb	W 3-2
	! at Presbyterian	W 3-1
11/1	! vs. Augusta State	W 3-0
11/4	SCAD	W 3-0
11/5	at North Florida	L 3-0
11/14	\$ vs. USC Spartanburg	L 3-1
* - Georgia Challenge (Valdosta, Ga.)		
^ - Kaleigh Challenge (Savannah, Ga.)		
% - USC Aiken Invitational		
! - Presbyterian Invitational		
\$ - PBC Tournament (Augusta, Ga.)		

1998 (9-24, 4-10 PBC)

9/4	% vs. Albany State	W 3-1
9/5	% vs. Piedmont	W 3-0
	% at Valdosta State	L 3-0
9/8	at Augusta State	L 3-0
9/12	* vs. Central Oklahoma	L 3-0
	* at Rollins	L 3-1
9/13	* vs. Valdosta State	L 3-0
9/16	North Florida	L 3-0
9/18	! Florida Tech	L 3-2
9/19	! Catawba	L 3-0
	! Newberry	W 3-0
9/25	at Francis Marion	L 3-1
9/26	at UNC Pembroke	W 3-0
10/2	at Lander	W 3-1
10/3	at USC Spartanburg	L 3-0
10/7	at North Florida	L 3-0
10/9	= vs. King College	L 3-0
10/10	= vs. Newberry	W 3-1
	= at Wingate	L 3-0
	= vs. Bluefield	L 3-0
10/13	Augusta State	L 3-2
10/17	at USC Aiken	L 3-0
10/18	Francis Marion	L 3-0
10/23	# vs. Fayetteville State	L 3-0
10/24	# vs. Catawba	L 3-2
	# vs. Gardner-Webb	L 3-0
10/25	Lander	W 3-0
10/28	SCAD	L 3-0
11/3	USC Aiken	L 3-1
11/6	USC Spartanburg	L 3-1
11/8	UNC Pembroke	W 3-0
11/10	at Newberry	W 3-1
11/12	!! vs. USC Spartanburg	L 3-0
% - Georgia Challenge (Valdosta, Ga.)		
! - Rollins Invitational (Winter Park, FL)		
! - Kaleigh Klassic (Savannah, Ga.)		
= - Wingate Invitational (Wingate, N.C.)		
# - USC Aiken Halloween Invitational		
!! - PBC Tournament (Florence, S.C.)		

1999 (36-5, 11-3 PBC)

8/27	* vs. Seton Hill	W 3-0
	* vs. Mercyhurst	W 3-0
8/28	* vs. Shippensburg	W 3-0
	* at California (Pa.)	W 3-1
9/3	\$ Fayetteville State	W 3-0
	\$ Wingate	W 3-0
9/4	\$ Savannah State	W 3-0
	\$ Presbyterian	W 3-0
9/10	% vs. Mars Hill	W 3-0
	% vs. Saint Leo	W 3-0
9/11	% vs. Lenoir-Rhyne	W 3-0
	% vs. Carson-Newman	W 3-0
9/17	^ vs. West Alabama	W 3-1
	^ vs. Montevallo	W 3-0
9/18	^ vs. Florida Tech	W 3-2
	^ vs. West Georgia	W 3-1
9/24	at USC Aiken	W 3-0

9/25	Fort Valley State	W 3-0
9/28	SCAD	W 3-0
10/1	at Lander	W 3-0
10/2	at USC Spartanburg	W 3-1
10/8	& vs. NC Central	W 3-0
	& vs. Mount Olive	W 3-0
10/9	& vs. St. Augustine's	W 3-0
	& vs. Benedict	W 3-0
	& vs. Barton	W 3-0
10/13	at Augusta State	W 3-0
10/16	USC Aiken	W 3-0
10/17	USC Spartanburg	W 3-0
10/22	at Francis Marion	L 3-1
10/23	at UNC Pembroke	W 3-0
10/26	at SCAD	L 3-0
10/27	North Florida	L 3-0
10/30	Augusta State	W 3-1
10/31	Lander	W 3-0
11/5	UNC Pembroke	W 3-0
11/6	Francis Marion	W 3-0
11/10	at North Florida	L 3-0
11/12	! vs. USC Aiken	W 3-0
	! vs. Francis Marion	W 3-1
11/13	! vs. North Florida	L 3-1

* California (Pa.) Tournament
 \$ AASU Pirate Invitational (Savannah)
 % Lady Pacer Invitational (Aiken, S.C.)
 ^ VSU Days Invitational (Valdosta)
 & Fayetteville State Invitational
 ! PBC Tournament (Greenwood, S.C.)

