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Langdon Wins Scholarship of Teaching and Learning Award

February 16, 2017



Jody Langdon, Ph.D., associate professor of kinesiology in the School of Health and Kinesiology, has been awarded the Georgia Southern University Scholarship of Teaching and Learning ([SoTL](#)) Award for her research focused on autonomy-supportive teaching.

The award recognizes the body of SoTL work produced by recipients, with a special emphasis being placed on research that has been completed during the past three years. As a recipient of the SoTL award, Langdon has received a monetary award and has been invited to serve as a featured speaker at the 10th Annual SoTL Commons Conference in Savannah, Georgia, March 29-31.

“I consider winning this award one of my greatest accomplishments and one that is also a reflection of the wonderful people I have collaborated with,” stated Langdon. “I feel SoTL research gives me the information I need to be a better teacher and it allows me to put ideas into practice in a way that is systematic and meaningful.”

By utilizing autonomy-supportive teaching as a guide, Langdon has conducted research on the effects of the flipped classroom model on students’ course experience, basic need satisfaction, motivation and course performance. Langdon’s research has extended to include the effects of an autonomy-supportive training program on the teaching behaviors of graduate teaching assistants. Her most recent engagement in SoTL has been focused on metacognition and how three different types of metacognitive strategies (exam wrappers, informational videos and group quizzes) enhance student learning.

As a current professor involved with the Georgia Southern University’s [QEP, Write3](#), Langdon has used her involvement to research the various influences of different types of assignments on student writing in exercise science.

Langdon makes the fourth faculty member from the College of Health and Human Sciences to be awarded this honor since it was created in 2009. The award recognizes Georgia Southern faculty members for their outstanding contributions to the SoTL. Each year a competitive selection process determines the recipient.