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The George-Anne Inkwell Edition Newsletter

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10-19-2021

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Recommended Citation

Georgia Southern University, "The George-Anne Inkwell Edition" (2021). *The George-Anne Inkwell Edition Newsletter*. 22.

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Top stories from the week of October 19, 2021

Welcome to the weekly George-Anne Inkwell Edition newsletter! Thank you for your present and future readership. Our print publication comes out every other Thursday. Be sure to grab a paper from a bin around campus and check **more stories** out on our website.

THE LATEST NEWS FROM THE INKWELL

Send Silence Packing Active Minds Exhibit

Active Minds brought their mobile exhibit “**Send Silence Packing**” to the Residential Plaza from 9 a.m. to 4 p.m. on Oct. 13. The exhibit features over 1000 personal stories of individuals who lost loved ones to suicide taped to backpacks. Many of these individuals wrote about family members who took their own life, but others wrote about friends.



Campus Consent Rally: Consent is Sexy



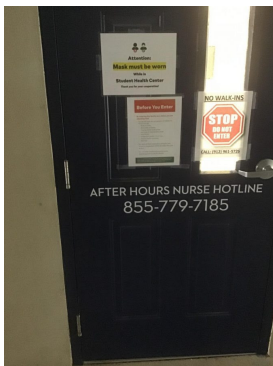
“It’s on Us” provided Georgia Southern Armstrong with a Campus Consent rally outside the Student Union Monday, Oct. 18 that involved representatives from several campus organizations including the Counseling Center and the Campus Recreation and Intramurals (CRI) department.

When Asking for Help Goes Against Culture Norms

Many people in this culture feel that asking for help with mental health issues or talking about mental health is “going against the family.” Matters of mental health, as with all other matters, need to be discussed within the family first rather than going outside.



Flu Vaccines Available Through Armstrong Health Services



Now is the time to get your seasonal flu vaccine. Students can get vaccinated at Armstrong Health Services located at Student Affairs Annex, Compass Point, 7000 Building, Suite 7105 below the main housing office. Armstrong Health services is open from 8 a.m. to 5 p.m. Monday through Friday and closed for lunch from 12:30 p.m. to 1:30 p.m.

Event Preview: Celebrate Together

Join university departments and student organizations on the Residential Plaza from 10

a.m. to 2 p.m. on Oct. 21 to celebrate Armstrong campus at Celebrate Together. The event will feature tables from many university departments and student organizations as well as exciting extras: a mechanical bull, a rock wall, a live DJ, archery tag community vendors, dance team performance, wildlife center demonstrations, and a chance to dunk President Marrero in the dunk tank.



More information on this week's stories:

[Key Facts about Seasonal Flu Vaccine](#)

[Who Should and Who Should NOT Get a Flu Vaccine](#)

[Health Services](#)

[Ga Southern's 2020 Annual Security Report is an Anomaly.](#)

[Savannah RCC](#)

[Counseling Center](#)

[RAINN.org](#)

[Annual Security Report \(ASR\)](#)

["It's on Us"](#)

[Behind the Backpacks](#)

["Send Silence Packing"](#)

[Past Send Silence Packing Exhibits](#)

[H.E.R.O Folder](#)

[Navigating a Mental Health Crisis](#)

["Suicide Prevention on the Armstrong Campus."](#)

["Suicidal Thoughts Don't Discriminate"](#)

["Fresh Check Day: Photo Story"](#)

["How to help a friend who is thinking about committing suicide"](#)

[The Counseling Center's Suicide Prevention Tool Kit](#)

[Inclusive Excellence](#)

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