2000 (29-10, 12-2 PBC)

8/25	* vs. Western State	W 3-2
	* vs. UC Davis	W 3-0
8/26	* at Mesa State	W 3-1
	* vs. CS Chico	W 3-1
9/1	% vs. Saginaw Valley St.	W 3-0
	% at Grand Valley St.	L 3-0
9/2	% vs. MS Mankato	W 3-0
	% vs. Lake Superior St.	W 3-0
9/8	\$ Barry	W 3-1
9/9	\$ West Georgia	W 3-0
	\$ Tampa	L 3-0
9/10	\$ Florida Southern	W 3-1
9/15	at North Alabama	L 3-0
9/16	vs. Lincoln Memorial	W 3-1
9/22	at Augusta State	W 3-1
9/23	at USC Aiken	W 3-0
9/27	at North Florida	L 3-1
9/29	USC Spartanburg	W 3-0
9/30	Lander	W 3-0
10/2	Florida Tech	W 3-0
10/6	at Francis Marion	W 3-0
10/7	at UNC Pembroke	W 3-0
10/12	at Tampa	W 3-2
10/13	^ at Florida Southern	L 3-0
10/14	^ vs. Rollins	W 3-0
	^ vs. AU Rio Pedras	L 3-1
10/20	USC Aiken	W 3-0
10/21	Augusta State	W 3-0
10/25	North Florida	W 3-2
10/27	at Lander	W 3-0
10/28	at USC Spartanburg	L 3-2
11/3	UNC Pembroke	W 3-0
11/4	Francis Marion	W 3-1
11/6	at Barry	L 3-0
11/10	! at UNC Pembroke	W 3-0
	! vs. USC Aiken	W 3-0
11/11	! vs. North Florida	L 3-1
11/16	& vs. USC Spartanburg	W 3-1
11/17	& vs. North Florida	L 3-0

* Mesa State (Colo.) Invitational
 % Grand Valley St. (Mich.) Invitational
 \$ AASU Pirate Classic
 ^ Fla. Southern Invitational (Lakeland)
 ! PBC Tournament (Pembroke, N.C.)
 & NCAA South Regional (Tampa, Fla.)

2001 (29-10, 11-3 PBC)

8/24	* vs. Fort Valley State	W 3-0
	* vs. Valdosta State	W 3-1
8/25	* at West Georgia	L 3-1
	* vs. Converse	W 3-0
8/29	Georgia Southwestern	W 3-0
8/31	% at Texas Woman's	W 3-2
	% vs. Central Oklahoma	L 3-0
9/1	% vs. SE Okla. State	W 3-0

	% vs. Angelo State	W 3-2
9/7	\$ Florida Southern	L 3-0
9/8	\$ Saint Leo	W 3-1
	\$ North Alabama	L 3-0
	Augusta State	W 3-0
9/22	USC Aiken	W 3-0
9/26	North Florida	L 3-0
9/28	at USC Spartanburg	L 3-0
9/29	at Lander	W 3-0
10/3	Valdosta State	W 3-0
10/5	Francis Marion	W 3-1
10/6	UNC Pembroke	W 3-0
10/11	at Tampa	L 3-0
10/15	^ vs. Florida Tech	W 3-1
	^ at Florida Southern	W 3-2
10/17	at USC Aiken	W 3-0
10/19	@ at Catawba	W 3-1
	@ vs. Slippery Rock	W 3-0
10/20	@ vs. Converse	W 3-0
	@ vs. Tusculum	W 3-0
10/24	at North Florida	L 3-0
10/26	Lander	W 3-0
10/27	USC Spartanburg	W 3-1
10/30	at Augusta State	W 3-0
11/2	at UNC Pembroke	W 3-1
11/3	at Francis Marion	W 3-0
11/9	! vs. Lander	W 3-0
	! vs. USC Spartanburg	W 3-0
11/10	! at North Florida	L 3-0
11/15	& vs. USC Spartanburg	W 3-0
11/16	& at Tampa	L 3-0

* West Georgia Invitational (Carrollton)
 * Texas Woman's Invitational (Denton)
 \$ AASU Invitational
 ^ Fla. Southern Invitational (Lakeland)
 @ Catawba adidas Inv. (Salisbury, N.C.)
 ! PBC Tournament (Jacksonville, Fla.)
 & NCAA South Regional (Tampa, Fla.)

