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# Delivery of the 10 Essential Public Health Services

December 16, 2013



A collaborative study including Dr. Gulzar Shah, Director of the Office of Research, at the Jiann-Ping Hsu College of Public Health Georgia Southern University examines the *variation in delivery of the 10 essential public health services by local health departments for obesity control in 2005 and 2008*. The objective of the study was to describe and compare the capacity of local health departments (LHDs) to perform 10 essential public health services (EPHS) for obesity control in 2005 and 2008, and explore factors associated with provision of these services.

The researchers concluded that the provision of the 10 EPHS for obesity control by LHDs remains low. Local health departments need more assistance and resources to expand performance of EPHS for obesity control. Future studies are needed to evaluate and promote LHD capacity to deliver evidence-based strategies for obesity control in local communities.

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