Channel 99 airs ‘Healthy Mexican Cooking’ this month

May 11, 2012

Channel 99 television is airing the original production, “Healthy Mexican Cooking.” The Statesboro Cooks TV show was created to support the Diabetes Education and Prevention Outreach program of Southeast Georgia Communities Project in Lyons and will air at 1 p.m., 1 a.m. and 7:30 p.m. through May.

The show, which demonstrates six different recipes, from fresh cornbread to beef and bean burritos, was recorded and produced by Georgia Southern University students and edited by Georgia Southern Department of Communication Arts faculty Tyson Davis and Dr. Rebecca Kennerly.

“I guess this is my first encounter with authentic Latino dishes, but I like them!” said student photographer William Harris. “Being African-American, I know diabetes is something prominent because nine out of 10 people in my family have diabetes.”

“Healthy Mexican Cooking” was made possible, in part, by a Georgia Southern Faculty Service grant. The show is 30 minutes and is also available on YouTube for viewers without access to the channel.

A Spanish version of the show is currently in postproduction and will air this summer.

Northland Channel 99 is a local government-educational channel managed by the Multimedia Communication Program within the Department of Communication Arts at Georgia Southern University.