2002 (30-10, 12-2 PBC)

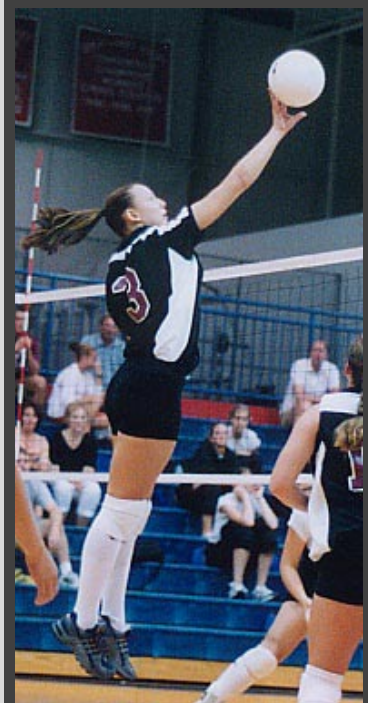
8/30	* vs. Milligan	W 3-0
	* vs. Pfeiffer	W 3-0
8/25	* vs. NC Central	W 3-0
	* vs. Converse	W 3-0
9/4	Georgia Southwestern	W 3-0
9/6	% vs. East Stroudsburg	W 3-0
	% vs. New York Tech	W 3-0
9/7	% vs. Bentley	W 3-0
	% at Bryant	W 3-2
9/13	\$ Tusculum	W 3-0
	\$ Florida Southern	W 3-1
9/14	\$ Catawba	W 3-1
	\$ Lewis	L 3-0
9/20	@ vs. West Georgia	W 3-0
	@ vs. Harding	W 3-0
9/21	@ vs. Incarnate Word	L 3-1
	@ at St. Edward's	L 3-0
9/25	at USC Aiken	W 3-0
9/27	USC Spartanburg	W 3-0
9/28	Lander	W 3-1
10/2	North Florida	L 3-0
10/4	at Francis Marion	W 3-0
10/5	at UNC Pembroke	W 3-0
10/10	at Tampa	L 3-0
10/12	^ vs. Nova Southeastern	W 3-0
	^ at Florida Southern	L 3-0
10/16	at Augusta State	W 3-1
10/19	Tampa	L 3-1
10/20	Barry	L 3-0
10/25	at Lander	W 3-0
10/26	at USC Spartanburg	W 3-1
11/1	UNC Pembroke	W 3-0
11/2	Francis Marion	W 3-0
11/6	at North Florida	L 3-1
11/8	USC Aiken	W 3-0
11/9	Augusta State	W 3-0
11/15	! vs. Augusta State	W 3-1
	! vs. USC Spartanburg	W 3-1
11/16	! vs. North Florida	W 3-0
	& vs. Florida Southern	L 3-0

* Catawba Invitational (Salisbury, N.C.)
 * Bryant Invitational (Bryant, R.I.)
 \$ AASU Invitational
 @ St. Edward's Classic (Austin, Texas)
 ^ Fla. Southern Invitational (Lakeland)
 ! PBC Tournament (Jacksonville, Fla.)
 & NCAA South Regional (Tampa, Fla.)

2003 (22-14, 11-3 PBC)

8/29	* at Lewis	L 3-0
	* vs. Wheeling Jesuit	L 3-0
8/30	* vs. Wisc.-Parks	L 3-1
	* vs. Hillsdale	L 3-1
9/5	% vs. Arkansas Tech	W 3-1
	% vs. Emporia State	L 3-0
9/6	% vs. Christian Bros.	W 3-0
	% vs. Colo. Christian	W 3-1
9/12	\$ Presbyterian	W 3-2
	\$ Florida Southern	W 3-2
9/13	\$ Catawba	W 3-0
	\$ Tampa	L 3-0
9/19	at Barry	L 3-0
9/20	at Nova Southeastern	W 3-1
9/26	at Lander	W 3-0
9/27	at USC Spartanburg	L 3-1
10/3	UNC Pembroke	W 3-0
10/4	Francis Marion	W 3-1
10/7	at North Florida	L 3-0
10/10	Augusta State	W 3-0
10/11	USC Aiken	W 3-0
10/16	at Saint Leo	W 3-0
10/17	at Florida Southern	L 3-0
10/19	at Tampa	L 3-0
10/24	Lander	W 3-0
10/25	USC Spartanburg	W 3-2
10/29	North Florida	L 3-0
10/31	at UNC Pembroke	W 3-1
11/1	at Francis Marion	W 3-1
11/6	at North Florida	L 3-1
11/7	USC Aiken	W 3-0
11/8	Augusta State	W 3-0
11/14	! vs. USC Aiken	W 3-1
	! at USC Spartanburg	W 3-1
11/15	! vs. North Florida	L 3-0
11/20	& vs. Florida Southern	L 3-1

