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### Excerpt from the “Curse of Knowledge”

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## APS News – The Back Page

### Excerpt from . . . **The “Curse of Knowledge” or Why Intuition about Teaching Often Fails**

By Carl Wieman

. . . I have spoken with many physics faculty members throughout the world about teaching, and I can probably list on one hand the number who did not have a clear and sincere desire to have their students learn physics and appreciate its usefulness and inherent intellectual beauty. So how can one reconcile this observation with the compelling accumulation of physics education data showing most college students are not attaining these goals? (And if such education studies do not convince you, just ask a few non-physicists how they feel about their college physics classes!)

Here I would like to offer an explanation for this disparity between good intentions and bad results and, on this basis, suggest how to improve teaching and learning. The explanation arises from what has sometimes been called the “curse of knowledge” by educational psychologists. It is the idea that when you *know* something, it is extremely difficult to think about it from the perspective of someone who does *not* know it. There is a classic easily replicated demonstration of this provided by psychologist Elizabeth Newton.<sup>1</sup> She had subjects tap out the melodies of very familiar songs with their finger and predict what fraction of those songs will be recognized by a listener. “Tappers” typically overestimated the fraction recognized by a factor of 20! . . .

Recent advances in brain imaging show us that this gap in understanding has quite basic origins.<sup>2</sup> The brains of novices in a subject are activated quite differently from experts when confronted with a problem. And as mastery is achieved, the brain literally changes; different links are formed and there are different activation patterns during problem solving. This fundamental difference between the novice and expert brain explains many of the findings reported by those who study student learning of physics. Students can think about a topic in ways quite unimagined by the instructor, and so a lesson that is very carefully thought out and is beautifully clear and logical to experts may be interpreted totally differently (and incorrectly) by the student. Another example is that the standard lecture demonstration has been shown to have negligible impact on learning.<sup>3,4</sup> Many teachers find this hard to believe because the demonstration attracts students’ attention and usually demonstrates an important idea in a compelling fashion. However, the lack of learning makes sense when one realizes that research also shows that students often perceive both the intention of the lecture demonstration and what it shows very differently from the instructor.<sup>4</sup> My group routinely sees similar perceptual differences in our testing of educational interactive simulations.<sup>5</sup> When we have students try an untested simulation, they often literally see different things happening on the computer screen than do experts. As a result, the student can interpret what is shown very differently from what was intended, and learn incorrect ideas. Finally, studies reveal that the instructor’s interpretation of the student’s thinking based on their exam answers is frequently very different from the actual thinking.<sup>6</sup> In much of science instruction, it is almost as if the instructor and the student are speaking different languages but neither realizes it. . . .

This “curse of knowledge” means that it is dangerous, and often profoundly incorrect to think about student learning based on what appears best to faculty members, as opposed to what has been verified with students. However, the former approach tends to dominate discussions on how to improve physics education. There are great debates in faculty meetings as to what order to present material, or different approaches for introducing quantum mechanics or other topics, all based on how the faculty now think about the subject. Evaluations of teaching are often based upon how a senior faculty member perceives the organization, complexity, and pace of a junior faculty member’s lecture. In the pages of the APS news, this same expert-centered approach to assessing educational experiences has played out recently in the debate over the use of interactive simulations vs. hands-on labs. . . .

Any reader who has gotten this far ought to be getting quite depressed. The data says our best intentions to teach well are failing, and many of one’s ideas as to how to improve are suspect, because our brains are different from our students and so our intuition is flawed.

However, the situation is not nearly as dire as it might appear. The clever physics community has already found an approach for how to make progress in areas where one’s initial intuition is obviously flawed, e.g. figuring out the structure of atoms. That approach is to rely on careful objective experimental measurements and to use that data to develop new improved understanding and intuition. For teaching physics, this means looking at data on how people learn<sup>9</sup> and how students do and don’t learn the various topics in physics. Of course an outstanding

instructor gathers their own data by carefully and systematically probing the thinking of their students, but this is difficult and time consuming to do accurately. Relative to many other sciences, physics instructors are fortunate to have the benefit of a substantial body of education research on discipline specific topics,<sup>10</sup> as discussed on the Back Page previously by Noah Finkelstein. Guided by this literature, an instructor can bridge the perceptual gap and understand how their students are thinking, what are the common difficulties and misconceptions, and find rigorously tested effective ways to improve student learning and motivation. The literature also describes assessment methods to substantially help in efficiently gathering data on one's own students. This physics-like approach to the teaching and learning of physics has led to new insights and dramatic progress, such as the discovery of teaching methods that double or more the learning of concepts. By the way, the findings of this body of research on learning match well with the recollections of the TAs mentioned above as to the most important characteristics for effective learning.

