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The Lightness of Being and the Burden of Gravity:
An Exhibition by MFA Candidate, Emy Mixon, at Center for Art & Theatre,
Georgia Southern University

The Lightness of Being and the Burden of Gravity, a video installation exhibition by Master of Fine Art Candidate, Emy Mixon, will be featured in the Contemporary Gallery at Georgia Southern’s Center for Art & Theatre from November 3 – December 4, 2008. The public is invited to attend the exhibition’s opening reception on Friday, November 14, 2008 from 7 – 9 pm.

The installation of video by Mixon is provoked from a quote by Milan Kundera, The Unbearable Lightness of Being:

“History is as light as individual human life, unbearably light, light as a feather, as dust swirling into the air, as whatever will no longer exist tomorrow.”

“The challenge of the human condition is to bear the loss that comes with every seconds, moving forward, breathing without thinking;” Mixon states, “through moments that will pass so uneventfully that we will not recall them, as well as the moments that we experience so profoundly that they will become landmarks in our personal histories.”

Mixon believes there will be pain, there will be pleasure, and regardless of the balance of these things, regardless of our decisions, no matter what we remember or what we forget, we must bear the knowledge and the burden of mortality. Her work is an “exploration of the concept of existence, of being, in the past, in the present, and in the future and of how those things so lightly pass, so fleetingly experienced, perpetuated by the burden of gravity.”

Mixon received her BS in Art Marketing from North Georgia College and States University in Dahlonega, GA in 2003 where she worked as an artist-in-residence prior to entering the Master of Fine Art Degree Program in the Betty Foy Sanders Department of Art at Georgia Southern University.

Gallery Programming is supported by Student Activity Fees, all events are free and open to the public. In compliance with the Americans with Disabilities Act, Georgia Southern University will honor reasonable requests for accommodations. The Center for Art & Theatre is open Monday through Friday from 9 - 5 and by appointment. Docent tours are welcome and available upon request by calling (912) GSU-ARTS.

For more information on this exhibition and other gallery programming provided by the Betty Foy Sanders Department of Art, visit http://class.georgiasouthern.edu/art/.