* Lewis Flyer Festival (Romeoville, Ill.)
 % UNO Classic (Omaha, Nebraska)
 \$ AASU Invitational
 ! PBC Tournament (Spartanburg, S.C.)
 & NCAA South Regional (Miami, Fla.)



AASU senior Candice Modlinski in action at the Lewis Flyer Festival in Romeoville, Ill., in the Pirates' season-opening tournament of 2003



AASU has had five straight 20-win seasons, dating back to 1999

All-Time Records vs. Opponents



AASU All-Time Records vs. Opponents

Alabama-Huntsville 0-2	Fort Valley State 4-1	Paine 3-8
Alabama State 2-0	Francis Marion 13-17	Palm Beach Atlantic 2-1
Albany State 5-0	Gardner-Webb 1-2	Pfeiffer 1-0
Anderson 1-1	Georgia Southern 0-18	Piedmont 1-0
AU Rio Pedras 0-1	Georgia Southwestern 4-0	Presbyterian 3-2
Angelo State 1-0	Grand Valley State 0-1	Queens (NY) 0-0
Arkansas Tech 1-0	Greenville CC 0-1	Quincy 0-0
Augusta State 28-13	Harding 1-0	Radford 0-1
Baptist 0-3	Hillsdale 0-1	Rollins 3-2
Barber Scotia 1-0	High Point 1-0	Saginaw Valley State 1-0
Barry 1-4	Incarnate Word 0-1	St. Andrews 0-1
Barton 1-0	Jacksonville 0-7	St. Augustine's 1-0
Benedict 2-2	Jacksonville State 0-1	St. Edward's 0-1
Bentley 2-0	King College 0-1	Saint Leo 4-1
Bethune-Cookman 1-0	LaGrange 3-0	Savannah Coll. A&D 12-7
Bluefield 0-1	Lake Superior State 1-0	Savannah State 24-4
Brenau 1-0	Lander 13-0	Seton Hill 1-0
California (Pa.) 1-0	Lee 1-0	Shippensburg 1-0
Cal State Chico 1-0	Lenoir-Rhyne 3-0	Slippery Rock 1-0
Campbell 0-2	Lewis 0-2	Southeast Oklahoma State 1-0
Carson-Newman 2-0	Lincoln Memorial 1-0	Tampa 1-7
Catawba 3-2	LIU - Brooklyn 0-1	Texas Woman's 1-0
Central Oklahoma 0-2	LIU - C.W. Post 0-0	Troy State 1-0
Charleston Southern 0-4	Mars Hill 2-0	Tusculum 1-1
Christian Brothers 1-0	Massachusetts - Lowell 0-0	UC Davis 1-0
Coker 2-5	Mercer 0-2	UNC Asheville 0-2
Colorado Christian 1-0	Mercyhurst 1-0	UNC Charlotte 0-1
Columbia 2-0	Mesa State 1-0	UNC Pembroke 18-8
Converse 3-2	Milligan 1-0	UNC Wilmington 0-1
East Carolina 0-1	Millsaps 1-0	USC Aiken 16-17
East Stroudsburg 1-0	Minnesota State Mankato 1-0	USC Upstate (Spartanburg) 15-20
Eckerd 1-1	Mississippi College 0-1	Valdosta State 6-4
Elon 0-1	Mississippi Univ. for Women 0-1	Voorhees 4-0
Emory 2-2	Missouri - St. Louis 0-0	Wesleyan 4-0
Emporia State 0-1	Montevallo 1-0	West Alabama 1-0
Erskine 2-0	Mount Olive 1-0	West Georgia 7-2
Fayetteville State 1-1	Newberry 4-0	Western State 1-0
Flagler 7-1	New York Tech 1-0	Wheeling Jesuit 0-1
Florida CC 2-2	North Alabama 0-5	Wingate 1-1
Florida A&M 0-1	North Carolina A&T 0-1	Winthrop 0-1
Florida Gulf Coast 0-0	North Carolina Central 4-0	Wisconsin-Parkside 0-1
Florida International 0-1	North Florida 2-24	Wofford 1-0
Florida Southern 4-7	Nova Southeastern 2-0	
Florida Tech 3-4	Oglethorpe 2-0	