In much the same way that physicists had to go through the wrenching process of replacing their classical-physics-based intuition with a new, more useful intuition about the quantum world, we need to make a similar step with regard to physics education. We must abandon the implicit assumption that all brains are the same and so passing along what is clear to us will be clear to the novice student, and if it fails, it is an indication that the students are simply incapable. We must instead come to recognize that mastery of a subject is much more a process of restructuring the brain than simply transferring of knowledge, and knowing a subject is profoundly different from knowing how that subject is best learned. The result will be greatly improved learning of physics. Knowledge becomes a curse only if one fails to recognize its limitations.

(References to the many studies mentioned here are not compatible with the Back Page format, but are posted at [www.cwsei.ubc.ca/resources](http://www.cwsei.ubc.ca/resources).)

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## References

- <sup>1</sup> L. Newton, "Overconfidence in the Communication of Intent: Heard and Unheard Melodies," Ph.D. dissertation, (Stanford University, 1990).
- <sup>2</sup> N. Hill and W. Schneider, "Brain Changes in the Development of Expertise: Neuroanatomical and Neurophysiological Evidence about Skill-based Adaptations," in *The Cambridge Handbook of Expertise and Expert Performance*, edited by A. Ericsson et al. (Cambridge University Press, NY, 2006), pp. 653-682. This chapter provides a quite thorough review of the field.
- <sup>3</sup> [C. H. Crouch](#), [A. P. Fagen](#), [J. P. Callan](#), and [E. Mazur](#), "Classroom Demonstrations: Learning Tools or Entertainment?" *Am. J. Phys.* **72**, pp. 835-838 (2004); H. Sadaghiani and L. Bao, "Lecture Demonstrations in Modern Physics: Quality vs. Quantity," in Proc. of the 2003 Physics Education Research Conference, edited by M. C. Wittmann and R. E. Scherr, *AIP Conf. Proc.* **720** (AIP, Melville, New York, 2004), p. 169.
- <sup>4</sup> W.-M. Roth, C. J. McRobbie, K. B. Lucas, and S. Boutonné, "Why May Students Fail to Learn from Demonstrations? A Social Practice Perspective on Learning in Physics," *Journal of Research in Science Teaching.* **34** (5), pp. 509-533 (1997).
- <sup>6</sup> C. Henderson et al., "Grading student problem solutions: The challenge of sending a consistent message," *Am. J. Phys.* **72** (2), pp. 164-169 (2004). This article discusses how instructors' interpretations of a student exam paper varied wildly; E. Mazur, *Peer Instruction: A User's Manual* (Prentice Hall, NJ, 1997), shows how students can do problems on exams that physicists consider quite difficult and hence appears to illustrate good understanding, but then the same students are unable to do far simpler problems, illustrating they do not actually grasp the basic principles; The Univ. of Washington PER group (McDermott, Herron, and Schaefer) have studied many topics in mechanics, E&M, optics, and thermal physics and, through detailed interviews with students, have shown how many students who are able to do well in introductory and even upper level physics courses can still harbor fundamental misunderstandings about the physics covered in these courses. See resource letter listed in ref. 10 and the UW PER website (<http://www.phys.washington.edu/groups/peg/>) for numerous references on these topics.
- <sup>9</sup> *How People Learn; Brain, Mind, Experience, and School* (expanded edition), edited by J. Bransford, A. Brown, and R. Cocking (NAS Press, 2000), also see E. F. Redish book listed in ref. 7.
- <sup>10</sup> L.C. McDermott and E. F. Redish, "Resource letter on Physics Education Research," *Am. J. Phys.* **67** (9), p. 755 (1999). Also, see Physical Review Special Topics - Physics Education Research, and most issues of American Journal of Physics for additional articles.