Bold - 2004 Opponent

AASU plays six first-time opponents in 2004





AASU Facilities and Athletic Training

The Armstrong Atlantic State University's athletic department prides itself on having one of the finest athletic facilities not only in the conference, but in the region.

AASU's Sports Center, completed in July of 1995, immediately became a top basketball complex by hosting the 1998 and 1999 Peach Belt Athletic Conference basketball tournaments.

This 82,000-square-foot multi-purpose building provides expanded academic offerings in spacious, modern surroundings. Students have a three-station computer lab, a 1,965-square-foot weight training/fitness center with 21 Cybex machine exercise stations and a free weight area; four new classrooms, and two 3,535-square-foot activity areas.

AASU's athletic teams play home events in a 4,000-seat arena that contains theater-type seating for all spectators, and also plays host to a wide variety of social and sporting events.

Directly behind the Armstrong Sports Center sits the home fields for the baseball and softball teams.

Pirate Field seats 750 fans for the Armstrong Atlantic State University's highly successful baseball program. Generally regarded as one of the best playing surfaces in the conference, Pirate Field has seen the baseball squad advance to 10 NCAA regionals over the past 15 seasons.



To the west of Pirate Field sits the AASU Softball Complex, home to the Pirate softball squad.

The **Aquatics and Recreation Center** serves as the host of the AASU volleyball squad. The 1,000 seat arena features newly renovated bleacher seating and scoreboards and is the sole volleyball-only facility in the Peach Belt Conference. AASU will host the 2004 Peach Belt Conference Championships in the ARC on Nov. 12-14, the first time AASU has hosted the league tournament since 1996.

AASU Athletic Training



Dr. Spencer Wheeler



Stacey Foust, ATC

AASU athletic teams benefit from the fine athletic training staff, headed by medical director Dr. Spencer Wheeler and head athletic trainer Stacey Foust.

AASU's training room, part of the Armstrong Sports Center, sits adjacent to the fitness center and across the hall from the Pirate locker rooms. The room offers the most modern and advanced equipment to help players deal with injuries and rehabilitation.

Two other graduate assistant trainers aid Dr. Wheeler and Foust in helping treat and prevent injuries to AASU athletes - Luke Hensel, ATC, and Rusty White.

Strength & Conditioning



Henry Meyers

The AASU volleyball team also benefits from a fine strength and conditioning program, headed by Olympic Weightlifting champion Team Savannah's head coach, Henry Meyers.

As the strength and conditioning coach of the volleyball squad, Meyers has been integral to the team's fitness and strength for the past two seasons.

Meyers, a native of Savannah and a graduate of Jenkins HS in 1989, was named the 2000 USOC Coach of the Year for Weightlifting as five of Team Savannah's lifters represented the United States in the 2000 Olympic Games in Sydney. Three more represented the United States in the 2004 Olympic Games in Athens.

Myers, 33, is married to Michelle Powell-Meyers.



TEAM SAVANNAH



The Pirates attained their first-ever national ranking in 2000

This Is Savannah



Historic Savannah, Georgia, is located on the Atlantic Coast, at the confluence of the Savannah River and the Atlantic Ocean. Throughout its history, there has been one adjective consistently used to describe Savannah: beautiful.

The reason? There's something about the unique beauty of Savannah that cannot be forgotten. Streets with canopies of moss-laden trees are honored venues for scores of historic homes. The town squares that Savannah's founding father, James Oglethorpe, laid out as public meeting places are now treasured "pocket parks" located throughout the downtown area.

A renovated waterfront area serves as the hub for shopping and entertainment. Nearby sandy beaches draw streams of visitors with persistent cool breezes and the endless lure of the rolling sea. Finally, there's an indescribable - but readily discernible - feeling in the air that pervades Savannah, a kind of "laid back" approach to the world, a "rootedness" that makes living or working in Savannah an experience second to none.

By way of affirmation, *Le Monde*, the leading French newspaper, called Savannah "the most beautiful city in North America."

Savannah has recently captured the imagination of a nation through its history and its appearance in several feature films, including "Glory," "Forrest Gump," "Something to Talk About," "Midnight In The Garden of Good and Evil" and the 2000 hit film "The Legend of Bagger Vance," starring Will Smith and



Matt Damon. Also, Savannah hosted the yachting events of the 1996 Summer Olympics and most recently served as the media home for the G-8 Summit. As a result, tourism has become one of the leading industries in the area.

Savannah hosts over six million tourists each year. Tourism impacts the Savannah area by more than \$634 million. The city boasts over 7,000 rooms and more than 100 restaurants as folks have learned that Savannah is more than just a convenient rest stop on the interstate to Florida.

The climate of Savannah features warm, and sometimes hot, weather for most of the year. There are seven months in which the average temperature is 70 degrees or higher. The lowest average high is in January at 60.3 degrees.

The population in Savannah is roughly 130,000 and Chatham County is the fifth most populous county in the state of Georgia.

Savannah also sits centrally located to some of the Southeast's finest beaches. Tybee Island, located less than 30 minutes from Armstrong Atlantic State's campus, offers six miles of unspoiled sands, tempting seafood and gracious accommodations. Resort areas such as Hilton Head, South Carolina, are less than one hour away and provide even more relaxing getaway options.

Whether it's the lure of historic settings, the friendliness of a Southern community or the beautiful climate of southeast Georgia, Savannah is the place for you.

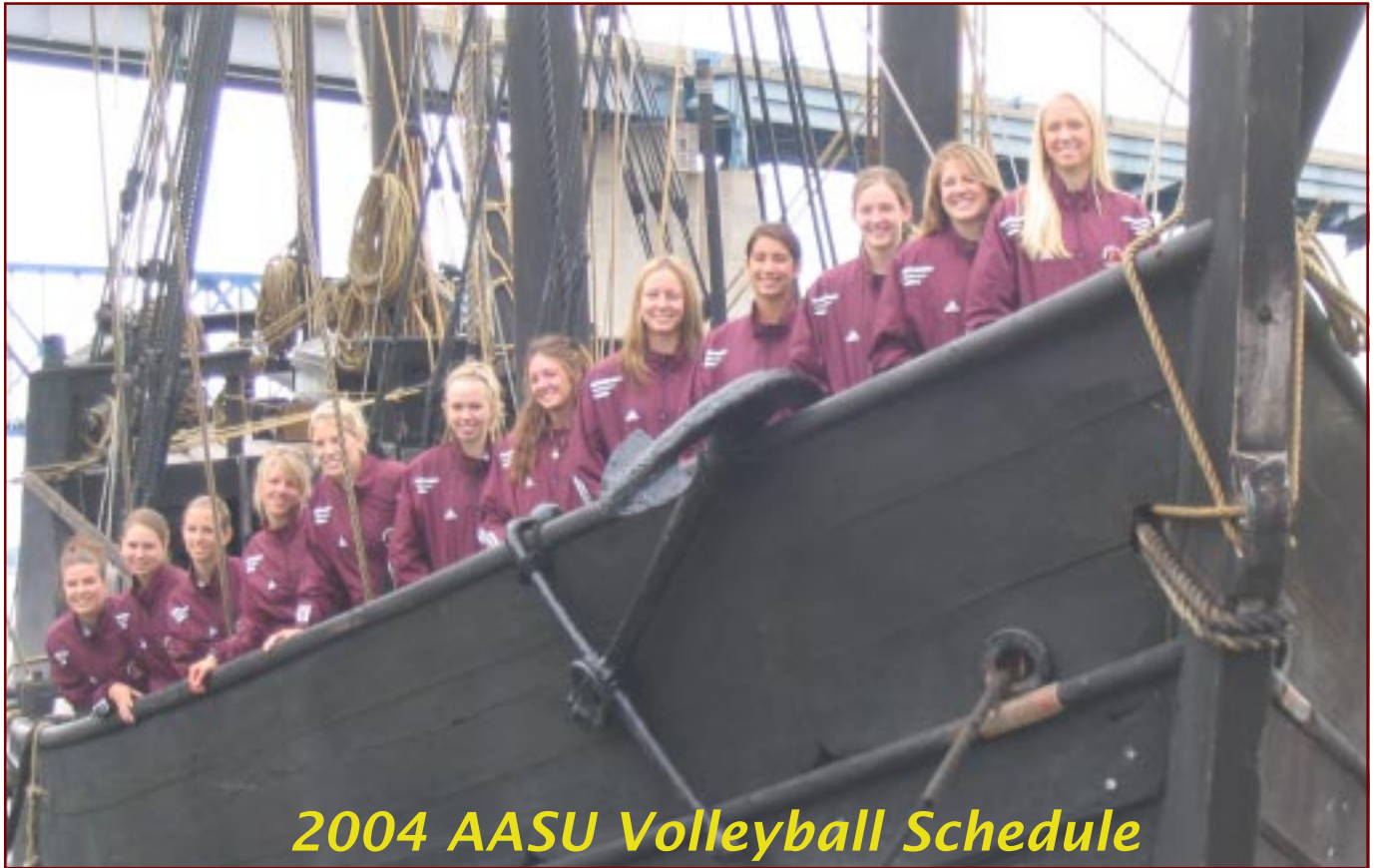
Worth Checking Into.

- Spacious, comfortable room, complete with coffeemaker, hair dryer and more
- Complimentary breakfast bar
- Guest voice mail and free local calls
- Pay-per-view movies and free cable TV
- Outdoor pool


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2004 AASU Volleyball Schedule

Date	Day	Opponent	Time
Aug. 27-28	Fri.-Sat.	at <u>2004 Quincy University Tournament</u> (Quincy, Ill.)	
Aug. 27	Fri.	vs. Saginaw Valley State	1:00 p.m.
		vs. Arkansas Tech	6:00 p.m.
Aug. 28	Sat.	vs. Missouri-St. Louis	3:00 p.m.
		at Quincy	7:00 p.m.
Aug. 31	Tues.	at Flagler	6:00 p.m.
Sept. 3-4	Fri.-Sat.	at <u>2004 LIU-C.W. Post Classic</u> (Brookville, N.Y.)	
Sept. 3	Fri.	vs. Queens (N.Y.)	6:00 p.m.
Sept. 4	Sat.	vs. New York Tech	11:30 a.m.
		vs. Bentley	1:30 p.m.
		at LIU-C.W. Post	3:30 p.m.
Sept. 10-11	Fri.-Sat.	<u>2004 AASU/Chatham Orthopaedic Volleyball Classic</u>	
Sept. 10	Fri.	Saint Leo	1:00 p.m.
		Florida Southern	7:00 p.m.
Sept. 11	Sat.	Florida Gulf Coast	1:00 p.m.
		Barry	7:00 p.m.
Sept. 18	Sat.	vs. Converse	Noon
		at Coker	3:00 p.m.
Sept. 29	Wed.	North Florida *	7:00 p.m.
Oct. 1	Fri.	at Augusta State *	7:00 p.m.
Oct. 2	Sat.	at USC Aiken *	3:00 p.m.
Oct. 5	Tues.	at UNC Pembroke *	6:00 p.m.
Oct. 8	Fri.	USC Upstate *	7:00 p.m.
Oct. 9	Sat.	Lander *	4:00 p.m.
Oct. 15	Fri.	at Saint Leo	7:00 p.m.
Oct. 16	Sat.	at Tampa	7:00 p.m.
Oct. 18	Mon.	at Eckerd	4:30 p.m.
Oct. 22	Fri.	UNC Pembroke *	7:00 p.m.
Oct. 23	Sat.	Francis Marion *	4:00 p.m.
Oct. 24	Sun.	at Florida Southern	4:00 p.m.
Oct. 27	Wed.	at North Florida *	7:00 p.m.
Oct. 29	Fri.	USC Aiken *	7:00 p.m.
Oct. 30	Sat.	Augusta State *	4:00 p.m.
Nov. 2	Tues.	at Francis Marion *	6:00 p.m.
Nov. 5	Fri.	at Lander *	7:00 p.m.
Nov. 6	Sat.	at USC Upstate *	3:00 p.m.
Nov. 11-13	Thurs.-Sat.	PBC Tournament (Savannah)	
Nov. 18-20	Thurs.-Sat.	at NCAA DII South Regional (Site TBA)	
Dec. 2-4	Thurs.-Sat.	at NCAA DII Elite Eight (Site TBA)	

Bold denotes home game.

* - Peach Belt Conference game